

**EBAL Track & Field Championships - 5/7/2016 to 5/14/2016**

**Foothill High School**

**Results**

**Event 1 Girls 4x100 Meter Relay Varsity**

EBAL: 47.86 R 5/16/2015 Carondelet

M Scott, C Chenault, J Ruotolo, A Avina

49.30 NCS At-Large

Team	Relay	Finals
Section 1		
1	Carondelet	48.37 NCS
2	Livermore	49.49
3	Foothill	49.56
4	San Ramon Valley	49.97
5	Amador Valley	50.70
6	California	50.89
---	Monte Vista	DNF

**Event 2 Boys 4x100 Meter Relay Varsity**

EBAL: 41.71 R 2013 Amador Valley

White, Charles, Slaton, Roberson

43.40 NCS At-Large

Team	Relay	Finals
Section 1		
1	DeLaSalle	42.39 NCS
2	California	42.81 NCS
3	Granada	43.23 NCS
4	Amador Valley	43.60
5	San Ramon Valley	43.65
6	Livermore	44.22
7	Monte Vista	44.53
8	Foothill	51.07

**Event 3 Girls 1600 Meter Run Varsity**

EBAL: 4:53.15 R 2014 Brooke Starn

5:09.33 NCS At-Large

Name	Yr	School	Prelims
<b>Heat 1 Preliminaries</b>			
1	Fuhriman, Heidi	12 Monte Vista	4:53.97QNCS
2	McCandless, Megan	12 Granada	4:57.34QNCS
3	Coney, Madalyne	10 Monte Vista	5:01.71QNCS
4	McCandless, Colleen	9 Granada	5:03.82q NCS
5	Coney, Audrey	10 Monte Vista	5:07.26q NCS
6	Tavella, Kate	9 San Ramon Va	5:10.20q
7	Maheshwari, Kajol	12 Livermore	5:11.01q
8	Bartolotto, Kalea	9 Granada	5:25.41q
9	Guinchard, Daisy	9 Granada	5:27.43q
10	Richards, Liza	10 Carondelet	5:31.46
11	Gines, Emily	12 Monte Vista	5:40.39
12	Dempsey, Kelsey	10 Carondelet	5:55.81
<b>Heat 2 Preliminaries</b>			
1	Starn, Brooke	12 Monte Vista	4:58.84QNCS
2	Corda, Meredith	11 Monte Vista	5:07.35QNCS
3	Leroudier, Melodie	12 Amador Valle	5:07.98QNCS
4	Tavella, Emma	9 San Ramon Va	5:08.38q NCS
5	Lawsen, Taylor	12 Granada	5:08.57q NCS
6	Dupuis, Gracie	9 Granada	5:09.23q NCS
7	Dowling, Morgan	11 Monte Vista	5:28.83q
8	Moldenhauer, Paige	11 Monte Vista	5:30.86

9	McCabe, Megan	12 Monte Vista	5:31.89
10	Neumann, Kayla	10 California	5:33.11
11	Lawsen, Kaylie	9 Granada	5:41.14
12	Thorn, Ysabel	12 Amador Valle	5:43.86
13	Cooke, Bridget	12 San Ramon Va	5:52.44

**Event 3 Girls 1600 Meter Run Varsity**

EBAL: 4:53.15 R 2014 Brooke Starn

5:09.33 NCS At-Large

Name	Yr	School	Finals
<b>Section 1 Finals</b>			
1	Starn, Brooke	12 Monte Vista	4:49.40RNCS
2	McCandless, Megan	12 Granada	4:49.87RNCS
3	Fuhriman, Heidi	12 Monte Vista	4:53.01RNCS
4	Corda, Meredith	11 Monte Vista	4:58.29 NCS
5	Leroudier, Melodie	12 Amador Valle	4:59.79 NCS
6	Coney, Madalyne	10 Monte Vista	5:01.90 NCS
7	McCandless, Colleen	9 Granada	5:03.13 NCS
8	Tavella, Emma	9 San Ramon Va	5:08.66 NCS
9	Tavella, Kate	9 San Ramon Va	5:08.70 NCS
10	Maheshwari, Kajol	12 Livermore	5:09.59
11	Coney, Audrey	10 Monte Vista	5:09.60
12	Dupuis, Gracie	9 Granada	5:09.83
13	Lawsen, Taylor	12 Granada	5:17.01
14	Bartolotto, Kalea	9 Granada	5:25.47
15	Dowling, Morgan	11 Monte Vista	5:26.27
16	Guinchard, Daisy	9 Granada	5:27.91

**Event 4 Boys 1600 Meter Run Varsity**

EBAL: 4:10.44 R 2014 Blair Hurlock

4:24.70 NCS At-Large

Name	Yr	School	Prelims
<b>Heat 1 Preliminaries</b>			
1	Maklaf, Omar	11 Livermore	4:28.57Q
2	De Leon, Isaias	11 DeLaSalle	4:28.65Q
3	Chrisman, Timothy	12 Monte Vista	4:29.34Q
4	Vomund, Nicolas	11 Monte Vista	4:30.25q
5	Williams, Matthew	12 DeLaSalle	4:35.61q
6	Castillo, Alex	11 California	4:36.76
7	Priest, Cameron	11 Granada	4:37.90
8	Williams, Tyler	11 California	4:44.79
9	Davis, Peter	12 Monte Vista	4:46.32
10	Wang, David	11 Granada	4:48.29
11	Laurence, Alex	11 Amador Valle	4:48.74
12	Gallagher, Thomas	11 Amador Valle	4:50.39
13	Rocha, Anthony	12 Monte Vista	4:51.45
<b>Heat 2 Preliminaries</b>			
1	Maneloveg, Daniel	11 Monte Vista	4:29.31Q
2	Bennett, John	10 Granada	4:29.31Q
3	Miller, Tristan	11 Monte Vista	4:29.89Q
4	Spalding, Volney	11 San Ramon Va	4:30.04q
5	Somers, Eli	12 San Ramon Va	4:30.25q
6	Jeppson, Samuel	11 Granada	4:33.32q
7	Ellis, Taylor	11 DeLaSalle	4:43.34
8	Desai, Kinaar	10 Granada	4:43.64
9	Hattori, Alex	11 Granada	4:44.41

**EBAL Track & Field Championships - 5/7/2016 to 5/14/2016**

**Foothill High School**

**Results**

**Heat 2 Preliminaries ... (Event 4 Boys 1600 Meter Run Varsity)**

Name	Yr	School	Prelims
10 Goyal, Akul	12	California	4:46.71
11 Smiley, Benjamin	11	Monte Vista	4:50.31
12 Newton, Tristen	11	California	4:53.47
13 Baer, Jacob	12	Amador Valle	4:55.57

**Heat 3 Preliminaries**

1 Bradley, Stefan	12	San Ramon Va	4:31.08Q
2 Singh, Nikhil	12	Foothill	4:31.29Q
3 Perez, Eric	12	California	4:31.86Q
4 Helmers, Andrew	11	Amador Valle	4:32.37q
5 Skellenger, Leo	12	Granada	4:35.96q
6 Starck, Trevor	11	California	4:39.36
7 Walsh, Brett	12	Amador Valle	4:40.43
8 Lonestar, Evan	11	DeLaSalle	4:42.31
9 Severson, Levi	11	San Ramon Va	4:44.96
10 Lau, Brendan	11	Monte Vista	4:47.70
11 Shields, Parker	11	California	4:50.58
12 Dean, Jake	11	Foothill	5:07.31

**Event 4 Boys 1600 Meter Run Varsity**

**EBAL: 4:10.44 R 2014 Blair Hurlock**  
**4:24.70 NCS At-Large**

Name	Yr	School	Finals
<b>Section 1 Finals</b>			
1 De Leon, Isaias	11	DeLaSalle	4:20.11 NCS
2 Maklaf, Omar	11	Livermore	4:20.56 NCS
3 Bradley, Stefan	12	San Ramon Va	4:21.23 NCS
4 Miller, Tristan	11	Monte Vista	4:21.44 NCS
5 Maneloveg, Daniel	11	Monte Vista	4:21.66 NCS
6 Chrisman, Timothy	12	Monte Vista	4:21.99 NCS
7 Bennett, John	10	Granada	4:23.56 NCS
8 Perez, Eric	12	California	4:25.89
9 Somers, Eli	12	San Ramon Va	4:26.94
10 Singh, Nikhil	12	Foothill	4:29.04
11 Helmers, Andrew	11	Amador Valle	4:30.87
12 Vomund, Nicolas	11	Monte Vista	4:32.22
13 Jeppson, Samuel	11	Granada	4:32.74
14 Williams, Matthew	12	DeLaSalle	4:39.51
15 Spalding, Volney	11	San Ramon Va	4:42.32
16 Castillo, Alex	11	California	4:44.46

**Event 5 Girls 100 Meter Hurdles Varsity**

**EBAL: 14.84 R 1999 Simone Brooks**  
**15.83 NCS At-Large**

Name	Yr	School	Prelims
<b>Heat 1 Preliminaries Wind: NWI</b>			
1 Cole, Ashley	10	Granada	17.24Q
2 Kasten, Lisa	12	Livermore	17.25q
3 Johnson, Katherine	12	Granada	17.91q
4 Daetz, Lexi	9	San Ramon Va	18.70q
5 O'Neal, Jessica	11	Amador Valle	18.90q
6 Koch, Bridget	11	California	19.99q
7 Sommer, Andrea	11	Granada	21.02
<b>Heat 2 Preliminaries Wind: NWI</b>			
1 Andres, Alexia	12	Amador Valle	17.23Q

2 Pryn, Abigail	12	Amador Valle	17.33q
3 Bendle, Abigail	9	Amador Valle	17.72q
4 Goldstein, Courtney	12	Amador Valle	18.51q
5 Ng, Sarah	10	Granada	19.11q
6 Lewis, Skyler	11	Livermore	20.33
7 Du, Michelle	12	San Ramon Va	20.60

**Heat 3 Preliminaries Wind: NWI**

1 Villanueva, Brookey	12	Amador Valle	16.14Q
2 Moore, Kylie	10	Granada	17.62q
3 Moe, Bridget	12	Amador Valle	18.36q
4 Hansen, Emilee	11	Foothill	18.51q
5 Nagle, Katherine	11	Monte Vista	19.79q

**Event 5 Girls 100 Meter Hurdles Varsity**

**EBAL: 14.84 R 1999 Simone Brooks**  
**15.83 NCS At-Large**

Name	Yr	School	Finals
<b>Section 1 Finals Wind: 0.8</b>			
1 Daetz, Lexi	9	San Ramon Va	16.91
2 Moe, Bridget	12	Amador Valle	17.69
3 Goldstein, Courtney	12	Amador Valle	17.94
4 Hansen, Emilee	11	Foothill	18.16
5 O'Neal, Jessica	11	Amador Valle	18.16
6 Nagle, Katherine	11	Monte Vista	18.65
7 Ng, Sarah	10	Granada	19.39
8 Koch, Bridget	11	California	19.86

**Section 2 Finals Wind: 0.7**

1 Villanueva, Brookey	12	Amador Valle	15.66 NCS
2 Cole, Ashley	10	Granada	16.72
3 Andres, Alexia	12	Amador Valle	17.24
4 Moore, Kylie	10	Granada	17.42
5 Pryn, Abigail	12	Amador Valle	17.52
6 Bendle, Abigail	9	Amador Valle	18.17
7 Kasten, Lisa	12	Livermore	18.43

**Event 6 Boys 110 Meter Hurdles Varsity**

**EBAL: 13.99 R 2006 David Klech**  
**15.61 NCS At-Large**

Name	Yr	School	Prelims
<b>Heat 1 Preliminaries Wind: NWI</b>			
1 Tsai, Shawn	11	California	16.52Q
2 Widman, Kyle	12	Monte Vista	17.13q
3 Lockhart, Connor	11	California	17.57q
4 Sivkka, Fredrik	10	Livermore	18.06q
5 Hinek, JP	12	Amador Valle	19.77q
6 Natsch, David	11	Foothill	19.89q
7 Wu, Andrew	11	California	22.37

**Heat 2 Preliminaries Wind: NWI**

1 Menk, Ian	12	Amador Valle	15.39QNCS
2 Gul, Edrees	12	San Ramon Va	16.02q
3 Hennings, Cameron	11	Amador Valle	17.20q
4 Sjogreen, Gustav	12	Granada	17.45q
5 Sanders, Christopher	12	Monte Vista	19.42q
6 Curley, Joey	11	California	20.24q

**EBAL Track & Field Championships - 5/7/2016 to 5/14/2016**

**Foothill High School**

**Results**

**Heat 3 Preliminaries Wind: NWI... (Event 6 Boys 110 Meter Hurdles)**

Name	Yr	School	Prelims
1 Harvey, Jonathan	12	DeLaSalle	14.94QNCS
2 Zhou, John	10	Amador Valle	16.35q
3 Bhumbala, Ashwin	11	California	18.99q
4 Dhamrait, Arjun	11	California	20.24q
5 Ng, Christian	11	California	20.30

**Event 6 Boys 110 Meter Hurdles Varsity**

EBAL: 13.99 R 2006 David Klech  
15.61 NCS At-Large

Name	Yr	School	Finals
<b>Section 1 Finals Wind: +0.0</b>			
1 Lockhart, Connor	11	California	16.60
2 Sivkka, Fredrik	10	Livermore	17.38
3 Bhumbala, Ashwin	11	California	18.77
4 Sanders, Christopher	12	Monte Vista	19.64
5 Curley, Joey	11	California	20.14
6 Natsch, David	11	Foothill	20.32
7 Hinek, JP	12	Amador Valle	20.66
8 Dhamrait, Arjun	11	California	20.77

**Section 2 Finals Wind: 1.2**

1 Harvey, Jonathan	12	DeLaSalle	14.18	NCS
2 Menk, Ian	12	Amador Valle	15.08	NCS
3 Gul, Edrees	12	San Ramon Va	15.61	NCS
4 Tsai, Shawn	11	California	15.82	
5 Zhou, John	10	Amador Valle	16.44	
6 Widman, Kyle	12	Monte Vista	16.51	
7 Hennings, Cameron	11	Amador Valle	16.86	
8 Sjogreen, Gustav	12	Granada	17.36	

**Event 7 Girls 400 Meter Dash Varsity**

EBAL: 55.34 R 2000 Aisha Margain  
58.20 NCS At-Large

Name	Yr	School	Prelims
<b>Heat 1 Preliminaries</b>			
1 McKeag, Abby	10	Foothill	61.02Q
2 Aduaka, Belle	9	Foothill	61.05q
3 Gregory, Taylor	12	San Ramon Va	62.01q
4 Bicz, Elle	11	Carondelet	62.91q
5 Castillo, Arielle	10	Livermore	66.57q
6 Co, Celestine	12	Amador Valle	68.08
7 Hansen, Emilee	11	Foothill	68.42
8 Gatzke, Katelyn	11	Amador Valle	69.66
<b>Heat 2 Preliminaries</b>			
1 Ruotolo, Julianna	12	Carondelet	59.54Q
2 Gwynn, Carly	12	San Ramon Va	63.05q
3 Tincher, Emily	9	Amador Valle	64.28q
4 Fernandez, Marina	11	California	65.59q
5 Zyla, Jaya	11	San Ramon Va	65.83q
6 Foster, Fiona	11	Monte Vista	66.51q
7 Cordisco, Audrey	10	Livermore	67.99
8 Shinn, Kelsey	12	Foothill	69.34

**Heat 3 Preliminaries**

1 Brewer, Alyssa	10	California	57.32QNCS
2 Cervantes, Kyndra	12	Monte Vista	60.69q
3 Perez, Madison	10	Amador Valle	60.98q
4 Vepa, Amrita	10	Monte Vista	63.50q
5 La, Courtney	9	Amador Valle	64.22q
6 Kheirolloom, Kaila	10	Granada	67.14
7 Le, Anne	10	Livermore	68.40

**Event 7 Girls 400 Meter Dash Varsity**

EBAL: 55.34 R 2000 Aisha Margain  
58.20 NCS At-Large

Name	Yr	School	Finals
<b>Section 1 Finals</b>			
1 Vepa, Amrita	10	Monte Vista	63.13
2 Tincher, Emily	9	Amador Valle	63.19
3 Zyla, Jaya	11	San Ramon Va	64.48
4 Castillo, Arielle	10	Livermore	66.03
5 Foster, Fiona	11	Monte Vista	66.13
6 Fernandez, Marina	11	California	66.82
7 Kheirolloom, Kaila	10	Granada	67.12
8 Co, Celestine	12	Amador Valle	68.30

**Section 2 Finals**

1 Brewer, Alyssa	10	California	55.64	NCS
2 Ruotolo, Julianna	12	Carondelet	56.22	NCS
3 McKeag, Abby	10	Foothill	60.04	
4 Cervantes, Kyndra	12	Monte Vista	60.55	
5 Perez, Madison	10	Amador Valle	60.89	
6 Aduaka, Belle	9	Foothill	61.45	
7 Bicz, Elle	11	Carondelet	63.04	
8 Gwynn, Carly	12	San Ramon Va	63.87	

**Event 8 Boys 400 Meter Dash Varsity**

EBAL: 47.64 R 2006 David Klech  
50.27 NCS At-Large

Name	Yr	School	Prelims
<b>Heat 1 Preliminaries</b>			
1 Knight, Liam	12	Foothill	50.58Q
2 Matey, Max	11	California	50.84q
3 Dunlap, Ben	12	San Ramon Va	51.35q
4 Dees, Micah	10	DeLaSalle	52.28
5 Wu, Timothy	12	Foothill	53.81
6 Burton, Peter	11	San Ramon Va	54.90
<b>Heat 2 Preliminaries</b>			
1 Poynter, Bobby	10	California	50.78Q
2 Scott, Dylan	11	DeLaSalle	50.99q
3 Edelson, Dylan	12	Foothill	52.14
4 Telles, Austin	10	Amador Valle	52.32
5 Laine, Connor	11	Amador Valle	55.04
6 Chew, Derek	12	Monte Vista	56.17
7 Jones, Taylor Chase	12	Monte Vista	57.05
<b>Heat 3 Preliminaries</b>			
1 Williams, Noah	11	DeLaSalle	50.97Q
2 Gushurst, William	11	Amador Valle	51.79q
3 Banales, Jonathan	12	Granada	51.84q

**EBAL Track & Field Championships - 5/7/2016 to 5/14/2016**

**Foothill High School**

**Results**

**Heat 3 Preliminaries ... (Event 8 Boys 400 Meter Dash Varsity)**

Name	Yr	School	Prelims
4 McCabe, Ross	12	Foothill	52.04q
5 Busboom, Tucker	12	Monte Vista	53.83
6 Osaki, Trent	10	Amador Valle	53.93

**Heat 4 Preliminaries**

1 Johnson, Jzelun	12	California	50.34Q
2 Allison, Elliott	12	California	51.06q
3 Sheppard, Elijah	10	Monte Vista	51.67q
4 Mosquera, Joseph	10	California	51.88q
5 Yoshida, Eric	11	Foothill	54.01
6 Chu, Dwen	11	Amador Valle	55.16
7 Hatch, Benjamin	9	Granada	55.95

**Heat 5 Preliminaries**

1 Foster, Alec	12	Granada	49.10QNCS
2 Mazotti, Dominick	9	Foothill	51.51q
3 Petagara, Matt	12	San Ramon Va	51.66q
4 Weetman, Elijah	9	Amador Valle	52.61
5 Valenton, Rafael	12	Livermore	53.68
6 Sadhanala, Krishna	11	California	54.18
7 Fuller, Jack	11	Monte Vista	55.01

**Event 8 Boys 400 Meter Dash Varsity**

EBAL: 47.64 R 2006 David Klech  
50.27 NCS At-Large

Name	Yr	School	Finals
------	----	--------	--------

**Section 1 Finals**

1 Mosquera, Joseph	10	California	51.33
2 Gushurst, William	11	Amador Valle	51.52
3 Dunlap, Ben	12	San Ramon Va	51.83
4 Sheppard, Elijah	10	Monte Vista	52.03
5 Banales, Jonathan	12	Granada	52.08
6 Mazotti, Dominick	9	Foothill	52.40
7 McCabe, Ross	12	Foothill	52.96
8 Petagara, Matt	12	San Ramon Va	53.97

**Section 2 Finals**

1 Foster, Alec	12	Granada	49.60 NCS
2 Knight, Liam	12	Foothill	50.63
3 Matey, Max	11	California	50.77
4 Williams, Noah	11	DeLaSalle	50.77
5 Johnson, Jzelun	12	California	50.97
6 Poynter, Bobby	10	California	51.00
7 Allison, Elliott	12	California	51.61
8 Scott, Dylan	11	DeLaSalle	52.00

**Event 9 Girls 100 Meter Dash Varsity**

EBAL: 11.92 R 2007 Kelly Fogarty  
12.70 NCS At-Large

Name	Yr	School	Prelims
------	----	--------	---------

**Heat 1 Preliminaries Wind: NWI**

1 Broacha, Sarah	11	Foothill	12.78Q
2 Avina, Avery	12	Carondelet	12.80q
3 Tran, Mikayla	11	Foothill	13.33q
4 Allison, Lucy	9	California	13.43q
5 Aduaka, Belle	9	Foothill	13.69

6 Perrault, Kelly	12	Granada	13.91
-------------------	----	---------	-------

**Heat 2 Preliminaries Wind: NWI**

1 Avila, Mia	10	Carondelet	13.06Q
2 Green, Jazmyn	12	Foothill	13.10q
3 Noden, Isabella	9	San Ramon Va	13.13q
4 Cole, Gianna	10	Livermore	13.14q
5 Nino, Ariana	11	Foothill	13.47
6 Drew, Tamia	10	Livermore	13.70
7 Daly, Sofia	11	Carondelet	13.86

**Heat 3 Preliminaries Wind: NWI**

1 Dukes, Samantha	11	Livermore	12.93Q
2 Scott, Mikayla	11	Carondelet	13.06q
3 Stallings, Sarah	11	California	13.27q
4 Lyon, Andrea	11	San Ramon Va	13.40q
5 Coleman, Kailyn	12	Foothill	13.69
6 Silva, Alyssa	10	Livermore	13.88

**Heat 4 Preliminaries Wind: NWI**

1 White, Pamela	12	Granada	12.58QNCS
2 Williams, Brittany	12	Monte Vista	12.78q
3 Devine, Lauren	12	Carondelet	13.29q
4 Giammanco, Alyssa	11	Foothill	13.36q
5 Shih, Megan	11	Amador Valle	13.48
6 Sanguinetti, Alison	9	Amador Valle	13.58
7 Wallace, Lauren	10	San Ramon Va	13.68

**Event 9 Girls 100 Meter Dash Varsity**

EBAL: 11.92 R 2007 Kelly Fogarty  
12.70 NCS At-Large

Name	Yr	School	Finals
------	----	--------	--------

**Section 1 Finals Wind: -1.8**

1 Cole, Gianna	10	Livermore	12.88
2 Noden, Isabella	9	San Ramon Va	13.37
3 Lyon, Andrea	11	San Ramon Va	13.37
4 Devine, Lauren	12	Carondelet	13.53
5 Stallings, Sarah	11	California	13.54
6 Giammanco, Alyssa	11	Foothill	13.56
7 Tran, Mikayla	11	Foothill	13.59
8 Allison, Lucy	9	California	13.88

**Section 2 Finals Wind: -1.7**

1 White, Pamela	12	Granada	12.51 NCS
2 Williams, Brittany	12	Monte Vista	12.68 NCS
3 Dukes, Samantha	11	Livermore	12.69 NCS
4 Avila, Mia	10	Carondelet	12.85
5 Broacha, Sarah	11	Foothill	12.93
6 Avina, Avery	12	Carondelet	12.97
7 Scott, Mikayla	11	Carondelet	12.98
8 Green, Jazmyn	12	Foothill	13.16

**Event 10 Boys 100 Meter Dash Varsity**

EBAL: 10.60 R 2003 D.J. Smith  
11.16 NCS At-Large

Name	Yr	School	Prelims
------	----	--------	---------

**Heat 1 Preliminaries Wind: NWI**

1 Gates, Matthew	12	Foothill	11.41Q
2 Bhatia, Simeran	11	Livermore	11.51q

**EBAL Track & Field Championships - 5/7/2016 to 5/14/2016**

**Foothill High School**

**Results**

<b>Heat 1 Preliminaries Wind: NWI... (Event 10 Boys 100 Meter Dash V)</b>				
Name	Yr	School	Prelims	
3 Chubb, Alex	11	California	11.52q	
4 Tsai, Shawn	11	California	11.63q	
5 Arends, Andrew	12	San Ramon Va	11.64q	
6 Hermoso, Mickey	12	San Ramon Va	12.13	
7 Mahleole, Lefawo	10	Granada	12.14	
8 Garcia, Ryan	11	San Ramon Va	12.22	

<b>Heat 2 Preliminaries Wind: NWI</b>				
1 Coats, Gray	12	DeLaSalle	11.63Q	
2 Sewell, Anthony	12	Granada	11.71q	
3 Evans, Dru	10	California	11.93	
4 Medley, Dan	10	San Ramon Va	11.98	
5 Mazotti, Dominick	9	Foothill	12.10	
6 Fuller, Jack	11	Monte Vista	12.24	

<b>Heat 3 Preliminaries Wind: NWI</b>				
1 Dourneau, Jonathan	12	Foothill	11.32Q	
2 Sayyid, Marquies	12	Granada	11.79q	
3 Homentcovschi, Andrei	12	Monte Vista	12.01	
4 Park, Kenneth	12	Monte Vista	12.02	
5 McCabe, Ross	12	Foothill	12.05	
6 Range, Dominic	11	Livermore	12.12	
7 Harioka, Derek	12	Monte Vista	12.53	

<b>Heat 4 Preliminaries Wind: NWI</b>				
1 Menon, Rohit	10	Amador Valle	11.41Q	
2 Rios, Jacob	10	Amador Valle	11.77q	
3 Busboom, Tucker	12	Monte Vista	11.85q	
4 Skolnick, Ryan	12	Monte Vista	11.99	
5 Alfaro, Gabriel	12	Monte Vista	12.07	
6 Adesokan, Dayo	11	Foothill	12.15	

<b>Heat 5 Preliminaries Wind: NWI</b>				
1 Dees, Obasi	12	DeLaSalle	11.21Q	
2 Moseby, Earl	11	Granada	11.59q	
3 Roker, Bailey	11	Foothill	11.71q	
4 Rufini, Joseph	12	Monte Vista	11.72q	
5 Van Ommeren, Schuyler	12	Amador Valle	12.02	

<b>Event 10 Boys 100 Meter Dash Varsity</b>				
EBAL:		10.60 R 2003	D.J. Smith	
		11.16 NCS At-Large		
Name	Yr	School	Finals	

<b>Section 1 Finals Wind: -1.7</b>				
1 Rios, Jacob	10	Amador Valle	11.41	
2 Sayyid, Marquies	12	Granada	11.59	
3 Roker, Bailey	11	Foothill	11.59	
4 Arends, Andrew	12	San Ramon Va	11.68	
5 Tsai, Shawn	11	California	11.68	
6 Rufini, Joseph	12	Monte Vista	11.73	
7 Sewell, Anthony	12	Granada	11.73	
8 Busboom, Tucker	12	Monte Vista	11.88	

<b>Section 2 Finals Wind: -1.5</b>				
1 Dees, Obasi	12	DeLaSalle	11.23	
2 Dourneau, Jonathan	12	Foothill	11.32	
3 Menon, Rohit	10	Amador Valle	11.37	
4 Coats, Gray	12	DeLaSalle	11.49	

5 Chubb, Alex	11	California	11.58
6 Bhatia, Simeran	11	Livermore	11.59
7 Moseby, Earl	11	Granada	11.76

<b>Event 11 Girls 800 Meter Run Varsity</b>				
EBAL:		2:09.30 R 1978	Cheri Williams	
		2:20.18 NCS At-Large		
Name	Yr	School	Prelims	

<b>Heat 1 Preliminaries</b>				
1 Fuhriman, Heidi	12	Monte Vista	2:17.38QNCS	
2 McCandless, Megan	12	Granada	2:20.47Q	
3 Maheshwari, Kajol	12	Livermore	2:21.30Q	
4 McFarland, Laura	11	Carondelet	2:23.96q	
5 Ose, Rachel	12	Foothill	2:24.17q	
6 Neumann, Kayla	10	California	2:27.65	
7 Moldenhauer, Paige	11	Monte Vista	2:33.00	
8 Gines, Emily	12	Monte Vista	2:34.36	
9 Laffer, Karly	11	Amador Valle	2:34.59	
10 Stewart, Jordan	12	Granada	2:35.99	
11 Pascualy, Catalina	11	Amador Valle	2:36.02	

<b>Heat 2 Preliminaries</b>				
1 Starn, Brooke	12	Monte Vista	2:15.91QNCS	
2 Neach, Molly	10	San Ramon Va	2:18.21QNCS	
3 Murphy, Keeley	10	Carondelet	2:22.25Q	
4 Dupuis, Gracie	9	Granada	2:23.78q	
5 Laurence, Becky	9	Amador Valle	2:24.32q	
6 Coney, Audrey	10	Monte Vista	2:25.83q	
7 McCandless, Colleen	9	Granada	2:27.67	
8 Estill, Shayne	11	Amador Valle	2:32.12	
9 Mendez, Jessica	12	San Ramon Va	2:37.32	
10 Kerfs, Michelle	11	Carondelet	2:42.93	

<b>Heat 3 Preliminaries</b>				
1 Brewer, Alyssa	10	California	2:15.92QNCS	
2 Corda, Meredith	11	Monte Vista	2:18.85QNCS	
3 Green, Annaka	12	Amador Valle	2:19.75QNCS	
4 Tavella, Emma	9	San Ramon Va	2:21.83q	
5 Coney, Madalyne	10	Monte Vista	2:21.90q	
6 Dowling, Morgan	11	Monte Vista	2:31.84	
7 McCabe, Megan	12	Monte Vista	2:32.92	
8 Vepa, Amrita	10	Monte Vista	2:34.40	
9 Buck, Mandy	11	Amador Valle	2:36.82	
10 Leonard, Morgan	12	Granada	2:38.21	

<b>Event 11 Girls 800 Meter Run Varsity</b>				
EBAL:		2:09.30 R 1978	Cheri Williams	
		2:20.18 NCS At-Large		
Name	Yr	School	Finals	

<b>Section 1 Finals</b>				
1 Brewer, Alyssa	10	California	2:10.49	NCS
2 Fuhriman, Heidi	12	Monte Vista	2:12.70	NCS
3 Neach, Molly	10	San Ramon Va	2:16.21	NCS
4 Murphy, Keeley	10	Carondelet	2:17.70	NCS
5 Green, Annaka	12	Amador Valle	2:19.42	NCS
6 Coney, Madalyne	10	Monte Vista	2:21.94	
7 Maheshwari, Kajol	12	Livermore	2:23.89	
8 Ose, Rachel	12	Foothill	2:26.54	

**EBAL Track & Field Championships - 5/7/2016 to 5/14/2016**

**Foothill High School**

**Results**

**Section 1 Finals ... (Event 11 Girls 800 Meter Run Varsity)**

Name	Yr	School	Finals
9 Tavella, Emma	9	San Ramon Va	2:26.84
10 McFarland, Laura	11	Carondelet	2:27.80
11 Neumann, Kayla	10	California	2:28.29
12 McCabe, Megan	12	Monte Vista	2:29.38
13 Laurence, Becky	9	Amador Valle	2:29.75
14 Estill, Shayne	11	Amador Valle	2:32.13
15 Coney, Audrey	10	Monte Vista	2:34.21

**Event 12 Boys 800 Meter Run Varsity**

EBAL: 1:53.89 R 2009 Kevin Griffith  
1:57.86 NCS At-Large

Name	Yr	School	Prelims
<b>Heat 1 Preliminaries</b>			
1 Bradley, Stefan	12	San Ramon Va	1:57.95Q
2 Perez, Eric	12	California	2:00.10Q
3 Valenton, Rafael	12	Livermore	2:02.35Q
4 Perez, Jovan	10	Amador Valle	2:02.67q
5 Edelson, Dylan	12	Foothill	2:04.31
6 Castillo, Alex	11	California	2:05.00
7 Maklaf, Omar	11	Livermore	2:05.01
8 Roskopf, Nick	12	Amador Valle	2:07.56
9 Davis, Peter	12	Monte Vista	2:08.72
10 Smiley, Benjamin	11	Monte Vista	2:11.25
11 Toyofuku, James	11	Monte Vista	2:11.79
12 Goyal, Akul	12	California	2:13.20
<b>Heat 2 Preliminaries</b>			
1 Fleming, Travis	12	California	1:58.68Q
2 Henze, Caleb	12	Foothill	1:59.61Q
3 Miller, Tristan	11	Monte Vista	2:00.32Q
4 Boyle, Aiden	9	Amador Valle	2:01.01q
5 Guo, Austin	12	California	2:01.50q
6 Bennett, John	10	Granada	2:03.53q
7 Mckenney, Michael	12	DeLaSalle	2:03.55q
8 Barajas, Eleazar	11	DeLaSalle	2:03.98q
9 Williams, Tyler	11	California	2:08.24
10 Priest, Cameron	11	Granada	2:09.07
11 Lau, Brendan	11	Monte Vista	2:09.29
12 Spalding, Volney	11	San Ramon Va	2:10.33
<b>Heat 3 Preliminaries</b>			
1 De Leon, Isaias	11	DeLaSalle	1:58.64Q
2 Fisher, Harrison	10	DeLaSalle	1:59.17Q
3 Somers, Eli	12	San Ramon Va	1:59.59Q
4 Skellenger, Leo	12	Granada	2:02.73q
5 Jeppson, Samuel	11	Granada	2:04.90
6 Agdeppa, Roen	11	California	2:05.22
7 Chrisman, Timothy	12	Monte Vista	2:05.25
8 Williams, Matthew	12	DeLaSalle	2:08.17
9 Leonard, Mike	11	California	2:08.32
10 Shields, Parker	11	California	2:10.02
11 Hattori, Alex	11	Granada	2:10.36
12 Deagen, Matthew	11	Amador Valle	2:11.43

**Event 12 Boys 800 Meter Run Varsity**

EBAL: 1:53.89 R 2009 Kevin Griffith  
1:57.86 NCS At-Large

Name	Yr	School	Finals
<b>Section 1 Finals</b>			
1 Fisher, Harrison	10	DeLaSalle	1:58.20
2 Somers, Eli	12	San Ramon Va	1:58.50
3 Henze, Caleb	12	Foothill	1:58.67
4 Miller, Tristan	11	Monte Vista	1:59.04
5 Edelson, Dylan	12	Foothill	1:59.79
6 Boyle, Aiden	9	Amador Valle	2:00.04
7 Perez, Eric	12	California	2:00.87
8 Valenton, Rafael	12	Livermore	2:01.41
9 Guo, Austin	12	California	2:02.42
10 Mckenney, Michael	12	DeLaSalle	2:04.72
11 Barajas, Eleazar	11	DeLaSalle	2:04.89
12 Maklaf, Omar	11	Livermore	2:06.75
13 Perez, Jovan	10	Amador Valle	2:07.51
14 Castillo, Alex	11	California	2:13.06
15 Fleming, Travis	12	California	2:21.71
--- De Leon, Isaias	11	DeLaSalle	DQ

**Event 13 Girls 300 Meter Hurdles Varsity**

EBAL: 45.13 R 2012 Tori Edwards  
47.41 NCS At-Large

Name	Yr	School	Prelims
<b>Heat 1 Preliminaries</b>			
1 Pryn, Abigail	12	Amador Valle	46.91QNCS
2 Cole, Ashley	10	Granada	49.68q
3 Du, Michelle	12	San Ramon Va	54.06
4 Hansen, Emilee	11	Foothill	54.92
5 Kheirloomoom, Kaila	10	Granada	57.94
<b>Heat 2 Preliminaries</b>			
1 Villanueva, Brookey	12	Amador Valle	46.06QNCS
2 Moe, Bridget	12	Amador Valle	48.78q
3 Daetz, Lexi	9	San Ramon Va	51.83q
4 Gannon, Madison	11	Livermore	52.19q
5 Goldstein, Courtney	12	Amador Valle	53.38q
<b>Heat 3 Preliminaries</b>			
1 Brown, Kirsty	11	Amador Valle	45.51QNCS
2 Moore, Kylie	10	Granada	48.87q
3 Bendle, Abigail	9	Amador Valle	50.60q
4 Hunter, Haley	10	Amador Valle	51.93q
5 Ng, Sarah	10	Granada	56.88
6 Kennedy, Ellie	9	San Ramon Va	58.39
<b>Heat 4 Preliminaries</b>			
1 Avina, Avery	12	Carondelet	47.55Q
2 Koch, Bridget	11	California	50.55q
3 Lyon, Andrea	11	San Ramon Va	51.06q
4 Johnson, Katherine	12	Granada	51.42q
5 O'Neal, Jessica	11	Amador Valle	52.61q
6 Nagle, Katherine	11	Monte Vista	54.80

## EBAL Track &amp; Field Championships - 5/7/2016 to 5/14/2016

## Foothill High School

## Results

## Event 13 Girls 300 Meter Hurdles Varsity

EBAL: 45.13 R 2012 Tori Edwards  
47.41 NCS At-Large

Name	Yr	School	Finals
<b>Section 1 Finals</b>			
1 Bendle, Abigail	9	Amador Valle	49.67
2 Lyon, Andrea	11	San Ramon Va	50.29
3 O'Neal, Jessica	11	Amador Valle	51.22
4 Daetz, Lexi	9	San Ramon Va	51.92
5 Gannon, Madison	11	Livermore	52.21
6 Goldstein, Courtney	12	Amador Valle	52.56
7 Hunter, Haley	10	Amador Valle	53.11
<b>Section 2 Finals</b>			
1 Avina, Avery	12	Carondelet	44.77RNCS
2 Villanueva, Brookey	12	Amador Valle	45.18 NCS
3 Brown, Kirsty	11	Amador Valle	45.63 NCS
4 Pryn, Abigail	12	Amador Valle	47.26 NCS
5 Moe, Bridget	12	Amador Valle	47.69
6 Cole, Ashley	10	Granada	48.59
7 Moore, Kylie	10	Granada	48.65
8 Koch, Bridget	11	California	49.87

## Event 14 Boys 300 Meter Hurdles Varsity

EBAL: 36.63 R 2005 David Klech  
40.92 NCS At-Large

Name	Yr	School	Prelims
<b>Heat 1 Preliminaries</b>			
1 Menk, Ian	12	Amador Valle	40.03QNCS
2 Zhou, John	10	Amador Valle	41.74q
3 Natsch, David	11	Foothill	47.14q
4 Dhamrait, Arjun	11	California	47.65q
5 Miller, Steven	12	Amador Valle	49.05q
6 Curley, Joey	11	California	52.76
<b>Heat 2 Preliminaries</b>			
1 Gul, Edrees	12	San Ramon Va	41.00Q
2 Hennings, Cameron	11	Amador Valle	41.88q
3 Sjogreen, Gustav	12	Granada	44.40q
4 Lockhart, Connor	11	California	45.94q
5 Tsai, Shawn	11	California	47.58q
6 Sanders, Christopher	12	Monte Vista	49.39q
7 Lewczyk, Joshua	12	Granada	49.83
8 Hinek, JP	12	Amador Valle	52.07
<b>Heat 3 Preliminaries</b>			
1 Harvey, Jonathan	12	DeLaSalle	40.11QNCS
2 Johnston, Cameron	11	Livermore	42.28q
3 Poynter, Bobby	10	California	42.33q
4 Widman, Kyle	12	Monte Vista	42.43q
5 Bhumbala, Ashwin	11	California	45.73q
6 Ng, Christian	11	California	49.74
7 Strand, Kevin	10	Monte Vista	49.93

## Event 14 Boys 300 Meter Hurdles Varsity

EBAL: 36.63 R 2005 David Klech  
40.92 NCS At-Large

Name	Yr	School	Finals
<b>Section 1 Finals</b>			
1 Tsai, Shawn	11	California	43.52
2 Sjogreen, Gustav	12	Granada	43.63
3 Lockhart, Connor	11	California	44.75
4 Bhumbala, Ashwin	11	California	45.55
5 Natsch, David	11	Foothill	46.32
6 Dhamrait, Arjun	11	California	47.09
7 Miller, Steven	12	Amador Valle	47.98
8 Sanders, Christopher	12	Monte Vista	49.16
<b>Section 2 Finals</b>			
1 Harvey, Jonathan	12	DeLaSalle	38.42 NCS
2 Menk, Ian	12	Amador Valle	39.79 NCS
3 Gul, Edrees	12	San Ramon Va	40.71 NCS
4 Zhou, John	10	Amador Valle	41.70
5 Widman, Kyle	12	Monte Vista	41.87
6 Hennings, Cameron	11	Amador Valle	42.11
7 Johnston, Cameron	11	Livermore	42.48
8 Poynter, Bobby	10	California	43.60

## Event 15 Girls 200 Meter Dash Varsity

EBAL: 24.49 R 2007 Kelly Fogarty  
25.82 NCS At-Large

Name	Yr	School	Prelims
<b>Heat 1 Preliminaries Wind: NWI</b>			
1 Ruotolo, Julianna	12	Carondelet	25.60QNCS
2 Avila, Mia	10	Carondelet	26.50q
3 Cervantes, Kyndra	12	Monte Vista	27.10q
4 La, Courtney	9	Amador Valle	27.90q
5 Giammanco, Alyssa	11	Foothill	28.00q
6 McKeag, Abby	10	Foothill	28.14
7 Daly, Sofia	11	Carondelet	28.88
<b>Heat 2 Preliminaries Wind: NWI</b>			
1 White, Pamela	12	Granada	25.96Q
2 Dukes, Samantha	11	Livermore	26.50q
3 Gwynn, Carly	12	San Ramon Va	27.40q
4 Devine, Lauren	12	Carondelet	27.65q
5 Bicz, Elle	11	Carondelet	27.99q
6 Allison, Lucy	9	California	28.19
<b>Heat 3 Preliminaries Wind: NWI</b>			
1 Williams, Brittany	12	Monte Vista	26.24Q
2 Scott, Mikayla	11	Carondelet	26.32q
3 Cole, Gianna	10	Livermore	26.53q
4 Stallings, Sarah	11	California	27.29q
5 Green, Jazmyn	12	Foothill	27.31q
6 Noden, Isabella	9	San Ramon Va	27.66q
7 Silva, Alyssa	10	Livermore	28.11
8 Zyla, Jaya	11	San Ramon Va	29.80

**EBAL Track & Field Championships - 5/7/2016 to 5/14/2016**

**Foothill High School**

**Results**

**Event 15 Girls 200 Meter Dash Varsity**

**EBAL: 24.49 R 2007 Kelly Fogarty**  
**25.82 NCS At-Large**

Name	Yr	School	Finals
<b>Section 1 Finals Wind: 2.5</b>			
1 Green, Jazmyn	12	Foothill	26.62
2 Devine, Lauren	12	Carondelet	27.01
3 Giammanco, Alyssa	11	Foothill	27.26
4 Biczo, Elle	11	Carondelet	27.33
5 McKeag, Abby	10	Foothill	27.49
6 La, Courtney	9	Amador Valle	27.72
7 Silva, Alyssa	10	Livermore	27.83
8 Allison, Lucy	9	California	27.87

**Section 2 Finals Wind: 1.1**

1 White, Pamela	12	Granada	25.02	NCS
2 Ruotolo, Julianna	12	Carondelet	25.24	NCS
3 Dukes, Samantha	11	Livermore	25.59	NCS
4 Williams, Brittany	12	Monte Vista	26.04	
5 Avila, Mia	10	Carondelet	26.05	
6 Scott, Mikayla	11	Carondelet	26.08	
7 Cole, Gianna	10	Livermore	26.44	
8 Stallings, Sarah	11	California	26.74	

**Event 16 Boys 200 Meter Dash Varsity**

**EBAL: 21.47 R 2003 D.J. Smith**  
**22.56 NCS At-Large**

Name	Yr	School	Prelims
<b>Heat 1 Preliminaries Wind: NWI</b>			
1 Williams, Noah	11	DeLaSalle	22.93Q
2 Dunlap, Ben	12	San Ramon Va	23.46q
3 Bhatia, Simeran	11	Livermore	23.63q
4 Sayyid, Marquies	12	Granada	23.65q
5 Van Ommeren, Schuyler	12	Amador Valle	23.94
6 Skolnick, Ryan	12	Monte Vista	24.05
7 Busboom, Tucker	12	Monte Vista	24.47
<b>Heat 2 Preliminaries Wind: NWI</b>			
1 Dourneau, Jonathan	12	Foothill	22.45QNCS
2 Menon, Rohit	10	Amador Valle	23.15q
3 Sewell, Anthony	12	Granada	23.42q
4 Allison, Elliott	12	California	23.68q
5 Coats, Gray	12	DeLaSalle	24.03
6 Homentcovschi, Andrei	12	Monte Vista	24.18
7 Sadhanala, Krishna	11	California	24.31
8 Alfaro, Gabriel	12	Monte Vista	24.57
<b>Heat 3 Preliminaries Wind: NWI</b>			
1 Johnson, Jzelun	12	California	22.58Q
2 Gates, Matthew	12	Foothill	23.14q
3 Sheppard, Elijah	10	Monte Vista	23.45q
4 Edelson, Dylan	12	Foothill	24.00
5 Scott, Dylan	11	DeLaSalle	24.03
6 Chu, Dwen	11	Amador Valle	24.24
7 Range, Dominic	11	Livermore	25.19
<b>Heat 4 Preliminaries Wind: NWI</b>			
1 Dees, Obasi	12	DeLaSalle	22.51QNCS

2 Chubb, Alex	11	California	22.82q
3 Knight, Liam	12	Foothill	23.37q
4 Mosquera, Joseph	10	California	23.48q
5 Gushurst, William	11	Amador Valle	23.49q
6 Medley, Dan	10	San Ramon Va	23.98

**Event 16 Boys 200 Meter Dash Varsity**

**EBAL: 21.47 R 2003 D.J. Smith**  
**22.56 NCS At-Large**

Name	Yr	School	Finals	
<b>Section 1 Finals Wind: 2.5</b>				
1 Gushurst, William	11	Amador Valle	23.00	
2 Sheppard, Elijah	10	Monte Vista	23.15	
3 Sayyid, Marquies	12	Granada	23.36	
4 Bhatia, Simeran	11	Livermore	23.55	
5 Edelson, Dylan	12	Foothill	23.70	
6 Medley, Dan	10	San Ramon Va	23.78	
<b>Section 2 Finals Wind: 2.4</b>				
1 Johnson, Jzelun	12	California	21.94	NCS
2 Dourneau, Jonathan	12	Foothill	22.05	NCS
3 Dees, Obasi	12	DeLaSalle	22.06	NCS
4 Chubb, Alex	11	California	22.84	
5 Sewell, Anthony	12	Granada	22.91	
5 Menon, Rohit	10	Amador Valle	22.91	
7 Williams, Noah	11	DeLaSalle	22.96	

**Section 2 Finals Wind: 2.4**

1 Johnson, Jzelun	12	California	21.94	NCS
2 Dourneau, Jonathan	12	Foothill	22.05	NCS
3 Dees, Obasi	12	DeLaSalle	22.06	NCS
4 Chubb, Alex	11	California	22.84	
5 Sewell, Anthony	12	Granada	22.91	
5 Menon, Rohit	10	Amador Valle	22.91	
7 Williams, Noah	11	DeLaSalle	22.96	

**Event 17 Girls 3200 Meter Run Varsity**

**EBAL: 10:33.90 R 1978 Cheri Williams**  
**11:09.19 NCS At-Large**

Name	Yr	School	Finals	
<b>Section 1</b>				
1 McFarland, Laura	11	Carondelet	12:16.15	
2 Thorn, Ysabel	12	Amador Valle	12:25.63	
3 Dempsey, Kelsey	10	Carondelet	12:26.38	
4 Richards, Liza	10	Carondelet	12:34.62	
5 Mendez, Jessica	12	San Ramon Va	12:39.17	
6 Reddick, Katie	12	Granada	12:52.93	
7 Estill, Shayne	11	Amador Valle	13:30.36	
8 Pearlstein, Samantha	11	San Ramon Va	13:35.15	
9 D'Addabbo, Jennifer	12	Amador Valle	13:37.07	
10 Schumacher, Noelle	12	California	13:41.11	
11 Cooke, Bridget	12	San Ramon Va	13:52.38	
12 Pascualy, Catalina	11	Amador Valle	14:07.24	
<b>Section 2</b>				
1 McCandless, Megan	12	Granada	10:47.83	NCS
2 Starn, Brooke	12	Monte Vista	10:57.68	NCS
3 Corda, Meredith	11	Monte Vista	11:00.26	NCS
4 Leroudier, Melodie	12	Amador Valle	11:01.07	NCS
5 McCandless, Colleen	9	Granada	11:08.11	NCS
6 Coney, Madalyne	10	Monte Vista	11:14.95	
7 Bihari, Kinga	9	Granada	11:15.40	
8 Dupuis, Gracie	9	Granada	11:17.72	
9 Tavella, Kate	9	San Ramon Va	11:35.97	
10 Bartolotto, Kalea	9	Granada	12:01.55	
11 Lawsen, Taylor	12	Granada	12:06.84	
12 Lawsen, Kaylie	9	Granada	12:14.13	

**EBAL Track & Field Championships - 5/7/2016 to 5/14/2016**

**Foothill High School**

**Results**

**Section 2 ... (Event 17 Girls 3200 Meter Run Varsity)**

Name	Yr	School	Finals
13 Guinchard, Daisy	9	Granada	12:27.04

**Event 18 Boys 3200 Meter Run Varsity**  
 EBAL: 9:00.50 R 1975 Roy Kissin  
 9:27.76 NCS At-Large

Name	Yr	School	Finals
------	----	--------	--------

**Section 1**

1 Bradley, Stefan	12	San Ramon Va	9:35.47
2 Chrisman, Timothy	12	Monte Vista	9:35.55
3 Bennett, John	10	Granada	9:41.73
4 Maklaf, Omar	11	Livermore	9:51.81
5 Vomund, Nicolas	11	Monte Vista	9:53.41
6 Maneloveg, Daniel	11	Monte Vista	9:59.00
7 Priest, Cameron	11	Granada	10:00.44
8 Jeppson, Samuel	11	Granada	10:08.66
9 Hattori, Alex	11	Granada	10:11.88
10 Helmers, Andrew	11	Amador Valle	10:12.47
11 Walsh, Brett	12	Amador Valle	10:15.20
12 Desai, Kinaar	10	Granada	10:21.10
13 Skellenger, Leo	12	Granada	10:25.90
14 Laurence, Alex	11	Amador Valle	10:29.64
15 Castillo, Alex	11	California	10:50.09
16 Smiley, Benjamin	11	Monte Vista	10:58.20

**Section 2**

1 Singh, Nikhil	12	Foothill	9:57.67
2 Spalding, Volney	11	San Ramon Va	10:08.84
3 Severson, Levi	11	San Ramon Va	10:25.54
4 Lonestar, Evan	11	DeLaSalle	10:25.56
5 Wang, David	11	Granada	10:26.09
6 Ellis, Taylor	11	DeLaSalle	10:29.05
7 Carbonell, Jack	11	San Ramon Va	10:32.87
8 Lau, Brendan	11	Monte Vista	10:33.45
9 Fisher, Harrison	10	DeLaSalle	10:36.93
10 Dean, Jake	11	Foothill	10:43.47
11 Williams, Tyler	11	California	10:44.44
12 Shields, Parker	11	California	10:45.72
13 Baer, Jacob	12	Amador Valle	10:56.72
14 Miller, Jordan	11	San Ramon Va	10:59.19
15 Rocha, Anthony	12	Monte Vista	11:14.37

**Event 19 Girls 4x400 Meter Relay Varsity**  
 EBAL: 3:54.13 R 2000 Berkeley  
 Newman, Keith, Brooks, Margain  
 4:02.86 NCS At-Large

Team	Relay	Finals
------	-------	--------

**Section 1**

1 Carondelet	3:58.79	NCS
2 Amador Valley	4:05.21	
3 San Ramon Valley	4:07.50	
4 Monte Vista	4:11.43	
5 California	4:13.83	
6 Foothill	4:14.93	
7 Granada	4:20.84	
8 Livermore	4:25.89	

**Event 20 Boys 4x400 Meter Relay Varsity**  
 EBAL: 3:16.91 R 2013 Amador Valley  
 Charles, McKinnon, Roberson, Slaton  
 3:23.05 NCS At-Large

Team	Relay	Finals
------	-------	--------

**Section 1**

1 California	3:24.97
2 Amador Valley	3:26.90
3 Foothill	3:28.92
4 Granada	3:30.14
5 San Ramon Valley	3:32.17
6 Monte Vista	3:32.58
7 Livermore	3:43.69
--- DeLaSalle	NT

**Event 21 Girls High Jump Varsity**  
 EBAL: 5-09 R 2009 Celeste Rietveld  
 5-02.00 NCS At-Large

Name	Yr	School	Finals
------	----	--------	--------

**Flight 1**

1 Kurtz, Jennifer	12	California	5-06.00	NCS
2 Ruotolo, Julianna	12	Carondelet	5-02.00	NCS
3 Andres, Alexia	12	Amador Valle	5-00.00	
3 Offill, Courtney	12	Granada	J5-00.00	
5 Kasten, Lisa	12	Livermore	J4-10.00	
5 Flom, Lauren	11	California	4-10.00	
5 Bicz, Elle	11	Carondelet	J4-10.00	
8 Kennedy, Ellie	9	San Ramon Va	4-08.00	
8 Clevenger, Kaitlyn	9	Livermore	J4-08.00	
8 De Maio, Jenna	11	Monte Vista	J4-08.00	
8 Blatter, Lauren	10	Monte Vista	J4-08.00	
8 Daetz, Lexi	9	San Ramon Va	4-08.00	
8 Sarti, Guila	10	Carondelet	J4-08.00	
--- McKeag, Abby	10	Foothill	NH	
--- Badger, Ally	11	Livermore	NH	

**Event 22 Girls Pole Vault Varsity**  
 EBAL: 11-01 R 2014 Lauren Larson  
 10-04.50 NCS At-Large

Name	Yr	School	Finals
------	----	--------	--------

**Flight 1**

1 Kern, Katie	12	Carondelet	11-02.00	RNCS
2 Pickett, Janna	11	Livermore	9-11.00	
3 Keene, Sarah	12	Amador Valle	J9-11.00	
4 Emerson, Kate	11	California	J9-11.00	
5 Murray, Julianne	9	San Ramon Va	J9-11.00	
6 Pence, Haley	12	San Ramon Va	9-05.00	
7 Yozzo, Hannah	11	Amador Valle	8-11.00	
8 McNamara, Lauren	12	Foothill	8-05.00	
9 Bollengier, Abigale	10	San Ramon Va	J8-05.00	
10 Mangold, Jessica	11	Foothill	7-11.00	
10 Lim, Woojin	12	Monte Vista	7-11.00	
12 Burg, Kaley	9	California	J7-11.00	
13 Bueno, Lauren	12	Granada	J7-11.00	
14 Nguyen, Annie	12	Foothill	J7-11.00	

**EBAL Track & Field Championships - 5/7/2016 to 5/14/2016**

**Foothill High School**

**Results**

**Flight 1 ... (Event 22 Girls Pole Vault Varsity)**

Name	Yr	School	Finals
15 Kenny, Kamaile	11	San Ramon Va	7-05.00
15 Sarti, Guila	10	Carondelet	7-05.00
17 Mai, Brianna	11	Foothill	J7-05.00
18 Wilson, Shastina	12	Granada	J7-05.00
--- O'Brien, Anna	12	Granada	NH
--- Garcia, Maren	11	San Ramon Va	NH
--- Ng, Sarah	10	Granada	NH
--- Reiser, Caroline	10	San Ramon Va	NH
--- Lebegue, Victoria	11	Livermore	NH
--- Stuart, Lauren	11	Granada	NH

**Event 23 Girls Long Jump Varsity**  
 EBAL: 18-05.75 R 5/16/2015 Christina Chenault  
 17-02.25 NCS At-Large

Name	Yr	School	Finals
------	----	--------	--------

**Flight 1**

1 Wallace, Lauren	10	San Ramon Va	15-01.75 NWI
2 Daetz, Lexi	9	San Ramon Va	15-00.00 NWI
3 Sarti, Guila	10	Carondelet	13-11.75 NWI
4 Zhao, Anna	12	Foothill	13-07.50 NWI
5 Field, Victoria	11	Amador Valle	13-02.00 NWI
6 Hartjoy, Courtney	11	Foothill	11-08.75 NWI

**Flight 2**

1 Stroud, Katarina	11	Monte Vista	J15-00.00 NWI
2 Page, Erin	12	Foothill	14-06.25 NWI
3 Solis, Jovana	12	Livermore	14-03.50 NWI
4 Podgorski, Julia	11	San Ramon Va	14-03.00 NWI
5 Cordisco, Audrey	10	Livermore	13-09.50 NWI
6 Coleman, Kailyn	12	Foothill	12-07.50 NWI

**Flight 3**

1 Tran, Mikayla	11	Foothill	17-03.75 NCS
2 Groleau, Kaitlin	11	California	16-01.50 NWI
3 Coloma, Hanna	11	Carondelet	15-10.00 NWI
4 Cavanaugh, Megan	12	Amador Valle	15-09.00 NWI
5 Kennedy, Ellie	9	San Ramon Va	15-05.00 NWI
6 Badger, Ally	11	Livermore	15-00.25 NWI
7 Cole, Gianna	10	Livermore	14-06.25 NWI
8 Holsen, Jayden	9	Livermore	13-11.00 NWI

**Event 24 Girls Triple Jump Varsity**  
 EBAL: 40-05 R 5/16/2015 Christina Chenault  
 36-02.00 NCS At-Large

Name	Yr	School	Finals
------	----	--------	--------

**Flight 1**

1 Halstead, Cassidy	11	Monte Vista	30-09.00 1.3
2 Holsen, Jayden	9	Livermore	27-04.50 +0.0
3 McGaughy, Natalie	11	Foothill	27-04.00 0.3
4 Zhao, Anna	12	Foothill	27-03.00 +0.0
5 Iler, Chloe	11	San Ramon Va	27-02.75 +0.0
6 Coleman, Kailyn	12	Foothill	26-05.75 0.3
7 Weis, Alexa	12	Monte Vista	26-00.00 +0.0

**Flight 2**

1 Tran, Mikayla	11	Foothill	35-10.50 1.7
-----------------	----	----------	--------------

2 Cavanaugh, Megan	12	Amador Valle	34-04.75 +0.0
3 Coloma, Hanna	11	Carondelet	33-06.00 +0.0
4 Kasten, Lisa	12	Livermore	33-02.00 1.9
5 Stroud, Katarina	11	Monte Vista	32-10.75 1.1
6 Wallace, Lauren	10	San Ramon Va	32-08.50 1.3
7 Badger, Ally	11	Livermore	32-01.00 1.5
8 Page, Erin	12	Foothill	J32-01.00 -0.2
9 Sarti, Guila	10	Carondelet	31-10.00 +0.0
10 Field, Victoria	11	Amador Valle	30-02.50 +0.0

**Event 25 Girls Shot Put Varsity**  
 EBAL: 39-08 R 2000 Amanda Patteson  
 37-01.00 NCS At-Large

Name	Yr	School	Finals
------	----	--------	--------

**Flight 1**

1 Menon, Nina	12	Foothill	22-07.50
2 Heller-Evans, Megan	12	Livermore	22-02.00
3 Lloren, Julia	9	Carondelet	20-11.50
4 Lopez, Andrea	11	Amador Valle	20-03.00
5 Bondoc, Kristen	11	California	18-10.50

**Flight 2**

1 Aufderheide, Alice	12	Livermore	28-01.50
2 Chimienti, Haley	11	Carondelet	26-05.00
3 Kristovich, Emma	12	Livermore	25-09.00
4 Freiermuth, Maura	10	Carondelet	24-05.50
5 Reis, Vanessa	12	Carondelet	23-02.00
6 Clendenen, Kasey	12	Livermore	22-09.50

**Flight 3**

1 Palma, Victoria	12	Amador Valle	39-08.00RNCS
2 Faris, Charli	12	Amador Valle	34-05.25
3 White, Pamela	12	Granada	34-04.00
4 Masukawa, Renee	12	Monte Vista	32-00.00
5 March, Emily	10	Granada	31-06.00
6 Pipe, Miara	11	Amador Valle	31-04.25
7 Weinhagen, Samantha	12	California	29-05.25
8 Adams, Nicole	11	Granada	29-00.00

**Event 26 Girls Discus Throw Varsity**  
 EBAL: 141-01 R 1989 Debbie Cembellin  
 114-06.50 NCS At-Large

Name	Yr	School	Finals
------	----	--------	--------

**Flight 1**

1 Kaur, Simerdeep	12	Amador Valle	79-03.50
2 Friedman, Lisa	12	Monte Vista	73-06.50
3 Lima, Brianna	12	Granada	73-04.00
4 Passannante, Sarah	11	Granada	65-08.00
5 Norton, Kelcie	12	Livermore	60-09.50
6 Reis, Vanessa	12	Carondelet	58-00.25

**Flight 2**

1 Adams, Nicole	11	Granada	90-08.00
2 Pipe, Miara	11	Amador Valle	88-03.00
3 Zhao, Anna	12	Foothill	78-08.50
4 Weinhagen, Samantha	12	California	78-00.00
5 Clendenen, Kasey	12	Livermore	75-01.50
6 Lloren, Julia	9	Carondelet	72-02.50

**EBAL Track & Field Championships - 5/7/2016 to 5/14/2016**

**Foothill High School**

**Results**

**Flight 2 ... (Event 26 Girls Discus Throw Varsity)**

Name	Yr	School	Finals
7 Kristovich, Emma	12	Livermore	71-04.00
8 Hartjoy, Courtney	11	Foothill	67-01.50
--- Buscheck, Laura	11	Foothill	FOUL

**Flight 3**

1 Palma, Victoria	12	Amador Valle	119-08.50	NCS
2 March, Emily	10	Granada	111-09.50	
3 Heller-Evans, Megan	12	Livermore	100-09.50	
4 Bondoc, Kristen	11	California	100-07.00	
5 Garza, Mariana	12	Livermore	97-01.00	
6 Chimienti, Haley	11	Carondelet	94-09.50	
7 Faris, Charli	12	Amador Valle	93-05.50	
8 Aufderheide, Alice	12	Livermore	85-01.50	
9 Masukawa, Renee	12	Monte Vista	83-08.50	
10 Menon, Nina	12	Foothill	79-01.00	

**Event 27 Boys High Jump Varsity**

EBAL: 6-11.25 R 2006 Brendon Adams

6-02.00 NCS At-Large

Name	Yr	School	Finals	
<b>Flight 1</b>				
1 Frazier, Joshua	12	California	6-03.00	NCS
2 Gehret, Bradley	11	Monte Vista	6-01.00	
3 Wysock, Jackson	11	Granada	5-11.00	
4 Lam, Justin	11	California	5-09.00	
5 Hoffman, Matthew	9	Monte Vista	J5-09.00	
6 Yue, Boris	12	Amador Valle	5-07.00	
7 Perry, Jack	10	Livermore	5-05.00	
7 Mazotti, Dominick	9	Foothill	5-05.00	
9 Guerra, Javier	10	Granada	J5-05.00	
9 Lockhart, Connor	11	California	J5-05.00	
--- Dees, Micah	10	DeLaSalle	NH	

**Event 28 Boys Pole Vault Varsity**

EBAL: 16-03 R 2008 Justin Miller

13-01.00 NCS At-Large

Name	Yr	School	Finals	
<b>Flight 1</b>				
1 Jensen, Matthew	12	Monte Vista	J13-01.00	NCS
1 Barr, Cameron	11	California	13-01.00	NCS
3 Mota, Jake	11	San Ramon Va	12-07.00	
4 Martin, Max	12	San Ramon Va	12-01.00	
5 Wilson, Lucas	10	Monte Vista	11-07.00	
6 Hayfield, Dawson	11	California	11-01.00	
6 Strand, Kevin	10	Monte Vista	11-01.00	
6 Blockley, Grant	10	Granada	J11-01.00	
6 Downey, Blake	11	Granada	J11-01.00	
10 Shaw, Jaden	11	DeLaSalle	10-07.00	
11 Dostmohammed, Jawad	11	Foothill	10-01.00	
11 Lizano, Jacob	11	San Ramon Va	10-01.00	
--- Cooke, Shane	10	San Ramon Va	NH	
--- Woolway, John Henry	12	Monte Vista	NH	

**Event 29 Boys Long Jump Varsity**

EBAL: 23-03 R 1971 Emil Shatter

21-02.00 NCS At-Large

Name	Yr	School	Finals	
<b>Flight 1</b>				
1 Bunting, Alan	10	Foothill	18-08.50	NWI
--- Coats, Gray	12	DeLaSalle	FOUL	
<b>Flight 2</b>				
1 Evans, Dru	10	California	19-11.50	NWI
2 Armenio, William	12	California	19-10.50	NWI
3 Hoffman, Matthew	9	Monte Vista	19-06.00	NWI
4 Estillore, Lance	11	Monte Vista	18-11.00	NWI
5 Harioka, Derek	12	Monte Vista	18-03.75	NWI
6 Saboo, Sahil	12	California	18-00.25	NWI
7 Natsch, David	11	Foothill	17-03.25	NWI
8 Warnes, Matias	11	California	15-10.00	NWI
--- Frazier, Joshua	12	California	FOUL	

**Flight 3**

1 Gehret, Bradley	11	Monte Vista	21-05.75	NCS
2 Guerra, Javier	10	Granada	21-00.00	NWI
3 Shell, Ryan	12	California	20-03.00	NWI
4 Perry, Jack	10	Livermore	19-06.50	NWI
5 Petagara, Matt	12	San Ramon Va	19-05.75	NWI
6 Burton, Peter	11	San Ramon Va	19-03.75	NWI
7 Johnson, Jzelun	12	California	19-03.25	NWI
8 White, David	10	Amador Valle	19-02.50	NWI
9 Yue, Boris	12	Amador Valle	17-10.25	NWI

**Event 30 Boys Triple Jump Varsity**

EBAL: 47-01.25 R 1983 John Sheck

44-00.25 NCS At-Large

Name	Yr	School	Finals	
<b>Flight 1</b>				
1 Saboo, Sahil	12	California	38-09.50	NWI
2 Martin, Danick	12	Monte Vista	37-09.00	NWI
3 Burton, Peter	11	San Ramon Va	37-02.00	NWI
4 Yue, Boris	12	Amador Valle	36-02.00	NWI
5 Warnes, Matias	11	California	35-08.00	NWI
6 Moore, Mitchell	11	Granada	34-10.00	NWI
7 Brice, Ethan	11	Granada	33-08.00	NWI
<b>Flight 2</b>				
1 Gehret, Bradley	11	Monte Vista	41-03.50	NWI
2 Estillore, Lance	11	Monte Vista	40-09.00	NWI
3 Armenio, William	12	California	39-07.50	NWI
4 Dees, Micah	10	DeLaSalle	38-11.00	NWI
5 Bunting, Alan	10	Foothill	38-00.00	NWI
6 Sivkka, Fredrik	10	Livermore	37-07.00	NWI
7 Natsch, David	11	Foothill	36-11.00	NWI
--- Hoffman, Matthew	9	Monte Vista	FOUL	

**EBAL Track & Field Championships - 5/7/2016 to 5/14/2016**

**Foothill High School**

**Results**

**Event 31 Boys Shot Put Varsity**

EBAL: 61-09 R 2007 Chris Krychev  
48-06.75 NCS At-Large

Name	Yr	School	Finals
<b>Flight 1</b>			
1 Mims, Langston	12	DeLaSalle	41-06.00
2 Zeising, Zachary	11	Monte Vista	37-07.75
3 Shurman, Jake	11	Monte Vista	36-09.75
4 McDonnell, Curtis	12	Livermore	36-03.00
4 Hansen, Scott	12	California	36-03.00
<b>Flight 2</b>			
1 Howe, Hunter	11	Monte Vista	42-00.50
2 Brunell, John	12	Livermore	41-10.25
3 Tsugawa, David	12	Monte Vista	41-04.00
4 Bartolo, Mason	11	Amador Valle	40-03.00
5 Gary, Riley	12	California	39-11.50
6 Duggan, Andrew	12	Amador Valle	38-02.00
7 Sowell, Nick	11	Amador Valle	38-00.50
<b>Flight 3</b>			
1 Esparza, Nathan	12	Amador Valle	65-02.50RNCS
2 Grajeda, Oliver	12	Granada	55-06.25 NCS
3 Campagna, Ben	11	San Ramon Va	52-11.00 NCS
4 McMahan, Peter	11	DeLaSalle	44-09.75
5 Parkerson, Conner	11	Livermore	44-07.50
6 Raja, Kevin	12	Foothill	43-09.00
7 Silverthorn, Mark	10	Granada	43-03.00
8 Guasch, Samuel	11	Granada	43-01.00

**Event 32 Boys Discus Throw Varsity**

EBAL: 179-04 R 2004 Bobby Smallman  
146-04 NCS At-Large

Name	Yr	School	Finals
<b>Flight 1</b>			
1 Gary, Riley	12	California	114-00.50
2 Hayes, Grant	12	Monte Vista	106-11.50
3 McDonnell, Curtis	12	Livermore	106-02.50
4 Borba, Garrett	11	California	104-01.50
5 Karim, Christian	12	Amador Valle	91-01.00
<b>Flight 2</b>			
1 Silverthorn, Mark	10	Granada	124-01.00
2 Grabowsky, Jake	12	Monte Vista	113-11.00
3 Buesa, Mark	12	Monte Vista	112-05.50
4 Batson, Alex	11	Livermore	109-11.00
5 Tsugawa, David	12	Monte Vista	102-00.50
6 Shurman, Jake	11	Monte Vista	93-06.50
7 Vega, Martin	12	Livermore	89-01.00
--- Hansen, Scott	12	California	FOUL
--- Sowell, Nick	11	Amador Valle	FOUL
<b>Flight 3</b>			
1 Esparza, Nathan	12	Amador Valle	185-11.50RNCS
2 Campagna, Ben	11	San Ramon Va	152-06.00 NCS
3 Parkerson, Conner	11	Livermore	145-02.00
4 Duggan, Andrew	12	Amador Valle	143-03.00
5 Grajeda, Oliver	12	Granada	142-01.00

6 Mohler, Christian	11	Granada	137-06.00
7 Raja, Kevin	12	Foothill	131-09.00
8 Mims, Langston	12	DeLaSalle	124-06.00
9 Brunell, John	12	Livermore	100-00.00

**Event 33 Girls 4x100 Meter Relay Frosh/Soph**

Team	Relay	Finals
<b>Section 1</b>		
1 California		51.51
2 Monte Vista		53.19
3 Amador Valley		53.78
4 Foothill		53.90
5 San Ramon Valley		54.57
6 Granada		55.10
7 Carondelet		55.14

**Event 34 Boys 4x100 Meter Relay Frosh/Soph**

Team	Relay	Finals
<b>Section 1</b>		
1 DeLaSalle		NT
2 Amador Valley		NT
3 California		NT
4 Granada		NT
5 Monte Vista		NT
6 San Ramon Valley		NT

**Event 35 Girls 1600 Meter Run Frosh/Soph**

Name	Yr	School	Prelims
<b>Heat 1 Preliminaries</b>			
1 Roberts, Grace	9	Livermore	5:35.19Q
2 Kim, Melanie	9	Monte Vista	5:35.48Q
3 Wheeler, Rebecca	9	Livermore	5:35.53Q
4 Yanich, Mia	10	San Ramon Va	5:38.51q
5 Kumar, Surabhi	9	Amador Valle	5:40.46q
6 Diamond, Chloe	9	Monte Vista	5:51.78q
7 Cross, Dana	9	Carondelet	5:56.02
8 Fletcher, Juliette	10	Amador Valle	5:56.94
9 Lloyd, Susie	9	San Ramon Va	5:57.18
10 Lim, Sumin	9	Monte Vista	5:58.57
11 Christensen, Carrie	10	San Ramon Va	6:29.20
<b>Heat 2 Preliminaries</b>			
1 Cervantes, Lauren	9	Monte Vista	5:37.26Q
2 Sawchuk, Karalyn	10	Monte Vista	5:41.36Q
3 Tree, Madeline	10	Livermore	5:41.94Q
4 Schumann, Clare	10	Carondelet	5:44.41q
5 Battaglia, Kate	9	Foothill	5:46.26q
6 Vega, Victoria	9	Amador Valle	5:46.62q
7 Loo, Jasmine	10	Foothill	5:55.60
8 Kwong, Natalie	9	Monte Vista	5:56.48
9 Arndt, Madi	10	Carondelet	6:02.84
10 Davis, Danielle	10	San Ramon Va	6:03.77
11 Trilevsky, Kaitlyn	10	Carondelet	6:05.58
12 Jung, Eunice	9	Amador Valle	6:06.00
13 Green, Sasha	10	Amador Valle	6:16.99

## EBAL Track &amp; Field Championships - 5/7/2016 to 5/14/2016

## Foothill High School

## Results

## Event 35 Girls 1600 Meter Run Frosh/Soph

Name	Yr	School	Finals
<b>Section 1 Finals</b>			
1 Cervantes, Lauren	9	Monte Vista	5:27.62
2 Battaglia, Kate	9	Foothill	5:35.14
3 Tree, Madeline	10	Livermore	5:35.47
4 Kim, Melanie	9	Monte Vista	5:36.13
5 Sawchuk, Karalyn	10	Monte Vista	5:36.74
6 Wheeler, Rebecca	9	Livermore	5:37.17
7 Yanich, Mia	10	San Ramon Va	5:38.00
8 Kumar, Surabhi	9	Amador Valle	5:39.35
9 Diamond, Chloe	9	Monte Vista	5:40.07
10 Vega, Victoria	9	Amador Valle	5:40.16
11 Schumann, Clare	10	Carondelet	5:41.48
12 Roberts, Grace	9	Livermore	5:58.28

## Event 36 Boys 1600 Meter Run Frosh/Soph

Name	Yr	School	Prelims
<b>Heat 1 Preliminaries</b>			
1 Meier, Cameron	9	Granada	4:44.60Q
2 Carrick, Sean	9	Amador Valle	4:50.01Q
3 Johnson, Matthew	10	Monte Vista	4:53.20Q
4 Swift, Fillan	10	Granada	4:54.01
5 Khleif, Omar	10	DeLaSalle	4:57.10
6 Galicia-Thomas, Julian	9	Granada	4:57.67
7 Lopez, Tyler	10	Foothill	4:58.24
8 Sawchuk, Carson	10	Monte Vista	4:58.88
9 O'Melia, Thomas	10	San Ramon Va	4:59.86
10 Reyes, Cameron	10	California	5:00.28
11 Gil, Sebastian	9	Amador Valle	5:00.37
12 Bansal, Shlok	9	Granada	5:04.06
13 Hahn, Cole	9	DeLaSalle	5:08.12
<b>Heat 2 Preliminaries</b>			
1 Aufderheide, Gregory	10	Livermore	4:40.07Q
2 Reddick, Matthew	9	Granada	4:42.50Q
3 Hardesty, Caleb	9	Granada	4:43.05Q
4 Bradley, Aidan	10	San Ramon Va	4:45.84q
5 Stoev, Tom	9	Foothill	4:46.35q
6 Sharma, Varun	10	Foothill	4:48.32
7 Kim, Matthew	9	Monte Vista	4:48.49
8 Guariento, Stefano	9	San Ramon Va	4:56.98
9 Walker, Andrew	10	Granada	4:57.01
10 Hilt, Riley	9	DeLaSalle	4:58.06
11 Stewart, Dallin	10	San Ramon Va	5:02.01
12 White, Joshua	9	Granada	5:03.30
13 Gibbs, Peyton	9	Monte Vista	5:05.69
14 Meehan, Grant	10	Monte Vista	5:07.73
15 George, Samuel	10	Monte Vista	5:09.36
<b>Heat 3 Preliminaries</b>			
1 Kilday, Christopher	10	Granada	4:45.19Q
2 Edgren, Cole	9	San Ramon Va	4:46.80Q
3 Maheshwari, Devon	9	Livermore	4:46.88Q
4 Hattori, Tyler	9	Granada	4:47.02q
5 Sullivan, Russell	9	Foothill	4:49.73
6 Sullins, Sol	10	Amador Valle	4:51.44

7 Salmon, Michael	10	DeLaSalle	4:51.80
8 Clawson, Jack	10	San Ramon Va	4:53.20
9 Talbert, Hayden	10	Amador Valle	4:54.56
10 Milham, Sam	9	Monte Vista	4:55.29
11 Greenly, Dylan	9	Granada	4:55.84
12 Lucero, Austin	10	Amador Valle	4:57.06
13 Drapper, Tanner	9	California	4:57.10
14 Valenton, Miguel	10	Livermore	4:59.15
15 Elliott, Joshua	10	Monte Vista	5:08.58

## Event 36 Boys 1600 Meter Run Frosh/Soph

Name	Yr	School	Finals
<b>Section 1 Finals</b>			
1 Kilday, Christopher	10	Granada	4:40.48
2 Meier, Cameron	9	Granada	4:41.75
3 Aufderheide, Gregory	10	Livermore	4:41.78
4 Johnson, Matthew	10	Monte Vista	4:42.04
5 Reddick, Matthew	9	Granada	4:42.65
6 Hardesty, Caleb	9	Granada	4:45.31
7 Edgren, Cole	9	San Ramon Va	4:47.31
8 Maheshwari, Devon	9	Livermore	4:48.68
9 Hattori, Tyler	9	Granada	4:48.78
10 Carrick, Sean	9	Amador Valle	4:52.59
11 Stoev, Tom	9	Foothill	4:59.52
--- Bradley, Aidan	10	San Ramon Va	DNF

## Event 37 Girls 100 Meter Hurdles Frosh/Soph

Name	Yr	School	Prelims
<b>Heat 1 Preliminaries Wind: NWI</b>			
1 Yassin, Layla	9	Granada	18.98Q
2 Sylwester, Rachel	10	Granada	18.99q
3 Bond, Gabriella	10	Granada	19.30
4 Hollfelder, Jeena	10	California	19.81
5 Lilja, Cathrine	10	Amador Valle	21.07
6 Turner, Emily	9	Livermore	21.83
7 Recuperero, Caroline	10	Amador Valle	22.00
8 Matsoyan, Alisa	9	Amador Valle	22.54
<b>Heat 2 Preliminaries Wind: NWI</b>			
1 Stanford, Chloe	9	Granada	18.81Q
2 Cassidy, Genevieve	10	Monte Vista	18.94q
3 Sevilla, Hannah	10	Granada	19.67
4 Lubinsky, Audrey	9	San Ramon Va	20.26
5 Pinzon, Diana	9	Livermore	20.34
6 Ayres, Willow	10	Granada	20.69
7 Bruno, Emma	10	San Ramon Va	22.24
<b>Heat 3 Preliminaries Wind: NWI</b>			
1 Starn, Annie	9	Monte Vista	18.98Q
2 Guzzo, Jessica	9	Granada	19.18q
3 McConville, Morgan	10	San Ramon Va	20.31
4 Zhang, Jessica	10	California	20.37
5 Rodriguez, Lesly	9	Carondelet	20.44
6 Fields, Peyton	10	Granada	21.53
7 Peters, Sheridan	10	Granada	21.58
8 Howe, Jazmen	9	Amador Valle	22.68

**EBAL Track & Field Championships - 5/7/2016 to 5/14/2016**

**Foothill High School**

**Results**

**Heat 4 Preliminaries Wind: NWI ... (Event 37 Girls 100 Meter Hurdle)**

Name	Yr	School	Prelims
1 Thomas, Mychaela	9	Granada	19.23Q
2 Grundherr, Callie	10	Granada	20.18
3 Terrell, Kailyn	10	San Ramon Va	20.51
4 Schmidig, Lizzie	10	San Ramon Va	20.76
5 Veloria, Sheena	9	Livermore	21.57
6 Acosta, Ciara	9	Livermore	21.58
7 Caley, Taylor	9	Livermore	22.08

**Heat 5 Preliminaries Wind: NWI**

1 Harnish, Abby	9	Livermore	18.67Q
2 Battle, Kendra	10	Granada	19.61
3 Rivera, Kayla	10	San Ramon Va	19.72
4 Grundherr, Haliegh	10	Granada	20.70
5 Haus, Raegan	9	Amador Valle	20.93
6 Klinder, Avani	10	Foothill	21.52
7 No, Jennifer	9	Monte Vista	22.71

**Event 37 Girls 100 Meter Hurdles Frosh/Soph**

Name	Yr	School	Finals
<b>Section 1 Finals Wind: 0.6</b>			
1 Harnish, Abby	9	Livermore	18.13
2 Stanford, Chloe	9	Granada	18.40
3 Sylwester, Rachel	10	Granada	18.85
4 Guzzo, Jessica	9	Granada	18.86
5 Bond, Gabriella	10	Granada	19.03
6 Thomas, Mychaela	9	Granada	19.04
7 Starn, Annie	9	Monte Vista	19.26
8 Cassidy, Genevieve	10	Monte Vista	19.39

**Event 38 Boys 110 Meter Hurdles Frosh/Soph**

Name	Yr	School	Prelims
<b>Heat 1 Preliminaries Wind: NWI</b>			
1 Stepanek, Matthew	10	Granada	17.73Q
2 Jackson, Jake	10	Foothill	17.76q
3 Hayward, David	9	Monte Vista	20.60q
4 Turner, Cameron	9	San Ramon Va	20.65q
5 Tucker, David	9	Monte Vista	20.90

<b>Heat 2 Preliminaries Wind: NWI</b>			
1 Tapia, Geovani	9	DeLaSalle	18.00Q
2 Cunanan, CJ	10	California	19.17q
3 Ashrafi, Nima	9	Monte Vista	20.97
4 Mooyman, Jake	10	San Ramon Va	21.47
5 Parnas, Ryan	9	San Ramon Va	21.75
6 Kao, William	9	Monte Vista	22.10

<b>Heat 3 Preliminaries Wind: NWI</b>			
1 Wallace, Amir	9	DeLaSalle	17.83Q
2 Mai, David	10	California	19.37q
3 Au, Jeremy	10	Monte Vista	21.23
4 Ng, Lawrence	9	California	24.39

**Event 38 Boys 110 Meter Hurdles Frosh/Soph**

Name	Yr	School	Finals
<b>Section 1 Finals Wind: 2.1</b>			
1 Wallace, Amir	9	DeLaSalle	17.33
2 Tapia, Geovani	9	DeLaSalle	17.34
3 Cunanan, CJ	10	California	18.35
4 Mai, David	10	California	18.84
5 Turner, Cameron	9	San Ramon Va	20.30
6 Hayward, David	9	Monte Vista	20.47
7 Tucker, David	9	Monte Vista	20.79
--- Stepanek, Matthew	10	Granada	DQ

**Event 39 Girls 400 Meter Dash Frosh/Soph**

Name	Yr	School	Prelims
<b>Heat 1 Preliminaries</b>			
1 Monsen, Emma	9	Foothill	63.81Q
2 Sanguinetti, Sara	9	Amador Valle	65.23q
3 Yu, Amanda	10	Monte Vista	68.53
4 Rayes, Merna	9	Monte Vista	69.38
5 Layer, Sarah Jane	10	Amador Valle	72.74

<b>Heat 2 Preliminaries</b>			
1 Rendich, Leila	10	California	64.05Q
2 Granados, Briana	10	Carondelet	64.89q
3 McCabe, Alexandra	10	Monte Vista	66.26
4 Anzilotti, Mia	10	Carondelet	68.30
5 Nelson, Madeline	10	Monte Vista	73.46

<b>Heat 3 Preliminaries</b>			
1 Giffin, Kyla	9	Livermore	65.42Q
2 Sandher, Shania	9	Monte Vista	65.47
3 Rodriguez, Angela	10	Carondelet	65.64
4 Homen, Lexie	10	Granada	69.17
5 Kim, Katie	10	Monte Vista	70.98
6 Modesti, Arianna	10	Carondelet	71.93
7 Kragen, Elizabeth	9	Monte Vista	73.41

<b>Heat 4 Preliminaries</b>			
1 Leung, Faith	10	Monte Vista	62.82Q
2 Valenton, Veronica	9	Livermore	63.03q
3 Kirkland, Zoe	9	San Ramon Va	65.97
4 Zarate, Samantha	9	California	69.01
5 Hinds, Katelyn	10	Granada	69.64
6 Thorng, Madison	9	Foothill	71.57

<b>Heat 5 Preliminaries</b>			
1 Joyce, Caitlin	10	Amador Valle	64.63Q
2 Griston, Molly	10	Amador Valle	68.91
3 Cunningham, Taryn	9	Carondelet	69.91
4 Pereira, Julianna	10	Amador Valle	71.02
5 Palani, Selvii	10	Amador Valle	72.00
6 Ahluwalia, Keerit	9	San Ramon Va	73.17

**Event 39 Girls 400 Meter Dash Frosh/Soph**

Name	Yr	School	Finals
<b>Section 1 Finals</b>			
1 Leung, Faith	10	Monte Vista	62.15
2 Valenton, Veronica	9	Livermore	63.41

**EBAL Track & Field Championships - 5/7/2016 to 5/14/2016**

**Foothill High School**

**Results**

**Section 1 Finals ... (Event 39 Girls 400 Meter Dash Frosh/Soph)**

Name	Yr	School	Finals
3 Joyce, Caitlin	10	Amador Valle	63.62
4 Rendich, Leila	10	California	63.66
5 Monsen, Emma	9	Foothill	63.77
6 Granados, Briana	10	Carondelet	65.47
7 Sanguinetti, Sara	9	Amador Valle	66.35
8 Giffin, Kyla	9	Livermore	66.38

**Event 40 Boys 400 Meter Dash Frosh/Soph**

Name	Yr	School	Prelims
<b>Heat 1 Preliminaries</b>			
1 Bertolero, Severino	10	Monte Vista	53.97Q
2 Marshall, Taveis	9	DeLaSalle	54.59q
3 Cairel, Jack	10	Livermore	54.69
4 Smith, Andrew	9	California	55.02
5 Broaddus, Jackson	10	Monte Vista	56.24
6 Wilde, Diego	10	Granada	57.90
7 Psomas, Luke	9	San Ramon Va	58.32

**Heat 2 Preliminaries**

1 Cruz-Gonzalez, Diego	9	DeLaSalle	54.23Q
2 Urban, Grant	10	San Ramon Va	54.79
3 Cole, Marcus	10	San Ramon Va	55.53
4 DeCosta, Samuel	10	Granada	56.34
5 Dalenberg, Dom	9	San Ramon Va	58.41

**Heat 3 Preliminaries**

1 Sloan, Brandon	10	DeLaSalle	54.75Q
2 Friedler, Matthew	10	Monte Vista	54.95
3 Mok, Russell	9	Foothill	56.13
4 Brewer, Andy	10	California	56.37
5 Bush, Tyler	9	California	58.93
6 Schmitt, Charlie	9	California	59.41

**Heat 4 Preliminaries**

1 Johnston, Kyle	10	DeLaSalle	52.77Q
2 Speer, Sinjin	9	DeLaSalle	54.65q
3 Cruz, Jack	9	Foothill	55.10
4 Everidge, Bennett	9	Monte Vista	56.35
5 Knapp, Aaron	10	Monte Vista	58.69
6 Lyou, Matthew	9	Amador Valle	59.09
7 Marki, Cole	10	DeLaSalle	62.94

**Heat 5 Preliminaries**

1 Burke, Noah	10	Foothill	53.69Q
2 Hanley, Eathan	10	Amador Valle	54.57q
3 Wallace, Zamir	9	DeLaSalle	55.29
4 Elahi, Kian	9	Monte Vista	55.78
5 Allard, Nicholas	9	Amador Valle	57.46
6 Prabhu, Nikhil	10	California	58.46

**Event 40 Boys 400 Meter Dash Frosh/Soph**

Name	Yr	School	Finals
<b>Section 1 Finals</b>			
1 Johnston, Kyle	10	DeLaSalle	52.48
2 Burke, Noah	10	Foothill	52.87
3 Sloan, Brandon	10	DeLaSalle	53.57
4 Hanley, Eathan	10	Amador Valle	53.87

5 Marshall, Taveis	9	DeLaSalle	54.15
6 Cruz-Gonzalez, Diego	9	DeLaSalle	54.31
7 Bertolero, Severino	10	Monte Vista	54.35
8 Speer, Sinjin	9	DeLaSalle	55.21

**Event 41 Girls 100 Meter Dash Frosh/Soph**

Name	Yr	School	Prelims
<b>Heat 1 Preliminaries Wind: NWI</b>			
1 Calomese, Brittney	9	Monte Vista	13.61Q
2 Bates, Cassidy	10	Granada	13.73q
3 Slaton, Lauren	9	Amador Valle	14.19
4 McGowan, Nicole	9	Carondelet	14.44
5 Fernandez, Jayla	10	Carondelet	14.44
6 Dilbeck, Jenna	9	Monte Vista	14.49
7 Modesti, Arianna	10	Carondelet	15.18

**Heat 2 Preliminaries Wind: NWI**

1 Wynne, Chloe	9	Foothill	13.79Q
2 Clarke, Courtney	9	California	13.90q
3 Suarez, Jasmine	10	Granada	14.10
4 Debernardi, Fiona	10	Foothill	14.18
5 Monsen, Emma	9	Foothill	14.19
6 Stivers, Emma	9	San Ramon Va	14.40
7 Crittenden, Clara	9	Granada	14.46
8 Kim, Katie	10	Monte Vista	14.56

**Heat 3 Preliminaries Wind: NWI**

1 Abudayah, Christina	9	Carondelet	13.57Q
2 Leung, Faith	10	Monte Vista	13.65q
3 Smith, Sydney	10	Carondelet	13.94q
4 Shinn, Erika	9	Foothill	14.04
5 Salazar, Eva	9	Granada	14.37
6 Ravin, Meg	9	San Ramon Va	14.44

**Heat 4 Preliminaries Wind: NWI**

1 Tabuchi, Eliza	10	Foothill	14.00Q
2 Mah, Regan	9	Amador Valle	14.01
3 DeSzily, Ilona	9	Carondelet	14.47
4 Tincher, Mary	9	Amador Valle	14.82

**Event 41 Girls 100 Meter Dash Frosh/Soph**

Name	Yr	School	Finals
<b>Section 1 Finals Wind: 1.4</b>			
1 Leung, Faith	10	Monte Vista	13.32
2 Wynne, Chloe	9	Foothill	13.37
3 Abudayah, Christina	9	Carondelet	13.38
4 Bates, Cassidy	10	Granada	13.43
5 Calomese, Brittney	9	Monte Vista	13.45
6 Clarke, Courtney	9	California	13.50
7 Tabuchi, Eliza	10	Foothill	13.70

**Event 42 Boys 100 Meter Dash Frosh/Soph**

Name	Yr	School	Prelims
<b>Heat 1 Preliminaries Wind: NWI</b>			
1 Nevarez, Armando	9	DeLaSalle	11.73Q
2 Robinson, Kairee	10	DeLaSalle	11.75q
3 Querubin, Bryce	10	DeLaSalle	12.03q
4 Tang, Roy	10	Amador Valle	12.16
5 Savage, Hugh	10	California	12.17

**EBAL Track & Field Championships - 5/7/2016 to 5/14/2016**

**Foothill High School**

**Results**

**Heat 1 Preliminaries Wind: NWI ... (Event 42 Boys 100 Meter Dash Fr**  
**Name Yr School Prelims**

6	Cunanan, CJ	10	California	12.37
7	Jackson, Jake	10	Foothill	12.52
8	Gomas, Carson	9	Monte Vista	12.73

**Heat 2 Preliminaries Wind: NWI**

1	Kracke, Trevor	10	Amador Valle	11.71Q
2	Kwong, Ryan	10	California	11.91q
3	Kesavan, Loganath	9	Foothill	12.11
4	Bura, Stefan	10	San Ramon Va	12.12
5	Heckenlively, Ben	10	California	12.46
6	Bell, Blake	10	Granada	12.46
7	Stermer, Samuel	10	Foothill	12.55

**Heat 3 Preliminaries Wind: NWI**

1	Kowalski, Bobby	10	Amador Valle	11.79Q
2	Boyette, Quinton	9	DeLaSalle	11.81q
3	Stangrover, Kyle	10	San Ramon Va	11.93q
4	DeGeorge, Declan	10	California	12.21
5	Mai, David	10	California	12.26
6	Adikri, Jeff	9	San Ramon Va	12.34
7	Chan, Owen	9	Foothill	12.57
8	Romero, Ethan	9	DeLaSalle	12.76

**Event 42 Boys 100 Meter Dash Frosh/Soph**

**Name Yr School Finals**

**Section 1 Finals Wind: 0.1**

1	Kracke, Trevor	10	Amador Valle	11.49
2	Kowalski, Bobby	10	Amador Valle	11.51
3	Nevarez, Armando	9	DeLaSalle	11.53
4	Stangrover, Kyle	10	San Ramon Va	11.68
5	Kwong, Ryan	10	California	11.75
6	Querubin, Bryce	10	DeLaSalle	11.84

**Event 43 Girls 800 Meter Run Frosh/Soph**

**Name Yr School Prelims**

**Heat 1 Preliminaries**

1	Cervantes, Lauren	9	Monte Vista	2:28.82Q
2	Sebastiani, Lauren	10	California	2:29.11Q
3	Yanich, Mia	10	San Ramon Va	2:34.31Q
4	Kim, Melanie	9	Monte Vista	2:35.66q
5	Vega, Victoria	9	Amador Valle	2:36.23q
6	Sawchuk, Karalyn	10	Monte Vista	2:39.10q
7	Diamond, Chloe	9	Monte Vista	2:39.32q
8	Tree, Madeline	10	Livermore	2:39.38q
9	Wheeler, Rebecca	9	Livermore	2:41.83
10	Lloyd, Susie	9	San Ramon Va	2:44.94
11	Rayes, Merna	9	Monte Vista	2:45.08
12	Trilevsky, Kaitlyn	10	Carondelet	2:45.74

**Heat 2 Preliminaries**

1	Valenton, Veronica	9	Livermore	2:31.58Q
2	Green, Sofia	9	Carondelet	2:33.10Q
3	Stroud, Angelina	10	Monte Vista	2:33.70Q
4	Loo, Jasmine	10	Foothill	2:37.54q
5	Blanco, Andrea	9	Foothill	2:39.99
6	Roberts, Grace	9	Livermore	2:43.31

7	Davis, Danielle	10	San Ramon Va	2:44.57
8	Kwong, Natalie	9	Monte Vista	2:44.60
9	Jacobson, Ella	10	Foothill	2:45.84
10	Lim, Sumin	9	Monte Vista	2:46.18

**Event 43 Girls 800 Meter Run Frosh/Soph**

**Name Yr School Finals**

**Section 1 Finals**

1	Cervantes, Lauren	9	Monte Vista	2:25.72
2	Sebastiani, Lauren	10	California	2:26.70
3	Valenton, Veronica	9	Livermore	2:27.79
4	Stroud, Angelina	10	Monte Vista	2:28.67
5	Yanich, Mia	10	San Ramon Va	2:28.90
6	Loo, Jasmine	10	Foothill	2:31.69
7	Green, Sofia	9	Carondelet	2:32.58
8	Vega, Victoria	9	Amador Valle	2:33.27
9	Kim, Melanie	9	Monte Vista	2:34.02
10	Sawchuk, Karalyn	10	Monte Vista	2:36.02
11	Diamond, Chloe	9	Monte Vista	2:40.56
12	Tree, Madeline	10	Livermore	2:40.99

**Event 44 Boys 800 Meter Run Frosh/Soph**

**Name Yr School Prelims**

**Heat 1 Preliminaries**

1	Cruz, Jack	9	Foothill	2:09.62Q
2	Edgren, Cole	9	San Ramon Va	2:12.21Q
3	Clawson, Jack	10	San Ramon Va	2:13.66
4	Maheshwari, Devon	9	Livermore	2:14.41
5	White, Joshua	9	Granada	2:14.96
6	Shankar, Rohan	11	Amador Valle	2:15.12
7	O'Melia, Thomas	10	San Ramon Va	2:17.22
8	Gibbs, Peyton	9	Monte Vista	2:17.31
9	Valenton, Miguel	10	Livermore	2:17.34
10	George, Samuel	10	Monte Vista	2:19.69
11	Bradley, Aidan	10	San Ramon Va	2:24.38

**Heat 2 Preliminaries**

1	Ross, Cameron	10	DeLaSalle	2:09.06Q
2	Hardesty, Caleb	9	Granada	2:09.52Q
3	Lopez, Tyler	10	Foothill	2:11.77q
4	Sullins, Sol	10	Amador Valle	2:12.27q
5	Long, Ryan	10	Monte Vista	2:15.97
6	Sanchez, Stephan	10	DeLaSalle	2:16.32
7	Malik, Ali	10	California	2:16.70
8	Pierce, Tyler	9	DeLaSalle	2:17.04
9	Preusser, Andrew	9	DeLaSalle	2:18.13
10	Gil, Sebastian	9	Amador Valle	2:19.12
11	Duret, Matthew	10	Amador Valle	2:20.43

**Heat 3 Preliminaries**

1	Aufderheide, Gregory	10	Livermore	2:06.92Q
2	Kilday, Christopher	10	Granada	2:07.02Q
3	Sharma, Varun	10	Foothill	2:11.14q
4	Hahn, Cole	9	DeLaSalle	2:11.25q
5	Friedler, Matthew	10	Monte Vista	2:11.28q
6	Salles, Luc	10	Monte Vista	2:13.38q
7	Szafrański, Alex	10	DeLaSalle	2:14.93
8	Stoev, Tom	9	Foothill	2:15.49

## EBAL Track &amp; Field Championships - 5/7/2016 to 5/14/2016

## Foothill High School

## Results

**Heat 3 Preliminaries ... (Event 44 Boys 800 Meter Run Frosh/Soph)**

Name	Yr	School	Prelims
9 Vegiraju, Rahul	9	California	2:15.95
10 Carter, Adam	10	Monte Vista	2:16.72
11 Stewart, Dallin	10	San Ramon Va	2:19.11

**Event 44 Boys 800 Meter Run Frosh/Soph**

Name	Yr	School	Finals
<b>Section 1 Finals</b>			
1 Kilday, Christopher	10	Granada	2:03.58
2 Cruz, Jack	9	Foothill	2:04.78
3 Ross, Cameron	10	DeLaSalle	2:06.61
4 Hahn, Cole	9	DeLaSalle	2:07.18
5 Edgren, Cole	9	San Ramon Va	2:07.53
6 Aufderheide, Gregory	10	Livermore	2:07.66
7 Friedler, Matthew	10	Monte Vista	2:08.11
8 Sullins, Sol	10	Amador Valle	2:08.41
9 Lopez, Tyler	10	Foothill	2:08.72
10 Sharma, Varun	10	Foothill	2:08.76
11 Hardesty, Caleb	9	Granada	2:10.65

**Event 45 Girls 300 Meter Hurdles Frosh/Soph**

Name	Yr	School	Prelims
<b>Heat 1 Preliminaries</b>			
1 Sylwester, Rachel	10	Granada	53.26Q
2 Stanford, Chloe	9	Granada	55.39q
3 Lubinsky, Audrey	9	San Ramon Va	56.06
4 Cassidy, Genevieve	10	Monte Vista	56.76
5 No, Jennifer	9	Monte Vista	59.32
6 Howe, Jazmen	9	Amador Valle	60.72

**Heat 2 Preliminaries**

1 Starn, Annie	9	Monte Vista	52.58Q
2 Grundherr, Callie	10	Granada	56.05
3 Matsoyan, Alisa	9	Amador Valle	59.61
4 Shlesinger, Karen	10	Monte Vista	62.29
--- Yassin, Layla	9	Granada	DQ
--- Terrell, Kailyn	10	San Ramon Va	DQ

**Heat 3 Preliminaries**

1 Thomas, Mychaela	9	Granada	54.57Q
2 Lilja, Cathrine	10	Amador Valle	56.79
3 Guzzo, Jessica	9	Granada	57.28
4 Recupero, Caroline	10	Amador Valle	59.79

**Heat 4 Preliminaries**

1 Rivera, Kayla	10	San Ramon Va	52.94Q
2 Zhang, Jessica	10	California	55.69q
3 Battle, Kendra	10	Granada	55.98q
4 Haus, Raegan	9	Amador Valle	59.16
5 Grundherr, Haliagh	10	Granada	62.05

**Heat 5 Preliminaries**

1 Rodriguez, Lesly	9	Carondelet	54.01Q
2 Schmidig, Lizzie	10	San Ramon Va	56.40
3 Sevilla, Hannah	10	Granada	56.75
4 Hollfelder, Jeena	10	California	59.11
5 McConville, Morgan	10	San Ramon Va	60.25

**Event 45 Girls 300 Meter Hurdles Frosh/Soph**

Name	Yr	School	Finals
<b>Section 1 Finals</b>			
1 Rivera, Kayla	10	San Ramon Va	51.00
2 Starn, Annie	9	Monte Vista	51.93
3 Sylwester, Rachel	10	Granada	54.14
4 Thomas, Mychaela	9	Granada	54.67
5 Stanford, Chloe	9	Granada	57.35
6 Battle, Kendra	10	Granada	58.36
7 Rodriguez, Lesly	9	Carondelet	58.40
8 Zhang, Jessica	10	California	58.42

**Event 46 Boys 300 Meter Hurdles Frosh/Soph**

Name	Yr	School	Prelims
<b>Heat 1 Preliminaries</b>			
1 Tapia, Geovani	9	DeLaSalle	45.56Q
2 Mooyman, Jake	10	San Ramon Va	46.90q
3 Tucker, David	9	Monte Vista	47.74q
4 Ashrafi, Nima	9	Monte Vista	51.11
5 Whinnery, Jake	10	Monte Vista	51.52
6 Ritchie, Ian	9	Granada	53.71
7 Ng, Lawrence	9	California	58.27

**Heat 2 Preliminaries**

1 Mai, David	10	California	45.58Q
2 Jackson, Jake	10	Foothill	46.53q
3 Van Bladel, Jason	10	Granada	48.53q
4 Cunanan, CJ	10	California	49.99
5 Walsh, Ian	9	Monte Vista	50.69
6 Carlson, Will	10	Foothill	51.76
7 Parnas, Ryan	9	San Ramon Va	53.68

**Heat 3 Preliminaries**

1 Stepanek, Matthew	10	Granada	46.76Q
2 Wallace, Amir	9	DeLaSalle	46.94q
3 Hayward, David	9	Monte Vista	49.45
4 Schmitt, Charlie	9	California	49.49
5 Hemmig, Chad	10	Granada	49.73
6 Turner, Cameron	9	San Ramon Va	50.02
7 Au, Jeremy	10	Monte Vista	52.42

**Event 46 Boys 300 Meter Hurdles Frosh/Soph**

Name	Yr	School	Finals
<b>Section 1 Finals</b>			
1 Wallace, Amir	9	DeLaSalle	44.05
2 Mai, David	10	California	45.52
3 Stepanek, Matthew	10	Granada	46.27
4 Tapia, Geovani	9	DeLaSalle	46.44
5 Tucker, David	9	Monte Vista	46.82
6 Mooyman, Jake	10	San Ramon Va	47.25
7 Van Bladel, Jason	10	Granada	48.56
8 Hayward, David	9	Monte Vista	49.04

**Event 47 Girls 200 Meter Dash Frosh/Soph**

Name	Yr	School	Prelims
<b>Heat 1 Preliminaries Wind: NW1</b>			
1 Rendich, Leila	10	California	28.53Q

**EBAL Track & Field Championships - 5/7/2016 to 5/14/2016**

**Foothill High School**

**Results**

<b>Heat 1 Preliminaries Wind: NWI... (Event 47 Girls 200 Meter Dash F)</b>			
Name	Yr	School	Prelims
2 Clarke, Courtney	9	California	28.79Q
3 Smith, Sydney	10	Carondelet	28.90q
4 Suarez, Jasmine	10	Granada	29.14
5 Shinn, Erika	9	Foothill	29.62
6 Mah, Regan	9	Amador Valle	29.63
7 DeSzily, Ilona	9	Carondelet	30.21

<b>Heat 2 Preliminaries Wind: NWI</b>			
1 Abudayeh, Christina	9	Carondelet	28.35Q
2 Wynne, Chloe	9	Foothill	28.68Q
3 Tabuchi, Eliza	10	Foothill	28.80q
4 Crittenden, Clara	9	Granada	29.51
5 Salazar, Eva	9	Granada	29.87
6 Fernandez, Jayla	10	Carondelet	30.13

<b>Heat 3 Preliminaries Wind: NWI</b>			
1 Bates, Cassidy	10	Granada	28.49Q
2 Calomese, Brittney	9	Monte Vista	28.60Q
3 Sanguinetti, Sara	9	Amador Valle	29.00
4 Rodriguez, Angela	10	Carondelet	29.06
5 Debernardi, Fiona	10	Foothill	29.23
6 Slaton, Lauren	9	Amador Valle	29.61

<b>Event 47 Girls 200 Meter Dash Frosh/Soph</b>			
Name	Yr	School	Finals

<b>Section 1 Finals Wind: -0.3</b>			
1 Abudayeh, Christina	9	Carondelet	27.90
2 Bates, Cassidy	10	Granada	27.99
3 Wynne, Chloe	9	Foothill	28.02
4 Clarke, Courtney	9	California	28.17
5 Rendich, Leila	10	California	28.53
6 Tabuchi, Eliza	10	Foothill	28.60
7 Calomese, Brittney	9	Monte Vista	28.78

<b>Event 48 Boys 200 Meter Dash Frosh/Soph</b>			
Name	Yr	School	Prelims

<b>Heat 1 Preliminaries Wind: NWI</b>			
1 Kwong, Ryan	10	California	23.93Q
2 Querubin, Bryce	10	DeLaSalle	24.17q
3 Stangrover, Kyle	10	San Ramon Va	24.54
4 Sloan, Brandon	10	DeLaSalle	24.58
5 DeCosta, Samuel	10	Granada	25.34
6 Zhang, David	9	Amador Valle	25.58
7 Marki, Cole	10	DeLaSalle	26.42

<b>Heat 2 Preliminaries Wind: NWI</b>			
1 Nevarez, Armando	9	DeLaSalle	23.73Q
2 Hanley, Eathan	10	Amador Valle	24.25q
3 Cruz-Gonzalez, Diego	9	DeLaSalle	24.42
4 DeGeorge, Declan	10	California	24.96
5 Gomas, Carson	9	Monte Vista	25.53
6 Castellanos, Noah	10	Amador Valle	26.38

<b>Heat 3 Preliminaries Wind: NWI</b>			
1 Johnston, Kyle	10	DeLaSalle	23.99Q
2 Cole, Marcus	10	San Ramon Va	24.78
3 Marshall, Taveis	9	DeLaSalle	25.01

4 Speer, Sinjin	9	DeLaSalle	25.34
5 Cairel, Jack	10	Livermore	25.62
6 Allard, Nicholas	9	Amador Valle	25.85
7 Bell, Blake	10	Granada	25.96
8 Yemane, Nolawe	9	DeLaSalle	27.23

<b>Heat 4 Preliminaries Wind: NWI</b>			
1 Bura, Stefan	10	San Ramon Va	24.33Q
2 Kesavan, Loganath	9	Foothill	25.53
3 Everidge, Bennett	9	Monte Vista	25.54
4 Brewer, Andy	10	California	25.96
5 Heckenlively, Ben	10	California	25.96
6 Tang, Roy	10	Amador Valle	26.76

<b>Heat 5 Preliminaries Wind: NWI</b>			
1 Kracke, Trevor	10	Amador Valle	23.87Q
2 Robinson, Kairee	10	DeLaSalle	24.07q
3 Burke, Noah	10	Foothill	24.72
4 Vogel, Forrest	9	DeLaSalle	25.15
5 Smith, Andrew	9	California	25.24
6 Jackson, Jake	10	Foothill	25.51
7 Van Bladel, Jason	10	Granada	25.67

<b>Event 48 Boys 200 Meter Dash Frosh/Soph</b>			
Name	Yr	School	Finals

<b>Section 1 Finals Wind: -1.4</b>			
1 Johnston, Kyle	10	DeLaSalle	23.58
2 Nevarez, Armando	9	DeLaSalle	23.60
3 Kracke, Trevor	10	Amador Valle	23.92
4 Bura, Stefan	10	San Ramon Va	23.94
5 Kwong, Ryan	10	California	24.06
6 Hanley, Eathan	10	Amador Valle	24.30
7 Querubin, Bryce	10	DeLaSalle	24.77

<b>Event 49 Girls 3200 Meter Run Frosh/Soph</b>			
Name	Yr	School	Finals

<b>Section 1</b>			
1 Wheeler, Rebecca	9	Livermore	12:09.02
2 Schumann, Clare	10	Carondelet	12:12.72
3 Kim, Melanie	9	Monte Vista	12:14.18
4 Battaglia, Kate	9	Foothill	12:24.15
5 Kumar, Surabhi	9	Amador Valle	12:25.47
6 Tree, Madeline	10	Livermore	12:36.06
7 Fletcher, Juliette	10	Amador Valle	12:57.43
8 Kwong, Natalie	9	Monte Vista	13:05.67
9 Jacobson, Ella	10	Foothill	13:18.53
10 Green, Sofia	9	Carondelet	13:29.26
11 Cross, Dana	9	Carondelet	13:31.01
12 Singhal, Meenakshi	10	Granada	14:29.00
13 Voigtsberger, Mya	9	Granada	14:46.85

<b>Event 50 Boys 3200 Meter Run Frosh/Soph</b>			
Name	Yr	School	Finals

<b>Section 1</b>			
1 Kilday, Christopher	10	Granada	10:04.52
2 Aufderheide, Gregory	10	Livermore	10:05.48
3 Meier, Cameron	9	Granada	10:14.70
4 Johnson, Matthew	10	Monte Vista	10:16.08

**EBAL Track & Field Championships - 5/7/2016 to 5/14/2016**

**Foothill High School**

**Results**

<b>Section 1 ... (Event 50 Boys 3200 Meter Run Frosh/Soph)</b>			
<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
5	Edgren, Cole	9 San Ramon Va	10:17.96
6	Reddick, Matthew	9 Granada	10:19.52
7	Carrick, Sean	9 Amador Valle	10:27.72
8	Kim, Matthew	9 Monte Vista	10:31.27
9	Sullivan, Russell	9 Foothill	10:32.45
10	Swift, Fillan	10 Granada	10:33.17
11	Maheshwari, Devon	9 Livermore	10:34.63
12	Salmon, Michael	10 DeLaSalle	10:35.60
13	Sawchuk, Carson	10 Monte Vista	10:36.05
14	Hardesty, Caleb	9 Granada	10:41.47
15	Galicia-Thomas, Julian	9 Granada	10:44.35
16	Walker, Andrew	10 Granada	10:45.25
17	Greenly, Dylan	9 Granada	10:46.62
18	Drapper, Tanner	9 California	10:48.90
19	Sanchez, Stephan	10 DeLaSalle	10:49.54
20	Guariento, Stefano	9 San Ramon Va	10:55.46
21	Reyes, Cameron	10 California	10:58.24
22	White, Joshua	9 Granada	10:58.76
23	Talbert, Hayden	10 Amador Valle	11:02.86
24	Plant, Kevin	9 Granada	11:03.10
25	Bansal, Shlok	9 Granada	11:03.27
26	Valenton, Miguel	10 Livermore	11:05.28
27	Sankar, Siddish	9 California	11:16.69
28	Millens, Jacob	9 California	11:30.22
29	Shankar, Rohan	11 Amador Valle	11:41.51
---	Lucero, Austin	10 Amador Valle	DNF

<b>Event 51 Girls 4x400 Meter Relay Frosh/Soph</b>		
<b>Team</b>	<b>Relay</b>	<b>Finals</b>
<b>Section 1</b>		
1	California	4:19.78
2	Monte Vista	4:22.72
3	San Ramon Valley	4:25.09
4	Amador Valley	4:28.68
5	Carondelet	4:28.80
6	Granada	4:32.56
7	Foothill	4:32.98

<b>Event 52 Boys 4x400 Meter Relay Frosh/Soph</b>		
<b>Team</b>	<b>Relay</b>	<b>Finals</b>
<b>Section 1</b>		
1	DeLaSalle	3:37.32
2	Amador Valley	3:39.30
3	Monte Vista	3:40.52
4	California	3:41.43
5	Foothill	3:44.98
6	San Ramon Valley	3:49.15
7	Granada	3:55.57

<b>Event 53 Girls High Jump Frosh/Soph</b>			
<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
<b>Flight 1</b>			
1	Sarne, Annysa	9 San Ramon Va	4-08.00
2	Darroch, Marie	10 Monte Vista	4-04.00

2	Gray, Jamison	10 Amador Valle	J4-04.00
4	Bartels, Nicole	10 Granada	J4-02.00
4	Amerding, Daisy	10 Granada	J4-02.00
4	Hong, Jayde	10 Monte Vista	J4-02.00
4	Clougher, Kristen	9 San Ramon Va	4-02.00
<b>Event 54 Girls Pole Vault Frosh/Soph</b>			
<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
<b>Flight 1</b>			
1	Pham, Anna	10 Foothill	8-06.00
2	deFlores, Kaci	10 San Ramon Va	J8-06.00
3	Shay, Sydney	10 San Ramon Va	8-00.00
4	Huether, Helena	10 San Ramon Va	7-06.00
5	Garcia, Elizabeth	9 Livermore	J7-06.00
6	Battle, Kendra	10 Granada	7-00.00
6	Witney, Anna	9 Amador Valle	7-00.00
6	Bandle, Atinuke	9 California	7-00.00
6	Costello, Maile	10 San Ramon Va	7-00.00
6	Majerus, Brooke	9 San Ramon Va	7-00.00
11	Gin, Alaina	10 Monte Vista	J7-00.00
11	Scheele, Alexandria	10 Amador Valle	J7-00.00
13	Krull, Alana	10 San Ramon Va	6-06.00
14	Field, Caroline	9 Amador Valle	J6-06.00
14	Bundlie, Leela	10 San Ramon Va	J6-06.00
14	Ricker, Michaela	9 Carondelet	J6-06.00
17	Pecoraro, Paige	9 San Ramon Va	J6-06.00
17	Bond, Gabriella	10 Granada	J6-06.00
19	Seshadri, Eshana	10 Monte Vista	J6-06.00
20	Lantz, Rachel	10 Monte Vista	6-00.00
20	Boyle, Katie	10 California	6-00.00
22	Sidhom, Hannah	10 Monte Vista	J6-00.00
---	Adriano, Carissa	9 Carondelet	NH
---	Peters, Sheridan	10 Granada	NH
---	Keene, Grace	9 Amador Valle	NH
---	Bunting, Ashley	9 Foothill	NH
---	Chimienti, Willow	9 Carondelet	NH

<b>Event 55 Girls Long Jump Frosh/Soph</b>				
<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>	
<b>Flight 1</b>				
1	Meehan, Natalie	9 Amador Valle	11-05.75	NWI
2	Nibert, Mariah	10 Foothill	11-01.25	NWI
3	Doyle, Shannon	9 San Ramon Va	10-03.50	NWI
<b>Flight 2</b>				
1	Ovrdone, Kija	10 Livermore	12-03.75	NWI
2	Paicos, Krystal	10 San Ramon Va	12-03.00	NWI
3	Kirkland, Zoe	9 San Ramon Va	11-10.25	NWI
4	Bowen, Siena	10 Monte Vista	11-04.25	NWI
5	Bonfiglio, Jessica	10 Livermore	11-01.00	NWI
6	Frieders, Alyson	10 Livermore	10-11.25	NWI
<b>Flight 3</b>				
1	Bohannon, Meghan	9 Foothill	12-11.75	NWI
2	Swaminathan, Nithya	10 Amador Valle	12-07.00	NWI
3	Shilich, Makena	9 San Ramon Va	11-03.25	NWI
4	Poungaras, Sydney	10 Livermore	10-04.50	NWI

**EBAL Track & Field Championships - 5/7/2016 to 5/14/2016**

**Foothill High School**

**Results**

**Flight 4 ... (Event 55 Girls Long Jump Frosh/Soph)**

Name	Yr	School	Finals
<b>Flight 4</b>			
1 Boyle, Katie	10	California	13-11.25 NWI
2 Garcia, Elizabeth	9	Livermore	13-05.25 NWI
3 Tran, Brittney	10	Monte Vista	13-03.50 NWI
4 Martin, Lauren	10	Livermore	13-00.25 NWI
5 Cunningham, Taryn	9	Carondelet	12-06.50 NWI
6 Clougher, Kristen	9	San Ramon Va	12-05.00 NWI

Name	Yr	School	Finals
<b>Flight 5</b>			
1 Weber, Jilian	10	California	15-00.00 NWI
2 Abudayeh, Christina	9	Carondelet	14-04.00 NWI
3 Viarengo, Lauren	10	Monte Vista	14-03.50 NWI
4 Amerding, Daisy	10	Granada	14-00.25 NWI
5 Nguyen, Mary	10	Foothill	13-01.00 NWI
6 Lee, Rachel	10	Amador Valle	13-00.50 NWI
7 Bartels, Nicole	10	Granada	12-10.00 NWI
8 Shay, Sydney	10	San Ramon Va	J12-07.00 NWI

**Event 56 Girls Triple Jump Frosh/Soph**

Name	Yr	School	Finals
<b>Flight 1</b>			
1 Amerding, Daisy	10	Granada	30-05.75 3.3
2 Weber, Jilian	10	California	30-03.00 +0.0
3 Bartels, Nicole	10	Granada	29-08.00 1.8
4 Boyle, Katie	10	California	29-01.50 0.4
5 Nguyen, Mary	10	Foothill	28-06.50 1.8
6 Sarmiento, Joelle	10	Monte Vista	27-05.50 1.6
7 Bohannon, Meghan	9	Foothill	26-10.50 1.7

**Event 57 Girls Shot Put Frosh/Soph**

Name	Yr	School	Finals
<b>Flight 1</b>			
1 Baakoi, Siah	9	Carondelet	21-07.00
2 Hoffman, Juliet	9	Amador Valle	21-06.25
3 Follett, Nicole	10	California	20-02.50
4 Carlson, Grace	10	Carondelet	19-06.00
5 Lewis, Tiffany	9	San Ramon Va	18-11.50
6 Ledbetter, Julia	10	Carondelet	18-06.00
7 Loughran, Nicole	9	San Ramon Va	17-03.00

Name	Yr	School	Finals
<b>Flight 2</b>			
1 Terrell, Kailyn	10	San Ramon Va	29-08.00
2 Hayes, Taylor	10	Monte Vista	27-01.00
3 Hitchan, Taylor	10	Foothill	25-04.50
4 McCarthy, Janelle	10	Livermore	25-01.00
5 Vilchez, Josephine	10	Carondelet	24-01.00
6 Jimenez, Morgan	9	California	23-10.75
7 Konishi, Rieko	10	Monte Vista	23-09.75
8 Bonfiglio, Alyssa	10	Livermore	23-05.75
9 Shilich, Makena	9	San Ramon Va	22-05.00
10 Thomas, Kaitlyn	10	Granada	18-08.00

**Event 58 Girls Discus Throw Frosh/Soph**

Name	Yr	School	Finals
<b>Flight 1</b>			
1 Loughran, Nicole	9	San Ramon Va	59-09

2 Vilchez, Josephine	10	Carondelet	54-03.50
3 Konishi, Rieko	10	Monte Vista	53-11.50
4 Carlson, Grace	10	Carondelet	51-00
5 Nett, Kelly	10	Monte Vista	46-01.50
6 Thomas, Kaitlyn	10	Granada	44-05.50
7 Ledbetter, Julia	10	Carondelet	43-08.50
8 St Amant, Kaeli	10	Granada	38-01

Name	Yr	School	Finals
<b>Flight 2</b>			
1 McCarthy, Janelle	10	Livermore	79-09
2 Burkett, Angelina	10	Livermore	70-04.50
3 Hayes, Taylor	10	Monte Vista	69-07
4 Hitchan, Taylor	10	Foothill	69-06
5 Bonfiglio, Alyssa	10	Livermore	66-11.50
6 Baakoi, Siah	9	Carondelet	64-08
7 Hoffman, Juliet	9	Amador Valle	58-05
8 Waugh, Morgan	10	Granada	57-05.50
9 Follett, Nicole	10	California	55-04
10 Lewis, Tiffany	9	San Ramon Va	44-09.50

**Event 59 Boys High Jump Frosh/Soph**

Name	Yr	School	Finals
<b>Flight 1</b>			
1 Hoopes, Jake	9	Amador Valle	5-08.00
2 Wallace, Zamir	9	DeLaSalle	J5-08.00
3 Lott, Marshall	9	California	J5-08.00
4 Reeves, Thomas	10	Granada	5-06.00
5 Zaine, John	10	Amador Valle	J5-06.00
6 Wallace, Amir	9	DeLaSalle	J5-06.00
7 Shephard, Marcus	9	Granada	J5-06.00
8 Aguenza, Joaquin	10	California	5-04.00
9 Schroeder, Finnegan	10	Granada	J5-04.00
10 Wisniewski, Peter	10	Monte Vista	J5-04.00
11 McCormick, Steven	9	San Ramon Va	5-02.00
11 Haramaki, Rikiya	9	California	5-02.00
13 Lee, Eric	10	Monte Vista	5-00.00
14 Cooper, Jacob	10	California	4-10.00
14 Duncan, Elijah	9	Amador Valle	4-10.00
16 Smith, Carter	9	Foothill	J4-10.00
--- Cooper, Jared	10	California	NH
--- Tramayne, Gage	9	Granada	NH
--- Marshall, Max	10	Amador Valle	NH
--- Khan, Ali	9	California	NH

**Event 60 Boys Pole Vault Frosh/Soph**

Name	Yr	School	Finals
<b>Flight 1</b>			
1 Bertolero, Severino	10	Monte Vista	12-00.00
2 Arsala, Ilyaas	10	California	11-06.00
3 Rogers, Seth	10	Foothill	J11-06.00
4 Ellison, Tustin Mac	10	Monte Vista	11-00.00
5 Brubaker, Dustin	10	San Ramon Va	10-00.00
6 Stear, Ryan	9	Granada	9-06.00
7 James, Jonah	9	Amador Valle	9-00.00
8 Arkin, Grant	10	San Ramon Va	J9-00.00
8 Ingamells, Cole	10	Monte Vista	J9-00.00
10 Sasson, Jordan	10	Monte Vista	J9-00.00

**EBAL Track & Field Championships - 5/7/2016 to 5/14/2016**

**Foothill High School**

**Results**

**Flight 1 ... (Event 60 Boys Pole Vault Frosh/Soph)**

Name	Yr	School	Finals
11 Vogel, Forrest	9	DeLaSalle	8-06.00
12 Rosales, Derek	9	DeLaSalle	J8-06.00
13 Schwartz, Conner	9	DeLaSalle	8-00.00
14 Feru, Remy	9	San Ramon Va	J8-00.00
15 Wright, Nathan	9	San Ramon Va	J8-00.00
16 Clawson, Jack	10	San Ramon Va	J8-00.00
16 McMurry, Ian	9	Monte Vista	J8-00.00
18 Sevilla, Jett	10	Granada	7-06.00
--- Murphy, Geno	10	Granada	NH
--- Nevarez, Armando	9	DeLaSalle	NH
--- Kong, Jacob	10	Monte Vista	NH

**Event 61 Boys Long Jump Frosh/Soph**

Name	Yr	School	Finals
<b>Flight 1</b>			
1 Rao, Shreyas	9	San Ramon Va	16-02.75 NWI
2 Mooyman, Jake	10	San Ramon Va	16-02.25 NWI
3 Mooyman, Jeff	10	San Ramon Va	15-01.50 NWI
4 Lung, Mitchell	10	Monte Vista	14-00.00 NWI
5 Arkin, Nicholas	10	Amador Valle	12-11.50 NWI
6 Mackay, Keon	11	San Ramon Va	11-11.50 NWI
--- Henderson, Kevin	9	San Ramon Va	FOUL
<b>Flight 2</b>			
1 Myers, Matthew	10	Livermore	17-00.50 NWI
2 Billowitch, Stephen	10	Livermore	16-09.75 NWI
3 Rogers, Seth	10	Foothill	16-08.50 NWI
4 Stermer, Samuel	10	Foothill	16-04.00 NWI
5 Monson, Christopher	9	Amador Valle	15-03.25 NWI
6 Kim, Daniel	10	Monte Vista	15-01.25 NWI
7 Wong, Erik	10	Amador Valle	14-00.25 NWI
--- Baker, Es	9	California	FOUL
<b>Flight 3</b>			
1 Coppola, Louis	10	Monte Vista	17-06.75 NWI
2 Schroeder, Finnegan	10	Granada	17-02.75 NWI
3 Wisniewski, Peter	10	Monte Vista	17-00.75 NWI
4 Sanchez, Griffen	10	Foothill	16-09.00 NWI
5 Knapp, Aaron	10	Monte Vista	16-06.50 NWI
6 Wallace, Zamir	9	DeLaSalle	15-09.75 NWI
7 Morris, Hunter	10	California	14-04.25 NWI
<b>Flight 4</b>			
1 Cuardo, Patrick	10	Livermore	19-03.00 NWI
2 Goldstone, Brent	10	Monte Vista	17-05.25 NWI
3 Stangrover, Kyle	10	San Ramon Va	17-02.50 NWI
4 Bussiere, Andre	9	California	16-06.00 NWI
5 Legaspi, Myrone Victor	9	Foothill	16-05.00 NWI
6 Jimenez, David	9	Foothill	16-04.50 NWI
7 Smith, Carter	9	Foothill	J16-04.50 NWI
8 Kamson, Calvin	9	California	16-01.75 NWI
9 Yemane, Nolawe	9	DeLaSalle	15-07.75 NWI
<b>Flight 5</b>			
1 Speer, Sinjin	9	DeLaSalle	19-08.00 NWI
2 Reeves, Thomas	10	Granada	19-05.00 NWI
3 Adikri, Jeff	9	San Ramon Va	18-07.00 NWI

4 Lott, Marshall	9	California	18-01.75 NWI
5 Lee, Eric	10	Monte Vista	18-01.50 NWI
6 Bertolero, Severino	10	Monte Vista	17-10.00 NWI
7 Clark, Hayden	9	California	17-03.25 NWI
8 Friedman, Zachary	10	Amador Valle	J17-02.50 NWI
9 Haramaki, Rikiya	9	California	17-01.00 NWI

**Event 62 Boys Triple Jump Frosh/Soph**

Name	Yr	School	Finals
<b>Flight 1</b>			
1 Coppola, Louis	10	Monte Vista	32-04.00 NWI
2 Young, Jordan		California	32-03.50 NWI
3 Myers, Matthew	10	Livermore	31-01.50 NWI
4 Kim, Daniel	10	Monte Vista	30-07.50 NWI
5 Strout, Robert	9	Livermore	30-04.00 NWI
<b>Flight 2</b>			
1 Stepanek, Matthew	10	Granada	35-03.00 NWI
2 Psomas, Luke	9	San Ramon Va	35-00.00 NWI
3 Stanchina, Sean	9	California	34-05.00 NWI
4 Henderson, Kevin	9	San Ramon Va	34-00.00 NWI
5 Rao, Shreyas	9	San Ramon Va	33-11.00 NWI
6 Stermer, Samuel	10	Foothill	32-03.00 NWI
7 Dalenberg, Dom	9	San Ramon Va	31-08.50 NWI
8 Sanchez, Griffen	10	Foothill	30-11.00 NWI
<b>Flight 3</b>			
1 Speer, Sinjin	9	DeLaSalle	37-11.50 NWI
2 Jimenez, David	9	Foothill	37-11.00 NWI
3 Lee, Eric	10	Monte Vista	37-09.00 NWI
4 Lott, Marshall	9	California	37-00.00 NWI
5 Haramaki, Rikiya	9	California	36-08.50 NWI
6 Clark, Hayden	9	California	36-05.00 NWI
7 Kesavan, Loganath	9	Foothill	35-09.00 NWI
8 Friedman, Zachary	10	Amador Valle	34-09.50 NWI
9 Wallace, Zamir	9	DeLaSalle	34-01.00 NWI
10 Knapp, Aaron	10	Monte Vista	33-04.00 NWI

**Event 63 Boys Shot Put Frosh/Soph**

Name	Yr	School	Finals
<b>Flight 1</b>			
1 Lukas, Cole	10	Foothill	35-00.50
2 Massie, Nick	10	Amador Valle	34-04.50
3 Gurley, Jaxen	9	Amador Valle	33-00.50
4 Molina, Isaac	10	San Ramon Va	32-04.00
5 Kitchen, Michael	9	Monte Vista	31-08.00
6 Lung, Mitchell	10	Monte Vista	30-09.00
7 Wilbur, Drake	9	Amador Valle	30-08.75
8 Ennis, James	9	California	30-04.00
9 Foroodian, Keyan	9	California	29-02.00
10 Shapiro, Brett	9	San Ramon Va	25-00.00
<b>Flight 2</b>			
1 Urquhart, Jordan	9	Amador Valle	44-04.00
2 Palma, Nick	10	Amador Valle	40-04.00
3 Vernay, Vincent	10	Amador Valle	39-07.75
4 Newman, Adam	9	California	37-11.50
5 Alessio, Tyler	9	DeLaSalle	37-10.75

**EBAL Track & Field Championships - 5/7/2016 to 5/14/2016**

**Foothill High School**

**Results**

**Flight 2 ... (Event 63 Boys Shot Put Frosh/Soph)**

Name	Yr	School	Finals
6 Bowers, Cameron	10	Foothill	37-07.25
7 Rosaia, Dan	9	San Ramon Va	37-02.75
8 Dimitropoulos, Vasilis	10	Livermore	36-01.00
9 Henry, Chris	10	California	35-04.50
10 Massie, Jake	10	Amador Valle	35-02.00
11 Irwin, Christopher	10	Granada	34-03.00
12 Ng, Nicholas	10	Granada	33-01.00

1) Monte Vista	113
2) Granada	69.2
3) Livermore	69
4) California	64.2
5) San Ramon Valley	62.4
6) Foothill	56
7) Carondelet	38
8) Amador Valley	24.2

**Event 64 Boys Discus Throw Frosh/Soph**

Name	Yr	School	Finals
------	----	--------	--------

**Flight 1**

1 Kitchen, Brendan	9	Monte Vista	80-07.50
2 Gurley, Jaxen	9	Amador Valle	80-03.50
3 Smith, Carter	9	Foothill	79-08
4 Hsia, David	9	California	79-02.50
5 Cutchen, Cauby	9	Livermore	74-08.50
6 Montes, Luis	9	Monte Vista	61-03.50

**Men - Varsity - Team Rankings - 16 Events Scored**

1) California	90.5
2) DeLaSalle	80
3) Monte Vista	73.5
4) Amador Valley	72.5
5) San Ramon Valley	64
6) Granada	52.5
7) Foothill	41
8) Livermore	22

**Flight 2**

1 Molina, Isaac	10	San Ramon Va	96-04.50
2 Rosaia, Dan	9	San Ramon Va	89-06.50
3 Martinez, Janiel	10	Amador Valle	81-11.50
4 Lung, Mitchell	10	Monte Vista	J81-11.50
5 Ng, Nicholas	10	Granada	J81-11.50
6 Irwin, Christopher	10	Granada	79-02
7 Arguello, Christian	10	Livermore	74-02
8 Bowers, Cameron	10	Foothill	72-11
9 Shapiro, Brett	9	San Ramon Va	68-00
--- Foroodian, Keyan	9	California	FOUL

**Men - Frosh/Soph - Team Rankings - 16 Events Scored**

1) DeLaSalle	137
2) Amador Valley	95
3) California	75
4) Granada	71
5) Monte Vista	40
6) Foothill	33
7) San Ramon Valley	24
8) Livermore	21

**Flight 3**

1 Palma, Nick	10	Amador Valle	121-10.50
2 Henry, Chris	10	California	109-04
3 Newman, Adam	9	California	101-09
4 Vernay, Vincent	10	Amador Valle	101-00
5 Ennis, James	9	California	97-09
6 Massie, Jake	10	Amador Valle	94-11.50
7 Lukas, Cole	10	Foothill	93-09.50
8 Massie, Nick	10	Amador Valle	93-07
9 Dimitropoulos, Vasilis	10	Livermore	81-00.50
--- Urquhart, Jordan	9	Amador Valle	FOUL

**Women - Varsity - Team Rankings - 16 Events Scored**

1) Amador Valley	108
2) Carondelet	89
3) Monte Vista	71
3) Granada	71
5) California	51
6) Livermore	42
7) Foothill	35
8) San Ramon Valley	29

**Women - Frosh/Soph - Team Rankings - 16 Events Scored**