

EBAL T&F Championships 2015 - 5/13/2015 to 5/16/2015**Hosted by DeLaSalle/Carondelet High Schools****Amador Valley High School****Results - Frosh Soph Trials****Event 35 Girls 1600 Meter Run Frosh/Soph****12 Advance: Top 4 Each Heat plus Next 4 Best Times**

Name	Year	School	Prelims	H#
Preliminaries				
1 Kerfs, Michelle	10	Carondelet	5:39.55Q	2
2 Swisher, Mary	10	California	5:41.27Q	1
3 Dowling, Morgan	10	Monte Vista	5:39.94Q	2
4 Shafi, Leila	9	Amador Valley	5:43.88Q	1
5 Neumann, Kayla	9	California	5:40.15Q	2
6 Baxter, Sarah	9	Amador Valley	5:47.80Q	1
7 Sawchuk, Karalyn	9	Monte Vista	5:41.42Q	2
8 Schumann, Clare	9	Carondelet	5:52.38Q	1
9 Jiang, Raina	10	Livermore	5:42.11q	2
10 Loo, Jasmine	9	Foothill	5:45.84q	2
11 Green, Sasha	9	Amador Valley	5:50.37q	2
12 Pascualy, Catalina	10	Amador Valley	5:51.11q	2
13 Moldenhauer, Paige	10	Monte Vista	5:54.90	2
14 Trilevsky, Kaitlyn	9	Carondelet	5:58.42	2
15 Krekling, Greta	10	Livermore	5:58.77	2
16 Bame, Olivia	9	Monte Vista	5:59.66	1
17 Fletcher, Juliette	9	Amador Valley	6:00.65	1
18 Kasenchak, Annie	10	California	6:00.97	1
19 Davis, Danielle	9	San Ramon Valley	6:01.67	1
20 Chu, Tiffany	10	San Ramon Valley	6:01.80	1
21 Scheibley, Heather	10	Carondelet	6:03.76	1
22 Anderson, Danielle	10	California	6:06.71	2
23 Girardelli, Lindy	9	Granada	6:13.41	1
24 Wu, Emily	10	California	6:15.06	1
25 Jacobson, Ella	9	Foothill	6:18.11	2
26 Schloming, Kathryn	10	Livermore	6:23.27	2

Event 36 Boys 1600 Meter Run Frosh/Soph**12 Advance: Top 4 Each Heat plus Next 4 Best Times**

Name	Year	School	Prelims	H#
1 Maklaf, Omar	10	Livermore	4:41.03Q	2
2 Lonestar, Evan	10	DeLaSalle	4:45.69Q	1
3 Helmers, Drew	10	Amador Valley	4:43.65Q	2
4 Bennett, John	9	Granada	4:47.20Q	1
5 Gallagher, Tom	10	Amador Valley	4:43.83Q	2
6 Moyers, Jarod	10	Amador Valley	4:48.10Q	1
7 Johnson, Matthew	9	Monte Vista	4:43.94Q	2
8 Vomund, Nicolas	10	Monte Vista	4:48.78Q	1
9 Giusto, Luke	9	DeLaSalle	4:43.96q	2
10 Dykzeul, Josh	10	San Ramon Valley	4:46.19q	2
11 Hattori, Alex	10	Granada	4:48.37q	2
12 Starck, Trevor	10	California	4:48.78q	2
13 Smiley, Benjamin	10	Monte Vista	4:49.51	1
14 Jeppson, Samuel	10	Granada	4:50.41	1
15 Laurence, Alex	10	Amador Valley	4:50.92	1
16 Khleif, Omar	9	DeLaSalle	4:51.59	1
17 Ellis, Taylor	10	DeLaSalle	4:52.01	1
18 Lau, Brendan	10	Monte Vista	4:52.19	2

EBAL T&F Championships 2015 - 5/13/2015 to 5/16/2015**Hosted by DeLaSalle/Carondelet High Schools****Amador Valley High School****Results - Frosh Soph Trials****....Event 36 Boys 1600 Meter Run Frosh/Soph**

19 Williams, Tyler	10	California	4:53.26	1
20 Jones, Jalen	10	DeLaSalle	4:53.71	2
21 Carbonell, Jack	10	San Ramon Valley	4:54.20	1
22 Kilday, Christopher	9	Granada	4:54.41	1
23 Shields, Parker	10	California	4:54.54	2
24 Aufderheide, Gregory	9	Livermore	4:55.28	1
25 Severson, Levi	10	San Ramon Valley	4:55.41	1
26 Valenton, Miguel	9	Livermore	4:56.58	2
27 Priest, Cameron	10	Granada	4:57.40	2
28 Newton, Tristen	10	California	4:57.54	2
29 Swanger, Nick	10	Livermore	4:58.71	2
30 Clawson, Jack	9	San Ramon Valley	4:59.24	1
31 Wang, David	10	Granada	5:00.66	2
32 Stepanek, Matthew	9	Granada	5:01.89	1
33 Salmon, Michael	9	DeLaSalle	5:01.96	1
34 Cerda, Evan	10	San Ramon Valley	5:03.22	2
35 Sanchez, Stephan	9	DeLaSalle	5:03.34	1
36 Flanagan, Declan	10	DeLaSalle	5:03.46	1
37 Sharma, Varun	9	Foothill	5:03.56	1
38 Reyes, Cameron	9	California	5:04.20	1
39 carillo, Uriel	10	Livermore	5:04.44	1
40 Sawchuk, Carson	9	Monte Vista	5:04.52	2
41 Dupuis, Ben	10	Granada	5:08.17	2
42 Mallajosyula, Mudith	10	San Ramon Valley	5:13.34	2
43 Srivastav, Yash	10	Foothill	5:16.57	2

Event 37 Girls 100 Meter Hurdles Frosh/Soph**8 Advance: Top 1 Each Heat plus Next 6 Best Times**

Name	Year	School	Prelims	Wind	H#
1 Jimena, Alana	10	Granada	19.38Q	-2.3	1
2 Moran, Monica	9	Foothill	19.71Q	-1.9	2
3 McAlinden, Megan	10	Granada	19.41q	-2.3	1
4 Rivera, Kayla	9	San Ramon Valley	20.12q	-1.9	2
5 Terrell, Kailyn	9	San Ramon Valley	20.43q	-1.9	2
6 Lewis, Skyler	10	Livermore	20.85q	-2.3	1
7 O'Brien, Madison	10	Granada	20.99q	-1.9	2
8 Ellis, Gillian	10	Livermore	21.04q	-2.3	1
9 Vonderach, Morgan	10	Granada	21.54	-1.9	2
10 Humphreys, Olivia	10	Granada	21.98	-2.3	1
11 Fields, Peyton	9	Granada	22.41	-2.3	1
12 Klinder, Avani	9	Foothill	22.42	-2.3	1

Event 38 Boys 110 Meter Hurdles Frosh/Soph**8 Advance: Top 1 Each Heat plus Next 6 Best Times**

Name	Year	School	Prelims	Wind	H#
1 McElroy, Mekhi	9	Livermore	17.41Q	1.3	2
2 Hennings, Cameron	10	Amador Valley	18.11Q	1.6	1
3 Hergert, Anthony	9	Livermore	18.90q	1.3	2
4 Lantzy, Andrew	10	Monte Vista	19.45q	1.3	2
5 Kolon, Dylan	9	Foothill	19.65q	1.6	1

EBAL T&F Championships 2015 - 5/13/2015 to 5/16/2015**Hosted by DeLaSalle/Carondelet High Schools****Amador Valley High School****Results - Frosh Soph Trials****....Event 38 Boys 110 Meter Hurdles Frosh/Soph**

6 Ng, Christian	10 California	19.80q	1.6	1
7 Cunanan, CJ	9 California	20.09q	1.3	2
8 Gomez, Haddath	9 Foothill	20.74q	1.3	2
9 Dhamrait, Arjun	10 California	20.76	1.6	1

Event 39 Girls 400 Meter Dash Frosh/Soph**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Name	Year School	Prelims	H#
1 Vlacos, Tessa	10 Foothill	62.01Q	2
2 Rocca, Anney	10 Amador Valley	62.92Q	1
3 Langsam, Summer	10 Amador Valley	64.23Q	3
4 Crevelt, Kaila	9 Granada	62.33q	2
5 Zyla, Jaya	10 San Ramon Valley	62.91q	2
6 Cordisco, Audrey	9 Livermore	64.72q	2
7 Curtin, Audra	9 San Ramon Valley	64.81q	3
8 Joyce, Caitlin	9 Amador Valley	65.10q	2
9 Hansen, Emilee	10 Foothill	65.61	1
10 Rogers-Lemke, Sydney	9 California	65.79	1
11 Flores, Madelyn	9 California	66.40	3
12 McCabe, Alexandra	9 Monte Vista	66.51	3
13 Castillo, Arielle	9 Livermore	66.53	1
14 Nagle, Katherine	10 Monte Vista	67.67	2
15 Rodriguez, Angela	9 Carondelet	67.81	1
16 Hinds, Katelyn	9 Granada	68.48	1
17 Berestka, Alessandra	10 Monte Vista	68.83	3
18 Gatzke, Katelyn	10 Amador Valley	68.87	2
19 Le, Anne	9 Livermore	69.56	1
20 Pereira, Juliana	9 Amador Valley	71.37	2
21 Hernandez, Lauren	10 Foothill	71.56	3
-- Kumar, Shivani	10 San Ramon Valley	X69.79	5
-- Homen, Lexie	9 Granada	X69.93	4
-- Haskins, Kailee	9 Granada	X70.49	4
-- Burns, Michela	10 San Ramon Valley	X70.97	4
-- Flores, Mikayla	9 Monte Vista	X71.62	5
-- Himmati, Sukaina	9 Amador Valley	X72.25	5
-- Pierce, Cassie	9 Granada	X72.30	4
-- Kyles, Taylor	10 Granada	X73.05	5
-- Blockley, Shannon	10 Granada	X73.58	5
-- Palani, Selvi	9 Amador Valley	X74.50	5

Event 40 Boys 400 Meter Dash Frosh/Soph**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Name	Year School	Prelims	H#
1 Gushurst, Will	10 Amador Valley	52.20Q	3
2 Sheppard, Elijah	9 Monte Vista	52.71Q	2
3 White, Trey	10 DeLaSalle	53.14Q	1
4 Matey, Max	10 California	52.55q	3
5 Telles, Austin	9 Amador Valley	53.72q	3
6 Mahleole, Lefawo	9 Granada	53.83q	1
7 Mosquera, Joseph	9 California	54.14q	2

EBAL T&F Championships 2015 - 5/13/2015 to 5/16/2015**Hosted by DeLaSalle/Carondelet High Schools****Amador Valley High School****Results - Frosh Soph Trials****....Event 40 Boys 400 Meter Dash Frosh/Soph**

8	Schaumburg, Connor	10	Monte Vista	54.61q	1
9	Roney, Jason	10	Foothill	54.75	2
10	Osaki, Trent	9	Amador Valley	54.95	1
11	Hanley, Ethan	9	Amador Valley	55.37	2
12	Agdeppa, Roen	10	California	55.55	1
13	Burke, Noah	9	Foothill	55.61	3
14	Dees, Micah	9	DeLaSalle	55.80	3
15	Sadhanala, Krishna	10	California	55.86	3
16	Friedler, Matthew	9	Monte Vista	56.13	2
17	Yoshida, Eric	10	Foothill	56.67	3
18	Blevins, Alexander	10	Foothill	57.41	2
19	Gebhart, Andrew	9	Monte Vista	57.59	1
20	Brewer, Andy	9	California	57.62	1
21	Laine, Connor	10	Amador Valley	57.68	1
22	Kukadia, Aayush	9	Foothill	58.85	3

Event 41 Girls 100 Meter Dash Frosh/Soph**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Name	Year	School	Prelims	Wind	H#
1	Giammanco, Alyssa	10	Foothill	13.01Q	3.1 1
2	Longman, Sierra	10	Foothill	13.33Q	1.8 2
3	Avila, Mia	9	Carondelet	13.43Q	1.7 3
4	Lyon, Andrea	10	San Ramon Valley	13.34q	3.1 1
5	Clark, Kyra	9	Livermore	13.65q	1.8 2
6	Fomin, Michelle	10	California	13.69q	3.1 1
7	Stahl, Jess	10	Livermore	13.72q	3.1 1
8	Monti, Francesca	9	Carondelet	13.77q	1.7 3
9	Foster, Fiona	10	Monte Vista	13.80	1.8 2
10	Williams, Sneha	10	California	13.89	1.8 2
11	Bender, Katherine	9	Monte Vista	13.92	3.1 1
12	Wrysch, Kayla	10	California	13.95	1.8 2
13	Fernandez, Marina	10	California	13.99	3.1 1
14	Crowley, Ciara	10	Monte Vista	14.11	1.7 3
15	Mace, Rachel	10	Monte Vista	14.14	1.8 2
16	Berestka, Alessandra	10	Monte Vista	14.24	1.8 2
17	Daly, Sofia	10	Carondelet	14.33	1.7 3 14.326
18	Bernardi, Makenna	9	Amador Valley	14.33	3.1 1 14.327
19	Fernandez, Jayla	9	Carondelet	14.33	1.8 2 14.330
20	Hong, Jayde	9	Monte Vista	14.48	1.7 3
21	Gray, Jamison	9	Amador Valley	14.91	3.1 1
22	Modesti, Arianna	9	Carondelet	14.94	1.7 3
--	Wallace, Lauren	9	San Ramon Valley	X13.86	0.9 4
--	Satoor, Isha	9	Monte Vista	X14.55	0.9 4
--	Tapia, Julie	10	Carondelet	X14.84	0.9 4

Event 42 Boys 100 Meter Dash Frosh/Soph**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Name	Year	School	Prelims	Wind	H#
1	Menon, Rohit	9	Amador Valley	11.44Q	0.8 3
2	Evans, Dru	9	California	11.50Q	2.5 2

EBAL T&F Championships 2015 - 5/13/2015 to 5/16/2015

Hosted by DeLaSalle/Carondelet High Schools

Amador Valley High School

Results - Frosh Soph Trials

....Event 42 Boys 100 Meter Dash Frosh/Soph

3	Kowalski, Robert	9	Amador Valley	11.76Q	1.3	1	
4	Stangrover, Kyle	9	San Ramon Valley	11.73q	2.5	2	
5	Rios, Jacob	9	Amador Valley	11.77q	1.3	1	
6	Ordaz, Micheal	10	Monte Vista	11.82q	0.8	3	
7	Querubin, Bryce	9	DeLaSalle	11.86q	2.5	2	
8	Robinson, Jaylen	9	Foothill	11.91q	2.5	2	
9	Randal, Isaiah	10	DeLaSalle	12.01	2.5	2	
10	Estillore, Lance	10	Monte Vista	12.03	0.8	3	
11	Kolon, Dylan	9	Foothill	12.07	2.5	2	12.061
12	Guaragna, Joseph	9	DeLaSalle	12.07	0.8	3	12.070
13	Odonnell, Sean	10	DeLaSalle	12.10	0.8	3	
14	Kwong, Ryan	9	California	12.13	0.8	3	
15	Leon, Thomas	10	Granada	12.14	1.3	1	
16	Kracke, Trevor	9	Amador Valley	12.17	1.3	1	
17	Adesokan, Dayo	10	Foothill	12.19	0.8	3	
18	Hawkins, DeAndre	9	Livermore	12.24	1.3	1	
19	Mulrooney, Tristan	9	Granada	12.33	0.8	3	
20	Fuller, Jack	10	Monte Vista	12.38	1.3	1	
21	Abenoja, Cruz	9	DeLaSalle	12.74	1.3	1	
22	Hemmig, Chad	9	Granada	12.83	2.5	2	
--	Chu, Dwen	10	Amador Valley	X12.45	0.4	5	
--	Bumanlag, Nathan	9	California	X12.51	0.4	5	12.501
--	Brice, Ethan	10	Granada	X12.51	0.4	5	12.509
--	Tang, Roy	9	Amador Valley	X12.51	0.4	5	12.509
--	Perry, Jack	9	Livermore	X12.52	-2.4	4	
--	Van Bladel, Jason	9	Granada	X12.55	-2.4	4	
--	Haddad, Jacob	10	DeLaSalle	X12.58	0.4	5	
--	Bura, Stefan	9	San Ramon Valley	X12.59	-2.4	4	
--	Monsterial, Jake	10	DeLaSalle	X12.73	-2.4	4	
--	Koyyada, Anurag	9	Amador Valley	X12.80	-2.4	4	
--	Malone, Mark	9	DeLaSalle	X13.18	0.4	5	
--	Harvey, Jordan	9	DeLaSalle	X14.09	0.4	5	

Event 43 Girls 800 Meter Run Frosh/Soph

12 Advance: Top 3 Each Heat plus Next 3 Best Times

Name	Year	School	Prelims	H#
1 Neumann, Kayla	9	California	2:32.28Q	3
2 Kiser, Catherine	10	Monte Vista	2:34.22Q	2
3 Swisher, Mary	10	California	2:34.96Q	1
4 McFarland, Laura	10	Carondelet	2:32.51Q	3
5 Giglio, Serena	10	Carondelet	2:35.40Q	2
6 Sawchuk, Karalyn	9	Monte Vista	2:35.85Q	1
7 Buck, Mandy	10	Amador Valley	2:32.65Q	3
8 Moldenhauer, Paige	10	Monte Vista	2:35.81Q	2
9 Loo, Jasmine	9	Foothill	2:37.93Q	1
10 Dowling, Morgan	10	Monte Vista	2:34.41q	3
11 Canon, Rachel	10	Carondelet	2:34.47q	3
12 Jiang, Raina	10	Livermore	2:37.99q	2
13 Krekling, Greta	10	Livermore	2:41.30	1
14 Davis, Danielle	9	San Ramon Valley	2:41.34	3
15 Chu, Tiffany	10	San Ramon Valley	2:41.61	2
16 McCarthy, Emma	10	Carondelet	2:42.17	2

EBAL T&F Championships 2015 - 5/13/2015 to 5/16/2015**Hosted by DeLaSalle/Carondelet High Schools****Amador Valley High School****Results - Frosh Soph Trials****....Event 43 Girls 800 Meter Run Frosh/Soph**

17 Anderson, Danielle	10	California	2:45.46	2
18 Trilevsky, Kaitlyn	9	Carondelet	2:45.54	1
19 Sigua, Caitlyn	10	Amador Valley	2:45.60	1
20 Hernandez, Lauren	10	Foothill	2:47.69	1
21 Girardelli, Lindy	9	Granada	2:48.22	2
22 Hansen, Emilee	10	Foothill	2:48.76	3
23 Arbuckle, Riley	10	San Ramon Valley	2:49.49	1
24 Kasenchak, Annie	10	California	2:49.63	2
25 Stoyer, Renee	9	Livermore	2:54.15	3
26 Weinreich, Veronica	10	Amador Valley	2:58.22	3

Event 44 Boys 800 Meter Run Frosh/Soph**12 Advance: Top 3 Each Heat plus Next 3 Best Times**

Name	Year	School	Prelims	H#
1 Maklaf, Omar	10	Livermore	2:05.86Q	2
2 Castillo, Alex	10	California	2:06.49Q	1
3 Leonard, Mike	10	California	2:08.80Q	3
4 Atkinson, Cameron	10	Monte Vista	2:07.46Q	1
5 Dykzeul, Josh	10	San Ramon Valley	2:08.55Q	2
6 Giusto, Luke	9	DeLaSalle	2:10.54Q	3
7 Fisher, Harrison	9	DeLaSalle	2:08.71Q	1
8 Hadsell, Charlie	9	Monte Vista	2:10.16Q	2
9 Barajas, Eleazer	10	DeLaSalle	2:11.09Q	3
10 Patterson, Nohl	9	DeLaSalle	2:10.69q	1
11 Swanger, Nick	10	Livermore	2:12.68q	2
12 Elliott, Joshua	9	Monte Vista	2:13.58q	3
13 Aufderheide, Gregory	9	Livermore	2:15.15	1
14 Barajas, Enrique	10	DeLaSalle	2:15.23	3
15 Sanchez, Stephan	9	DeLaSalle	2:15.24	3
16 Dupuis, Ben	10	Granada	2:15.71	3
17 Cerda, Evan	10	San Ramon Valley	2:15.77	1
18 Jones, Jalen	10	DeLaSalle	2:15.90	2
19 Moore, Mitchell	10	Granada	2:16.28	1
20 Clawson, Jack	9	San Ramon Valley	2:16.54	3
21 Tomkovicz, Cooper	9	DeLaSalle	2:16.81	2
22 Hernandez, Jesus	10	Amador Valley	2:16.90	3
23 carillo, Uriel	10	Livermore	2:17.56	2
24 Toyofuku, James	10	Monte Vista	2:17.79	3
25 Valenton, Miguel	9	Livermore	2:18.51	1
26 Salles, Luc	9	Monte Vista	2:19.37	2
27 Mallajosyula, Mudith	10	San Ramon Valley	2:19.73	2
28 Szafranski, Alex	9	DeLaSalle	2:21.12	1
29 Sharma, Varun	9	Foothill	2:21.75	1
30 Shankar, Rohan	9	Amador Valley	2:22.65	2
31 Galkowski, David	9	Livermore	2:25.17	1

Event 45 Girls 300 Meter Hurdles Frosh/Soph**8 Advance: Top 1 Each Heat plus Next 6 Best Times**

Name	Year	School	Prelims	H#
1 Jimena, Alana	10	Granada	52.11Q	2

EBAL T&F Championships 2015 - 5/13/2015 to 5/16/2015**Hosted by DeLaSalle/Carondelet High Schools****Amador Valley High School****Results - Frosh Soph Trials****....Event 45 Girls 300 Meter Hurdles Frosh/Soph**

2	Rivera, Kayla	9	San Ramon Valley	54.78Q	1
3	Nagle, Katherine	10	Monte Vista	52.36q	2
4	McAlinden, Megan	10	Granada	55.19q	1
5	Terrell, Kailyn	9	San Ramon Valley	55.29q	1
6	Lucus, Sophie	9	Carondelet	55.69q	2
7	O'Brien, Madison	10	Granada	57.11q	1
8	Moran, Monica	9	Foothill	59.02q	2
9	Humphreys, Olivia	10	Granada	60.26	2
10	Vonderach, Morgan	10	Granada	60.93	1
11	Fields, Peyton	9	Granada	62.90	1
12	Van Horn, Kyla	9	Foothill	63.33	2

Event 46 Boys 300 Meter Hurdles Frosh/Soph**8 Advance: Top 1 Each Heat plus Next 6 Best Times**

Name	Year	School	Prelims	H#	
1	Lantzy, Andrew	10	Monte Vista	45.11Q	1
2	Hennings, Cameron	10	Amador Valley	46.23Q	2
3	Ng, Christian	10	California	46.80q	2
4	Kolon, Dylan	9	Foothill	46.92q	1
5	Hawkins, DeAndre	9	Livermore	48.30q	1
6	Natsch, David	10	Foothill	48.51q	2
7	Madar, Jared	9	Granada	48.63q	1
8	Gomez, Haddath	9	Foothill	50.68q	2
9	Dhamrait, Arjun	10	California	52.74	1
10	Harvey, Jordan	9	DeLaSalle	55.50	2

Event 47 Girls 200 Meter Dash Frosh/Soph**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Name	Year	School	Prelims	Wind	H#	
1	Avila, Mia	9	Carondelet	26.91Q	-1.0	3
2	Giammanco, Alyssa	10	Foothill	27.39Q	-0.6	2
3	Vlacos, Tessa	10	Foothill	27.79Q	-0.5	1
4	Rocca, Annecy	10	Amador Valley	27.81q	-0.5	1
5	Lyon, Andrea	10	San Ramon Valley	28.01q	-1.0	3
6	Longman, Sierra	10	Foothill	28.16q	-0.6	2
7	Joyce, Caitlin	9	Amador Valley	28.44q	-1.0	3
8	Wallace, Lauren	9	San Ramon Valley	28.45q	-0.5	1
9	Wrysch, Kayla	10	California	28.62	-0.5	1
10	Rogers-Lemke, Sydney	9	California	28.90	-1.0	3
11	Foster, Fiona	10	Monte Vista	28.91	-0.5	1
12	Crowley, Ciara	10	Monte Vista	28.97	-0.6	2
13	Curtin, Audra	9	San Ramon Valley	29.29	-1.0	3
14	Fernandez, Marina	10	California	29.33	-0.6	2
15	Castillo, Arielle	9	Livermore	29.35	-1.0	3
16	Zyla, Jaya	10	San Ramon Valley	29.41	-1.0	3
17	Monti, Francesca	9	Carondelet	29.48	-0.6	2
18	Williams, Sneha	10	California	29.52	-0.5	1
19	Hinds, Katelyn	9	Granada	29.53	-0.5	1
20	Berestka, Alessandra	10	Monte Vista	29.70	-0.5	1
21	Fernandez, Jayla	9	Carondelet	29.85	-0.6	2

EBAL T&F Championships 2015 - 5/13/2015 to 5/16/2015**Hosted by DeLaSalle/Carondelet High Schools****Amador Valley High School****Results - Frosh Soph Trials****....Event 47 Girls 200 Meter Dash Frosh/Soph**

22	Daly, Sofia	10	Carondelet	29.88	-0.6	2
23	Rodriguez, Angela	9	Carondelet	29.97	-0.6	2
--	Mace, Rachel	10	Monte Vista	X29.40	+0.0	4
--	Bernardi, Makenna	9	Amador Valley	X29.46	+0.0	4
--	Tabuchi, Eliza	9	Foothill	X30.06	-0.4	5
--	Scotfield, Kennedy	9	Amador Valley	X30.35	-0.4	5
--	Modesti, Arianna	9	Carondelet	X31.16	+0.0	4
--	Tapia, Julie	10	Carondelet	X31.53	+0.0	4

Event 48 Boys 200 Meter Dash Frosh/Soph**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Name	Year	School	Prelims	Wind	H#	
1	Gushurst, Will	10	Amador Valley	23.21Q	-0.3	1
2	Menon, Rohit	9	Amador Valley	23.44Q	-1.2	3
3	Ordaz, Micheal	10	Monte Vista	23.76Q	0.8	2
4	White, Trey	10	DeLaSalle	23.26q	-0.3	1
5	Evans, Dru	9	California	24.02q	-0.3	1
6	Kowalski, Robert	9	Amador Valley	24.24q	0.8	2 24.232
7	Mosquera, Joseph	9	California	24.24q	-1.2	3 24.236
8	Telles, Austin	9	Amador Valley	24.34q	-1.2	3
9	Bura, Stefan	9	San Ramon Valley	24.47	-0.3	1
10	Hanley, Ethan	9	Amador Valley	24.68	-0.3	1
11	Chu, Dwen	10	Amador Valley	24.70	0.8	2
12	Mahleole, Lefawo	9	Granada	24.71	0.8	2
13	Haddad, Jacob	10	DeLaSalle	24.74	0.8	2
14	Querubin, Bryce	9	DeLaSalle	24.77	-1.2	3
15	Fuller, Jack	10	Monte Vista	24.99	-0.3	1 24.983
16	Osaki, Trent	9	Amador Valley	25.04	-1.2	3
17	Van Bladel, Jason	9	Granada	25.08	-0.3	1
18	Tang, Roy	9	Amador Valley	25.22	-1.2	3
19	Leon, Thomas	10	Granada	25.24	-1.2	3
20	Adesokan, Dayo	10	Foothill	25.25	-0.3	1
21	Mulrooney, Tristan	9	Granada	25.34	-1.2	3
22	Guaragna, Joseph	9	DeLaSalle	25.52	0.8	2
--	Odonnell, Sean	10	DeLaSalle	X24.98	-1.2	4
--	Kracke, Trevor	9	Amador Valley	X24.99	-1.2	4 24.985
--	Sadhanala, Krishna	10	California	X25.05	-1.5	5
--	Stangrover, Kyle	9	San Ramon Valley	X25.11	-1.2	4
--	Agdeppa, Roen	10	California	X25.13	-1.5	5
--	Robinson, Jaylen	9	Foothill	X25.31	-1.5	5
--	Brice, Ethan	10	Granada	X25.51	-1.2	4
--	Kwong, Ryan	9	California	X25.55	-1.5	5
--	Burke, Noah	9	Foothill	X25.61	-1.2	4
--	Mack, Alijah	9	Foothill	X25.64	-1.5	5
--	Koyyada, Anurag	9	Amador Valley	X25.85	-1.5	5
--	Laine, Connor	10	Amador Valley	X25.86	-1.5	5
--	Spinali, Thomas	10	Monte Vista	X25.96	-0.6	6
--	Yoshida, Eric	10	Foothill	X26.03	-0.6	6
--	Lin, Lawrence	10	Amador Valley	X26.04	-0.6	6
--	Malone, Mark	9	DeLaSalle	X26.40	-1.2	4
--	Cairel, Jack	9	Livermore	X27.24	-0.6	6

EBAL T&F Championships 2015 - 5/13/2015 to 5/16/2015**Hosted by DeLaSalle/Carondelet High Schools****Amador Valley High School****Results - Frosh Soph Trials****Event 49 Girls 3200 Meter Run Frosh/Soph**

Name	Year	School	Finals	Points
Finals				
1 Neumann, Kayla	9	California	12:01.35	10
2 Baxter, Sarah	9	Amador Valley	12:02.38	8
3 Shafi, Leila	9	Amador Valley	12:24.35	6
4 Kerfs, Michelle	10	Carondelet	12:26.84	4
5 Jiang, Raina	10	Livermore	12:35.89	2
6 Buck, Mandy	10	Amador Valley	12:37.17	1
7 Bame, Olivia	9	Monte Vista	12:55.38	
8 Schumann, Clare	9	Carondelet	13:01.13	
9 Scheibley, Heather	10	Carondelet	13:31.22	
10 Green, Sasha	9	Amador Valley	13:31.48	
11 Christensen, Carrie	9	San Ramon Valley	13:32.80	
12 Fletcher, Juliette	9	Amador Valley	13:35.84	
13 Jacobson, Ella	9	Foothill	13:53.99	
14 Villacarlos, Katrina	10	Carondelet	14:58.24	

Event 50 Boys 3200 Meter Run Frosh/Soph

Name	Year	School	Finals	Points
1 Maklaf, Omar	10	Livermore	10:02.54	10
2 Vomund, Nicolas	10	Monte Vista	10:12.04	8
3 Gallagher, Tom	10	Amador Valley	10:12.60	6
4 Moyers, Jarod	10	Amador Valley	10:14.68	4
5 Castillo, Alex	10	California	10:16.21	2
6 Jeppson, Samuel	10	Granada	10:16.86	1
7 Bennett, John	9	Granada	10:17.43	
8 Lonestar, Evan	10	DeLaSalle	10:17.90	
9 Ellis, Taylor	10	DeLaSalle	10:18.40	
10 Smiley, Benjamin	10	Monte Vista	10:22.82	
11 Hattori, Alex	10	Granada	10:25.76	
12 Helmers, Drew	10	Amador Valley	10:26.44	
13 Laurence, Alex	10	Amador Valley	10:28.46	
14 Lau, Brendan	10	Monte Vista	10:28.88	
15 Severson, Levi	10	San Ramon Valley	10:29.16	
16 Fisher, Harrison	9	DeLaSalle	10:33.99	
17 Johnson, Matthew	9	Monte Vista	10:34.26	
18 Carbonell, Jack	10	San Ramon Valley	10:39.87	
19 Salmon, Michael	9	DeLaSalle	10:41.71	
20 Khleif, Omar	9	DeLaSalle	10:41.87	
21 Starck, Trevor	10	California	10:44.89	
22 Williams, Tyler	10	California	10:45.71	
23 Shields, Parker	10	California	10:47.32	
24 Kilday, Christopher	9	Granada	10:47.99	
25 Priest, Cameron	10	Granada	10:54.70	
26 Valenton, Miguel	9	Livermore	10:55.03	
27 Flanagan, Declan	10	DeLaSalle	10:56.45	
28 Sawchuk, Carson	9	Monte Vista	11:00.19	
29 Wang, David	10	Granada	11:10.03	

EBAL T&F Championships 2015 - 5/13/2015 to 5/16/2015

Hosted by DeLaSalle/Carondelet High Schools

Amador Valley High School

Results - Frosh Soph Trials

Event 53 Girls High Jump Frosh/Soph

Name	Year	School	Finals	Points
1 Curtin, Audra	9	San Ramon Valley	4-08.00	10
2 Sarti, Guila	9	Carondelet	4-06.00	7
3 Bartels, Nicole	9	Granada	J4-06.00	7
4 Bergbower, Hunter	10	San Ramon Valley	4-04.00	3
5 Scheele, Emily	9	Amador Valley	J4-04.00	3
6 Hong, Jayde	9	Monte Vista	4-02.00	1
-- Kesavan, Lekha	10	Foothill	NH	
-- Sinitza, Nicole	10	California	NH	
-- Chauvin, Nicole	10	California	NH	

Event 60 Boys Pole Vault Frosh/Soph

Name	Year	School	Finals	Points
1 Downey, Blake	10	Granada	12-00.00	10
2 Teitell, Nicholas	10	Amador Valley	11-00.00	8
3 Bertolero, Severino	9	Monte Vista	10-06.00	6
4 Rogers, Seth	9	Foothill	J10-06.00	4
5 Strand, Kevin	9	Monte Vista	10-00.00	1
5 Wilson, Lucas	9	Monte Vista	10-00.00	1
5 Peterson, Mathew	10	Monte Vista	10-00.00	1
8 Cooke, Shane	9	San Ramon Valley	J10-00.00	
8 Moufarej, Nickolas	10	San Ramon Valley	J10-00.00	
10 Lizano, Jacob	10	San Ramon Valley	J10-00.00	
11 Dostmohammed, Jawad	10	Foothill	9-06.00	
11 Shaw, Jaden	9	DeLaSalle	9-06.00	
11 Avina, Vincent	9	DeLaSalle	9-06.00	
11 Ellison, Tustin	9	Monte Vista	9-06.00	
15 Biasatti, Dylan	9	Amador Valley	9-00.00	
15 Lang, Henrik	9	San Ramon Valley	9-00.00	
15 Brubaker, Dustin	9	San Ramon Valley	9-00.00	
18 Blockley, Grant	9	Granada	8-06.00	
18 Grove, Hayden	10	Monte Vista	8-06.00	
18 Harris, Michael	10	San Ramon Valley	8-06.00	
18 Johnson, Andrew	10	California	8-06.00	
-- Hayfield, Dawson	10	California	NH	

Event 55 Girls Long Jump Frosh/Soph

Name	Year	School	Finals	Wind	Points
1 Viarengo, Lauren	9	Monte Vista	14-07.75	NWI	10
2 Clark, Kyra	9	Livermore	14-06.00	NWI	7
2 Field, Tori	10	Amador Valley	14-06.00	NWI	7
4 Tran, Brittney	9	Monte Vista	14-00.50	NWI	4
5 Wysock, Savannah	9	Granada	14-00.00	NWI	2
6 Swaminathan, Nithya	9	Amador Valley	13-10.50	NWI	1
7 Cordisco, Audrey	9	Livermore	13-10.25	NWI	
7 Crowley, Ciara	10	Monte Vista	13-10.25	NWI	
9 Kovisto, Cassidy	10	Livermore	13-08.25	NWI	
10 Lucus, Sophie	9	Carondelet	13-07.75	NWI	
11 Bartels, Nicole	9	Granada	13-07.50	NWI	

EBAL T&F Championships 2015 - 5/13/2015 to 5/16/2015**Hosted by DeLaSalle/Carondelet High Schools****Amador Valley High School****Results - Frosh Soph Trials****....Event 55 Girls Long Jump Frosh/Soph**

12 Lee, Rachel	9 Amador Valley	13-04.00	NWI
13 Nguyen, Mary	9 Foothill	13-03.75	NWI
14 Polo, Jordan	9 Monte Vista	13-03.00	NWI
15 Moran, Monica	9 Foothill	13-02.75	NWI
16 Berg, Sabrina	9 Monte Vista	13-02.50	NWI
17 Stahl, Jess	10 Livermore	13-02.25	NWI
18 Snowden, Dymond	10 Livermore	13-00.25	NWI
19 Lu, Sabrina	10 Amador Valley	12-10.00	NWI
20 Bergbower, Hunter	10 San Ramon Valley	12-09.50	NWI
20 Zhao, Cindy	9 Foothill	12-09.50	NWI
22 Mathers, Kathrine	9 Livermore	12-08.50	NWI
23 Paicos, Krystal	9 San Ramon Valley	12-08.00	NWI
24 Alpher, Asia	9 Livermore	12-04.25	NWI
25 Nibert, Mariah	9 Foothill	12-04.00	NWI
26 Cantril, Alexza	10 Livermore	12-03.00	NWI
27 Sidhom, Hannah	9 Monte Vista	12-02.75	NWI
28 Webb, Maya	10 California	11-09.25	NWI
29 Farrell, Melinda	9 San Ramon Valley	11-05.75	NWI
30 Pletkin, Jordan	10 Monte Vista	11-02.50	NWI
31 Burns, Michela	10 San Ramon Valley	9-11.50	NWI

Event 62 Boys Triple Jump Frosh/Soph

Name	Year School	Finals	Wind	Points
1 Estilloire, Lance	10 Monte Vista	39-07.75	-1.9	10
2 Lee, Eric	9 Monte Vista	37-08.00	-2.4	8
3 Natsch, David	10 Foothill	36-03.50	-1.8	6
4 Warnes, Matias	10 California	35-11.00	-2.3	4
5 Moore, Mitchell	10 Granada	34-10.75	-0.9	2
6 Armenio, Jason	9 California	34-09.75	+0.0	1
7 Friedman, Zach	9 Amador Valley	34-08.50	-2.8	
8 Mooyman, Jake	9 San Ramon Valley	33-00.75	-1.5	
9 Knapp, Aaron	9 Monte Vista	32-07.00	-1.4	
10 Cole, Joshua	9 Monte Vista	29-08.00	-1.8	
11 Long, Ryan	9 Monte Vista	29-06.00	-1.3	
12 Seo, Chansik	10 Amador Valley	29-01.00	-0.7	
13 Vance, Peter	10 Granada	27-04.00	-2.2	

Event 58 Girls Discus Throw Frosh/Soph

Name	Year School	Finals	Points
1 Peterson, Taylor	10 Livermore	73-04.50	10
2 Passannante, Sarah	10 Granada	71-00	8
3 Owens, Stephanie	10 Amador Valley	66-02.50	6
4 Pethebridge, Ally	10 Amador Valley	64-05.50	4
5 Ricci, Gabrielle	10 California	60-06	2
6 Konishi, Rieko	9 Monte Vista	54-00.50	1
7 Mulholland, Maggie	10 San Ramon Valley	53-00	
8 Borba, Kiley	9 California	51-08.50	
9 Hayes, Taylor	9 Monte Vista	51-00	
10 Julson, Holly	10 Granada	36-02.50	

EBAL T&F Championships 2015 - 5/13/2015 to 5/16/2015**Hosted by DeLaSalle/Carondelet High Schools****Amador Valley High School****Results - Frosh Soph Trials****Event 63 Boys Shot Put Frosh/Soph**

Name	Year	School	Finals	Points
1 Silverthorn, Mark	9	Granada	48-07.00	10
2 Shurman, Jake	10	Monte Vista	44-06.00	8
3 Mohler, Christian	10	Granada	41-01.50	6
4 Billy, Ryan	10	Monte Vista	39-05.00	4
5 Sowell, Nick	10	Amador Valley	38-01.50	2
6 Buscher, Bo	9	Granada	38-00.50	1
7 Bishop, Connor	10	Monte Vista	35-10.00	
8 Hebert, Ethan	10	California	35-06.00	
9 Massie, Jake	9	Amador Valley	35-05.50	
10 Johal, Armaan	10	Foothill	34-04.00	
11 Vernay, Vincent	9	Amador Valley	34-02.00	
12 Dimitropoulos, Vasillios	9	Livermore	33-08.00	
13 Henry, Chris	9	California	33-03.00	
14 Rodriguez, Marlo	10	California	33-02.00	
15 Adesokan, Dayo	10	Foothill	32-06.00	
16 Palma, Nick	9	Amador Valley	32-02.50	
17 Massie, Nick	9	Amador Valley	30-04.50	
18 Schlitt, Edward	10	Monte Vista	29-10.00	

Event 56 Girls Triple Jump Frosh/Soph

Name	Year	School	Finals	Wind	Points
1 Sarti, Guila	9	Carondelet	30-11.00	-1.3	10
2 Field, Tori	10	Amador Valley	30-05.00	-1.3	8
3 Bartels, Nicole	9	Granada	29-08.00	-1.9	6
4 Lee, Rachel	9	Amador Valley	27-10.50	-0.4	4
5 Bergbower, Hunter	10	San Ramon Valley	26-03.00	-1.9	2

Event 57 Girls Shot Put Frosh/Soph

Name	Year	School	Finals	Points
1 Ricci, Gabrielle	10	California	25-00.00	10
2 Owens, Stephanie	10	Amador Valley	24-05.00	8
3 Pethebridge, Ally	10	Amador Valley	23-00.00	6
4 Hayes, Taylor	9	Monte Vista	22-04.00	4
5 Julson, Holly	10	Granada	21-10.00	2
6 Borba, Kiley	9	California	20-04.00	1
7 Konishi, Rieko	9	Monte Vista	20-03.00	
8 Passannante, Sarah	10	Granada	19-04.00	

Event 59 Boys High Jump Frosh/Soph

Name	Year	School	Finals	Points
1 Wysock, Jackson	10	Granada	5-08.00	10
2 Guerra, Javier	9	Granada	5-06.00	8
3 Reeves, Thomas	9	Granada	5-02.00	6
4 Perry, Jack	9	Livermore	J5-02.00	4
5 Hinrichs, Mason	10	Monte Vista	J5-02.00	2
6 Hergert, Anthony	9	Livermore	5-00.00	0.50

EBAL T&F Championships 2015 - 5/13/2015 to 5/16/2015

Hosted by DeLaSalle/Carondelet High Schools

Amador Valley High School

Results - Frosh Soph Trials

....Event 59 Boys High Jump Frosh/Soph

6 Dees, Micah	9 DeLaSalle	5-00.00	0.50
8 Zaine, John	9 Amador Valley	4-10.00	
9 Kukadia, Aayush	9 Foothill	J4-10.00	
9 Bozzini, William	10 Monte Vista	J4-10.00	
-- Baker, Braden	9 Amador Valley	NH	
-- Seo, Chansik	10 Amador Valley	NH	
-- Cotton, Colton	10 Livermore	NH	
-- Johal, Armaan	10 Foothill	NH	

Event 61 Boys Long Jump Frosh/Soph

Name	Year School	Finals	Wind	Points
1 Guerra, Javier	9 Granada	19-10.00	NWI	10
2 Estillore, Lance	10 Monte Vista	19-06.50	NWI	8
3 Perry, Jack	9 Livermore	18-07.75	NWI	6
4 Brice, Ethan	10 Granada	18-06.75	NWI	4
5 Mack, Alijah	9 Foothill	18-03.00	NWI	2
6 Sheppard, Elijah	9 Monte Vista	17-09.25	NWI	1
7 Monsterial, Jake	10 DeLaSalle	17-06.50	NWI	
8 Schaumburg, Connor	10 Monte Vista	17-03.75	NWI	
9 Bertolero, Severino	9 Monte Vista	17-01.50	NWI	
10 Gonzales, Tyler	10 Livermore	16-11.75	NWI	
11 Lee, Eric	9 Monte Vista	16-10.75	NWI	
12 Friedman, Zach	9 Amador Valley	16-05.25	NWI	
13 Seo, Chansik	10 Amador Valley	16-04.75	NWI	
14 Reeves, Thomas	9 Granada	16-04.00	NWI	
15 Biasatti, Dylan	9 Amador Valley	16-01.00	NWI	
16 Sanchez, Griffen	9 Foothill	16-00.75	NWI	
17 Armenio, Jason	9 California	16-00.25	NWI	
18 Warnes, Matias	10 California	15-11.75	NWI	
19 Knapp, Aaron	9 Monte Vista	15-11.00	NWI	
20 Savage, Hugh	9 California	15-08.75	NWI	
21 Lucas, Logan	9 California	15-07.75	NWI	
22 Natsch, David	10 Foothill	15-06.75	NWI	
23 Coleman, Austin	9 Monte Vista	15-05.25	NWI	
24 Dotson, Nick	10 California	15-01.50	NWI	
25 Myers, Matthew	9 Livermore	14-06.75	NWI	
26 Friedler, Matthew	9 Monte Vista	14-03.50	NWI	
27 Dhamrait, Arjun	10 California	14-02.00	NWI	
-- Castellanos, Noah	9 Amador Valley	ND	NWI	

Event 64 Boys Discus Throw Frosh/Soph

Name	Year School	Finals	Points
1 Mohler, Christian	10 Granada	119-08	10
2 Silverthorn, Mark	9 Granada	114-11	8
3 Batson, Alex	10 Livermore	111-06.50	6
4 Henry, Chris	9 California	100-10	4
5 Dimitropoulos, Vasillios	9 Livermore	96-11	2
6 Hebert, Ethan	10 California	92-03	1
7 Shurman, Jake	10 Monte Vista	91-02	
8 Billy, Ryan	10 Monte Vista	89-10	

EBAL T&F Championships 2015 - 5/13/2015 to 5/16/2015

Hosted by DeLaSalle/Carondelet High Schools

Amador Valley High School

Results - Frosh Soph Trials

....Event 64 Boys Discus Throw Frosh/Soph

9 Sowell, Nick	10 Amador Valley	86-01.50
10 Rodriguez, Marlo	10 California	84-04
11 Massie, Jake	9 Amador Valley	84-03
12 Massie, Nick	9 Amador Valley	83-09
13 Johal, Armaan	10 Foothill	82-03.50
14 Lung, Mitchell	9 Monte Vista	79-01.50
15 Molina, Isaac	9 San Ramon Valley	78-03.50
16 Palma, Nick	9 Amador Valley	75-10
17 Vernay, Vincent	9 Amador Valley	75-05
18 Allport, Steven	9 California	74-06.50
19 Bishop, Connor	10 Monte Vista	70-00.50
20 Irwin, Christopher	9 Granada	69-09.50
21 Schlitt, Edward	10 Monte Vista	64-03
22 Arguello, Christian	9 Livermore	62-11

Event 54 Girls Pole Vault Frosh/Soph

Name	Year School	Finals	Points
1 Mangold, Jessica	10 Foothill	8-06.00	10
2 Delos Reyes, Emerelga	9 Carondelet	8-00.00	8
3 Pham, Anna	9 Foothill	J8-00.00	6
4 Garcia, Maren	10 San Ramon Valley	J8-00.00	4
5 Bannister, Taylor	10 California	7-06.00	1.50
5 Emerson, Kate	10 California	7-06.00	1.50
7 Sarti, Guila	9 Carondelet	J7-06.00	
8 Ng, Sarah	9 Granada	7-00.00	
8 Mathers, Kathrine	9 Livermore	7-00.00	
8 Lebegue, Victoria	10 Livermore	7-00.00	
8 Peters, Sheridan	9 Granada	7-00.00	
11 Webb, Maya	10 California	J7-00.00	
11 Reiser, Caroline	9 San Ramon Valley	J7-00.00	
11 Clark, Kyra	9 Livermore	J7-00.00	
15 Battle, Kendra	9 Granada	6-06.00	
15 Kifer, Allison	10 Granada	6-06.00	
15 Bowring, Amanda	9 San Ramon Valley	6-06.00	
18 Stahl, Jess	10 Livermore	6-00.00	
-- Spaulding, Isabelle	10 California	NH	
-- Mai, Brianna	10 Foothill	NH	

Women - Frosh/Soph - Team Rankings - 7 Events Scored

1) Amador Valley	62	2) Carondelet	29
3) California	26	4) Granada	25
5) Monte Vista	20	6) Livermore	19
6) San Ramon Valley	19	8) Foothill	16

Men - Frosh/Soph - Team Rankings - 7 Events Scored

1) Granada	86	2) Monte Vista	58
3) Livermore	28.50	4) Amador Valley	20
5) Foothill	12	5) California	12
7) DeLaSalle	0.50		