

Order of Events
Foothill Dual Meets
4:00pm Start Time

Event	Team	Foothill	Away
4x100	Varsity Girls	even lanes	odd lanes
4x100	Varsity Boys	even lanes	odd lanes
4x100	F/S Girls	even lanes	odd lanes
4x100	F/S Boys	even lanes	odd lanes
1600	Varsity Girls	waterfall start	
1600	Varsity Boys	waterfall start	
1600	F/S Girls	waterfall start	
1600	F/S Boys	waterfall start	
100H	Varsity Girls	even lanes	odd lanes
100H	F/S Girls	even lanes	odd lanes
110H	Varsity Boys	even lanes	odd lanes
110H	F/S Boys	even lanes	odd lanes
400	Varsity Girls	even lanes	odd lanes
400	Varsity Boys	even lanes	odd lanes
400	F/S Girls	even lanes	odd lanes
400	F/S Boys	even lanes	odd lanes
100	Varsity Girls	even lanes	odd lanes
100	Varsity Boys	even lanes	odd lanes
100	F/S Girls	even lanes	odd lanes
100	F/S Boys	even lanes	odd lanes
800	Varsity Girls	even lanes	odd lanes (1 turn stagger)
800	Varsity Boys	even lanes	odd lanes (1 turn stagger)
800	F/S Girls	even lanes	odd lanes (1 turn stagger)
800	F/S Boys	even lanes	odd lanes (1 turn stagger)
300H	Varsity Girls	even lanes	odd lanes
300H	F/S Girls	even lanes	odd lanes
300H	Varsity Boys	even lanes	odd lanes
300H	F/S Boys	even lanes	odd lanes
200	Varsity Girls	even lanes	odd lanes
200	Varsity Boys	even lanes	odd lanes
200	F/S Girls	even lanes	odd lanes
200	F/S Boys	even lanes	odd lanes
3200	Varsity & F/S Girls & Boys	waterfall start	
4x400	Varsity Girls	even lanes	odd lanes (3 turn stagger)
4x400	Varsity Boys	even lanes	odd lanes (3 turn stagger)
4x400	F/S Girls	even lanes	odd lanes (3 turn stagger)
4x400	F/S Boys	even lanes	odd lanes (3 turn stagger)

Event	Time	Order	Additional Info.
Discus	4:00 check-in	VB, F/SB, VG, F/SG	4 Throws Max
Shot Put	4:00 check-in	VG, F/SG, VB, F/SB	4 Throws Max
Pole Vault	4:00 check-in	VG (7'), BV(9'), FSG(6'), FSB(8')	(Opening Heights)
Long Jump	4:00-5:30	OPEN PIT	4 Jumps Max
Triple Jump	5:30-7:00	OPEN PIT	4 Jumps Max
High Jump	4:00 check-in	Low → High	3 Attempts