

NCS/Les Schwab Tires NCS Tri-Valley Area Meet - 5/23/2015

Track and Field Championships
Amador Valley High School, Pleasanton CA
Results - NCS Tri-Valley Championships

Event 1 Girls 4x100 Meter Relay

7 fastest times qualify to MOC

NCS TV: **47.59 R 2011** **Antioch**

T Wilson, L McGrath, L Evans, K Suleman

MOC At Large: 49.45 @

Team	Relay	Finals
Finals		
1 Carondelet		47.82@ 10
1) Scott, Mikayla 10	2) Chenault, Christina 12	
3) Ruotolo, Julianna 11	4) Avina, Avery 11	
2 Deer Valley		48.05@ 8
1) Coffey, Arterra 11	2) Hilburn, Mariama 12	
3) Faglar, Jley 11	4) Guillory, Briana 12	
3 Acalanes		49.47 6
1) Marrone, Veronica 10	2) Gragg, Muppy 9	
3) Boggan, Imani 10	4) Lyons, Julia 11	
4 Las Lomas		49.49 4
1) Alexander, Anaya 11	2) Hall, Alexis 11	
3) Richardson, Briana 11	4) Mbeledogu, Ifeaka 9	
5 Amador Valley		50.01 2
1) Ashley, Isabel 12	2) Lai, Samantha 10	
3) Mack, Ariaiah 12	4) Merchant, Jazmyn 12	
6 Foothill		50.34 1
1) Giammanco, Alyssa 10	2) Topielski, Emily 12	
3) Cho, Catherine 9	4) Reichenbach, Natalie 12	
7 Monte Vista		50.36
1) Strand, Kelly 12	2) Crowley, Cheyenne 10	
3) Cervantes, Kyndra 11	4) Fuhriman, Heidi 11	
8 Dublin		50.41
1) Tran, Alicia 12	2) Bouchard, Jessica 11	
3) Bouri, Tatiana 12	4) Masaki, Kimiko 10	
9 Heritage		50.48
1) Hudson, Lynzie 11	2) Mehta, Marina 12	
3) Alexander, Brianna 12	4) Hathaway, Lindsay 12	
10 Freedom		50.55
1) Williams, Annesley 10	2) LaPierre, Madison 12	
3) Aponte, Arianna 10	4) Denny, Kamilah 9	
11 Clayton Valley		50.61
1) Rangel, Katy	2) Davis, Jade	
3) Esco, Diwa	4) Booth, Amber	
12 California		50.73
1) Brewer, Alyssa 9	2) Carr, Tyler 12	
3) Stallings, Sarah 10	4) Ty, Chiena 12	
13 Antioch		51.07
1) Jones, Jayla 10	2) Davis, Breana 10	
3) Holley, Ariana 12	4) Ezeife, Ifeoma 10	
14 Miramonte		51.35
1) Booze, Kemahni 10	2) Olabode, Lola 10	
3) Bryant, Jordyn 9	4) Tse-mckeown, Philadelphia 11	
15 Campolindo		51.47
1) Wong, Marla 10	2) Williams, Lauren 10	
3) Hyatt, Julie 10	4) Arnswald, Juliet 10	

16 Dougherty Valley		51.79
1) Glavee, Kristen 12	2) O'Malley, Katie 11	
3) Puig, Daniela 9	4) Kim, Natalie 10	
17 Livermore		52.25
1) Cole, Gianna 9	2) Drew, Tamia 9	
3) Gannon, Madison 10	4) Hall, Morgan 10	
18 Concord		52.80
1) Hollinsworth, Myana	2) Pluth, Alyssa	
3) Pearson, Rylie	4) Frantz, April	
19 Pittsburg		52.84
1) Morris, Maya 11	2) Brown, Brittany 12	
3) Daniels, Amber 9	4) Flenoid, Kiara 10	
20 Liberty		53.47
1) Hart, Demi 10	2) Spraggins, Kalli 10	
3) Ramirez, Victoria 9	4) Garcia, Savannah 9	
21 Northgate		55.00
1) Chappell, Megan	2) Bamberger, Nina	
3) Narloch, Marilyn	4) Epstein, Julia	

Event 2 Boys 4x100 Meter Relay

7 fastest times qualify to MOC

NCS TV: **41.80 R 1995** **Berkeley**

MOC At Large: 44.11 @

Team	Relay	Finals
Finals		
1 Deer Valley		42.44@ 10
1) Lombard, Korey 12	2) Safi, Mousawer 12	
3) Lowe, Anthony 10	4) White, Lionel 12	
2 Amador Valley		42.65@ 8
1) Vanommeren, Schuyler 11	2) Menon, Rohit 9	
3) Charles, JaMaun 12	4) McCollough, Ledre 11	
3 DeLaSalle		43.02@ 6
1) Levers, Cain 12	2) Short, Elijah 10	
3) Harvey, Jonathan 11	4) Coats, Gray 11	
4 Heritage		43.34@ 4
1) Rohrer, Spencer 11	2) Noble, Nathan 12	
3) Winding, Adam 11	4) Olender, Jack 12	
5 Pittsburg		43.54@ 2
1) Fortenberry, Deante 12	2) Ceja, Daniel 12	
3) Boyd, A'Jae 9	4) Turner, Isaiah 11	
6 Foothill		43.61@ 1
1) Quistgard, Cale 12	2) Roker, Bailey 10	
3) Gates, Matthew 11	4) Dourneau, Jonathan 11	
7 California		43.70@
1) Laux, Joseph 12	2) Chubb, Alex 10	
3) Allison, Elliott 11	4) Johnson, Jzelun 11	
8 Freedom		43.70@
1) Rivers, Ronnie 10	2) Rucker-Smith, Donte 12	
3) Jackson, Elijah 10	4) Williams, Isaiah 11	
9 Dougherty Valley		43.88@
1) Mctear, Kaleb 12	2) Saikali, Anthony 12	
3) Song, Ethan 9	4) Tarasow, Samuel 11	
10 Concord		44.28
1) Reynoso, Andres	2) Kendrix, Darryl	
3) Bergen, Eli	4) Carranza, Edgar	

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Finals ... (Event 2 Boys 4x100 Meter Relay)

Team	Relay	Finals
11 Clayton Valley		44.58
1) Balderamos, Jav	2) King, Alex	
3) Newell, DJ	4) Velasquez, Jordan	
12 Monte Vista		44.86
1) Homentcovschi, Andrei 11	2) Skolnick, Ryan 11	
3) Park, Kenneth 11	4) Rufini, Joseph 11	
13 Northgate		44.92
1) Lee, Eugene	2) Wedington, Austin	
3) Alves, Dylan	4) Malott, Joe	
14 College Park		45.10
1) Miner, Harris	2) Olden, Kenny	
3) Hernandez, Edgar	4) Menjivar, Brandon	
15 Dublin		45.79
1) Barnett, Jonathan 11	2) Durst, Matthew 10	
3) Ikegami, Kai 10	4) Coulbourne, Piat 10	
16 Liberty		45.90
1) Condon, Riley 11	2) Viss, Wyatt 11	
3) Hendrickson, Tristin 10	4) Federwisch, Keegan 11	
17 Acalanes		46.00
1) Applin, Daniel 12	2) Comly, Nick 12	
3) Iniques-stralla, Jesse 9	4) Gonser, Chris 10	
--- Granada		DQ
1) Sayyid, Marquies 11	2) Foster, Alec 11	
3) Sewell, Anthony 11	4) Banales, Jonathan 11	

Event 3 Girls 1600 Meter Run

7 fastest times qualify to MOC

NCS TV: 4:49.70 R 1996 Kristen Gordon

MOC At Large: 5:09.65 @

Name	Yr	School	Finals
Finals			
1 Leach, Brighie	12	Campolindo	4:50.32@ 10
2 Starn, Brooke	11	Monte Vista	4:55.13@ 8
3 McCandless, Megan	11	Granada	4:57.32@ 6
4 Bohannon, Kai	10	Liberty	4:59.12@ 4
5 Finnane, Toni	12	Campolindo	4:59.48@ 2
6 Orders, Mary	12	Campolindo	5:03.74@ 1
7 Hansel, Chloe	11	Las Lomas	5:05.17@
8 Corda, Meredith	10	Monte Vista	5:06.00@
9 Coney, Madalyne	9	Monte Vista	5:06.55@
10 Boucher, Jessie		Northgate	5:07.00@
11 Maheshwari, Kajol	11	Livermore	5:08.50@
12 Tucker, Alexandria	11	Dougherty Va	5:15.17
13 Timbrell, Allie	12	Alhambra	5:17.14
14 Coyle, Megan		Northgate	5:17.41
15 Pecknold, Brianna	10	Heritage	5:25.72
16 Vanderheid Nye, Madeline	10	Heritage	5:26.44
17 MacPherson, Madison	9	Liberty	5:26.65
18 Osterkamp, Kelly		Clayton Valley	5:32.35
19 Blough, Kelsey		Northgate	5:33.84
20 Mosteiro, Abrianna	10	Pittsburg	5:38.88
21 Dalke, Alyssa	9	Liberty	5:47.14
22 Ruzicka, Natilie		Clayton Valley	5:55.44

Event 4 Boys 1600 Meter Run

7 fastest times qualify to MOC

NCS TV: 4:14.99 R 2014 Tyler Olson

MOC At Large: 4:22.41 @

Name	Yr	School	Finals
Finals			
1 Johnson, Roc	12	DeLaSalle	4:23.83 10
2 Bradley, Stefan	11	San Ramon Va	4:25.22 8
3 Sanchez, Austin	12	DeLaSalle	4:25.67 6
4 Robey, Tom	11	Las Lomas	4:25.91 4
5 Braganza, Neil	10	Dougherty Va	4:26.16 2
6 Sheehan, Benry	11	Heritage	4:26.27 1
7 Aldana, Christian	12	California	4:26.46
8 Viano, Michael	12	Alhambra	4:26.73
9 Skellenger, Leo	11	Granada	4:28.32
10 Schaefer, Logan	10	Heritage	4:30.83
11 Drees, Jacob	12	Heritage	4:31.48
12 Chuman, Nicholas		College Park	4:32.07
13 Dean, Jake	10	Foothill	4:33.20
14 Schmidt, Zachary	12	Dublin	4:34.37
15 Jervis, Danny	11	Las Lomas	4:35.97
16 Bennett, Benjamin	12	Liberty	4:37.21
17 Gonzalez, Carlos	11	Pittsburg	4:37.78
18 Charvet, Jett	9	Heritage	4:37.81
19 Kabani, Omar		Northgate	4:43.02
20 Cox, Michael		Clayton Valley	4:48.08
21 Davis, Keeson	12	Las Lomas	4:49.04

Event 5 Girls 100 Meter Hurdles

7 fastest times qualify to MOC

NCS TV: 14.32 R 2013 Mecca McGlaston

MOC At Large: 16.00 @

Name	Yr	School	Finals
Finals			
1 Mcglaston, Mecca	11	Dublin	13.86R 10
2 Coffey, Arterra	11	Deer Valley	14.47@ 8
3 Thompson, Michelle	12	Dougherty Va	15.45@ 6
4 Margerum, Windy	10	Acalanes	15.53@ 4
5 Bouri, Tatiana	12	Dublin	15.70@ 2
6 Topielski, Emily	12	Foothill	15.88@ 1
7 Sherve, McKenna	12	San Ramon Va	15.99@1.7
8 Andres, Alexia	11	Amador Valle	16.31 2.3
9 Villafuerte, Bella	11	California	16.61 1.7
10 Villanueva, Brookey	11	Amador Valle	16.85 2.3
11 Ho, Joyce	12	California	16.97 2.3
12 Davis, Anna	11	Acalanes	17.96 2.3
13 Frantz, April		Concord	17.98 2.3
14 Cravens, Carey	10	Freedom	19.10 2.6
15 Hardman, Jesse	10	Liberty	19.17 2.3
16 Taylor, Kiara	11	Heritage	19.33 2.6
17 Rover, Natalie	10	Heritage	19.42 2.6
--- Gash, Gillian	10	Liberty	DNF 2.3

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Event 6 Boys 110 Meter Hurdles**7 fastest times qualify to MOC**NCS TV: **13.85 R 2006** David KlechMOC At Large: **15.59 @**

Name	Yr	School	Finals
Finals			
1	Adams, Ralieg	12 Alhambra	14.54@ 10
2	Mandich, Ryan	Northgate	14.91@ 8
3	Harvey, Jonathan	11 DeLaSalle	14.91@ 6
4	Ali, Amir	12 Dublin	15.22@ 4
5	Ernest, Simeon	12 Heritage	15.55@ 2
6	Menk, Ian	11 Amador Valle	15.72 1
7	Smith, Andrew	12 Amador Valle	15.79 1.6
8	Gul, Edrees	11 San Ramon Va	15.97 1.6
9	Barnett, Brian	12 Granada	16.11 0.4
10	Nicholas, Blake	11 Monte Vista	16.27 0.4
11	Michiels, Peter	Northgate	16.40 1.2
12	Jackman, Aidan	Clayton Valley	16.55 0.4
13	Chiem, Jonathan	12 Acalan	16.55 1.2
14	Athavan, Harish	11 Dougherty Va	16.71 1.2
15	La'Strap, Jeremiah	10 Deer Valley	16.72 0.4
16	Kameny, Brandon	12 Heritage	16.74 0.4
17	Khaderi, Tahir A.	10 Dublin	16.96 0.4
18	Sunseri, Anthony	11 Liberty	17.29 1.2
19	Shultz, Steven	12 Liberty	17.51 1.6
20	LaChance, Ryan	Northgate	17.68 1.2
21	Trees, Alex	Northgate	18.17 1.2
22	Pinto, Alex	Northgate	18.20 1.2

Event 7 Girls 400 Meter Dash**7 fastest times qualify to MOC**NCS TV: **54.80 R 2010** Chizoba OkodogbeMOC At Large: **58.65 @**

Name	Yr	School	Finals
Finals			
1	Brewer, Alyssa	9 California	55.52@ 10
2	Guillory, Briana	12 Deer Valley	55.58@ 8
3	Alexander, Anaya	11 Las Lomas	56.67@ 6
4	Ruotolo, Julianna	11 Carondelet	57.04@ 4
5	Boggan, Imani	10 Acalan	57.79@ 2
6	Hilburn, Mariama	12 Deer Valley	57.88@ 1
7	Creson, Arden	10 Miramonte	57.89@
8	Carr, Tyler	12 California	58.45@
9	Rodd, Kathryn	12 San Ramon Va	59.11
10	Harper, Tia	12 Deer Valley	59.56
11	Llamas, Sophia	College Park	59.75
12	McKeag, Abby	9 Foothill	59.87
13	Gragg, Muppy	9 Acalan	60.08
14	Mehta, Marina	12 Heritage	60.56
15	Barrett, Emily	12 Foothill	61.25
16	Michon, Maya	11 Acalan	61.51
17	Hyatt, Julie	10 Campolindo	61.52
18	Villa, Sophia	Clayton Valley	63.63
19	Bamberger, Lola	Northgate	64.61

20	Moran, Jenna	College Park	66.48
21	Narloch, Marilyn	Northgate	67.31
22	Reynoso, Natalya	Concord	67.88
23	Burney, Raigan	10 Freedom	68.23
---	Nevarez, Karinne	11 Heritage	DQ

Event 8 Boys 400 Meter Dash**7 fastest times qualify to MOC**NCS TV: **47.64 R 2006** David KlechMOC At Large: **50.44 @**

Name	Yr	School	Finals
Finals			
1	Winding, Adam	11 Heritage	48.95@ 10
2	Lombard, Korey	12 Deer Valley	49.46@ 8
3	La Shon, Michael	12 Pittsburg	49.67@ 6
4	Bayley, Chris	12 Amador Valle	49.69@ 4
5	Ceja, Daniel	12 Pittsburg	49.70@ 2
6	Hughes, Jonathan	11 Campolindo	49.93@ 1
7	Foster, Alec	11 Granada	50.08@
8	O'Brien, Charles	12 Miramonte	50.26@
9	Reynoso, Andres	Concord	50.31@
10	Brewer, Auchavian	12 Deer Valley	50.59
11	Lowe, Anthony	10 Deer Valley	50.62
12	Villegas, Jonathan	Ygnacio Vall	51.00
13	Knight, Liam	11 Foothill	51.29
14	Tarasow, Samuel	11 Dougherty Va	51.33
15	Poynter, Bobby	9 California	51.34
16	Johnson, Jzelun	11 California	51.56
17	Williams, Noah	10 DeLaSalle	51.67
18	Spencer, James	12 Dougherty Va	52.25
19	Master, Peter	Northgate	52.47
20	Grinbergs, Spenser	College Park	52.96
21	Kendrix, Darryl	Concord	53.43

Event 9 Girls 100 Meter Dash**7 fastest times qualify to MOC**NCS TV: **11.91 R 2000** Aishia MargainMOC At Large: **12.81 @**

Name	Yr	School	Finals
Finals			
1	White, Pamela	11 Granada	12.28@ 10
2	Scott, Mikayla	10 Carondelet	12.30@ 8
3	Avina, Avery	11 Carondelet	12.58@ 6
4	Cole, Gianna	9 Livermore	12.72@ 4
5	Lyons, Julia	11 Acalan	12.73@ 2
6	Hall, Alexis	11 Las Lomas	12.77 1
7	LaPierre, Madison	12 Freedom	12.77@ 1.9
8	Mbeledogu, Ifeaka	9 Las Lomas	12.78@ 1.9
9	Bouchard, Jessica	11 Dublin	12.81@ 1.9
10	Reichenbach, Natalie	12 Foothill	12.84 2.4
11	Davis, Jade	Clayton Valley	12.86 1.5
12	Dong, Jessica	Northgate	12.87 2.4
13	Brown, Brittany	12 Pittsburg	12.94 2.4
14	Denny, Kamilah	9 Freedom	12.94 2.4
15	Williams, Lauren	10 Campolindo	12.98 2.4

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Finals ... (Event 9 Girls 100 Meter Dash)

Name	Yr	School	Finals
16 Davis, Breana	10	Antioch	12.99 2.4
17 Alexander, Brianna	12	Heritage	13.02 1.5
18 Esco, Diwa		Clayton Valley	13.06 1.5
19 Rangel, Katy		Clayton Valley	13.11 1.5
20 Richardson, Briana	11	Las Lomas	13.11 1.5
21 Jones, Jayla	10	Antioch	13.16 1.5
22 Pearson, Rylie		Concord	13.32 1.5
23 Ruhter, Gabrielle		College Park	13.43 1.5

Event 10 Boys 100 Meter Dash**7 fastest times qualify to MOC**NCS TV: **10.64 R 2008** **Taiwan Jones**MOC At Large: **11.07 @**

Name	Yr	School	Finals
Finals			
1 Charles, JaMaun	12	Amador Valle	10.63 10
2 Levers, Cain	12	DeLaSalle	10.81 8
3 Dourneau, Jonathan	11	Foothill	10.87 6
4 Velasquez, Jordan		Clayton Valley	10.94@ 4
5 Miller, Nathan	12	San Ramon Va	10.96@ 2
6 McCollough, Ledre	11	Amador Valle	11.01 1
7 Safi, Mousawer	12	Deer Valley	11.02 2.1
8 Turner, Isaiah	11	Pittsburg	11.14 2.0
9 Kiragu, Lincoln	12	Las Lomas	11.16 2.1
10 Rohrer, Spencer	11	Heritage	11.17 2.0
11 Song, Ethan	9	Dougherty Va	11.19 2.0
12 Rucker-Smith, Donte	12	Freedom	11.19 2.0
13 Johnson, Kameron	12	Granada	11.22 2.1
14 Noble, Nathan	12	Heritage	11.29 2.0
15 White, Lionel	12	Deer Valley	11.33 2.1
16 Mctear, Kaleb	12	Dougherty Va	11.38 1.9
17 Applin, Daniel	12	Acalanes	11.39 1.9
18 Gonsalves, James	12	Alhambra	11.43 2.0
19 Saikali, Anthony	12	Dougherty Va	11.54 1.9
20 Bergen, Eli		Concord	11.72 1.9
21 Guzman, Jesie		Ygnacio Vall	11.81 1.9
22 Lee, Eugene		Northgate	11.87 1.9
23 Wedington, Austin		Northgate	11.88 1.9
24 Miner, Harris		College Park	11.93 1.9

Event 11 Girls 800 Meter Run**7 fastest times qualify to MOC**NCS TV: **2:13.03 R 2004** **Lindsay Allen**MOC At Large: **2:20.50 @**

Name	Yr	School	Finals
Finals			
1 Fuhriman, Heidi	11	Monte Vista	2:14.11@ 10
2 Cella, Sarah	11	Campolindo	2:15.99@ 8
3 Wylie, Emily	11	Liberty	2:16.47@ 6
4 Green, Annaka	11	Amador Valle	2:16.76@ 4
5 Eklem, Kaitlyn	12	San Ramon Va	2:17.56@ 2
6 D'Atri, Marissa	9	Alhambra	2:19.07@ 1
7 Perez, Madison	9	Amador Valle	2:19.67@

8 Roden, Georgia	12	Miramonte	2:19.97@
9 Busby, Jamie		College Park	2:20.79
10 Murphy, Keeley	9	Carondelet	2:24.57
11 Gamboa, Gabrielle	11	Dublin	2:24.96
12 Hodgson, Natalie	9	Liberty	2:26.37
13 Pecknold, Brianna	10	Heritage	2:26.40
14 Vanderheid Nye, Madeline	10	Heritage	2:28.43
15 Huang, Angela	9	Dublin	2:28.93
16 Nubla, Annjellica	12	Heritage	2:30.14
17 Aquilar, Brooklyn		College Park	2:30.50
18 Fishlow, Olivia	10	Miramonte	2:31.62
19 Lau, Peggy		Northgate	2:32.02
20 Tanaka, Aino		Northgate	2:32.73
21 Llamas, Sophia		College Park	2:34.73
22 Becerra, Laura	12	Freedom	2:35.76

Event 12 Boys 800 Meter Run**7 fastest times qualify to MOC**NCS TV: **1:53.80 R 2010** **Kevin Griffith**MOC At Large: **1:57.42 @**

Name	Yr	School	Finals
Finals			
1 Phair, David		College Park	1:55.84@ 10
2 Moore, Niki	10	Campolindo	1:56.60@ 8
3 De Leon, Isaia	10	DeLaSalle	1:56.90@ 6
4 Gonzales, Christian	11	Miramonte	1:57.06@ 4
5 Lothamer, Parker	12	Campolindo	1:57.43 2
6 Fong, Elliot	12	Miramonte	1:57.86 1
7 Fleming, Travis	11	California	1:58.38
8 Natt, Nishan	12	Livermore	1:58.63
9 Duncan, Miles	9	Deer Valley	1:58.74
10 Rubio, Ron	12	Heritage	1:59.24
11 Buck, Andy	12	Amador Valle	2:01.10
12 Bennett, Benjamin	12	Liberty	2:02.27
13 Orantes, Juan Carlos	12	Heritage	2:02.37
14 Hall, Patrick	12	Foothill	2:02.78
15 Miller, Tristan	10	Monte Vista	2:02.79
16 Hodgson, Jack	9	Liberty	2:03.31
17 Braitberg, Jackson	11	Miramonte	2:03.37
18 Chuman, Nicholas		College Park	2:03.63
19 Colwell, Anders	11	Dublin	2:04.19
20 Fonseca, Geo		Clayton Valley	2:05.35
21 Schaefer, Logan	10	Heritage	2:06.00
22 Bricklin, Jared		Northgate	2:07.26
23 Grinbergs, Spenser		College Park	2:08.25
24 Osborne, Jack		Northgate	2:10.68

Event 13 Girls 300 Meter Hurdles**7 fastest times qualify to MOC**NCS TV: **44.22 R 2013** **Sasha Newman**MOC At Large: **47.33 @**

Name	Yr	School	Finals
Finals			
1 Thompson, Michelle	12	Dougherty Va	44.23@ 10
2 Strand, Kelly	12	Monte Vista	45.13@ 8

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Finals ... (Event 13 Girls 300 Meter Hurdles)

Name	Yr	School	Finals
3 Avina, Avery	11	Carondelet	45.65@ 6
4 Brown, Kirsty	10	Amador Valle	45.65@ 4
5 Olabode, Lola	10	Miramonte	46.72@ 2
6 Pryn, Abby	11	Amador Valle	47.56 1
7 Arnswald, Juliet	10	Campolindo	47.74
8 LaPierre, Madison	12	Freedom	48.14
9 Villanueva, Brookey	11	Amador Valle	48.16
10 Bamberger, Lola		Northgate	48.82
11 Margerum, Windy	10	Acalanes	49.39
12 Martinez, Kylie	10	Livermore	49.62
13 Mehta, Marina	12	Heritage	49.70
14 Hardman, Jesse	10	Liberty	50.59
15 Chesnutt, Sonja		Northgate	50.76
16 Wong, Marla	10	Campolindo	51.61
17 Rover, Natalie	10	Heritage	53.86
18 Frantz, April		Concord	54.96
--- Coffey, Arterra	11	Deer Valley	DQ

Event 14 Boys 300 Meter Hurdles

7 fastest times qualify to MOC

NCS TV: 36.18 R 2005 David Klech

MOC At Large: 41.20 @

Name	Yr	School	Finals
1 Harvey, Jonathan	11	DeLaSalle	38.14@ 10
2 Adams, Ralieg	12	Alhambra	39.41@ 8
3 Olender, Jack	12	Heritage	39.90@ 6
4 Shultz, Steven	12	Liberty	40.33@ 4
5 Menk, Ian	11	Amador Valle	40.47@ 2
6 Hanible, Aaron	10	Heritage	40.58@ 1
7 Ali, Amir	12	Dublin	40.91@
8 Gul, Edrees	11	San Ramon Va	40.96@
9 Jimenez, Jesus	12	Dublin	41.05@
10 Bridgewater, Ansel	11	San Ramon Va	41.23
11 Smith, Andrew	12	Amador Valle	41.26
12 Widman, Kyle	11	Monte Vista	41.78
13 Athavan, Harish	11	Dougherty Va	42.66
14 La'Strap, Jeremiah	10	Deer Valley	43.04
15 King, Alex		Clayton Valley	43.15
16 Westemeier, Ethan	10	Acalanes	43.24
17 Kameny, Brandon	12	Heritage	43.65
18 LaChance, Ryan		Northgate	47.63
19 Trees, Alex		Northgate	47.87
20 Joseph, Curtis		Northgate	48.65
--- Jackman, Aidan		Clayton Valley	DNF

Event 15 Girls 200 Meter Dash

7 fastest times qualify to MOC

NCS TV: 24.10 R 2000 Aishia Margain

MOC At Large: 26.05 @

Name	Yr	School	Finals
1 Guillory, Briana	12	Deer Valley	24.50@ 10

2 Chenault, Christina	12	Carondelet	24.83@ 8
3 Scott, Mikayla	10	Carondelet	24.91@ 6
4 White, Pamela	11	Granada	25.33@ 4
5 Creson, Arden	10	Miramonte	25.90@ 2
6 Hilburn, Mariama	12	Deer Valley	26.00@ 1
7 Bouchard, Jessica	11	Dublin	26.16 -0.4
8 Alexander, Anaya	11	Las Lomas	26.21 1.3
9 Booth, Amber		Clayton Valley	26.32 1.3
10 Cole, Gianna	9	Livermore	26.35 -0.4
11 Denny, Kamilah	9	Freedom	26.50 0.3
12 Mbeledogu, Ifeaka	9	Las Lomas	26.58 0.3
13 Devine, Lauren	11	Carondelet	26.63 -0.4
14 Faglar, Jley	11	Deer Valley	26.86 -0.4
15 Hall, Alexis	11	Las Lomas	27.09 0.3
16 Cho, Catherine	9	Foothill	27.15 -0.4
17 Davis, Breana	10	Antioch	27.17 -0.4
18 Flenoid, Kiara	10	Pittsburg	27.23 0.3
19 Williams, Lauren	10	Campolindo	27.39 -0.4
20 Ruhter, Gabrielle		College Park	27.60 0.3
21 Villa, Sophia		Clayton Valley	27.61 0.3
22 Johnson, Jessica		Clayton Valley	27.66 0.3

Event 16 Boys 200 Meter Dash

7 fastest times qualify to MOC

NCS TV: 21.58 R 2001 Chris Costa

MOC At Large: 22.80 @

Name	Yr	School	Finals
1 Charles, JaMaun	12	Amador Valle	21.62@ 10
2 Dourneau, Jonathan	11	Foothill	22.26@ 8
3 Safi, Mousawer	12	Deer Valley	22.34@ 6
4 Turner, Isaiah	11	Pittsburg	22.46@ 4
5 La Shon, Michael	12	Pittsburg	22.53@ 2
6 Lombard, Corey	12	Deer Valley	22.55@ 1
7 Miller, Nathan	12	San Ramon Va	22.57@1.0
8 McCollough, Ledre	11	Amador Valle	22.57@1.0
9 Johnson, Kameron	12	Granada	22.72@1.0
10 Kiragu, Lincoln	12	Las Lomas	22.83 -1.8
11 Reynoso, Andres		Concord	22.84 1.0
12 Jones, Ryan	12	Dublin	22.89 0.5
13 Velasquez, Jordan		Clayton Valley	22.99 -1.8
14 Short, Elijah	10	DeLaSalle	23.02 0.5
15 Song, Ethan	9	Dougherty Va	23.11 1.0
16 White, Lionel	12	Deer Valley	23.13 0.1
17 Hughes, Jonathan	11	Campolindo	23.16 -1.8
18 Kiragu, Henry	10	Las Lomas	23.26 0.5
19 Brewer, Auchavian	12	Deer Valley	23.34 -1.8
20 Master, Peter		Northgate	23.40 0.5
21 Levers, Cain	12	DeLaSalle	23.41 -1.8
22 Rinehart, Noah		Northgate	23.45 0.1
23 Applin, Daniel	12	Acalanes	23.66 -1.8
24 Miner, Harris		College Park	23.76 0.1
25 Guzman, Jessie		Ygnacio Vall	23.81 0.5
--- Ceja, Daniel	12	Pittsburg	FS -1.8

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Event 17 Girls 3200 Meter Run

7 fastest times qualify to MOC

NCS TV: 10:29.43 R 1996 Kristen Gordon

MOC At Large: 11:12.12 @

Name	Yr	School	Finals
Finals			
1 Leach, Brighie	12	Campolindo	10:37.31@ 10
2 McCandless, Megan	11	Granada	10:38.64@ 8
3 Finnane, Toni	12	Campolindo	10:51.87@ 6
4 Starn, Brooke	11	Monte Vista	10:57.00@ 4
5 Orders, Mary	12	Campolindo	10:59.19@ 2
6 Guo, Helen	11	Dougherty Va	10:59.44@ 1
7 Corda, Meredith	10	Monte Vista	11:00.36@
8 Sun, Hana	11	Campolindo	11:03.61@
9 Bohannon, Kai	10	Liberty	11:06.96@
10 Lawsen, Taylor	11	Granada	11:09.36@
11 Ruane, Hannah	9	Campolindo	11:22.97
12 Nalluri, Smita	12	Amador Valle	11:31.83
13 MacPherson, Madison	9	Liberty	11:51.69
14 Cartwright, Kaitlin	9	Amador Valle	11:57.71
15 Olsen, Claire		Clayton Valley	11:58.61
16 Osterkamp, Kelly		Clayton Valley	12:05.70
17 Pontius, Kelsey	11	Freedom	12:28.53
18 Stanton, Sydney	9	Liberty	12:36.04
19 Hodgson, Natalie	9	Liberty	12:36.32
20 Dalke, Alyssa	9	Liberty	12:39.94
21 Reck, Anna		Northgate	12:54.57

Event 18 Boys 3200 Meter Run

7 fastest times qualify to MOC

NCS TV: 9:13.71 R 2014 Blair Hurlock

MOC At Large: 9:28.02 @

Name	Yr	School	Finals
Finals			
1 Johnson, Roc	12	DeLaSalle	9:38.54 10
2 Gaskell, Cameron	11	Acalanes	9:40.19 8
3 Sanchez, Austin	12	DeLaSalle	9:40.33 6
4 Surapaneni, Anirudh	10	Dublin	9:40.95 4
5 Yabu, Jared	10	Campolindo	9:41.02 2
6 Buckley, Kevin	12	Campolindo	9:41.64 1
7 Chrisman, Timothy	11	Monte Vista	9:43.72
8 Schlachte, Peter	12	Amador Valle	9:47.75
9 Maneloveg, Daniel	10	Monte Vista	9:54.26
10 Morris-mcdermott, Ryan	12	Miramonte	9:56.02
11 Robey, Tom	11	Las Lomas	9:59.69
12 Hodgson, Robert	11	Liberty	10:01.61
13 Bradley, Stefan	11	San Ramon Va	10:03.74
14 Portillo, Elliott	10	Liberty	10:06.79
15 Gonzalez, Carlos	11	Pittsburg	10:11.89
16 White, Dylan		Clayton Valley	10:12.73
17 Townsend, Chris	12	Heritage	10:13.23
18 Seabrook, Laurence		Northgate	10:15.86
19 Charvet, Jett	9	Heritage	10:23.22
20 Perez, JJ		Clayton Valley	10:36.85

21 Givens, Sam	Clayton Valley	11:08.47
22 Clement, Brandon	Clayton Valley	11:22.35

Event 19 Girls 4x400 Meter Relay

7 fastest times qualify to MOC

NCS TV: 3:51.31 R 2000 Berkeley

MOC At Large: 4:02.43 @

Team	Relay	Finals
Finals		
1 Carondelet		3:50.91R 10
1) Scott, Mikayla 10	2) Ruotolo, Julianna 11	
3) Avila, Mia 9	4) Avina, Avery 11	
2 Acalanes		3:57.99@ 8
1) Boggan, Imani 10	2) Klopstock, Annie 9	
3) Michon, Maya 11	4) Gragg, Muppy 9	
3 California		4:00.66@ 6
1) Villafuerte, Bella 11	2) Stallings, Sarah 10	
3) Carr, Tyler 12	4) Brewer, Alyssa 9	
4 Miramonte		4:00.68@ 4
1) Creson, Arden 10	2) Roden, Georgia 12	
3) Fishlow, Hannah 10	4) Olabode, Lola 10	
5 Deer Valley		4:01.05@ 2
1) Harper, Tia 12	2) Guillory, Briana 12	
3) Faglar, Jley 11	4) Hilburn, Mariama 12	
6 San Ramon Valley		4:01.53@ 1
1) Rodd, Kathryn 12	2) Eklem, Kaitlyn 12	
3) Gwynn, Carly 11	4) Wolford, Julia 9	
7 Monte Vista		4:02.06@
1) Vepa, Amrita 9	2) Cervantes, Kyndra 11	
3) Gebhart, Mattingly 12	4) Fuhriman, Heidi 11	
8 Amador Valley		4:02.69
1) Shih, Megan 10	2) Brown, Kirsty 10	
3) Lai, Samantha 10	4) Cotton, Olivia 12	
9 Foothill		4:03.71
1) McKeag, Abby 9	2) Nolan, Lilah 12	
3) Chu, Sharon 12	4) Barrett, Emily 12	
10 Dublin		4:06.29
1) Tran, Alicia 12	2) Bouchard, Jessica 11	
3) Chen, Nicole 11	4) Mcglaston, Mecca 11	
11 Campolindo		4:10.84
1) Hyatt, Julie 10	2) Cella, Sarah 11	
3) Arnswald, Juliet 10	4) Chiang, Kristy 12	
12 Clayton Valley		4:12.17
1) Villa, Sophia	2) Esco, Diwa	
3) Davis, Jade	4) Johnson, Jessica	
13 Dougherty Valley		4:16.34
1) Thompson, Michelle 12	2) O'Malley, Tarra 9	
3) Ravi, Priya 11	4) O'Malley, Katie 11	
14 Las Lomas		4:17.33
1) Mcbrayer, Mackenzie 11	2) Lau-shum, Sophia 11	
3) Ordukhani, Leila 10	4) Hansel, Chloe 11	
15 College Park		4:18.01
1) Llamas, Sophia	2) Busby, Jamie	
3) Moran, Jenna	4) Parks, Julia	

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Finals ... (Event 19 Girls 4x400 Meter Relay)

Team	Relay	Finals
16 Liberty		4:19.28
1) Hart, Demi 10	2) Spraggins, Kalli 10	
3) Wylie, Emily 11	4) Bohannon, Kai 10	
17 Freedom		4:23.42
1) Williams, Annesley 10	2) Eckel, Briel 10	
3) Burney, Raigan 10	4) Williams, Teilani 10	
18 Heritage		4:26.37
1) Hudson, Lynzie 11	2) Nevarez, Karinne 11	
3) Nubla, Annjellica 12	4) Vanderheid Nye, Madeline 10	
19 Pittsburg		4:27.65
1) Brown, Brittany 12	2) Caoile, Camille 11	
3) Barney, Hydeia 12	4) Patterson, Aleeyha 11	
20 Concord		4:28.06
1) Baker, Leia	2) Reynoso, Natalya	
3) Lacy, Nekiyah	4) Ayala, Lisette	

Event 20 Boys 4x400 Meter Relay

7 fastest times qualify to MOC

NCS TV: 3:17.44 R 2014

Amador Valley

J Chen, J Slaton, D Roberson, N Bayley

MOC At Large: 3:23.43 @

Team	Relay	Finals
Finals		
1 Deer Valley		3:20.50@ 10
1) Duncan, Miles 9	2) Lombard, Corey 12	
3) Brewer, Auchavian 12	4) Lowe, Anthony 10	
2 Amador Valley		3:22.10@ 8
1) Gushurst, Will 10	2) Bayley, Chris 12	
3) McCollough, Ledre 11	4) Charles, JaMaun 12	
3 DeLaSalle		3:22.80@ 6
1) Williams, Noah 10	2) Scott, Dylan 10	
3) Short, Elijah 10	4) Lewis, Joey 12	
4 Pittsburg		3:23.89 4
1) Ceja, Daniel 12	2) Austin, Diallo 12	
3) Bartolo, Joey 12	4) La Shon, Michael 12	
5 Miramonte		3:24.58 2
1) Gonzales, Christian 11	2) Fong, Elliot 12	
3) Braitberg, Jackson 11	4) O'Brien, Charles 12	
6 Campolindo		3:25.26 1
1) Lothamer, Parker 12	2) Hughes, Jonathan 11	
3) Moore, Niki 10	4) Movahedi, Mohammad 11	
7 California		3:25.75
1) Poynter, Bobby 9	2) Allison, Elliott 11	
3) Fleming, Travis 11	4) Johnson, Jzelun 11	
8 Heritage		3:26.23
1) Olender, Jack 12	2) Wynder, Shelton 12	
3) Hanible, Aaron 10	4) Winding, Adam 11	
9 Las Lomas		3:27.07
1) Bland, Nico 9	2) Kane, Jack 11	
3) Davis, Keeson 12	4) Kiragu, Lincoln 12	
10 Granada		3:27.66
1) Banales, Jonathan 11	2) Voigtsberger, Garrett 12	
3) Mahleole, Lefawo	4) Foster, Alec 11	

11 Dublin		3:29.04
1) Durst, Matthew 10	2) Jimenez, Jesus 12	
3) Barnett, Jonathan 11	4) Peay, Malik 12	
12 San Ramon Valley		3:32.07
1) Miller, Nathan 12	2) Lawrence, Reggie 9	
3) Funkhouser, Rob 9	4) Ward, Matt 11	
13 Dougherty Valley		3:32.80
1) Spencer, James 12	2) Tarasow, Samuel 11	
3) Vu, Vincent 12	4) Sze, William Jeff 11	
14 Foothill		3:32.83
1) Burke, Noah 9	2) Hall, Patrick 12	
3) McCabe, Ross 11	4) Knight, Liam 11	
15 College Park		3:33.05
1) Grinbergs, Spenser	2) Forster, Karl	
3) Menjivar, Brandon	4) Phair, David	
16 Liberty		3:33.40
1) Hodgson, Jack 9	2) Shultz, Steven 12	
3) Bennett, Benjamin 12	4) Church, Michael 11	
17 Freedom		3:33.75
1) Elliott, Tajh 11	2) DeManuel, Arren 11	
3) Salazar, Tyler 12	4) Rucker-Smith, Donte 12	
18 Clayton Valley		3:34.03
1) Balderamos, Jav	2) Fonseca, Geo	
3) Shiffman, Austin	4) King, Alex	
19 Ygnacio Valley		3:35.11
1) Leonard, Andrew	2) Garcia, Christopher (Cj)	
3) Guzman, Jesie	4) Villegas, Jonathan	
20 Northgate		3:37.69
1) Rinehart, Noah	2) Chan, Anthony	
3) Osborne, Jack	4) Wedington, Austin	

Event 21 Girls High Jump

Top seven qualify to NCS MOC

Opening height: 4-08, 2" increments to 5-02, then 1" increments

NCS TV: 5-08 R 2008

Adrienne Johnson

NCS TV: 5-08 R 2014

Kirsten Mork

MOC At Large: 5-02 @

Name	Yr	School	Finals
Finals			
1 Hebert, Lillianna	12	California	5-06.00@ 10
2 Wirth, Kelley	12	Campolindo	5-02.00@ 8
3 Kurtz, Jennifer	11	California	J5-02.00@ 6
4 Ruotolo, Julianna	11	Carondelet	J5-02.00@ 4
5 Mbeledogu, Nma	12	Las Lomas	5-00.00 1.5
5 Olabode, Lola	10	Miramonte	5-00.00 1.5
7 O'Malley, Katie	11	Dougherty Va	J5-00.00
8 Kasten, Lisa	11	Livermore	J5-00.00
9 Almassey, Kelsey	12	Freedom	4-10.00
9 Pearson, Rylie		Concord	4-10.00
9 Dolle, Danica	11	Heritage	4-10.00
9 Offill, Courtney	11	Granada	4-10.00
13 Haubert, Karissa	11	Dublin	4-08.00
13 Gash, Gillian	10	Liberty	4-08.00
13 Bamberger, Lola		Northgate	4-08.00
--- Andres, Alexia	11	Amador Valle	NH

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Finals ... (Event 21 Girls High Jump)

Name	Yr	School	Finals
--- Scheafer, Erika		Clayton Valley	NH
--- Wollett, Victoria	10	Liberty	NH
--- Bojorquez, Maria		Mt. Diablo	NH
--- Reynoso, Natalya		Concord	NH
--- Arnswald, Juliet	10	Campolindo	NH
--- Rover, Natalie	10	Heritage	NH
--- Mehta, Marina	12	Heritage	NH

Event 22 Girls Pole Vault

Top seven qualify to NCS MOC

Opening height 8-00, 6" increments to 10-00, then 3" increments

NCS TV: 12-05 R 5/19/2012 Cimran Virdi

MOC At Large: 10-05 @

Name	Yr	School	Finals
Finals			
1 Wang, Julia	10	Las Lomas	11-00.00@ 10
2 Hatter, Lauren	12	San Ramon Va	10-06.00@ 8
3 Freeman, Jessica	12	Liberty	10-03.00 6
4 Colwell, Molly	11	Miramonte	10-00.00 4
5 Kern, Katie	12	Carondelet	J10-00.00 2
6 Chung, Carlina	10	Las Lomas	J10-00.00 1
7 Gabriella, Kelly	10	Miramonte	9-06.00
8 Whittemore, Taylor	12	San Ramon Va	J9-06.00
9 Dong, Rebecca		Northgate	J9-06.00
10 Hollenbeck, Rylee	10	Liberty	J9-06.00
11 Yangorin, Elizabeth	12	Pittsburg	9-00.00
12 Chesnutt, Sonja		Northgate	J9-00.00
13 McNamara, Lauren	11	Foothill	J9-00.00
14 Wong, Rachel	10	Liberty	8-06.00
14 Protzen, Miranda	12	Campolindo	8-06.00
14 Stuart, Lauren	10	Granada	8-06.00
14 Jorgensen, Chloe	11	Liberty	8-06.00
18 Fuller, Jordan	11	Liberty	8-00.00
--- Brewster, Misha	12	Livermore	NH

Event 23 Girls Long Jump

Top seven qualify to NCS MOC

All get 3 attempts. Top 8 after 3 get 3 more attempts

NCS TV: 19-03 R 1996 Pia McAllister

MOC At Large: 17-03.25 @

Name	Yr	School	Finals
Finals			
1 Chenault, Christina	12	Carondelet	17-11.50@ 10
2 Creson, Arden	10	Miramonte	17-05.75@ 8
3 Lyons, Julia	11	Acalanes	17-01.50 6
4 Gragg, Muppy	9	Acalanes	16-03.75 4
5 Strand, Kelly	12	Monte Vista	16-03.00 2
6 Topielski, Emily	12	Foothill	16-02.75 1
7 Ezeife, Ifeoma	10	Antioch	16-01.50 NWI
8 Newell, Brianne		Clayton Valley	15-08.50 NWI
8 Coloma, Hanna	10	Carondelet	15-08.50 NWI
10 Griffin, Nicole	12	Liberty	15-07.25 NWI
11 Tran, Mikayla	10	Foothill	15-06.00 NWI

12 Puig, Daniela	9	Dougherty Va	15-05.25 NWI
13 Brown, Brittany	12	Pittsburg	15-05.00 NWI
14 O'Malley, Katie	11	Dougherty Va	15-00.00 NWI
15 Booze, Kemahni	10	Miramonte	14-10.00 NWI
15 Ramirez, Victoria	9	Liberty	14-10.00 NWI
17 Chilaka, Ugonnaya	11	Heritage	14-06.00 NWI
18 Garcia, Savannah	9	Liberty	14-04.00 NWI
19 Hahn, Michelle		Northgate	14-01.25 NWI
20 Fuller, Kennedy		Concord	13-10.75 NWI
21 Bamberger, Nina		Northgate	13-05.25 NWI
22 Bynoe-Berry, Asha		Northgate	13-01.00 NWI
23 Cole, Gianna	9	Livermore	13-00.00 NWI
24 Hunter, Carrie		College Park	12-09.25 NWI

Event 24 Girls Triple Jump

Top seven qualify to NCS MOC

All get 3 attempts. Top 8 after 3 get 3 more attempts

NCS TV: 38-03.75 R 2008 Ese Ntekume

MOC At Large: 36-00.50 @

Name	Yr	School	Finals
Finals			
1 Chenault, Christina	12	Carondelet	39-11.25R 10
2 Hebert, Lillianna	12	California	38-01.00@ 8
3 Sherve, McKenna	12	San Ramon Va	36-04.25@ 6
4 Newell, Brianne		Clayton Valley	34-09.75 4
5 Cavanaugh, Megan	11	Amador Valle	34-08.00 2
6 Coloma, Hanna	10	Carondelet	34-07.25 1
7 Bouri, Tatiana	12	Dublin	34-02.50 NWI
8 Chesnutt, Sonja		Northgate	33-09.50 NWI
9 Tran, Mikayla	10	Foothill	33-05.00 NWI
10 Chilaka, Ugonnaya	11	Heritage	32-11.00 NWI
11 Margerum, Windy	10	Acalanes	32-09.00 NWI
12 Haubert, Karissa	11	Dublin	32-04.50 NWI
13 Griffin, Nicole	12	Liberty	32-01.00 NWI
13 Lorenzana, Brittny	11	Dublin	32-01.00 NWI
15 Marrone, Veronica	10	Acalanes	31-10.00 NWI
16 Gragg, Raea	11	Acalanes	31-06.50 NWI
17 Pearson, Rylie		Concord	31-04.50 NWI
18 Fuller, Kennedy		Concord	31-03.50 NWI
19 Garcia, Savannah	9	Liberty	30-10.00 NWI
20 Ramirez, Victoria	9	Liberty	30-03.00 NWI
21 Almassey, Kelsey	12	Freedom	30-02.75 NWI
22 Frantz, April		Concord	30-00.75 NWI
23 Elliot-Williams, Yvonna	11	Heritage	29-03.75 NWI
24 Reynoso, Natalya		Concord	27-11.00 NWI

Event 25 Girls Shot Put

Top seven qualify to NCS MOC

All get 3 attempts. Top 8 after 3 get 3 more attempts

NCS TV: 44-11.50 R 2000 Amada Garcia

MOC At Large: 36-04.50 @

Name	Yr	School	Finals
Finals			
1 Jones, Jelaia	12	Pittsburg	44-02.50@ 10
2 Williams, Brandy	12	Deer Valley	38-11.00@ 8

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Finals ... (Event 25 Girls Shot Put)

Name	Yr	School	Finals
3 Bryant, Jordyn	9	Miramonte	37-11.00@ 6
4 Kimber, Helen	12	California	37-10.00@ 4
5 Vernoy, Megan	12	Heritage	37-07.00@ 2
6 Palma, Tori	11	Amador Valle	36-01.00 1
7 Opene, Stephanie	12	Carondelet	35-11.00
8 Kuka, Seuvahnia	11	Pittsburg	34-08.00
9 Holland, Alexandra	11	Liberty	34-01.00
10 Gibson, Emily	12	Granada	33-07.00
11 Grisson, Pamela	10	Dougherty Va	32-11.00
12 Alofaki, Liz		Mt. Diablo	32-10.00
13 Masukawa, Renee	11	Monte Vista	31-10.00
14 Cunningham, Lauren	12	Dublin	31-03.00
15 White, Pamela	11	Granada	29-11.00
16 Chappell, Megan		Northgate	29-09.00
17 Pichardo, Juliana		Concord	28-10.00
18 Clugston, Abigail		College Park	28-01.00
19 Silva, Callie		College Park	27-07.00
20 Volga, Michelle	11	Acalanes	27-04.00
21 Lopez-Tapia, Victoria		Concord	27-02.00
21 Olson, Veronika	11	Alhambra	27-02.00
23 Aguirre, Angeli	11	Dublin	27-01.00

Event 26 Girls Discus Throw**Top seven qualify to NCS MOC****All get 3 attempts. Top 8 after 3 get 3 more attempts**

NCS TV: 141-03 R 2003 Alexarae Tocaina

MOC At Large: 112-03 @

Name	Yr	School	Finals
1 Bryant, Jordyn	9	Miramonte	118-11@ 10
2 Smith, Leelin	12	Deer Valley	107-11 8
3 Kimber, Helen	12	California	106-06 6
4 Garza, Miriana	11	Livermore	105-07 4
5 Vernoy, Megan	12	Heritage	105-05 2
6 Palma, Tori	11	Amador Valle	105-00 1
7 Daum, Maddy	12	Campolindo	102-01
8 Lambertson, Lauren	12	Monte Vista	99-06
9 Cunningham, Lauren	12	Dublin	98-07
10 Kuka, Seuvahnia	11	Pittsburg	98-06
11 Jones, Jelaia	12	Pittsburg	97-08
12 Holland, Alexandra	11	Liberty	93-00
13 Fouts, Keirsten		Clayton Valley	92-05
13 Houston, Glynnis	11	Carondelet	92-05
15 Woo, Taylor	12	Dougherty Va	85-10
16 Regan, Jackie	12	Carondelet	84-01
17 Volga, Michelle	11	Acalanes	79-01
18 Chappell, Megan		Northgate	78-09
19 Lopez-Tapia, Victoria		Concord	78-07
20 Alofaki, Liz		Mt. Diablo	77-11
21 Xie, Christy	10	Acalanes	73-03
22 Romero, Desirae		Concord	68-05

Event 27 Boys High Jump**Top seven qualify to NCS MOC****Opening height 5-08, 2" increments to 6-02, then 1" increments**

NCS TV: 6-10 R 5/19/2012 Noel Frazier

MOC At Large: 6-03 @

Name	Yr	School	Finals
1 Frazier, Joshua	11	California	6-06.00@ 10
2 Barnett, Brian	12	Granada	6-05.00@ 8
3 Cormier, Jovian	12	Heritage	6-03.00@ 6
4 Thexton, Jaron	12	Foothill	6-02.00 4
5 Norried, Jackson	10	Alhambra	6-00.00 2
6 Burnes, Daniel	12	Heritage	J6-00.00 1
7 Gehret, Bradley	10	Monte Vista	J6-00.00
8 Makrakis, Nick		Northgate	5-10.00
8 Pfaff, Justin	11	Campolindo	5-10.00
8 Michiels, Peter		Northgate	5-10.00
11 Cretan, James	10	Alhambra	5-08.00
11 Mace, Parker	12	Heritage	5-08.00
11 Rajan, Vikram	9	Dublin	5-08.00
11 Bone, Christian		Clayton Valley	5-08.00
11 Landolf, Parker	10	San Ramon Va	5-08.00
11 Barney, Nathan	11	Dougherty Va	5-08.00
--- Pierce, Trey	9	Pittsburg	NH
--- Grisby, Andre	12	Pittsburg	NH
--- Garcia, Nicholas	11	Liberty	NH
--- Martin, Danick	11	Monte Vista	NH
--- Henson, Kevin	11	Miramonte	NH
--- Alves, Dylan		Northgate	NH

Event 28 Boys Pole Vault**Top seven qualify to NCS MOC****Opening height 10-00, 6" increments to 13-00, then 3" increment**

NCS TV: 17-00 R 2008 Justin Miller

MOC At Large: 13-03 @

Name	Yr	School	Finals
1 Smith, Louis	12	San Ramon Va	14-00.00@ 10
2 Pisenti, Justin	12	San Ramon Va	13-03.00@ 8
3 Bagatelos, John	12	Granada	J13-03.00@ 6
4 Drake, Timothy	12	Liberty	13-00.00 4
5 Hurley, Noah		College Park	J13-00.00 2
6 Malott, Joe		Northgate	12-06.00 1
7 Rein, Steven	10	Miramonte	J12-06.00
8 Martin, Max	11	San Ramon Va	12-00.00
8 Johnson, Andrew	12	DeLaSalle	12-00.00
8 Alegria, Josh		Northgate	12-00.00
11 Movahedi, Mohammad	11	Campolindo	J12-00.00
11 Immesoete, Matt	10	Miramonte	J12-00.00
13 Mitchelle, Mason		Northgate	J12-00.00
14 Twomey, Conner	11	Dougherty Va	J12-00.00
15 Whiting, Sam	11	Miramonte	J12-00.00
16 Rossen, Collin	11	Las Lomas	11-06.00
17 Silver, Nathaniel	10	Liberty	11-00.00

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Finals ... (Event 28 Boys Pole Vault)

Name	Yr	School	Finals
17 Mace, Parker	12	Heritage	11-00.00
19 Sunseri, Anthony	11	Liberty	10-06.00
19 LaChance, Ryan		Northgate	10-06.00
--- Herrera, Ferando		Concord	NH
--- Jensen, Matthew	11	Monte Vista	NH
--- Chatman, Michael	12	Pittsburg	NH
--- Toledo, Andrew	11	Pittsburg	NH

Event 29 Boys Long Jump

Top seven qualify to NCS MOC

All get 3 attempts. Top 8 after 3 get 3 more attempts

NCS TV: 23-05.25 R 5/19/2012 Damariay Drew

MOC At Large: 21-10.50 @

Name	Yr	School	Finals
1 Haines, Telvin	11	Deer Valley	21-09.25 10
2 Jagers, Nathan		Clayton Valley	21-03.50 8
3 Barnett, Brian	12	Granada	21-02.00 6
4 Makrakis, Nick		Northgate	21-01.00 4
5 Ernest, Simeon	12	Heritage	20-10.75 1.5
5 Thexton, Jaron	12	Foothill	20-10.75 1.5
7 Dolo, Adrian	10	Deer Valley	20-09.25 NWI
8 Khannan, Dhroovaa	11	Dougherty Va	20-09.00 NWI
9 Ali, Amir	12	Dublin	20-03.75 NWI
10 Johnson, Kameron	12	Granada	20-02.75 NWI
11 Kwong, Harrison	12	Dougherty Va	19-11.00 NWI
12 Alves, Dylan		Northgate	19-05.25 NWI
13 Lin, Kevin	12	Foothill	19-05.00 NWI
14 McDonald, Garrett	12	Granada	19-03.50 NWI
15 Pierce, Trey	9	Pittsburg	19-03.25 NWI
16 Newell, DJ		Clayton Valley	19-02.75 NWI
17 Byun, Ryan	12	Dougherty Va	19-00.25 NWI
18 Bohl, Michael	12	Granada	18-11.50 NWI
19 Bergen, Eli		Concord	18-10.50 NWI
20 Henson, Kevin	11	Miramonte	18-06.50 NWI
21 Leonard, Andrew		Ygnacio Vall	18-05.75 NWI
22 Pacheco, Ramiro	12	Antioch	17-05.50 NWI

Event 30 Boys Triple Jump

Top seven qualify to NCS MOC

All get 3 attempts. Top 8 after 3 get 3 more attempts

NCS TV: 49-00 R 2009 Hammed Suleman

MOC At Large: 44-04.50 @

Name	Yr	School	Finals
1 Makrakis, Nick		Northgate	43-04.50 10
2 McDonald, Garrett	12	Granada	43-02.50 8
3 Alves, Dylan		Northgate	43-01.50 6
4 Shaw, Johnathan	10	Dublin	43-00.75 4
5 Kwong, Harrison	12	Dougherty Va	42-11.50 2
6 Pierce, Trey	9	Pittsburg	42-09.50 1
7 Byun, Ryan	12	Dougherty Va	41-03.75 NWI
8 Armenio, William	11	California	40-10.50 NWI

9 Dolo, Adrian	10	Deer Valley	40-09.75 NWI
10 Westemeier, Ethan	10	Acalanes	40-08.25 NWI
11 Shultz, Steven	12	Liberty	40-07.25 NWI
12 Thexton, Jaron	12	Foothill	40-01.50 NWI
13 Jagers, Nathan		Clayton Valley	39-11.50 NWI
14 Bunting, Alan	9	Foothill	39-10.25 NWI
15 Haines, Telvin	11	Deer Valley	39-09.50 NWI
16 Lin, Kevin	12	Foothill	38-07.50 NWI
17 Garcia, Nicholas	11	Liberty	37-08.75 NWI
18 Houston, Steven	10	Dublin	37-02.25 NWI
19 Bone, Christian		Clayton Valley	37-01.50 NWI
20 Michiels, Peter		Northgate	36-02.50 NWI
21 Bergen, Eli		Concord	35-11.50 NWI
22 Shannon, Jonathan	11	Liberty	35-09.25 NWI

Event 31 Boys Shot Put

Top seven qualify to NCS MOC

All get 3 attempts. Top 8 after 3 get 3 more attempts

NCS TV: 62-11 R 2008 Chris Krychev

MOC At Large: 47-10.25 @

Name	Yr	School	Finals
1 Esparza, Nathan	11	Amador Valle	58-04.00@ 10
2 Norfleet, Keyshawn	12	California	53-00.50@ 8
3 DeFlores, Griffin	12	Heritage	51-05.00@ 6
4 Grajeda, Oliver	11	Granada	50-03.25@ 4
5 McKenzie, Kahlil		Clayton Valley	49-03.00@ 2
6 Simonds, James	11	Amador Valle	49-02.75@ 1
7 Goldman, Barry	12	Granada	48-09.25@
8 Townsend, Justin	12	Heritage	48-07.00@
9 Campagna, Ben	10	San Ramon Va	47-01.00
10 Brydon, John	11	Acalanes	46-10.00
11 Tracy, Jared	9	Dublin	46-05.50
12 Gilbert, Corey	12	Pittsburg	46-00.00
13 Chatman, Michael	12	Pittsburg	45-09.75
14 Joyner, Iffy	10	Pittsburg	43-07.00
15 Butler, Jacob	12	Miramonte	42-09.50
16 Rader, Anthony	12	Acalanes	41-10.50
17 McKenzie, Jalen		Clayton Valley	41-07.75
18 Asberry, Isaiah		Northgate	41-03.75
19 Williams, Jeffery		Clayton Valley	41-02.00
20 King, Jake		Clayton Valley	37-07.75

Event 32 Boys Discus Throw

Top seven qualify to NCS MOC

All get 3 attempts. Top 8 after 3 get 3 more attempts

NCS TV: 186-00 R 2010 Zach Coniglio

MOC At Large: 146-11 @

Name	Yr	School	Finals
1 Esparza, Nathan	11	Amador Valle	170-01@ 10
2 Joyner, Iffy	10	Pittsburg	153-05@ 8
3 Shurtz, Jack	12	Campolindo	153-00@ 6
4 Tracy, Jared	9	Dublin	147-03@ 4
5 Gilbert, Corey	12	Pittsburg	145-10 2

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Finals ... (Event 32 Boys Discus Throw)

Name	Yr	School	Finals
6 Dalton, Dylan	12	Monte Vista	143-07 1
7 Brunell, John	11	Livermore	139-03
8 DeFlores, Griffin	12	Heritage	136-10
9 Grisby, Namontte	11	Pittsburg	132-04
10 Campagna, Ben	10	San Ramon Va	130-10
11 Williams, Jeffery		Clayton Valley	128-02
12 Brydon, John	11	Acalanes	127-09
13 Chatman, Michael	12	Pittsburg	127-00
14 Duggan, Andrew	11	Amador Valle	126-02
15 McKenzie, Kahlil		Clayton Valley	122-02
16 King, Jake		Clayton Valley	121-11
17 Rader, Anthony	12	Acalanes	120-00
18 Hancock, Ryan	12	Monte Vista	118-08
19 McKenzie, Jalen		Clayton Valley	114-02
20 Rivera, Jose		Concord	112-03
21 Fouts, Jack		Clayton Valley	109-03
22 Christiansen, Joey	10	Acalanes	105-09
23 Zaragoza, Deandre	12	Las Lomas	104-06
24 Hamblin, Dallas	11	Freedom	97-00

13) Dublin	16
14) Clayton Valley Charter	14
15) College Park	12
16) Liberty	8
16) Acalanes	8
18) Miramonte	7
19) Dougherty Valley	4
19) Las Lomas	4

Women - Team Rankings - 16 Events Scored

1) Carondelet	85
2) Deer Valley	54
3) California	50
4) Campolindo	47
5) Miramonte	37.5
6) Monte Vista	32
6) Acalanes	32
8) Granada	28
9) Las Lomas	23.5
10) Dougherty Valley	17
10) San Ramon Valley	17
12) Liberty	16
13) Amador Valley	15
14) Dublin	12
15) Pittsburg	10
16) Livermore	8
17) Clayton Valley Charter	4
17) Heritage	4
19) Foothill	3
20) Alhambra	1

Men - Team Rankings - 16 Events Scored

1) DeLaSalle	74
2) Amador Valley	65
3) Deer Valley	45
4) Heritage	38.5
5) Granada	32
6) Pittsburg	31
7) Northgate	29
8) San Ramon Valley	28
9) Campolindo	21
10) Foothill	20.5
11) Alhambra	20
12) California	18

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21) Monte Vista

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