

## NCS/Les Schwab Tires Tri-Valley Area Meet - 5/24/2014

## Track and Field Championships

## Amador Valley High School, Pleasanton CA

## Results - NCS Tri-Valley Championships

## Event 1 Girls 4x100 Meter Relay

7 fastest times qualify to MOC

NCS TV: R 47.59 2011 Antioch, Antioch  
T Wilson, L McGrath, L Evans, K Suleman

MOC At Large: @ 49.45

CIF At Large: \$ 47.53

School Finals H#

## Finals

1	Deer Valley 'A'	48.06@	3
	1) Tolliver- King, Lauren 12	2) Hilburn, Mariama 11	
	3) Fagalar, J'Ley 10	4) Guillory, Briana 11	
2	Monte Vista 'A'	49.05@	3
	1) Alexander, Nicole 12	2) Strand, Kelly 11	
	3) Williams, Brittany 10	4) Bazile, Taylor 9	
3	Heritage 'A'	49.39@	3
	1) Berry, Sydney 12	2) Hathaway, Lindsay 11	
	3) Villareal, Amanda 12	4) Graffi, Alex 12	
4	Foothill 'A'	49.62	3
	1) Reichenbach, Natalie 11	2) Revell, Adria 12	
	3) Lukas, Haley 12	4) Broacha, Sarah 9	
5	San Ramon Valley 'A'	49.93	3
	1) Paradiso, Daniella 10	2) Thomas, Anyel 12	
	3) Gwynn, Carly 10	4) Evans, Emily 12	
6	Amador Valley 'A'	50.03	3
	1) Lai, Samantha 9	2) Ashley, Isabel 11	
	3) Boehm, Andrea 12	4) Merchant, Jazmyn 11	
7	Clayton Valley Charter 'A'	50.06	2
	1) Newell, Brianne	2) Booth, Amber	
	3) Esco, Diwa	4) Holt, Sara	
8	Freedom 'A'	50.24	2
	1) LaPierre, Madison 11	2) Robbins, Alexis 10	
	3) Lillard, Ronjane 12	4) Fernandez, Xochitl 10	
9	Dublin 'A'	50.29	3
	1) McGlaston, Mecca 10	2) Bouchard, Jessica 10	
	3) Bouri, Tatiana 11	4) Kelley, Alexxis 11	
10	Liberty (Brentwood) 'A'	51.37	2
	1) Prosser, Tierra 11	2) Moshos, Caroline 11	
	3) Carlton, Ashley 11	4) Holland, Donjhai 9	
11	Las Lomas 'A'	51.45	2
	1) Brown, Gabrielle 11	2) Olson, Cordelia 9	
	3) Thorpe, Nicole 11	4) Hall, Alexis 10	
12	Acalanes 'A'	51.48	2
	1) Erickson, Callie 9	2) Lee, Casey 12	
	3) Boggan, Imani 9	4) Michon, Maya 10	
13	Livermore 'A'	51.82	2
	1) Dukes, Samantha 9	2) Dukes, Cassie 12	
	3) Porter, Alexia 12	4) Martinez, Kylie 9	
14	California 'A'	52.40	1
	1) Ty, Chiena 11	2) Groleau, Kaitlin 9	
	3) Stallings, Sarah 9	4) Bondoc, Brandy 12	
15	Dougherty Valley 'A'	52.42	2
	1) Glavee, Kristen 11	2) O'Malley, Katie 10	
	3) Thompson, Michelle 11	4) Sethi, Avaani 10	
16	Campolindo 'A'	52.87	1

## NCS/Les Schwab Tires Tri-Valley Area Meet - 5/24/2014

## Track and Field Championships

## Amador Valley High School, Pleasanton CA

## Results - NCS Tri-Valley Championships

## ....Event 1 Girls 4x100 Meter Relay

1) Bernardo, Ana 9	2) Chiang, Kristy 11		
3) Protzen, Miranda 11	4) Williams, Lauren 9		
17 Concord 'A'		54.26	1
1) Daynes, Jessica	2) Fuller, Kennedy		
3) Hartmann, Cynthia	4) Ibrahimi, Aria		
18 Pittsburg 'A'		60.36	1
1) Flenoid, Kiara 9	2) Huddleston, Kaliyah 10		
3) Brown, Brittney 11	4) Harrell, Monica 11		
-- Miramonte 'A'		DNF	3
1) Olabode, Lola 9	2) Roden, Georgia 11		
3) Booze, Kemahni 9	4) Tse-McKeown, Philadelphia 10		

## Event 2 Boys 4x100 Meter Relay

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7 fastest times qualify to MOC

NCS TV: R 41.80 1995 Berkeley

MOC At Large: @ 44.09

CIF At Large: \$ 41.92

School

Finals H#

1 Deer Valley 'A'		42.03@	3
1) Webster, Nsimba 12	2) Johnson, Adonis 12		
3) Webster, Nzuzi 12	4) Taylor, Robert 12		
2 Amador Valley 'A'		42.21@	3
1) McCollough, Ledre 10	2) Vanommeren, Schuyler 10		
3) White, Michael 12	4) Charles, JaMaun 11		
3 DeLaSalle 'A'		42.59@	3
1) Levers, Cain 11	2) Morris, Marquis 12		
3) Short, Elijah 9	4) Harvey, Jonathan 10		
4 Heritage 'A'		42.81@	2
1) Kurtz, Frank 12	2) Winding, Adam 10		
3) Noble, Nathan 11	4) Rohrer, Spencer 10		
5 Monte Vista 'A'		42.96@	3
1) Rood, Matthew 12	2) Mensendiek, Erik 12		
3) Rufini, Joseph 10	4) DeMaio, Jacob 12		
6 Acalanes 'A'		43.16@	3
1) Chiba, Taiki 12	2) Hennies, Alex 12		
3) Comly, Nick 11	4) Cardiff, Dan 12		
7 Las Lomas 'A'		43.31@	3
1) Walker, Djamani 12	2) Kiragu, Lincoln 11		
3) menkes, adam 12	4) burnett, nigel 12		
8 Campolindo 'A'		43.68@	2
1) Lothamer, Parker 11	2) Hughes, Harrison 12		
3) Moore, Niki 9	4) Hughes, Jonathan 10		
9 Pittsburg 'A'		44.00@	2
1) Bartolo, Joey 11	2) Austin, Diallo 11		
3) Turner, Isaiah 10	4) Tarrance, Devonte 12		
10 California 'A'		44.14	2
1) Laux, Joseph 11	2) Murphy, Kevin 11		
3) Aganjuomo, Olu 12	4) Johnson, Jzelun 10		
11 Miramonte 'A'		44.24	2
1) Downey, Nathan 12	2) O'Brien, Charles 11		
3) Lundstrom, Luke 12	4) Rein, Scott 12		
12 Alhambra 'A'		44.31	2

## NCS/Les Schwab Tires Tri-Valley Area Meet - 5/24/2014

**Track and Field Championships**  
**Amador Valley High School, Pleasanton CA**  
**Results - NCS Tri-Valley Championships**

**....Event 2 Boys 4x100 Meter Relay**

1) Foster, Ciazonne 11	2) Abdurrohman, Harits 12		
3) Evans, Josh 11	4) Gonsalves, James 11		
13 Foothill 'A'		44.46	1
1) Ingram, Da\Mon 9	2) Gates, Matthew 10		
3) Knight, Liam 10	4) Dourneau, Jonathan 10		
14 Livermore 'A'		44.53	2
1) Lokula, Bennie 12	2) Swaim, Andrew 11		
3) Petrie, Grant 12	4) O\Jones, Kris 12		
15 Dublin 'A'		44.92	1
1) Jones, Ryan 11	2) Moore, Imani 10		
3) Jefferson, Jabari 11	4) Ikegami, Kai 9		
16 Liberty (Brentwood) 'A'		47.44	1
1) Wheeler, Kyle 10	2) Wright, Christopher 12		
3) Jones, Devin 10	4) Church, Michael 10		
-- Freedom 'A'		DQ	3 Zone 3 violation
1) Mixon, Joe 12	2) Quarles, Nkosi 12		
3) Rucker-Smith, Donte 11	4) DelPrado, Cristian 12		
-- San Ramon Valley 'A'		DQ	3 Zone 1 violation
1) Dunlap, Ben 10	2) Koski, JJ 11		
3) Wilson, Wade 12	4) Miller, Nathan 11		
-- Concord 'A'		DQ	1 Zone 1 violation
1) Carranza, Edgar	2) Knight, Mason		
3) Reynoso, Andres	4) Kendrix, Darryl		
-- Clayton Valley Charter 'A'		DQ	2 Zone 3 violation
1) Reed, Isaiah	2) Ewing, Nate		
3) Davis, Ben	4) Crawford, Xavier		

**Event 3 Girls 1600 Meter Run**

7 fastest times qualify to MOC

NCS TV: R 4:49.70 1996 Kristen Gordon, Carondelet

MOC At Large: @ 5:13.66

CIF At Large: \$ 4:55.15

Name	Year	School	Finals	H#
1 Starn, Brooke	10	Monte Vista	4:54.34\$	2
2 Hansel, Chloe	10	Las Lomas	4:54.50\$	2
3 Leach, Brighie	11	Campolindo	4:54.80\$	2
4 McCandless, Megan	10	Granada	4:58.21@	2
5 Hernandez, Alexandra	12	Livermore	5:00.59@	2
6 Orders, Mary	11	Campolindo	5:04.64@	2
7 Bohannon, Kai	9	Liberty (Brentwood)	5:06.94@	2
8 Lutz, Carly	12	San Ramon Valley	5:09.38@	2
9 Lawsen, Taylor	10	Granada	5:09.74@	2
10 Corda, Meredith	9	Monte Vista	5:13.32@	2
11 Sun, Hana	10	Campolindo	5:13.77	2
12 Johnson, Rachel	11	Campolindo	5:18.81	1
13 Pecknold, Brianna	9	Heritage	5:19.18	1
14 Busby, Jamie		College Park	5:23.11	1
15 Mundrane, Caitlyn		Northgate	5:23.32	1
16 Coyle, Megan		Northgate	5:24.36	1
17 Fishlow, Hannah	9	Miramonte	5:28.86	2
18 Blough, Kelsey		Northgate	5:32.68	1
19 Dowey, Emily		College Park	5:33.45	1

## NCS/Les Schwab Tires Tri-Valley Area Meet - 5/24/2014

## Track and Field Championships

## Amador Valley High School, Pleasanton CA

## Results - NCS Tri-Valley Championships

## ....Event 3 Girls 1600 Meter Run

20 Duignan, Skylar	9 Heritage	5:39.23	1
21 Hannigan, Colleen	12 Heritage	5:45.38	1
22 Ruzicka, Natalie	Clayton Valley	5:46.14	1
23 Barney, Hydeia	11 Pittsburg	5:50.02	1

## Event 4 Boys 1600 Meter Run

7 fastest times qualify to MOC

NCS TV: R 4:15.26 1996 Micheil Jones, Livermore

MOC At Large: @ 4:21.53

CIF At Large: \$ 4:14.24

Name	Year School	Finals	H#
1 Olson, Tyler	12 Livermore	4:07.99\$	2
2 Hurlock, Blair	12 DeLaSalle	4:08.33\$	2
3 Goltra, Aidan	12 Campolindo	4:18.12@	2
4 Wang, Michael	12 Acalanes	4:19.76@	2
5 Beston, Zach	11 Amador Valley	4:20.10@	2
6 Demeko-Ousman, Solomon	12 Heritage	4:20.14@	2
7 Johnson, Roc	11 DeLaSalle	4:21.00@	2
8 Condon, Danny	Clayton Valley	4:21.08@	2
9 Braganza, Neil	9 Dougherty Valley	4:22.20	2
10 Davis, Keeson	11 Las Lomas	4:27.78	1
11 Comar, Nathaniel	College Park	4:28.84	2
12 Phair, David	College Park	4:29.18	1
13 Sheehan, Benjamin	10 Heritage	4:30.27	1
14 Egley, Jake	Northgate	4:30.43	2
15 Grovhoug, Nathan	11 Heritage	4:32.99	1
16 Colaco, Ryan	San Ramon Valley	4:33.76	2
17 Williams, Brennan	College Park	4:33.90	1
18 Lewis, Andrew	11 Miramonte	4:35.04	1
19 McKenzie, Shane	College Park	4:35.13	1
20 Skellenger, Leo	10 Granada	4:37.87	1
21 Bennett, Benjamin	11 Liberty (Brentwood)	4:38.32	1
22 Brennan, Walter	12 Campolindo	4:40.57	1
23 Orantes, Juan Carlos	11 Heritage	4:41.34	1
24 Schaefer, Logan	9 Heritage	4:59.03	1

## Event 5 Girls 100 Meter Hurdles

7 fastest times qualify to MOC

NCS TV: R 14.32 2013 Mecca McGlaston, Dublin

MOC At Large: @ 15.84

CIF At Large: \$ 14.23

Name	Year School	Finals	Wind	H#
1 McGlaston, Mecca	10 Dublin	14.42@	-0.4	3
2 Coffey, Arterarra	10 Deer Valley	14.92@	-0.4	3
3 Newman, Sasha	12 Deer Valley	15.03@	-0.4	3
4 Thompson, Michelle	11 Dougherty Valley	15.38@	-0.4	3
5 Biekert, Sydney	12 San Ramon Valley	15.61@	-0.4	3
6 Topielski, Emily	11 Foothill	16.09	-0.4	3
7 Margerum, Windy	9 Acalanes	16.13	-0.4	3
8 Villareal, Amanda	12 Heritage	16.60	-0.4	3

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## Amador Valley High School, Pleasanton CA

## Results - NCS Tri-Valley Championships

## ....Event 5 Girls 100 Meter Hurdles

9	Christensen, Kim	Northgate	16.68	-0.8	2	
10	Bernardo, Ashley	12 Campolindo	16.94	-0.8	2	
11	McCarthy, Rebekah	12 Liberty (Brentwood)	17.00	-0.8	2	
12	Ho, Joyce	11 California	17.03	-0.8	2	
13	Garcia, Raleigna	12 Deer Valley	17.46	-0.8	2	
14	Dukes, Cassie	12 Livermore	17.97	-1.4	1	
15	Grobeck, Devin	9 Acalanes	18.49	-0.8	2	
16	Ibrahimi, Aria	Concord	18.63	-1.4	1	
17	Tuemmler, Andrea	12 Miramonte	18.88	-1.4	1	
18	Davis, Jade	Clayton Valley	19.29	-1.4	1	
19	Schweitzer, Amanda	12 Freedom	20.35	-1.4	1	
--	Porter, Alexia	12 Livermore	DQ	-0.8	2	False Start

## Event 6 Boys 110 Meter Hurdles

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7 fastest times qualify to MOC

NCS TV: R 13.85 2006

David Klech, California

MOC At Large: @ 15.63

CIF At Large: \$ 14.42

Name	Year	School	Finals	Wind	H#	
1	Morris, Marquis	12 DeLaSalle	14.29\$	-0.7	3	
2	Adams, Ralieg	11 Alhambra	15.20@	-0.7	3	
3	Harland-Dunaway, Marcus	12 Campolindo	15.25@	-0.7	3	
4	Mandich, Ryan	Northgate	15.26@	-0.7	2	
5	Petrovykh, Dmitriy	Northgate	15.28@	-0.7	2	
6	Olender, Jack	11 Heritage	15.37@	-0.7	3	
7	Godkin, Sean	11 DeLaSalle	15.62@	-0.7	3	
8	Chiba, Taiki	12 Acalanes	15.65	-0.7	3	
9	Ernest, Simeon	11 Heritage	15.77	-0.7	3	
10	Hurtado, Francisco	12 Pittsburg	16.17	-0.7	2	
11	Stuertz, Ian	11 California	16.26	-0.7	2	16.253
12	Hamlin, James	12 Deer Valley	16.26	-0.7	2	16.257
13	Obodo, Isaac	12 Heritage	16.26	-0.7	2	16.258
14	Brown, Landon	12 Heritage	16.43	-1.5	1	
15	Webster, Austin	12 San Ramon Valley	16.58	-0.7	2	
16	Rein, Scott	12 Miramonte	16.59	-0.7	2	
17	Coyle, Matt	Northgate	16.66	-1.5	1	
18	Locke, Andrew	Northgate	16.86	-1.5	1	
19	McDonald, Garrett	11 Granada	16.90	-1.5	1	
20	Khaderi, Tahir	9 Dublin	17.90	-1.5	1	
21	Baros, Mark	Concord	17.97	-1.5	1	
22	Shaw, Johnathan	9 Dublin	18.57	-1.5	1	
--	Foote, Drake	12 Livermore	DQ	-0.7	3	Uniform Violation
--	Barrios, Joaquin	Northgate	DQ	-1.5	1	Intentional push of

## NCS/Les Schwab Tires Tri-Valley Area Meet - 5/24/2014

## Track and Field Championships

## Amador Valley High School, Pleasanton CA

## Results - NCS Tri-Valley Championships

## Event 7 Girls 400 Meter Dash

7 fastest times qualify to MOC

NCS TV: R 54.80 2010

Chizoba Okodogbe, Deer Valley

MOC At Large: @ 58.46

CIF At Large: \$ 55.94

Name	Year	School	Finals	H#
1 Chenault, Christina	11	Carondelet	56.35@	3
2 Alexander, Anaya	10	Las Lomas	56.90@	3
3 Ruotolo, Julianna	10	Carondelet	57.61@	3
4 Barrett, Emily	11	Foothill	57.77@	3
5 Boggan, Imani	9	Acalanes	58.11@	2
6 Winn, Chloe	12	Monte Vista	58.54	3
7 Fagalar, J'Ley	10	Deer Valley	58.90	2 58.900
8 Lillard, Ronjane	12	Freedom	58.91	3 58.902
9 Carr, Tyler	11	California	58.95	3
10 Mehta, Marina	11	Heritage	59.08	2
11 Gebhart, Mattingly	11	Monte Vista	59.22	2
12 Booth, Amber		Clayton Valley	59.41	2
13 Hilburn, Mariama	11	Deer Valley	60.00	3
14 Olabode, Lola	9	Miramonte	61.74	2
15 Ray, Olivia		College Park	61.82	1
16 Hyatt, Julie	9	Campolindo	62.08	1
17 Dong, Jessica		Northgate	62.36	2
18 Woon, Makena	11	Dougherty Valley	62.37	1
19 Creson, Arden	9	Miramonte	62.55	2
20 Holley, Ariana	11	Antioch	63.76	1
21 Patterson, Aleeyha	10	Pittsburg	64.45	1
22 Howell, Kia		Ygnacio Valley	65.00	1
23 Regelbrugge, Lani		Clayton Valley	65.22	1
-- Highland, Bridget		Clayton Valley	DQ	1 False Start

## Event 8 Boys 400 Meter Dash

7 fastest times qualify to MOC

NCS TV: R 47.64 2006

David Klech, California

MOC At Large: @ 50.05

CIF At Large: \$ 48.29

Name	Year	School	Finals	H#
1 Kurtz, Frank	12	Heritage	47.72\$	3
2 Taylor, Robert	12	Deer Valley	48.00\$	3
3 Hennies, Alex	12	Acalanes	49.43@	3
4 Comly, Nick	11	Acalanes	49.85@	3
5 Bayley, Chris	11	Amador Valley	49.88@	3
6 Evers-Threatt, Jamari	12	Deer Valley	50.51	2
7 Spencer, James	11	Dougherty Valley	50.51	3
8 Griffith, David	12	San Ramon Valley	50.59	3
9 La Shon III, Michael	11	Pittsburg	50.61	1
10 Mortensen, Justin	12	Freedom	50.98	2
11 Lowe, Anthony	9	Deer Valley	50.99	1
12 Valenton, Gabe	12	Livermore	51.21	2
13 Walker, Djamani	12	Las Lomas	51.38	2
14 Petagara, Matt	10	San Ramon Valley	51.55	2
15 Hughes, Jonathan	10	Campolindo	51.81	1

**NCS/Les Schwab Tires Tri-Valley Area Meet - 5/24/2014****Track and Field Championships****Amador Valley High School, Pleasanton CA****Results - NCS Tri-Valley Championships****....Event 8 Boys 400 Meter Dash**

16 Lewis, Joey	11 DeLaSalle	52.00	2
17 Reynoso, Andres	Concord	52.05	2
18 Strange, Doug	College Park	52.17	2
19 Randall, Tyler	12 California	52.20	3
20 kane, jack	10 Las Lomas	52.31	1
21 Master, Peter	Northgate	52.65	1
22 Villages, Johnathon	Ygnacio Valley	53.44	1

**Event 9 Girls 100 Meter Dash**

7 fastest times qualify to MOC

NCS TV: R 11.91 2000 Aishia Margain, Berkeley

MOC At Large: @ 12.73

CIF At Large: \$ 11.92

Name	Year	School	Finals	Wind	H#
1 Guillory, Briana	11	Deer Valley	12.13@	0.3	3
2 White, Pamela	10	Granada	12.57@	0.3	3
3 Dickerson, Kayla		Northgate	12.64@	0.3	3
4 Holt, Sara		Clayton Valley	12.65@	0.3	3
5 Dukes, Samantha	9	Livermore	12.68@	0.3	3 12.674
6 Berry, Sydney	12	Heritage	12.68@	0.3	3 12.679
7 LaPierre, Madison	11	Freedom	12.69@	-0.3	2
8 Williams, Brittany	10	Monte Vista	12.80	0.3	3
9 Forrester, Jessica		Clayton Valley	12.83	-1.9	1
10 Holland, Donjhai	9	Liberty (Brentwood)	12.85	-0.3	2
11 Lukas, Haley	12	Foothill	12.96	0.3	3
12 Revell, Adria	12	Foothill	13.09	-0.3	2
13 Brown, Brittany	11	Pittsburg	13.11	-1.9	1
14 Bernardo, Ashley	12	Campolindo	13.14	-0.3	2
15 Hall, Alexis	10	Las Lomas	13.16	-0.3	2
16 Alexander, Nicole	12	Monte Vista	13.18	-1.9	1
17 Tse-McKeown, Philadelphi	10	Miramonte	13.26	-0.3	2
18 Olson, Cordelia	9	Las Lomas	13.28	-0.3	2
19 Lee, Casey	12	Acalanes	13.38	-0.3	2
20 Tolliver- King, Lauren	12	Deer Valley	13.44	-1.9	1
21 Esco, Diwa		Clayton Valley	13.45	-1.9	1
22 Bouchard, Jessica	10	Dublin	13.57	-1.9	1
23 Johnson, Jessica		Clayton Valley	13.88	-1.9	1

**Event 10 Boys 100 Meter Dash**

7 fastest times qualify to MOC

NCS TV: R 10.64 2008 Taiwan Jones, Deer Valley

MOC At Large: @ 11.19

CIF At Large: \$ 10.69

Name	Year	School	Finals	Wind	H#
1 Charles, JaMaun	11	Amador Valley	10.86@	-2.0	3
2 Crawford, Xavier		Clayton Valley	11.06@	-2.0	3
3 Mixon, Joe	12	Freedom	11.12@	-2.0	3
4 White, Michael	12	Amador Valley	11.19@	-2.0	3
5 Quarles, Nkosi	12	Freedom	11.22	-1.9	2
6 Lokula, Bennie	12	Livermore	11.25	-2.0	3

## NCS/Les Schwab Tires Tri-Valley Area Meet - 5/24/2014

## Track and Field Championships

## Amador Valley High School, Pleasanton CA

## Results - NCS Tri-Valley Championships

## ....Event 10 Boys 100 Meter Dash

7 Koski, JJ	11 San Ramon Valley	11.29	-2.0	3
8 Mensendiek, Erik	12 Monte Vista	11.31	-2.0	3
9 Kiragu, Lincoln	11 Las Lomas	11.37	-1.9	2
10 Johnson, Kameron	11 Granada	11.46	-2.0	3
11 Webster, Nzuzi	12 Deer Valley	11.47	-1.8	1
12 Hughes, Harrison	12 Campolindo	11.54	-1.9	2
13 burnett, nigel	12 Las Lomas	11.57	-1.9	2
14 Do, Aaron	12 Dougherty Valley	11.66	-1.9	2
15 Tarrance, Devonte	12 Pittsburg	11.70	-1.9	2
16 Gonsalves, James	11 Alhambra	11.71	-1.9	2
17 DelPrado, Cristian	12 Freedom	11.72	-1.8	1
18 Ewing, Nate	Clayton Valley	11.73	-1.9	2
19 Kendrix, Darryl	Concord	11.79	-1.8	1
20 Abdurrohman, Harits	12 Alhambra	11.83	-1.8	1
21 Miner, Harris	College Park	12.34	-1.8	1
22 Carranza, Edgar	Concord	12.49	-1.8	1
-- Turner, Isaiah	10 Pittsburg	DQ	-1.8	1 False Start

## Event 11 Girls 800 Meter Run

7 fastest times qualify to MOC

NCS TV: R 2:13.03 2004

Lindsay Allen, College Park

MOC At Large: @ 2:20.29

CIF At Large: \$ 2:11.80

Name	Year	School	Finals	H#
1 Cella, Sarah	10	Campolindo	2:16.64@	2
2 Ricks, Madison	12	California	2:17.56@	2
3 Roden, Georgia	11	Miramonte	2:18.93@	2
4 Burney, Kourtney	12	Deer Valley	2:20.67	2
5 Wylie, Emily	10	Liberty (Brentwood)	2:20.76	1
6 Green, Annaka	10	Amador Valley	2:20.80	2
7 Eklem, Kaitlyn	11	San Ramon Valley	2:20.94	2
8 Laffer, Karly	9	Amador Valley	2:21.77	2
9 Tanaka, Aino		Northgate	2:22.86	1
10 Nubla, Ann Jellica	11	Heritage	2:23.23	1
11 Guo, Helen	10	Dougherty Valley	2:23.35	2
12 Franklin, Sarah	12	Granada	2:26.38	2
13 hight, madi	12	Las Lomas	2:26.58	1
14 Hardman, Jesse	9	Liberty (Brentwood)	2:27.45	1
15 McCabe, Megan	10	Monte Vista	2:27.46	2
16 Ray, Olivia		College Park	2:29.52	1
17 Pecknold, Brianna	9	Heritage	2:29.96	1
18 Busby, Jamie		College Park	2:30.53	2
19 Vanderheid-Nye, Alex	12	Heritage	2:31.00	1
20 Mondlach, Lindsay		Clayton Valley	2:32.46	1
21 Gamboa, Gabrielle	10	Dublin	2:33.73	2
22 Carlin, Jessica	9	Acalanes	2:35.40	1
23 Wardle, Lauren		Clayton Valley	2:37.50	1

## NCS/Les Schwab Tires Tri-Valley Area Meet - 5/24/2014

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## Amador Valley High School, Pleasanton CA

## Results - NCS Tri-Valley Championships

## Event 12 Boys 800 Meter Run

7 fastest times qualify to MOC

NCS TV: R 1:53.80 2010

Kevin Griffith, San Ramon Vall

MOC At Large: @ 1:57.42

CIF At Large: \$ 1:52.98

Name	Year	School	Finals	H#
1 McKinnon, Conner	12	Amador Valley	1:54.99@	2
2 Mayer, Cody	12	Liberty (Brentwood)	1:57.36@	2
3 Marson, Parker		College Park	1:58.36	2
4 Phair, David		College Park	1:58.46	1
5 DeMartini, Frank	11	DeLaSalle	1:59.13	2
6 Lothamer, Parker	11	Campolindo	1:59.17	2
7 Aldana, Christian	11	California	1:59.28	2
8 Buck, Andy	11	Amador Valley	1:59.51	2
9 Fuentes, Anthony		Clayton Valley	1:59.72	1
10 Williams, Luke	12	DeLaSalle	1:59.81	2
11 swain, kailen	12	Las Lomas	2:00.29	1
12 O'Brien, Charles	11	Miramonte	2:01.04	1
13 Do, Austin	12	Dougherty Valley	2:01.15	1
14 Natt, Nishan	11	Livermore	2:01.24	2
15 Cardiff, Dan	12	Acalanes	2:01.29	2
16 Lyons, Ryland	12	Dublin	2:03.40	2
17 Demeko-Ousman, Solomon	12	Heritage	2:03.96	2
18 Bennett, Benjamin	11	Liberty (Brentwood)	2:04.02	1
19 Lim, Max	12	Heritage	2:04.41	1
20 Thomas, Randy	12	Antioch	2:06.21	1
21 Sheehan, Benjamin	10	Heritage	2:07.27	1
22 McKenzie, Shane		College Park	2:08.34	1
23 Ramesh, Adi		Northgate	2:08.56	1
24 Cogo, Patrick		Clayton Valley	2:08.80	1

## Event 13 Girls 300 Meter Hurdles

7 fastest times qualify to MOC

NCS TV: R 44.22 2013

Sasha Newman, Deer Valley

MOC At Large: @ 46.77

CIF At Large: \$ 43.54

Name	Year	School	Finals	H#
1 Coffey, Arterarra	10	Deer Valley	44.73@	3
2 Thompson, Michelle	11	Dougherty Valley	44.82@	3
3 Strand, Kelly	11	Monte Vista	45.87@	3
4 Villanueva, Brookey	10	Amador Valley	46.66@	3
5 Newman, Sasha	12	Deer Valley	47.22	3
6 LaPierre, Madison	11	Freedom	47.28	2
7 Brown, Kristy	9	Amador Valley	47.32	3
8 Garcia, Raleigna	12	Deer Valley	47.38	2
9 Topielski, Emily	11	Foothill	49.10	2
10 Brown, Mariah	9	Campolindo	49.67	2
11 Margerum, Windy	9	Acalanes	50.59	2 50.581
12 Tuemmler, Andrea	12	Miramonte	50.59	2 50.582
13 Arnswald, Juliet	9	Campolindo	51.13	2
14 Sweeney, Abigail	12	Dublin	51.96	1
15 Davis, Jade		Clayton Valley	52.79	2

## NCS/Les Schwab Tires Tri-Valley Area Meet - 5/24/2014

## Track and Field Championships

## Amador Valley High School, Pleasanton CA

## Results - NCS Tri-Valley Championships

## ....Event 13 Girls 300 Meter Hurdles

16 Taylor, Kiara 10 Heritage 55.20 1

## Event 14 Boys 300 Meter Hurdles

7 fastest times qualify to MOC

NCS TV: R 36.18 2005 David Klech, California

MOC At Large: @ 40.78

CIF At Large: \$ 38.19

Name	Year	School	Finals	H#
1 Morris, Marquis	12	DeLaSalle	39.09@	3
2 Harvey, Jonathan	10	DeLaSalle	39.62@	3
3 Hurtado, Francisco	12	Pittsburg	39.79@	3
4 Downey, Nathan	12	Miramonte	39.96@	3
5 Olender, Jack	11	Heritage	40.03@	3
6 Griffith, David	12	San Ramon Valley	40.50@	2
7 Harland-Dunaway, Marcus	12	Campolindo	40.59@	3
8 Chiba, Taiki	12	Acalanes	40.90	3
9 Mandich, Ryan		Northgate	40.91	2
10 Godkin, Sean	11	DeLaSalle	40.99	3
11 Rein, Scott	12	Miramonte	41.39	2
12 Petrovykh, Dmitriy		Northgate	41.49	2
13 Tang, Michael	12	Foothill	41.56	2
14 Ernest, Simeon	11	Heritage	41.77	1
15 Colcol, Franz	12	Amador Valley	42.14	2
16 Hamlin, James	12	Deer Valley	42.66	1
17 Adams, Ralieg	11	Alhambra	42.87	2
18 Jimenez, Jesus	11	Dublin	43.32	2
19 Hanible, Aaron	9	Heritage	43.85	1
20 King, Alex		Clayton Valley	44.79	1
21 Barrios, Joaquin		Northgate	44.82	1
22 Linzey, Ben		Clayton Valley	45.73	1
23 Kameny, Brandon	11	Heritage	45.80	1

## Event 15 Girls 200 Meter Dash

7 fastest times qualify to MOC

NCS TV: R 24.10 2000 Aishia Margain, Berkeley

MOC At Large: @ 26.00

CIF At Large: \$ 24.50

Name	Year	School	Finals	Wind	H#
1 McGlaston, Mecca	10	Dublin	24.62@	-3.2	3
2 Guillory, Briana	11	Deer Valley	24.85@	-3.2	3
3 Fagalar, J'Ley	10	Deer Valley	25.91@	-3.2	3
4 Dukes, Samantha	9	Livermore	25.94@	-3.2	3
5 White, Pamela	10	Granada	26.01	-3.2	3
6 Hilburn, Mariama	11	Deer Valley	26.22	-2.9	2
7 Chenault, Christina	11	Carondelet	26.28	-3.2	3
8 Lillard, Ronjane	12	Freedom	26.38	-3.2	3
9 Alexander, Anaya	10	Las Lomas	26.40	-2.9	2
10 Dickerson, Kayla		Northgate	26.71	-2.9	2
11 Holland, Donjhai	9	Liberty (Brentwood)	26.74	-2.9	2
12 Lukas, Haley	12	Foothill	26.89	-3.2	3

## NCS/Les Schwab Tires Tri-Valley Area Meet - 5/24/2014

## Track and Field Championships

## Amador Valley High School, Pleasanton CA

## Results - NCS Tri-Valley Championships

## ....Event 15 Girls 200 Meter Dash

13 Creson, Arden	9 Miramonte	26.99	-2.9	2
14 Revell, Adria	12 Foothill	27.11	-2.9	2
15 Glavee, Kristen	11 Dougherty Valley	27.16	-2.2	1
16 Booth, Amber	Clayton Valley	27.20	-2.9	2
17 Esco, Diwa	Clayton Valley	27.51	-2.2	1
18 Bouchard, Jessica	10 Dublin	27.53	-2.2	1
19 Flenoid, Kiara	9 Pittsburg	27.55	-2.9	2
20 Hall, Alexis	10 Las Lomas	28.02	-2.2	1
21 Johnson, Jessica	Clayton Valley	28.33	-2.2	1

## Event 16 Boys 200 Meter Dash

=====

7 fastest times qualify to MOC

NCS TV: R 21.58 2001

Chris Costa, California

MOC At Large: @ 22.66

CIF At Large: \$ 21.75

Name	Year	School	Finals	Wind	H#
1 Charles, JaMaun	11	Amador Valley	21.94@	-4.3	3
2 Crawford, Xavier		Clayton Valley	22.24@	-1.8	2
3 Kurtz, Frank	12	Heritage	22.60@	-4.3	3
4 Wilson, Wade	12	San Ramon Valley	22.66@	-1.8	2
5 Lokula, Bennie	12	Livermore	22.74	-4.3	3
6 Koski, JJ	11	San Ramon Valley	22.77	-4.3	3
7 Mensendiek, Erik	12	Monte Vista	22.89	-1.8	2
8 Hurtado, Francisco	12	Pittsburg	22.93	-4.3	3
9 Kiragu, Lincoln	11	Las Lomas	22.98	-4.3	3
10 Jones, Ryan	11	Dublin	23.19	-1.8	2
11 Johnson, Dean	12	Dougherty Valley	23.35	-1.8	2
12 burnett, nigel	12	Las Lomas	23.37	-1.8	2
13 DeMaio, Jacob	12	Monte Vista	23.39	-4.3	3
14 Safi, Mousawer	11	Deer Valley	23.42	-1.8	2
15 Ewing, Nate		Clayton Valley	23.47	-3.2	1
16 Austin, Diallo	11	Pittsburg	23.55	-3.2	1
17 Kendrix, Darryl		Concord	23.73	-3.2	1
18 Huggins, Alexander	12	Dublin	23.74	-4.3	3
19 Spencer, James	11	Dougherty Valley	23.84	-1.8	2
20 Hernandez, Edgar		College Park	24.42	-3.2	1

## Event 17 Girls 3200 Meter Run

=====

7 fastest times qualify to MOC

NCS TV: R 10:29.43 1996

Kristen Gordon, Carondelet

MOC At Large: @ 11:12.73

CIF At Large: \$ 10:35.79

Name	Year	School	Finals
1 Starn, Brooke	10	Monte Vista	10:58.61@
2 McCandless, Megan	10	Granada	11:00.16@
3 Leach, Brighie	11	Campolindo	11:02.20@
4 Hernandez, Alexandra	12	Livermore	11:09.50@
5 Hansel, Chloe	10	Las Lomas	11:14.66
6 Orders, Mary	11	Campolindo	11:16.28
7 Bayliss, Christine	11	San Ramon Valley	11:18.50

**NCS/Les Schwab Tires Tri-Valley Area Meet - 5/24/2014****Track and Field Championships****Amador Valley High School, Pleasanton CA****Results - NCS Tri-Valley Championships****....Event 17 Girls 3200 Meter Run**

8 Taketa, Samantha	10 Acalanes	11:20.63
9 Lutz, Carly	12 San Ramon Valley	11:28.80
10 Bohannon, Kai	9 Liberty (Brentwood)	11:33.51
11 Sun, Hana	10 Campolindo	11:48.75
12 Leroudier, Melodie	10 Amador Valley	12:02.19
13 Johnson, Rachel	11 Campolindo	12:07.47
14 Dowey, Emily	College Park	12:23.13
15 Tanaka, Aino	Northgate	12:35.77
16 Duignan, Skylar	9 Heritage	12:41.42
17 Dempster, Gina	Concord	12:49.24
18 Ortiz, Kyra	Clayton Valley	13:01.35
19 Paulson, Leigha	12 Freedom	13:10.36
20 Saliba, Selina	College Park	13:10.46
21 Pontius, Kelsey	10 Freedom	13:17.89
22 Garcia, Diana	11 Freedom	13:21.88
23 Romero, Isabella	Ygnacio Valley	13:23.56
24 Truhe, Miranda	9 Liberty (Brentwood)	13:24.35

**Event 18 Boys 3200 Meter Run**

=====

7 fastest times qualify to MOC

NCS TV: R 9:20.81 2004 Scott Bauhs, San Ramon Vall

MOC At Large: @ 9:31.13

CIF At Large: \$ 9:08.64

Name	Year School	Finals
1 Hurlock, Blair	12 DeLaSalle	9:13.71R
2 Olson, Tyler	12 Livermore	9:18.96R
3 Goltra, Aidan	12 Campolindo	9:21.00@
4 Olson, Todd	12 Livermore	9:26.20@
5 Crose, Jackson	11 Livermore	9:28.05@
6 Schumann, Matt	11 DeLaSalle	9:29.23@
7 Sanchez, Austin	11 DeLaSalle	9:35.70
8 Schmidt, Zachary	11 Dublin	9:41.85
9 Gaskell, Cameron	10 Acalanes	9:49.98
10 Robey, Tom	10 Las Lomas	9:55.39
11 Moran, Will	12 Campolindo	10:01.04
12 Drees, Jacob	11 Heritage	10:04.32
13 Williams, Brennan	College Park	10:11.19
14 Egley, Jake	Northgate	10:11.29
15 Openany, Sayed	Clayton Valley	10:21.49
16 Condon, Danny	Clayton Valley	10:28.21
17 Gonzalez, Carlos	10 Pittsburg	10:29.96
18 Hodgson, Robert	10 Liberty (Brentwood)	10:31.37
19 Townsend, Chris	11 Heritage	10:40.40
20 Zamanian, Charlie	12 Miramonte	10:43.53
21 Givens, Sam	Clayton Valley	10:44.56
22 Grovhoug, Nathan	11 Heritage	10:47.11
23 Maldonado, Mateo	11 Freedom	11:04.50

## NCS/Les Schwab Tires Tri-Valley Area Meet - 5/24/2014

## Track and Field Championships

## Amador Valley High School, Pleasanton CA

## Results - NCS Tri-Valley Championships

## Event 19 Girls 4x400 Meter Relay

7 fastest times qualify to MOC

NCS TV: R 3:51.31 2000

Berkeley

MOC At Large: @ 4:02.99

CIF At Large: \$ 3:51.27

School	Finals	H#
1 Carondelet 'A'	3:52.13@	3
1) Scott, Mikayla 9	2) Ruotolo, Julianna 10	
3) Avina, Avery 10	4) Chenault, Christina 11	
2 Deer Valley 'A'	3:56.19@	3
1) Newman, Sasha 12	2) Guillory, Briana 11	
3) Fagalar, J'Ley 10	4) Hilburn, Mariama 11	
3 Monte Vista 'A'	4:00.20@	3
1) Gebhart, Mattingly 11	2) Strand, Kelly 11	
3) Fuhriman, Heidi 10	4) Winn, Chloe 12	
4 Foothill 'A'	4:01.32@	3
1) Chu, Sharon 11	2) Revell, Adria 12	
3) Lukas, Haley 12	4) Barrett, Emily 11	
5 San Ramon Valley 'A'	4:01.86@	3
1) Evans, Emily 12	2) Eklem, Kaitlyn 11	
3) Gregory, Taylor 10	4) Saunders, Amanda 12	
6 Amador Valley 'A'	4:06.28	3
1) Moe, Bridgette 10	2) Brown, Kristy 9	
3) Cotton, Olivia 11	4) Rocca, Annecy 9	
7 Freedom 'A'	4:08.62	2
1) Fernandez, Xochitl 10	2) LaPierre, Madison 11	
3) Robbins, Alexis 10	4) Lillard, Ronjane 12	
8 Miramonte 'A'	4:09.05	3
1) Creson, Arden 9	2) Fishlow, Hannah 9	
3) Roden, Georgia 11	4) Olabode, Lola 9	
9 Campolindo 'A'	4:12.64	2
1) Hyatt, Julie 9	2) Cella, Sarah 10	
3) Arnswald, Juliet 9	4) Chiang, Kristy 11	
10 Clayton Valley Charter 'A'	4:14.19	2
1) Newell, Brianne	2) Highland, Bridget	
3) Mondlach, Lindsay	4) Booth, Amber	
11 Heritage 'A'	4:14.72	2
1) Mehta, Marina 11	2) Nubla, Ann Jellica 11	
3) Vanderheid-Nye, Alex 12	4) Pecknold, Brianna 9	
12 California 'A'	4:15.25	3
1) Groleau, Kaitlin 9	2) Ricks, Madison 12	
3) McClure, Kaidyn 11	4) Delaney, Kaelin 11	
13 Dougherty Valley 'A'	4:17.78	2
1) Woon, Makena 11	2) Peregrino, Alex 10	
3) Guo, Helen 10	4) Thompson, Michelle 11	
14 Las Lomas 'A'	4:19.14	1
1) McBrayer, Mackenzie 10	2) Ordukhari, Leila 9	
3) lau-shum, sophia 10	4) Olson, Cordelia 9	
15 College Park 'A'	4:19.15	1
1) Busby, Jamie	2) Ray, Olivia	
3) Niederberger, Taryn	4) Hunter, Carrie	
16 Dublin 'A'	4:20.41	2
1) Bouchard, Jessica 10	2) Sweeney, Abigail 12	
3) Tran, Alicia 11	4) Gamboa, Gabrielle 10	

## NCS/Les Schwab Tires Tri-Valley Area Meet - 5/24/2014

**Track and Field Championships**  
**Amador Valley High School, Pleasanton CA**  
**Results - NCS Tri-Valley Championships**

**....Event 19 Girls 4x400 Meter Relay**

17	Pittsburg 'A'		4:23.53	2
	1) Brown, Brittany 11	2) Harrell, Monica 11		
	3) Barney, Hydeia 11	4) Larson, Ariana 12		
18	Concord 'A'		4:43.56	1
	1) Reynoso, Natalya	2) Cao, Yvonne		
	3) Fuller, Kennedy	4) Frantz, April		
19	Ygnacio Valley 'A'		4:45.49	1
	1) Hammonds, Tathadjia	2) Marcus, Sabrina		
	3) Romero, Annalisa	4) Romero, Isabella		

**Event 20 Boys 4x400 Meter Relay**

=====

7 fastest times qualify to MOC

NCS TV: R 3:19.39 2011 Amador Valley, Amador Valley  
 J Chen, J Slaton, D Roberson, N Bayley

MOC At Large: @ 3:24.00

CIF At Large: \$ 3:18.31

School

Finals H#

1	Amador Valley 'A'		3:17.44\$	3
	1) Bayley, Chris 11	2) McKinnon, Conner 12		
	3) McCollough, Ledre 10	4) Charles, JaMaun 11		
2	San Ramon Valley 'A'		3:17.95\$	3
	1) Griffith, David 12	2) Wilson, Wade 12		
	3) Koski, JJ 11	4) Alexander, Trevor 11		
3	Heritage 'A'		3:21.30@	3
	1) Kurtz, Frank 12	2) Winding, Adam 10		
	3) Olender, Jack 11	4) Hanible, Aaron 9		
4	Acalanes 'A'		3:21.51@	3
	1) Comly, Nick 11	2) Cardiff, Dan 12		
	3) Vitale, Sid 12	4) Hennies, Alex 12		
5	DeLaSalle 'A'		3:22.13@	2
	1) Morris, Marquis 12	2) Short, Elijah 9		
	3) Scott, Dylan 9	4) Harvey, Jonathan 10		
6	Deer Valley 'A'		3:22.98@	3
	1) Webster, Nsimba 12	2) Lowe, Anthony 9		
	3) Evers-Threatt, Jamari 12	4) Taylor, Robert 12		
7	Miramonte 'A'		3:23.35@	3
	1) Downey, Nathan 12	2) Rein, Scott 12		
	3) Lundstrom, Luke 12	4) O'Brien, Charles 11		
8	Pittsburg 'A'		3:24.70	3
	1) La Shon, Michael 11	2) Austin, Diallo 11		
	3) Hurtado, Francisco 12	4) Bartolo, Joey 11		
9	Campolindo 'A'		3:24.93	2
	1) Lothamer, Parker 11	2) Moore, Niki 9		
	3) Hughes, Jonathan 10	4) Hughes, Harrison 12		
10	Las Lomas 'A'		3:25.65	2
	1) Walker, Djamani 12	2) Kiragu, Lincoln 11		
	3) swain, kajlen 12	4) kane, jack 10		
11	Liberty (Brentwood) 'A'		3:27.67	3
	1) Foote, Brad 12	2) Davis, Christopher 12		
	3) Mayer, Cody 12	4) Oseguera, Ivan 12		
12	Livermore 'A'		3:30.37	1
	1) Lokula, Bennie 12	2) Hulbert, Christian 12		

**NCS/Les Schwab Tires Tri-Valley Area Meet - 5/24/2014**  
**Track and Field Championships**  
**Amador Valley High School, Pleasanton CA**  
**Results - NCS Tri-Valley Championships**

**....Event 20 Boys 4x400 Meter Relay**

3) Cisneros, Jordan 10	4) Swaim, Andrew 11		
13 College Park 'A'		3:30.98	2
1) Marson, Parker	2) Phair, David		
3) Tabone, Andrew	4) Strange, Doug		
14 California 'A'		3:31.33	2
1) Johnson, Jzelun 10	2) Ginkins, Ben 10		
3) Thayer, Andrew 12	4) Randall, Tyler 12		
15 Freedom 'A'		3:32.54	2
1) Cheney, Malachi 12	2) Rucker-Smith, Donte 11		
3) Mortensen, Justin 12	4) Quarles, Nkosi 12		
16 Foothill 'A'		3:34.21	2
1) Ingram, Da\ 'Mon 9	2) Edelson, Dylan 10		
3) Tang, Michael 12	4) Knight, Liam 10		
17 Dublin 'A'		3:41.11	1
1) Lyons, Ryland 12	2) Colwell, Anders 10		
3) Durst, Matthew 9	4) Jimenez, Jesus 11		
18 Ygnacio Valley 'A'		4:05.35	1
1) Kamita, Grant	2) Hayes, Andrew		
3) Zielinski, Bryce	4) Villages, Johnathon		
-- Clayton Valley Charter 'A'		DQ	2 Out of Zone
1) Linzey, Ben	2) Ewing, Nate		
3) King, Alex	4) Crawford, Xavier		
-- Dougherty Valley 'A'		DQ	1 Interference
1) Spencer, James 11	2) Ferreira, Paul 12		
3) Vu, Vincent 11	4) Olvera, Scott 11		

**Event 21 Girls High Jump**

=====  
 Top seven qualify to NCS MOC  
 Opening height: 4-08, 2" increments to 5-02, then 1" increments  
 NCS TV: R 5-08 2008 Adrienne Johnson, Carondelet  
 MOC At Large: @ 5-02  
 CIF At Large: \$ 5-05

Name	Year	School	Finals
1 Mork, Kirsten	12	Granada	5-08.00R
2 Hebert, Lillianna	11	California	5-06.00\$
3 Reichenbach, Rachel	12	Foothill	J5-06.00\$
4 Kurtz, Jennifer	10	California	J5-06.00\$
5 Olabode, Lola	9	Miramonte	5-03.00@
6 Dryer, Brittany	11	Heritage	J5-03.00@
7 Millington, Xhosha	12	Heritage	5-00.00
8 Biekert, Sydney	12	San Ramon Valley	J5-00.00
9 Onwuzulike, Ijemma	11	Heritage	J5-00.00
9 Mbeledogu, Nma	11	Las Lomas	J5-00.00
11 Pearson, Rylie		Concord	4-10.00
11 Bruce, Ashley	11	Dublin	J4-08.00
12 O'Malley, Katie	10	Dougherty Valley	4-08.00
-- Arnswald, Juliet	9	Campolindo	NH
-- Cox, Claire		College Park	NH
-- Holland, Donjhai	9	Liberty (Brentwood)	NH
-- Reynoso, Natalya		Concord	NH
-- Yang, Erin	11	Dougherty Valley	NH
-- Perez, Marianna		College Park	NH

## NCS/Les Schwab Tires Tri-Valley Area Meet - 5/24/2014

## Track and Field Championships

## Amador Valley High School, Pleasanton CA

## Results - NCS Tri-Valley Championships

## ....Event 21 Girls High Jump

-- Mehta, Marina	11 Heritage	NH
-- Almassey, Kelsey	11 Freedom	NH

## Event 22 Girls Pole Vault

=====

Top seven qualify to NCS MOC

Opening height 8-00, 6" increments to 10-00, then 3" increments

NCS TV: R 12-05 5/19/2012 Cimran Virdi, Las Lomas

MOC At Large: @ 10-06

CIF At Large: \$ 11-07

Name	Year School	Finals
1 Larson, Lauren	12 San Ramon Valley	11-06.00@
2 Sutton, Haley	Northgate	10-06.00@
3 Butterfield, Mayuko	College Park	J10-06.00@
4 Hatter, Lauren	11 San Ramon Valley	10-00.00
5 Sebaugh, Sierra	12 Pittsburg	J10-00.00
6 Trimble, Carolina	10 Las Lomas	J10-00.00
7 Wieser, Savannah	11 Dublin	9-06.00
8 Meyer, Emily	11 Carondelet	J9-06.00
8 Kern, Katie	11 Carondelet	J9-06.00
10 Craig, Jillian	12 Amador Valley	J9-06.00
11 Lee, Noelani	9 Dougherty Valley	J9-06.00
12 McNamara, Lauren	10 Foothill	9-00.00
13 Tucci, Anna	12 Miramonte	J9-00.00
14 Freeman, Jessica	11 Liberty (Brentwood)	J9-00.00
14 Yangorin, Elizabeth	11 Pittsburg	J9-00.00
16 Chestnutt, Sonya	Northgate	8-06.00
16 Dong, Rebecca	Northgate	8-06.00
18 Millington, Xhosha	12 Heritage	J8-06.00
19 Protzen, Miranda	11 Campolindo	J8-06.00
19 Mitchell, Casey	Clayton Valley	J8-06.00
21 Roos, Nikki	10 Acalanes	8-00.00
22 Jorgensen, Chloe	10 Liberty (Brentwood)	J8-00.00
-- Sinsel, Natalia	10 Pittsburg	NH
-- Mullins, Ella	Clayton Valley	NH

## Event 23 Girls Long Jump

=====

Top seven qualify to NCS MOC

After 3 jumps, top 8 receive 3 more jumps

NCS TV: R 19-03 1996 Pia McAllister, Clayton Valley

MOC At Large: @ 17-06

CIF At Large: \$ 18-04

Name	Year School	Finals	Wind
1 Reichenbach, Rachel	12 Foothill	17-08.50@	NWI
2 Coffey, Arterra	10 Deer Valley	17-07.50@	NWI
3 Berry, Sydney	12 Heritage	17-07.00@	NWI
4 Dukes, Samantha	9 Livermore	17-01.50	NWI
5 Creson, Arden	9 Miramonte	16-08.75	NWI
6 Margerum, Windy	9 Acalanes	16-05.25	NWI
7 Thomas, Anyel	12 San Ramon Valley	16-03.25	NWI
8 Topielski, Emily	11 Foothill	16-02.50	NWI

**NCS/Les Schwab Tires Tri-Valley Area Meet - 5/24/2014****Track and Field Championships****Amador Valley High School, Pleasanton CA****Results - NCS Tri-Valley Championships****....Event 23 Girls Long Jump**

9	Brown, Brittany	11	Pittsburg	15-09.25	NWI
10	Biekert, Sydney	12	San Ramon Valley	15-08.50	NWI
11	Tucci, Anna	12	Miramonte	15-07.25	NWI
12	Butterfield, Mayuko		College Park	15-04.50	NWI
13	Bernardo, Ashley	12	Campolindo	15-01.25	NWI
14	McCarthy, Rebekah	12	Liberty (Brentwood)	15-00.00	NWI
15	Yang, Erin	11	Dougherty Valley	14-07.25	NWI
16	Rodriguez, Trish		Clayton Valley	14-03.50	NWI
17	Boehm, Andrea	12	Amador Valley	13-11.00	NWI
18	Daynes, Jessica		Concord	13-10.00	NWI
19	Freeman, Jacquelyn	12	Liberty (Brentwood)	13-09.25	NWI
20	Griffin, Nicole	11	Liberty (Brentwood)	13-09.00	NWI
21	Carroll, Jenna		College Park	13-07.00	NWI
22	Abad, Kelisha		College Park	13-06.25	NWI
22	Casillas, Cassandra	12	Freedom	13-06.25	NWI

**Event 24 Girls Triple Jump**

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Top seven qualify to NCS MOC

After 3 jumps, top 8 receive 3 more jumps

NCS TV: R 38-03.75 2008 Ese Ntekume, Deer Valley

MOC At Large: @ 35-11.50

CIF At Large: \$ 38-04

Name	Year	School	Finals	Wind
1	Chenault, Christina	11	Carondelet	38-00.50@ NWI
2	Hebert, Lillianna	11	California	37-02.75@ NWI
3	Butterfield, Mayuko		College Park	35-09.00 NWI
4	Reichenbach, Rachel	12	Foothill	35-08.50 NWI
5	Berry, Sydney	12	Heritage	35-03.75 NWI
6	Biekert, Sydney	12	San Ramon Valley	34-07.75 NWI
7	McCarthy, Rebekah	12	Liberty (Brentwood)	33-11.00 NWI
8	Tran, Mikayla	9	Foothill	33-06.00 NWI
9	Bouri, Tatiana	11	Dublin	32-08.50 NWI
10	Newell, Brianne		Clayton Valley	32-05.75 NWI
11	Haubert, Karissa	10	Dublin	32-05.00 NWI
12	Lorenzana, Brittney	10	Dublin	31-08.50 NWI
13	Tuemmler, Andrea	12	Miramonte	31-04.50 NWI
14	Bernardo, Ashley	12	Campolindo	31-00.00 NWI
15	Griffin, Nicole	11	Liberty (Brentwood)	30-03.25 NWI
16	Freeman, Jacquelyn	12	Liberty (Brentwood)	30-01.25 NWI
17	Carroll, Jenna		College Park	29-07.00 NWI
18	Yang, Erin	11	Dougherty Valley	29-06.00 NWI
19	Almassey, Kelsey	11	Freedom	28-06.75 NWI
20	Fuller, Kennedy		Concord	28-04.75 NWI

**NCS/Les Schwab Tires Tri-Valley Area Meet - 5/24/2014****Track and Field Championships  
Amador Valley High School, Pleasanton CA  
Results - NCS Tri-Valley Championships****Event 25 Girls Shot Put**

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 Top seven qualify to NCS MOC

After 3 throws, top 8 receive 3 more throws

NCS TV: R 44-11.50 2000 Amada Garcia, Carondelet

MOC At Large: @ 35-11.50

CIF At Large: \$ 41-02

Name	Year	School	Finals
1 Jones, Jelaia	11	Pittsburg	38-11.50@
2 Lassair, Tyra	12	Pittsburg	38-06.75@
3 Canty, Kyra	12	Deer Valley	38-03.25@
4 Kimber, Helen	11	California	36-09.75@
5 Tasini, Kisaea	12	Pittsburg	35-06.50
6 Alatini, Tisi		Clayton Valley	35-01.00
7 Aha, Yvonne	12	Monte Vista	34-08.25
8 Smith, Leelin	12	Deer Valley	33-01.00
9 Frost, McKenzie	11	Granada	32-10.00
10 Haefke, Selina	12	Alhambra	32-08.50
11 Vernoy, Megan	11	Heritage	32-06.00
12 Palma, Tori	10	Amador Valley	30-06.25
13 Grisson, Pamela	9	Dougherty Valley	30-01.00
14 Long, Jaclyn	11	Foothill	29-10.50
15 Blaney, Isabella		Northgate	29-03.25
16 Cunningham, Lauren	11	Dublin	28-09.00
17 Butler, Cassie	12	Las Lomas	28-02.00
18 Rexhepi, Vjollca		Northgate	27-10.00
19 Masukawa, Renee	10	Monte Vista	27-07.75
20 Olson, Veronika	10	Alhambra	27-07.25
21 Theidi, Hannah	12	Dougherty Valley	26-10.00
22 Lopez-Tapia, Victoria		Concord	26-08.25
23 Clugston, Abigail		College Park	22-11.50

**Event 26 Girls Discus Throw**

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 Top seven qualify to NCS MOC

After 3 throws, top 8 receive 3 more throws

NCS TV: R 141-03 2003 Alexaraee Toeaina, Pittsburg

MOC At Large: @ 112-10

CIF At Large: \$ 134-03

Name	Year	School	Finals
1 Hingano, Sisileti	11	California	125-00@
2 Butler, Cassie	12	Las Lomas	117-08@
3 Canty, Kyra	12	Deer Valley	111-05
4 Vernoy, Megan	11	Heritage	109-06
5 Smith, Leelin	12	Deer Valley	109-00
6 Kimber, Helen	11	California	107-08
7 Hingano, Mata	10	California	105-11
8 Alatini, Tisi		Clayton Valley	102-05
9 Lassair, Tyra	12	Pittsburg	99-07
10 Irwin, Jessica	12	Granada	98-06
11 Frost, McKenzie	11	Granada	93-03
12 Novell, Sara	12	Granada	91-04
13 Daum, Maddy	11	Campolindo	91-02
14 Woo, Taylor	11	Dougherty Valley	90-08

## NCS/Les Schwab Tires Tri-Valley Area Meet - 5/24/2014

## Track and Field Championships

## Amador Valley High School, Pleasanton CA

## Results - NCS Tri-Valley Championships

## ....Event 26 Girls Discus Throw

15 Malig, Kara	Concord	90-02
16 Cunningham, Lauren	11 Dublin	88-01
17 Moore, Angela	12 Pittsburg	85-10
18 Haefke, Selina	12 Alhambra	84-08
19 Lopez-Tapia, Victoria	Concord	83-02
20 Forrester, Gabbrielle	Clayton Valley	82-06
21 Schneiderman, Lea	11 Antioch	80-03
22 Muonekwu, Bianca	Concord	72-05
23 Oenyany, Hosna	Clayton Valley	71-08
24 Larsen, Rachel	10 Acalanes	71-07

## Event 27 Boys High Jump

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Top seven qualify to NCS MOC

Opening height 5-08, 2" increments to 6-02, then 1" increments

NCS TV: R 6-10 5/19/2012 Noel Frazier, California

MOC At Large: @ 6-03

CIF At Large: \$ 6-07

Name	Year School	Finals
1 Williams, Jeremy	12 Granada	6-06.00@
2 Thexton, Jaron	11 Foothill	6-05.00@
3 Barnett, Brian	11 Granada	6-03.00@
4 Foote, Drake	12 Livermore	6-02.00
5 Burnes, Daniel	11 Heritage	J6-02.00
6 Bell, Ryan	11 Deer Valley	J6-02.00
7 Pfaff, Justin	10 Campolindo	J6-02.00
8 Kumar, Nish	12 Amador Valley	6-00.00
9 Chaffee, Stokley	11 Amador Valley	J6-00.00
10 Foote, Brad	12 Liberty (Brentwood)	J6-00.00
11 Obodo, Isaac	12 Heritage	5-10.00
12 Mace, Parker	11 Heritage	J5-10.00
13 Barney, Nathan	10 Dougherty Valley	5-08.00
14 Makrakis, Nick	Northgate	J5-08.00
15 Westemeier, Ethan	9 Acalanes	J5-08.00
-- Johnson, Taylor	College Park	NH
-- Hurley, Noah	College Park	NH
-- Schmidt, Clayton	12 Freedom	NH
-- Hanible, Aaron	9 Heritage	NH
-- Bone, Christian	Clayton Valley	NH
-- Robinson, Jack	12 Alhambra	NH
-- adelson, elliott	11 Las Lomas	NH
-- Tang, Sonny	11 Dougherty Valley	NH

## Event 28 Boys Pole Vault

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Top seven qualify to NCS MOC

Opening height 10-00, 6" increments to 13-00, then 3" increment

NCS TV: R 17-00 2008 Justin Miller, California

MOC At Large: @ 13-03

CIF At Large: \$ 15-02

Name	Year School	Finals
1 O'Brien, Sean	12 San Ramon Valley	14-09.00@

**NCS/Les Schwab Tires Tri-Valley Area Meet - 5/24/2014****Track and Field Championships****Amador Valley High School, Pleasanton CA****Results - NCS Tri-Valley Championships****....Event 28 Boys Pole Vault**

2 Fancey, Michael	11 Liberty (Brentwood)	J14-09.00@
3 Downey, Nathan	12 Miramonte	14-06.00@
4 Smith, Louis	11 San Ramon Valley	J14-06.00@
5 Pisenti, Justin	11 San Ramon Valley	14-00.00@
6 Yau, Martin	12 Dublin	13-07.00@
7 Foote, Drake	12 Livermore	13-03.00@
8 Bertics, Andrew	12 Acalanes	J13-03.00@
9 Bagatelos, John	11 Granada	J13-03.00@
10 Tamura, TJ	College Park	12-06.00
10 Tang, Michael	12 Foothill	12-06.00
12 Drake, Tim	11 Liberty (Brentwood)	12-00.00
13 Katzman, Peter	12 Campolindo	11-06.00
14 Mace, Parker	11 Heritage	11-00.00
14 Bricklin, Jared	Northgate	11-00.00
14 Shimotake, Alex	11 Acalanes	11-00.00
14 Martin, Daniel	11 Heritage	11-00.00
14 Toledo, Andrew	10 Pittsburg	11-00.00
14 Hurley, Noah	College Park	11-00.00
14 Mitchell, Mason	Northgate	11-00.00
21 Whiting, Sam	10 Miramonte	10-06.00
22 Dewees, CJ	11 Freedom	10-00.00
22 Rogers, Jason	Clayton Valley	10-00.00
22 Vasquez, Tony	College Park	10-00.00

**Event 29 Boys Long Jump**

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Top seven qualify to NCS MOC

After 3 jumps, top 8 receive 3 more jumps

NCS TV: R 23-05.25 5/19/2012 Damariay Drew, Livermore

MOC At Large: @ 21-10

CIF At Large: \$ 22-10

Name	Year School	Finals	Wind
1 Webster, Nsimba	12 Deer Valley	22-09.25@	NWI
2 White, Michael	12 Amador Valley	22-06.50@	NWI
3 Johnson, Adonis	12 Deer Valley	21-09.50	NWI
4 Webster, Nzuzi	12 Deer Valley	20-11.00	NWI
5 Beasley, Jonathan	12 Granada	20-06.00	NWI
6 Ernest, Simeon	11 Heritage	20-05.25	NWI
7 Jagers, Nathan	Clayton Valley	20-04.00	NWI
8 Kwong, Harrison	11 Dougherty Valley	20-02.25	NWI
9 Veal, Frankie	12 Liberty (Brentwood)	20-01.50	NWI
10 Saribay, Calvin	11 Acalanes	20-00.00	NWI
11 Johnson, Kameron	11 Granada	19-11.50	NWI
11 Robinson, Tremar	12 DeLaSalle	19-11.50	NWI
13 Millinder, Darrell	11 Dublin	19-07.00	NWI
14 Byun, Ryan	11 Dougherty Valley	19-06.75	NWI
15 Ramsey, Kyler	12 Foothill	19-05.00	NWI
16 Makrakis, Nick	Northgate	19-00.25	NWI
16 Petagara, Matt	10 San Ramon Valley	19-00.25	NWI
18 Winding, Adam	10 Heritage	18-08.50	NWI
19 Fulks, Zack	11 Las Lomas	18-03.25	NWI
20 Knight, Mason	Concord	17-09.50	NWI
21 Jefferson, Jabari	11 Dublin	17-05.25	NWI

## NCS/Les Schwab Tires Tri-Valley Area Meet - 5/24/2014

## Track and Field Championships

## Amador Valley High School, Pleasanton CA

## Results - NCS Tri-Valley Championships

## ....Event 29 Boys Long Jump

22 Bergen, Eli	Concord	16-11.00	NWI
23 Mitchell, Mason	Northgate	10-09.75	NWI

## Event 30 Boys Triple Jump

=====

Top seven qualify to NCS MOC

After 3 jumps, top 8 receive 3 more jumps

NCS TV: R 49-00 2009 Hammed Suleman, Deer Valley

MOC At Large: @ 44-08.25

CIF At Large: \$ 46-10

Name	Year School	Finals	Wind
1 Webster, Nsimba	12 Deer Valley	48-04.50\$	0.7
2 Davis, Christopher	12 Liberty (Brentwood)	45-02.50@	+0.0
3 Webster, Nzuzi	12 Deer Valley	43-04.00	1.1
4 Foote, Drake	12 Livermore	42-03.50	+0.0
5 Saribay, Calvin	11 Acalanes	42-02.75	0.5
6 Whitmire, Devin	10 Heritage	41-11.50	0.8
7 Makrakis, Nick	Northgate	41-10.00	-0.6
8 Millinder, Darrell	11 Dublin	41-03.50	0.2
9 Veal, Frankie	12 Liberty (Brentwood)	41-00.50	0.1
10 Mortensen, Justin	12 Freedom	40-11.50	0.2
11 Kwong, Harrison	11 Dougherty Valley	39-11.25	+0.0
12 Byun, Ryan	11 Dougherty Valley	39-06.50	0.3
13 McDonald, Garrett	11 Granada	39-05.00	0.7
14 French, Scott	12 Monte Vista	39-03.00	0.7
15 Louwen, Charlie	12 DeLaSalle	39-02.25	0.7
16 Lundstrom, Luke	12 Miramonte	39-01.00	+0.0
17 Gil, Sean	College Park	38-11.00	-0.2
18 Pressler, Kimo	12 Monte Vista	38-03.25	-1.4
19 Bergen, Eli	Concord	37-03.00	0.8
20 Bone, Christian	Clayton Valley	36-08.25	1.3
21 Shaw, Johnathan	9 Dublin	35-05.75	-0.1
22 Tetzloff, Gus	Northgate	33-05.25	1.5
23 Su, Nathan	Clayton Valley	31-02.75	0.7

## Event 31 Boys Shot Put

=====

Top seven qualify to NCS MOC

After 3 throws, top 8 receive 3 more throws

NCS TV: R 62-11 2008 Chris Krychev, Monte Vista

MOC At Large: @ 48-04.25

CIF At Large: \$ 57-09

Name	Year School	Finals
1 Thomas, Matt	12 Acalanes	57-01.00@
2 Mckenzie, Kahlil	11 DeLaSalle	55-07.25@
3 Esparza, Nathan	10 Amador Valley	52-11.00@
4 Fifita, Oleni	12 Heritage	51-01.50@
5 Mostafavi, Amir	12 Heritage	50-00.00@
6 DeFlores, Griffin	11 Heritage	49-01.50@
7 Rood, Matthew	12 Monte Vista	48-11.00@
8 Dalton, Cody	12 Monte Vista	48-03.50
9 Dalton, Dylan	11 Monte Vista	46-07.75

## NCS/Les Schwab Tires Tri-Valley Area Meet - 5/24/2014

**Track and Field Championships**  
**Amador Valley High School, Pleasanton CA**  
**Results - NCS Tri-Valley Championships**

**....Event 31 Boys Shot Put**

10 Shurtz, Jack	11 Campolindo	45-05.00
11 Chatman, Michael	11 Pittsburg	44-06.75
12 Powell, De'Angelo	12 Pittsburg	44-01.75
13 Simonds, James	10 Amador Valley	44-01.50
14 Waddell, Anthony	12 Freedom	44-00.50
15 Rowland, Jonathan	12 Campolindo	42-09.50
16 D'Tiole, Mikale	Clayton Valley	40-05.50
17 Brydon, John	10 Acalanes	40-03.50
18 Buchman, Cal	12 Acalanes	37-09.50
19 Asberry, Isaiah	Northgate	36-00.00
20 King, Jake	Clayton Valley	32-08.00
-- Williams, Jeff	Clayton Valley	FOUL

**Event 32 Boys Discus Throw**

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Top seven qualify to NCS MOC

After 3 throws, top 8 receive 3 more throws

NCS TV: R 186-00 2010 Zach Coniglio, Alhambra

MOC At Large: @ 147-09

CIF At Large: \$ 171-05

Name	Year School	Finals
1 Esparza, Nathan	10 Amador Valley	164-04@
2 Thomas, Matt	12 Acalanes	156-07@
3 Kerstetter, Frankie	12 Livermore	152-04@
4 DeFlores, Griffin	11 Heritage	149-00@
5 Shurtz, Jack	11 Campolindo	148-10@
6 Grisby, Namontte	10 Pittsburg	140-11
7 Paniagua, Antonio	12 Heritage	138-08
8 Mostafavi, Amir	12 Heritage	137-11
9 Williams, Jeff	Clayton Valley	137-04
10 Fosbery, Peter	12 DeLaSalle	136-04
11 Ogee, Sam	12 Livermore	135-05
12 Buchman, Cal	12 Acalanes	134-01
13 Asberry, Isaiah	Northgate	133-11
14 Lassair, Tyrell	12 Pittsburg	124-06
15 Powell, De'Angelo	12 Pittsburg	121-07
15 Dalton, Dylan	11 Monte Vista	121-07
17 Matsuda, Jonahan	Campolindo	113-09
18 King, Jake	Clayton Valley	109-03
19 Ihejeto, Mike	Northgate	106-08
20 Fitzpatrick, Kyle	10 Alhambra	99-06

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Women - Team Rankings - 16 Events Scored

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1) Deer Valley	95	2) California	43
3) Monte Vista	41	4) Carondelet	36
5) Foothill	33	6) Granada	32
7) Las Lomas	27	8) Campolindo	24
9) Pittsburg	22	10) San Ramon Valley	21
11) Dublin	20	11) Heritage	20
13) Livermore	16	14) Northgate	14
15) College Park	12	15) Dougherty Valley	12
17) Miramonte	10	18) Amador Valley	7

**NCS/Les Schwab Tires Tri-Valley Area Meet - 5/24/2014****Track and Field Championships****Amador Valley High School, Pleasanton CA****Results - NCS Tri-Valley Championships****....Event 32 Boys Discus Throw**

19) Clayton Valley Charter	5	20) Acalanes	3
21) Liberty (Brentwood)	2	22) Freedom	1

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Men - Team Rankings - 16 Events Scored

=====

1) Amador Valley	80	2) DeLaSalle	65
3) Deer Valley	57	4) Heritage	46
5) Acalanes	41	6) Livermore	37
7) San Ramon Valley	30	8) Liberty (Brentwood)	24
9) Campolindo	21	10) Granada	18
11) Clayton Valley Charter	16	12) College Park	10
12) Miramonte	10	14) Foothill	8
14) Alhambra	8	14) Freedom	8
17) Pittsburg	7	17) Northgate	7
19) Monte Vista	2	20) Dublin	1