

**NCS/Les Schwab Tires Tri-Valley Area Meet - 5/22/2010****Track and Field Championships****Granada High School, Livermore, CA****Results - NCS Tri-Valley Championships****Event 1 Girls 4x100 Meter Relay****Sponsor: Les Schwab Tires****Heat winners and the next 4 fastest times qualify to MOC**

NCS TV:	47.89	R	2000	Berkeley
NCS MOC:	45.64	M	1996	James Logan, James Logan
State Meet:	44.70	S	1997	St. Bernard (Playa del Rey)
	47.66	CIF		
	49.93	MOC		

Team	Relay	Finals	H#
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**Finals**

1	Deer Valley	A	48.37	MOC	3
2	Heritage	A	49.16	MOC	2
3	Antioch	A	49.67	MOC	2
4	California	A	50.01		1
5	San Ramon Valley	A	50.42		3
6	Clayton Valley	A	50.44		2
7	Acalanes	A	50.51		1
8	Foothill	A	50.51		3
9	Carondelet	A	50.74		1
10	Alhambra	A	50.95		2
11	Miramonte	A	51.55		3
12	Dougherty Valley	A	51.70		2
13	Granada	A	51.87		1
14	Pittsburg	A	52.35		2
15	Freedom	A	53.11		3
16	Northgate	A	53.20		3
17	Las Lomas	A	53.59		2
18	College Park	A	54.10		1
19	Liberty	A	55.95		2
20	Ygnacio Valley	A	56.43		1
21	Concord	A	57.21		1
---	Monte Vista	A	DQ		3
---	Dublin	A	DQ		1

**Event 2 Boys 4x100 Meter Relay****Sponsor: Les Schwab Tires****Heat winners and the next 4 fastest times qualify to MOC**

NCS TV:	41.80	R	1995	Berkeley
NCS MOC:	41.10	M	1981	Berkeley, Berkeley
State Meet:	40.24	S	1989	Hawthorne
	42.01	CIF		
	43.21	MOC		

Team	Relay	Finals	H#
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**Finals**

1	Freedom	A	42.36	MOC	3
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**NCS/Les Schwab Tires Tri-Valley Area Meet - 5/22/2010****Track and Field Championships****Granada High School, Livermore, CA****Results - NCS Tri-Valley Championships**

2	San Ramon Valley	A	42.38	MOC	2
3	DeLaSalle	A	42.59	MOC	3
4	Heritage	A	42.98	MOC	2
5	Antioch	A	43.46		2
6	Dougherty Valley	A	43.63		2

**Finals ... (Event 2 Boys 4x100 Meter Relay)**

Team	Relay	Finals	H#	
7	Miramonte	A	43.75	3
8	Clayton Valley	A	43.77	2
9	Livermore	A	43.84	3
10	Northgate	A	43.85	3
11	Pittsburg	A	44.06	3
12	Granada	A	44.29	1
13	Monte Vista	A	44.43	1
14	Acalanes	A	44.44	2
15	Amador Valley	A	44.69	1
16	Las Lomas	A	44.71	1
17	Campolindo	A	45.08	1
18	Dublin	A	45.33	3
19	Ygnacio Valley	A	49.43	1
---	College Park	A	DQ	1
---	Deer Valley	A	DQ	1

**Event 3 Girls 1600 Meter Run**

Sponsor: Les Schwab Tires

Top 2 each heat plus next 3 fastest times qualify to MOC

NCS TV:	4:49.70	R	1996	Kristen Gordon, Carondelet
NCS MOC:	4:42.79	M	1997	Julia Stamps, Santa Rosa
State Meet:	4:33.82	S	2008	Christine Babcock, Woodbridge
	4:57.44	CIF		
	5:09.16	MOC		

Name	Yr	School	Finals		
<b>Finals</b>					
1	Verdon, Carrie	10	Campolindo	5:03.41	MOC
2	Shearer, Emily	12	Acalanes	5:03.42	MOC
3	Cerney, Heather	12	Carondelet	5:05.00	MOC
4	Warren, Olivia	12	Campolindo	5:05.09	MOC
5	Orders, Grace	11	Campolindo	5:06.58	MOC
6	Cridebring, Alycia	12	College Park	5:07.70	MOC
7	Dimits, Natalie	10	Livermore	5:10.08	
8	Novell, Carina	10	Granada	5:12.46	
9	Tate, Alex	10	Clayton Valley	5:13.61	
10	Gong, Maryann	9	Granada	5:18.76	
11	deMetz, Isabella	9	Dougherty Valley	5:25.07	
12	Henderson, Lauren	11	Miramonte	5:26.64	
13	Boucher, Ami	9	Northgate	5:32.72	
14	Alamillo, Michaela	11	Carondelet	5:32.79	
15	Sa, Hayley	12	Livermore	5:33.51	
16	Torres, Marcie	11	Pittsburg	5:36.61	

**NCS/Les Schwab Tires Tri-Valley Area Meet - 5/22/2010****Track and Field Championships****Granada High School, Livermore, CA****Results - NCS Tri-Valley Championships**

17	Siemens, Stephanie	10	Deer Valley	5:39.48
18	Williams, Cora	10	Liberty	5:40.36
19	Kawalkowski, Kendall	10	Freedom	5:40.46
20	Litwiller, Sarah	11	Clayton Valley	5:41.11
21	Martinez, Carmen	11	Freedom	5:42.63
22	Schillings, Caitlin	9	College Park	5:48.16
23	Fagerlin, Kelsey	9	Clayton Valley	5:55.19

**Finals ... (Event 3 Girls 1600 Meter Run)**

Name	Yr	School	Finals	
24	Babinet, Jackie	11	Heritage	5:57.65

**Event 4 Boys 1600 Meter Run**

Sponsor: Les Schwab Tires

Top 2 each heat plus next 3 fastest times qualify to MOC

NCS TV:	4:15.26	R	1996	Micheil Jones, Livermore
NCS MOC:	4:02.40	M	1974	Rich Kimball, De La Salle
State Meet:	4:00.29	S	2008	German Fernandez, Riverbank
	4:14.49	CIF		
	4:25.06	MOC		

Name	Yr	School	Finals
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**Finals**

1	Deuel, Parker	10	San Ramon Valley	4:23.14	MOC
2	Summers, Alex	12	Granada	4:24.36	MOC
3	Fehrstrom, Jamie	10	Miramonte	4:24.86	MOC
4	Graves, Simon	12	San Ramon Valley	4:25.04	MOC
5	Bickert, Jeff	11	College Park	4:25.19	
6	Matulionis, Amis	12	Monte Vista	4:26.76	
7	Laucher, Dylan	11	Campolindo	4:27.88	
8	Blattler, Mark	12	Alhambra	4:28.33	
9	Quigley, Evan	10	Alhambra	4:31.59	
10	Whittington, Chad	12	Northgate	4:31.66	
11	Gemar, Michael	12	Las Lomas	4:33.18	
12	Colaco, Sean	12	San Ramon Valley	4:33.96	
13	Morales, Jesus	10	Liberty	4:34.73	
14	Holland, Will	11	College Park	4:34.98	
15	Bradley, Jacob	12	Heritage	4:35.20	
16	Molineux, Evan	10	DeLaSalle	4:37.68	
17	Shanks, Cooper	11	College Park	4:40.0h	
18	Baker, Nathan	12	Deer Valley	4:41.44	
19	Buscheck, Peter	12	Miramonte	4:45.26	
20	Aston, Jesse	12	Alhambra	4:46.05	
21	Potter, Joshua	10	Deer Valley	4:46.05	
22	Winn, Dylan	10	Deer Valley	4:46.07	
23	Strongman, Kevin	12	College Park	4:46.08	
24	Valeriani, Michael	10	Northgate	4:50.32	

**Event 5 Girls 100 Meter Hurdles**

Sponsor: Les Schwab Tires

Heat winners and the next 4 fastest times qualify to MOC

**NCS/Les Schwab Tires Tri-Valley Area Meet - 5/22/2010****Track and Field Championships****Granada High School, Livermore, CA****Results - NCS Tri-Valley Championships**

NCS TV: 14.95 R 2008  
 NCS MOC: 13.40 M 1980  
 State Meet: 13.03 S 2007  
 14.28 CIF  
 15.42 MOC

Aimee Rodgers, Freedom  
 Judy Young, Berkeley  
 Vashti Thomas, Mt. Pleasant

Name	Yr	School	Finals	Wind	H#
<b>Finals</b>					
1 Wilson, Erica	11	Deer Valley	15.24	-0.1	3
2 Kemp, Jamela	12	Deer Valley	15.40	0.6	2
<b>Finals ... (Event 5 Girls 100 Meter Hurdles)</b>					
Name	Yr	School	Finals	Wind	H#
3 Barton, Katie	11	Acalanes	15.79	0.5	1
4 Radda, Sara	11	Freedom	16.00	0.6	2
5 Williams, Erica	12	Liberty	16.02	0.5	1
6 Edwards, Tori	10	California	16.36	-0.1	3
7 Prior, Alysoun	10	Ygnacio Valley	16.44	0.6	2
8 Schulz, Kirby	11	Miramonte	16.49	-0.1	3
9 Kaya, Pelin	11	Dublin	16.58	0.6	2
10 Rietveld, Celeste	11	Livermore	16.64	0.5	1
11 Arceneaux, Sara	12	Northgate	16.77	-0.1	3
12 Konstantino, Erin	10	Carondelet	17.01	-0.1	3
13 Jayachandrand, Rhea	10	Campolindo	17.01	0.6	2
14 Laran, Taylor	12	Livermore	17.06	0.5	1
15 Delaria, Erin	11	Northgate	17.13	0.5	1
16 Wuest, Coki	12	San Ramon Valley	17.21	0.6	2
17 Butler, Bri Shanae	10	Pittsburg	17.50	-0.1	3
18 Rompel, Jaime	11	Dublin	17.54	-0.1	3
19 Miller, DeeDee	11	Mt. Diablo	17.67	0.6	2
20 Muller, Mackenzie	9	Foothill	17.68	0.5	1
21 Buhagiar, Katrina	10	Clayton Valley	18.34	0.5	1
22 Cordero, Claudia	11	Dublin	18.57	0.6	2
23 Espinosa, Vanessa	10	Freedom	20.13	0.5	1
--- White, Aquila	9	College Park	DNF	-0.1	3

**Event 6 Boys 110 Meter Hurdles**

Sponsor: Les Schwab Tires

Heat winners and the next 4 fastest times qualify to MOC

NCS TV: 13.85 R 2006  
 NCS MOC: 13.40 M 1975  
 State Meet: 13.39 S 2004  
 14.38 CIF  
 15.23 MOC

David Klech, California  
 Dedy Cooper, Harry Ells  
 Kevin Craddock, James Logan

Name	Yr	School	Finals	Wind	H#
<b>Finals</b>					
1 Walker Ill, Kenneth	10	Freedom	14.49	-1.4	1
2 Dyson, Hakeem	12	Amador Valley	14.78	-1.0	3
3 Barton, Michael	10	DeLaSalle	14.84	-1.4	1
4 Marshall-Cotton, Mister	10	DeLaSalle	14.97	-0.4	2
5 Keeble, Matt	12	Campolindo	15.07	-0.4	2

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6	Jiles, Robert	12	Pittsburg	15.44	-1.4	1
7	Fazzi, Ryan	12	Clayton Valley	15.55	-1.0	3
8	Wang, Andrew	12	Campolindo	15.68	-1.0	3
9	Ruh, Colin	11	California	15.87	-0.4	2
10	Blackmon, Raheem	11	Mt. Diablo	15.90	-0.4	2
11	Roland, Jeremy	11	Granada	16.00	-1.4	1
12	Williams, Jack	12	San Ramon Valley	16.11	-1.0	3
13	McKillip, Jeremy	12	Clayton Valley	16.33	-1.4	1
14	Tokos, Colin	12	Las Lomas	16.53	-1.0	3
15	Fujioka, Yuji	12	College Park	16.61	-0.4	2
16	Daniel, Barney	11	Mt. Diablo	16.83	-1.4	1

**Finals ... (Event 6 Boys 110 Meter Hurdles)**

Name	Yr	School	Finals	Wind	H#	
17	Ho, Alex	12	Miramonte	16.99	-0.4	2
18	Pryor, Avery	11	Heritage	17.06	-1.0	3
19	Jung, Derek	12	Northgate	17.33	-0.4	2
20	Nichols, Joshua	12	Antioch	17.35	-0.4	2
21	Liow, George	10	Acalanes	17.40	-1.0	3
22	Bittle, Ryan	11	Antioch	18.22	-1.0	3
23	Renna, Brian	11	Heritage	18.25	-1.4	1
24	Yeh, Greg	12	Miramonte	22.05	-1.4	1

**Event 7 Girls 400 Meter Dash**

Sponsor: Les Schwab Tires

Heat winners and the next 4 fastest times qualify to MOC

NCS TV:	55.19	R	2008	Jasmine Cox, Deer Valley
NCS MOC:	53.81	M	1996	Carla Estes, James Logan
State Meet:	50.74	S	2000	Monique Henderson, Morse
	56.15	CIF		
	59.35	MOC		

Name	Yr	School	Finals	H#
<b>Finals</b>				
1	Okodogbe, Chizoba	12	Deer Valley	54.80 R CIF 3
2	Griffith, Sarah	11	San Ramon Valley	57.92 MOC 2
3	Adesida, Divine	12	Alhambra	58.68 MOC 1
4	Cox, Jamira	12	Deer Valley	59.29 MOC 1
5	Cunningham, Jasmine	11	Mt. Diablo	59.89 3
6	Swanson, Hadley	9	Campolindo	60.21 2
7	Del Bene, Melissa	11	Clayton Valley	60.29 3
8	Hollshwandner, Amy	9	Acalanes	60.58 3
9	Bolognese, Julia	11	Carondelet	60.79 2
10	Baker, Amanda	10	College Park	60.94 2
11	McGrath, Lindsay	09	Antioch	61.73 1
12	Gonzales, Selena	10	College Park	62.11 3
13	Shafi, Alia	9	Acalanes	62.36 1
14	McDonald, Devon	10	Miramonte	62.94 3
15	Rodriguez, Allie	11	Foothill	63.04 2
16	Cooper, Molly	9	Livermore	63.55 1
17	Perkins, Haley	10	Monte Vista	63.56 1

**NCS/Les Schwab Tires Tri-Valley Area Meet - 5/22/2010****Track and Field Championships****Granada High School, Livermore, CA****Results - NCS Tri-Valley Championships**

18 Cahill, Jessie	12 Campolindo	63.59	2
19 Huey, Jasmine	09 Pittsburg	64.61	3
20 Bandayrel, Jasmine	9 Clayton Valley	65.25	1
21 Torquato, Nicole	10 Foothill	65.60	2
22 Wilson, Antinique	11 Freedom	68.01	1
23 Jackson, Aunschelle	11 Heritage	68.06	2

**Event 8 Boys 400 Meter Dash**

Sponsor: Les Schwab Tires

Heat winners and the next 4 fastest times qualify to MOC

NCS TV:	47.64 R 2006	David Klech, California
NCS MOC:	46.89 M 1995	Corey Nelson, Rancho Cotate
State Meet:	45.25 S 1993	Calvin Harrison, North Salinas
	48.57 CIF	
	50.97 MOC	

Name	Yr	School	Finals	H#
<b>Finals</b>				
1 Davis, Dan	12	San Ramon Valley	49.23 MOC	3
2 Padilla-Jong, Ian	12	San Ramon Valley	49.26 MOC	1
3 White, Jesse	11	Deer Valley	49.31 MOC	2
4 Llanos, Josh	12	Northgate	49.89 MOC	3
5 Luiz, Joseph	12	Heritage	49.98 MOC	2
6 Stupka, Michael	11	Clayton Valley	50.07 MOC	3
7 Rajs, Davis	12	Foothill	50.16 MOC	1
8 Bayley, Nick	10	Amador Valley	50.21 MOC	2
9 Kollie, Sebastine	12	Deer Valley	50.28 MOC	1
10 Storms, Garrett	12	San Ramon Valley	50.52 MOC	2
11 Delfani, Sean	12	Las Lomas	51.35	1
12 Brown, Keagan	11	College Park	51.86	3
13 Harris, Anthony	12	Amador Valley	52.00	2
14 Smith White, Tajae	09	Deer Valley	52.18	1
15 Booze, Kevin	10	Miramonte	52.45	3
16 McIntosh, Steven	11	Heritage	52.49	1
17 Reinke, James	12	Campolindo	53.13	2
18 Javier, Jonathan	11	Dougherty Valley	53.38	3
19 Walton, Michael	10	Acalanes	53.50	2
20 Niese, Ryan	11	Northgate	53.53	1
21 Fouts, John	12	Clayton Valley	53.85	2
--- Trotter, Patrick	12	Campolindo	DQ	3

**Event 9 Girls 100 Meter Dash**

Sponsor: Les Schwab Tires

Heat winners and the next 4 fastest times qualify to MOC

NCS TV:	11.91 R 2000	Aishia Margain, Berkeley
NCS MOC:	11.42 M 1980	Sharon Ware, Berkeley
State Meet:	11.14 S 1992	Marion Jones, Thousand Oaks
	11.96 CIF	
	12.62 MOC	

Name	Yr	School	Finals	Wind	H#
<b>Finals</b>					

**NCS/Les Schwab Tires Tri-Valley Area Meet - 5/22/2010****Track and Field Championships****Granada High School, Livermore, CA****Results - NCS Tri-Valley Championships**

1	Suleman, Khadija	11	Antioch	12.64	-0.7	3
2	Bateson, Suzanne	11	Granada	12.65	0.1	2
3	Wilson, Taevionna	11	Antioch	12.66	-0.7	3
4	Rodrigues, Marisa	9	California	12.70	-0.7	3
5	Johnson, Adrienne	12	Carondelet	12.70	-0.9	1
6	Giles, Asha	11	Heritage	12.71	-0.9	1
7	Mitchell, Noria	10	Dublin	12.80	-0.9	1

**Finals ... (Event 9 Girls 100 Meter Dash)**

	Name	Yr	School	Finals	Wind	H#
8	Kyer, Courtney	11	Foothill	12.83	0.1	2
9	Harlan, Audrena	10	Deer Valley	12.83	-0.9	1
10	Slone, Khyia	12	Heritage	12.85	0.1	2
11	Hupke, Kat	9	California	12.85	0.1	2
12	Smith, Natalie	12	Las Lomas	12.92	0.1	2
13	Gee, Joy	11	Deer Valley	13.03	-0.7	3
14	Bandayrel, Janelle	9	Clayton Valley	13.06	-0.9	1
15	Moy, Prezleigh	10	Dougherty Valley	13.19	0.1	2
16	Cook, Katie	11	Monte Vista	13.25	-0.7	3
17	Lovelace, Amani	9	Dougherty Valley	13.26	-0.7	3
18	Wadsworth, Savannah	11	Alhambra	13.35	-0.9	1
19	Darrow, Victoria	10	Clayton Valley	13.38	0.1	2
20	Wells, Lauren	12	Clayton Valley	13.43	-0.9	1
21	Huddleston, Felicia	10	Clayton Valley	13.46	0.1	2
22	Carrington, Lisa	9	Acalanes	13.50	-0.7	3
23	Arceneaux, Sara	12	Northgate	13.66	-0.7	3
24	Cunningham, Jasmine	11	Mt. Diablo	13.88	-0.9	1

**Event 10 Boys 100 Meter Dash**

Sponsor: Les Schwab Tires

Heat winners and the next 3 fastest times qualify to MOC

NCS TV:	10.64	R	2008	Taiwan Jones, Deer Valley
NCS MOC:	10.40	M	1980	Ken Robinson, Berkeley
State Meet:	10.30	S	1992	Riley Washington, Southwest
	10.70	CIF		
	11.31	MOC		

	Name	Yr	School	Finals	Wind	H#
<b>Finals</b>						
1	Atkinson, Joshua	11	Granada	10.96	0.2	4
2	Combs, Sean	12	Deer Valley	11.05	0.3	1
3	Ward, Terron	12	DeLaSalle	11.06	0.6	2
4	Shephard, Timazray	11	Freedom	11.13	-1.6	3
5	Anderson, Tyler	12	DeLaSalle	11.14	0.3	1
6	Fischer, Derrick	12	Foothill	11.15	0.2	4
7	Hoffman, Michael	11	Campolindo	11.21	0.6	2
8	Johnson, Joey	12	Deer Valley	11.22	0.6	2
9	King, James	12	Miramonte	11.25	0.3	1
10	McCauley-Simmons, Alex	11	Antioch	11.26	0.3	1
11	Wright, Shamawn	11	Antioch	11.26	-1.6	3
12	Coutermarsh, Cameron	11	Monte Vista	11.28	0.3	1

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13	Butler, Javen	11	Pittsburg	11.33	0.2	4
14	Sites, Jeremy	12	Dougherty Valley	11.33	0.6	2
15	Cooper, D'Amora	11	Freedom	11.34	0.3	1
16	Garcia, Josh	12	Freedom	11.37	0.6	2
17	Daniels, Darrell	10	Freedom	11.42	0.2	4
18	Manuel, David	12	San Ramon Valley	11.43	0.3	1
19	Pulos, Jake	11	San Ramon Valley	11.47	0.6	2
20	Davis, Trevor	11	Alhambra	11.52	0.6	2
21	Dryer, Joe	10	Acalanes	11.53	0.3	1

**Finals ... (Event 10 Boys 100 Meter Dash)**

Name	Yr	School	Finals	Wind	H#	
22	Schmidt, Blair	10	Northgate	11.54	-1.6	3
23	Ribeiro, Gabe	11	Monte Vista	11.55	0.2	4
24	Griffiths, Chazz	12	Heritage	11.56	0.2	4
24	Oseguera, Josh	10	Antioch	11.56	0.2	4
26	Johnson, Alek	11	DeLaSalle	11.57	-1.6	3
27	Brooks, Chris	12	San Ramon Valley	11.58	-1.6	3
28	Abon, Tino	12	Clayton Valley	11.61	0.6	2
29	Herring, Chase	12	Las Lomas	11.75	-1.6	3
30	Roudnev, Jason	12	San Ramon Valley	11.78	-1.6	3
31	Khamosh, Aaron	10	Northgate	11.82	0.2	4
32	Blackmon, Raheem	11	Mt. Diablo	11.87	-1.6	3
33	Segura, Andrew	11	Clayton Valley	11.93	-1.6	3
34	Bossett, T.J.	12	Clayton Valley	12.05	0.2	4

**Event 11 Girls 800 Meter Run**

Sponsor: Les Schwab Tires

Heat winners and the next 4 fastest times qualify to MOC

NCS TV:	2:13.03	R	2004	Lindsay Allen, College Park
NCS MOC:	2:08.80	M	1982	Jessica Spies, Livermore
State Meet:	2:04.91	S	1984	Trena Hull, Compton
	2:13.96	CIF		
	2:18.49	MOC		

Name	Yr	School	Finals	H#	
<b>Finals</b>					
1	Donner, Heather	9	California	2:19.09	3
2	Brennan, Emily	12	Campolindo	2:20.43	3
3	Shearer, Emily	12	Acalanes	2:20.57	1
4	Jones, Nijae	09	Deer Valley	2:20.79	2
5	Cox, Jamira	12	Deer Valley	2:20.96	2
6	Berge, Katie	11	Acalanes	2:21.44	2
7	Hammitt, Mikaela	10	Monte Vista	2:21.83	1
8	Cridebring, Alycia	12	College Park	2:22.17	2
9	Warren, Olivia	12	Campolindo	2:22.91	1
10	Connelly, Lauren	10	San Ramon Valley	2:23.03	3
11	Ramirez, Sarah	12	Amador Valley	2:24.50	2
12	Del Bene, Gina	10	Clayton Valley	2:24.90	1
13	Vaculin, Shelby	9	Carondelet	2:24.93	3
14	Ent, Rebekah	9	Miramonte	2:26.37	1

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15	Grant, Alex	11	Heritage	2:26.53	3
16	Reed, Jessica	11	College Park	2:26.62	2
17	Doyle, Mary	10	Miramonte	2:27.97	3
18	Nordine, Kelly	11	San Ramon Valley	2:29.28	1
19	Merrigan, Marissa	10	Clayton Valley	2:35.09	2
20	Torres, Marcie	11	Pittsburg	2:37.05	1
21	Buckley, Marissa	11	College Park	2:38.17	1
22	Lucido, Gianna	11	Antioch	2:41.87	2
23	Shodeen, Nikayla	10	Heritage	2:44.34	3

**Event 12 Boys 800 Meter Run**

Sponsor: Les Schwab Tires

Heat winners and the next 4 fastest times qualify to MOC

NCS TV:	1:54.86	R	2006	Clinton Hayes, Deer Valley
NCS MOC:	1:49.36	M	1995	Aaron Richberg, James Logan
State Meet:	1:46.45	S	1996	Michael Granville, Bell Gardens
	1:55.02	CIF		
	1:59.98	MOC		

Name	Yr	School	Finals	H#
<b>Finals</b>				
1	Griffith, Kevin	12	San Ramon Valley	1:53.80 R CIF 2
2	Ortolan, Anthony	11	College Park	1:55.77 MOC 1
3	Cole, Kellen	12	Amador Valley	1:58.05 MOC 2
4	Kellogg, Toshi	12	Acalanes	1:58.33 MOC 1
5	Green, KC	12	Las Lomas	1:58.52 MOC 2
6	Mathkour, Ashraf	11	Miramonte	1:59.11 MOC 3
7	Holmgren, Trevor	10	San Ramon Valley	2:00.05 1
8	Vedovi, Nick	12	Miramonte	2:00.16 3
9	Hammill, Ryan	12	San Ramon Valley	2:00.36 3
10	Fuhriman, Trevor	10	Monte Vista	2:00.42 2
11	Butler, John	12	Concord	2:00.72 3
12	Brum, Brandon	11	Heritage	2:00.91 1
13	Cervantes, Adrian	12	College Park	2:01.01 3
14	Godkin, Matt	12	DeLaSalle	2:02.38 1
15	Faulkner, Adler	9	Acalanes	2:04.18 3
16	Morford, Eric	11	Heritage	2:04.56 1
17	Slatten, Chris	12	Antioch	2:04.57 2
18	Nolan, Alex	11	Dublin	2:04.91 1
19	Bradley, Jacob	12	Heritage	2:05.10 2
20	Krup, Michael	12	Clayton Valley	2:05.13 3
21	Whittington, Chad	12	Northgate	2:05.56 2
22	James, Kris	12	Deer Valley	2:05.57 2
23	Capinpin, Adrian	10	Clayton Valley	2:10.79 1

**Event 13 Girls 300 Meter Hurdles**

Sponsor: Les Schwab Tires

Heat winners and the next 4 fastest times qualify to MOC

NCS TV:	44.49	R	1998	Carolyn King, Carondelet
NCS MOC:	41.23	M	1997	Natasha Neal, James Logan
State Meet:	40.10	S	2005	Ebony Collins
	43.89	CIF		

**NCS/Les Schwab Tires Tri-Valley Area Meet - 5/22/2010****Track and Field Championships****Granada High School, Livermore, CA****Results - NCS Tri-Valley Championships****46.80 MOC**

Name	Yr	School	Finals	H#
<b>Finals</b>				
1 Wilson, Erica	11	Deer Valley	45.43 MOC	3
2 Barton, Katie	11	Acalanes	45.49 MOC	2
3 Neason, Noelle	12	Miramonte	45.69 MOC	2
4 Kemp, Jamela	12	Deer Valley	46.64 MOC	3
5 Nelson, Meghan	10	Campolindo	46.73 MOC	3
6 Schulz, Kirby	11	Miramonte	47.33	1

**Finals ... (Event 13 Girls 300 Meter Hurdles)**

Name	Yr	School	Finals	H#
7 Edwards, Tori	10	California	47.54	1
8 Hancock, Kaeli	11	Monte Vista	48.08	2
9 Konstantino, Erin	10	Carondelet	48.73	3
10 Walker, Mariah	09	Freedom	48.81	3
11 Fullard, Alexis	11	Dublin	49.38	3
12 Prior, Alysoun	10	Ygnacio Valley	49.61	1
13 Kruger, Sammi	10	San Ramon Valley	49.81	2
14 Delaria, Erin	11	Northgate	50.19	3
15 Williams, Erica	12	Liberty	50.27	2
16 Kaya, Pelin	11	Dublin	50.64	2
17 Ingram, Amy	9	Monte Vista	51.26	1
18 Ashton, Laura	11	Monte Vista	51.27	2
19 Espinosa, Vanessa	10	Freedom	51.53	1
20 Buhagiar, Katrina	10	Clayton Valley	52.25	1
21 Miller, DeeDee	11	Mt. Diablo	52.39	1
22 Schnurr, Jessica	12	Clayton Valley	53.28	2
23 Dunkley, Nicole	9	Clayton Valley	54.41	3
24 Taylor, Sierra	10	Heritage	55.16	1

**Event 14 Boys 300 Meter Hurdles**

Sponsor: Les Schwab Tires

Heat winners and the next 4 fastest times qualify to MOC

NCS TV:	36.18	R	2005	David Klech, California
NCS MOC:	36.47	M	5/27/2006	David Klech, California
State Meet:	35.02	S	2009	Reggie Wyatt, La Sierra
	38.34	CIF		
	40.33	MOC		

Name	Yr	School	Finals	H#
<b>Finals</b>				
1 Walker Ill, Kenneth	10	Freedom	39.84 MOC	1
2 Keeble, Matt	12	Campolindo	40.43	1
3 Marshall-Cotton, Mister	10	DeLaSalle	40.68	2
4 Barton, Michael	10	DeLaSalle	40.73	3
5 Storer, Andrew	12	San Ramon Valley	41.22	2
6 Grimble, Kenny	11	Las Lomas	41.38	1
7 Blackmon, Raheem	11	Mt. Diablo	41.77	3
8 Wang, Andrew	12	Campolindo	41.81	2

**NCS/Les Schwab Tires Tri-Valley Area Meet - 5/22/2010****Track and Field Championships****Granada High School, Livermore, CA****Results - NCS Tri-Valley Championships**

9	Butterfield, Hiroki	10	College Park	41.81	1
10	Ruh, Colin	11	California	42.03	3
11	Cooper, D'Amora	11	Freedom	42.57	2
12	Fazzi, Ryan	12	Clayton Valley	42.67	3
13	Williams, Jack	12	San Ramon Valley	42.70	2
14	Niese, Ryan	11	Northgate	42.76	3
15	Bittle, Ryan	11	Antioch	43.80	1
16	Tokos, Colin	12	Las Lomas	43.91	1
17	Davis, Cody	11	Northgate	44.46	2
18	Reid, Dustin	12	Heritage	45.31	1
19	Wilcox, John	12	Acalanes	45.48	2
20	Aboutalebi, Sourush	10	College Park	45.63	3

**Finals ... (Event 14 Boys 300 Meter Hurdles)**

Name	Yr	School	Finals	H#	
21	Jones, Dominique	12	Deer Valley	46.30	3
22	Nichols, Joshua	12	Antioch	46.42	2
---	Dyson, Hakeem	12	Amador Valley	DQ	1

**Event 15 Girls 200 Meter Dash**

Sponsor: Les Schwab Tires

Heat winners and the next 4 fastest times qualify to MOC

NCS TV:	24.10	R	2000	Aishia Margain, Berkeley
NCS MOC:	23.60	M	5/30/2009	Ashton Purvis, St. Elizabeth
State Meet:	22.52	S	2003	Allyson Felix, Los Angeles Baptist
	24.40	CIF		
	26.03	MOC		

Name	Yr	School	Finals	Wind	H#	
<b>Finals</b>						
1	Okodogbe, Chizoba	12	Deer Valley	24.81	-0.1	3
2	Jenkins, Darnella	11	Deer Valley	25.85	0.6	2
3	Adesida, Divine	12	Alhambra	25.87	0.6	2
4	Bateson, Suzanne	11	Granada	26.04	0.6	2
5	Wilson, Taevionna	11	Antioch	26.37	-2.1	1
6	Suleman, Khadija	11	Antioch	26.40	0.6	2
7	Hupke, Kat	9	California	26.60	-0.1	3
8	Giles, Asha	11	Heritage	26.72	-2.1	1
9	Mitchell, Noria	10	Dublin	26.80	-2.1	1
10	Rodrigues, Marisa	9	California	26.97	-0.1	3
11	Smith, Natalie	12	Las Lomas	27.12	-0.1	3
12	Moser, Kailey	10	Heritage	27.44	-2.1	1
13	Sinclair, Alina	9	San Ramon Valley	27.51	-0.1	3
14	Cunningham, Jasmine	11	Mt. Diablo	27.55	0.6	2
15	Bandayrel, Janelle	9	Clayton Valley	27.56	-0.1	3
16	Wadsworth, Savannah	11	Alhambra	27.66	0.6	2
17	Darrow, Victoria	10	Clayton Valley	27.90	-0.1	3
18	Baker, Amanda	10	College Park	27.92	0.6	2
19	Burton, Madreya	12	Clayton Valley	28.07	0.6	2
20	Cook, Katie	11	Monte Vista	28.08	-2.1	1
21	Moy, Prezleigh	10	Dougherty Valley	28.10	-0.1	3

**NCS/Les Schwab Tires Tri-Valley Area Meet - 5/22/2010****Track and Field Championships****Granada High School, Livermore, CA****Results - NCS Tri-Valley Championships**

22	Gonzales, Selena	10	College Park	28.59	-2.1	1
23	Torquato, Nicole	10	Foothill	28.70	-2.1	1

**Event 16 Boys 200 Meter Dash**

Sponsor: Les Schwab Tires

Heat winners and the next 4 fastest times qualify to MOC

NCS TV:	21.58	R	2001	Chris Costa, California
NCS MOC:	20.92	M	5/26/2007	Jahvid Best, Salesian
State Meet:	20.43	S	2007	Bryson Nellum, Long Beach Poly
	21.56	CIF		
	22.73	MOC		

Name	Yr	School	Finals	Wind	H#	
<b>Finals</b>						
1	Atkinson, Joshua	11	Granada	22.58	-0.4	3

**Finals ... (Event 16 Boys 200 Meter Dash)**

Name	Yr	School	Finals	Wind	H#	
2	Wright, Shamawn	11	Antioch	22.76	-0.3	2
3	Hoffman, Michael	11	Campolindo	22.88	-0.9	1
4	Johnson, Joey	12	Deer Valley	23.11	-0.9	1
5	Johnson, Alek	11	DeLaSalle	23.12	-0.3	2
6	Luiz, Joseph	12	Heritage	23.16	-0.9	1
7	Griffiths, Chazz	12	Heritage	23.17	-0.3	2
8	Fischer, Derrick	12	Foothill	23.21	-0.4	3
9	Coutermarsh, Cameron	11	Monte Vista	23.25	-0.4	3
10	Anderson, Tyler	12	DeLaSalle	23.26	-0.3	2
11	Davis, Trevor	11	Alhambra	23.36	-0.3	2
12	Schmidt, Blair	10	Northgate	23.59	-0.4	3
13	Garcia, Josh	12	Freedom	23.70	-0.9	1
14	Kollie, Sebastine	12	Deer Valley	23.74	-0.4	3
15	Garcia, Zak	11	San Ramon Valley	23.76	-0.3	2
16	Herring, Chase	12	Las Lomas	24.11	-0.4	3
17	Chung, Nathaniel	11	Acalanes	24.24	-0.9	1
18	Smith, Caleb	10	Dougherty Valley	24.25	-0.9	1
19	Mayeri, Zack	12	Miramonte	24.28	-0.3	2
20	Khamosh, Aaron	10	Northgate	24.34	-0.4	3
21	Brown, Keagan	11	College Park	24.85	-0.9	1
22	Eddy, Brenden	11	Clayton Valley	25.38	-0.3	2

**Event 17 Girls 3200 Meter Run**

Sponsor: Les Schwab Tires

Top seven qualify to NCS MOC

NCS TV:	10:29.43	R	1996	Kristen Gordon, Carondelet
NCS MOC:	10:06.30	M	1978	Cheri Williams, Livermore
State Meet:	9:52.13	S	2008	Jordan Hasay, Mission College Park
	10:45.62	CIF		
	11:38.43	MOC		

Name	Yr	School	Finals		
<b>Finals</b>					
1	Lillig, Colleen	12	California	10:41.88	CIF

**NCS/Les Schwab Tires Tri-Valley Area Meet - 5/22/2010****Track and Field Championships****Granada High School, Livermore, CA****Results - NCS Tri-Valley Championships**

2	Pianin, Jena	9	Amador Valley	11:04.46	MOC
3	McVay, Elaine	11	California	11:06.44	MOC
4	Cerney, Heather	12	Carondelet	11:07.90	MOC
5	Verdon, Carrie	10	Campolindo	11:12.34	MOC
6	Orders, Grace	11	Campolindo	11:14.87	MOC
7	Novell, Carina	10	Granada	11:27.20	MOC
8	Marggraff, Annie	9	Acalanes	11:30.77	MOC
9	Mostatabi, Sara	11	Campolindo	11:31.68	MOC
10	Tate, Alex	10	Clayton Valley	11:32.69	MOC
11	Orders, Sarah	9	Campolindo	11:37.48	MOC
12	Nickles, Shelby	11	Dublin	11:37.63	MOC
13	Parsons, Kelly	10	Amador Valley	11:41.90	
14	Kawalkowski, Kendall	10	Freedom	11:57.26	
15	Boucher, Ami	9	Northgate	12:00.32	
16	Broomand, Parisa	9	College Park	12:02.27	
17	Tilcock, Lisa	09	Freedom	12:17.14	

**Finals ... (Event 17 Girls 3200 Meter Run)**

Name	Yr	School	Finals	
18	Fagerlin, Kelsey	9	Clayton Valley	12:21.11
19	Buckley, Marissa	11	College Park	12:22.99
20	Siemens, Stephanie	10	Deer Valley	12:28.16
21	Abood, Kimmy	12	Monte Vista	12:43.44
22	Hansen, Alisa	10	Liberty	13:00.77
23	Stickney, Darcy	12	Freedom	13:05.38
24	Dwyer, Amanda	12	Antioch	14:06.76

**Event 18 Boys 3200 Meter Run**

Sponsor: Les Schwab Tires

Top seven qualify to NCS MOC

NCS TV:	9:20.81	R	2004	Scott Bauhs, San Ramon Valley
NCS MOC:	8:55.06	M	5/30/2009	Erik Olson, Novato
State Meet:	8:34.23	S	2008	German Fernandez, Riverbank
	9:10.47	CIF		
	9:32.53	MOC		

Name	Yr	School	Finals	
<b>Finals</b>				
1	Summers, Alex	12	Granada	9:42.23
2	Britto, Christian	12	Miramonte	9:46.24
3	Aceret, Sam	11	Amador Valley	9:46.84
4	Johnson, Paul	12	DeLaSalle	9:47.24
5	Bickert, Jeff	11	College Park	9:47.69
6	Deuel, Parker	10	San Ramon Valley	9:49.20
7	Chudler, Doug	12	Campolindo	9:50.19
8	Reed, Cody	12	San Ramon Valley	9:54.18
9	Strongman, Kevin	12	College Park	10:03.05
10	Hollidge, Harrison	10	Alhambra	10:10.20
11	Matejeck, Paul	11	Deer Valley	10:13.25
12	Plowright, Thomas	12	Liberty	10:14.59
13	Holland, Will	11	College Park	10:19.30

**NCS/Les Schwab Tires Tri-Valley Area Meet - 5/22/2010****Track and Field Championships****Granada High School, Livermore, CA****Results - NCS Tri-Valley Championships**

14 Troxel, Tyler	10 Acalanes	10:24.42
15 Shanks, Cooper	11 College Park	10:27.58
16 Stalters, Danny	9 Northgate	10:33.39
17 Ott, Alex	9 Dublin	10:35.21
18 Williams, Kyle	11 DeLaSalle	10:38.21
19 Serrano, Saul	12 Antioch	10:49.52
20 Lowry, Keith	10 Deer Valley	10:54.23
21 Cornelius, Jared	11 Antioch	11:01.91
22 Valdez, Michael	10 Freedom	11:02.40
23 Piros, Alex	11 Ygnacio Valley	11:49.46
--- Laucher, Dylan	11 Campolindo	DNF

**Event 19 Girls 4x400 Meter Relay**

Sponsor: Les Schwab Tires

Heat winners and the next 4 fastest times qualify to MOC

NCS TV:	3:51.31	R	2000	Berkeley
NCS MOC:	3:43.39	M	1996	James Logan, James Logan
State Meet:	3:35.49	S	2004	Long Beach Poly
	3:53.15	CIF		
	4:06.13	MOC		

Team	Relay	Finals	H#
<b>Finals</b>			
1 Deer Valley	A	3:59.36	MOC 3
2 Monte Vista	A	4:03.20	MOC 1
3 Acalanes	A	4:04.19	MOC 2
4 Miramonte	A	4:06.52	1
5 Antioch	A	4:06.89	1
6 Campolindo	A	4:07.03	1
7 California	A	4:09.37	3
8 San Ramon Valley	A	4:09.84	2
9 College Park	A	4:10.59	2
10 Clayton Valley	A	4:13.54	1
11 Carondelet	A	4:13.69	2
12 Heritage	A	4:14.11	3
13 Alhambra	A	4:14.79	3
14 Livermore	A	4:14.96	3
15 Dublin	A	4:19.05	2
16 Las Lomas	A	4:20.57	1
17 Northgate	A	4:25.97	3
18 Pittsburg	A	4:31.74	2
19 Concord	A	4:58.14	2
--- Amador Valley	A	DQ	3

**Event 20 Boys 4x400 Meter Relay**

Sponsor: Les Schwab Tires

Heat winners and the next 4 fastest times qualify to MOC

NCS TV:	3:20.95	R	2008	Deer Valley
NCS MOC:	3:11.70	M	1981	Berkeley, Berkeley
State Meet:	3:08.66	S	1996	Muir (Pasadena)
	3:19.64	CIF		
	3:27.95	MOC		

**NCS/Les Schwab Tires Tri-Valley Area Meet - 5/22/2010****Track and Field Championships****Granada High School, Livermore, CA****Results - NCS Tri-Valley Championships**

Team	Relay	Finals	H#
<b>Finals</b>			
1 San Ramon Valley	A	3:25.78 MOC	3
2 Amador Valley	A	3:25.94 MOC	2
3 Deer Valley	A	3:26.01 MOC	2
4 Campolindo	A	3:28.98	3
5 DeLaSalle	A	3:29.13	1
6 Heritage	A	3:29.50	2
7 College Park	A	3:30.63	2
8 Foothill	A	3:30.94	1
9 Monte Vista	A	3:31.18	1
<b>Finals ... (Event 20 Boys 4x400 Meter Relay)</b>			
Team	Relay	Finals	H#
10 Northgate	A	3:31.21	1
11 Antioch	A	3:31.76	3
12 Dougherty Valley	A	3:34.71	1
13 Clayton Valley	A	3:35.70	2
14 Dublin	A	3:37.19	3
15 Livermore	A	3:37.30	2
16 Ygnacio Valley	A	4:04.43	1
--- Las Lomas	A	DQ	3

**Event 21 Girls High Jump**

Sponsor: Les Schwab Tires

Top seven qualify to NCS MOC

NCS TV:	5-08 R 2008	Adrienne Johnson, Carondelet
NCS MOC:	5-11 M 5/27/2005	VanZeeland/Wiley, Acalanes
State Meet:	6-02 S 1985	Latrese Johnson, Clovis
	5-05.00 CIF	
	5-01.00 MOC	

Name	Yr	School	Finals
<b>Finals</b>			
1 Johnson, Adrienne	12	Carondelet	5-04.00 MOC
2 Rietveld, Celeste	11	Livermore	J5-04.00 MOC
3 Canning, Christine	9	Carondelet	5-02.00 MOC
4 Roberts, Mackenzie	9	Northgate	4-10.00
5 Jayachandrand, Rhea	10	Campolindo	J4-10.00
5 McLaughlin, Quinn	10	San Ramon Valley	J4-10.00
7 Swanson, Hadley	9	Campolindo	J4-10.00
7 Shaw, Vanessa	12	California	J4-10.00
9 Kuykendall, Brittney	10	Heritage	4-08.00
9 Shodeen, Nikayla	10	Heritage	4-08.00
9 Kommer, Molly	10	Clayton Valley	4-08.00
9 Cox, Jamira	12	Deer Valley	4-08.00
9 Jensen, Rachel	12	Miramonte	4-08.00
9 Thornton, Maddy	9	Monte Vista	4-08.00
15 Grant, Alex	11	Heritage	J4-08.00
15 Sherrod, Allie	12	Las Lomas	J4-08.00

**NCS/Les Schwab Tires Tri-Valley Area Meet - 5/22/2010****Track and Field Championships****Granada High School, Livermore, CA****Results - NCS Tri-Valley Championships**

---	Fancey, Michelle	09	Liberty	NH
---	Grant, Bridget	09	Heritage	NH
---	Kaya, Pelin	11	Dublin	NH
---	Petus, Sarah	10	Clayton Valley	NH
---	deStefano, Adria	11	Miramonte	NH
---	Buhagiar, Natalie	10	Clayton Valley	NH
---	Gaddie, Patricia	11	Concord	NH
---	Becker, Ashley	9	Clayton Valley	NH

**Event 22 Girls Pole Vault**

Sponsor: Les Schwab Tires

Top seven qualify to NCS MOC

NCS TV:	11-07	R	2008	Stacey Jung, Campolindo
NCS MOC:	12-04	M	5/24/2008	Kelsy Hintz, Del Norte
State Meet:	14-01	S	2007	Tori Anthony, Castileja
	11-09.00	CIF		
	10-03.00	MOC		

Name	Yr	School	Finals
<b>Finals</b>			
1	Jiang, Lauriyann	12 Las Lomas	12-01.00 R CIF
2	Gemar, Megan	10 Las Lomas	11-00.00 MOC
2	Virdi, Cimran	10 Las Lomas	11-00.00 MOC
4	Hyde, Jessie	10 Campolindo	J11-00.00 MOC
5	Craig, Jordan	11 Foothill	10-09.00 MOC
6	Doggett, Alexis	12 Granada	10-00.00
6	Humphrey, Jane	10 San Ramon Valley	10-00.00
8	Delaria, Erin	11 Northgate	9-06.00
9	Consani, Nora	10 San Ramon Valley	9-00.00
9	Wendt, Alyssa	11 Miramonte	9-00.00
9	Dayton, Jill	12 Livermore	9-00.00
9	Piening, Kaitlin	12 California	9-00.00
13	Fancey, Michelle	09 Liberty	8-06.00
13	Tao, Diana	11 Las Lomas	8-06.00
15	Day, Rebecca	09 Liberty	8-00.00
15	Broomand, Nasreen	12 College Park	8-00.00
17	Hines, Audrey	12 Pittsburg	7-06.00
18	Lehr, Kayleigh	10 Liberty	7-00.00
18	Martinez, Trahleena	10 Liberty	7-00.00
---	Yonemoto, Amy	10 Freedom	NH
---	Drake, Stephanie	10 Liberty	NH

**Event 23 Girls Long Jump**

Sponsor: Les Schwab Tires

Top seven qualify to NCS MOC

NCS TV:	19-03	R	1996	Pia McAllister, Clayton Valley
NCS MOC:	20-02	M	5/26/2007	Jamesha Youngblood, Hercules
State Meet:	22-00.50	S	1993	Marion Jones, Thousand Oaks
	18-05.00	CIF		
	17-03.00	MOC		

Name	Yr	School	Finals	Wind
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**NCS/Les Schwab Tires Tri-Valley Area Meet - 5/22/2010****Track and Field Championships****Granada High School, Livermore, CA****Results - NCS Tri-Valley Championships****Finals**

1	Jenkins, Darnella	11	Deer Valley	18-05.00	2.3
2	Slone, Khyia	12	Heritage	17-09.00	4.4
3	Johnson, Adrienne	12	Carondelet	17-02.50	3.4
4	Harlan, Audrena	10	Deer Valley	16-09.50	2.4
5	Rosenberg, Mel	12	Monte Vista	16-07.00	2.5
6	Swanson, Hadley	9	Campolindo	16-06.75	3.1
7	Williams, Erica	12	Liberty	16-06.00	3.2
8	Allen, Lindsey	11	Dougherty Valley	16-00.00	2.8

**Finals ... (Event 23 Girls Long Jump)**

Name	Yr	School	Finals	Wind	
9	Miller, DeeDee	11	Mt. Diablo	15-10.00	2.5
10	McDonald, Devon	10	Miramonte	15-06.25	NWI
11	Beaulieu, Stephanie	10	Livermore	15-05.50	1.4
12	Gordon, Andreena	10	Heritage	15-04.25	NWI
13	Wells, Lauren	12	Clayton Valley	15-04.00	NWI
14	Kaya, Selin	11	Dublin	15-02.25	NWI
14	Shaw, Vanessa	12	California	15-02.25	3.2
16	Darrow, Victoria	10	Clayton Valley	14-09.50	NWI
17	Huddleston, Felicia	10	Clayton Valley	14-08.25	NWI
18	Burton, Madreya	12	Clayton Valley	14-05.00	NWI
19	Wilcox, Caroline	9	Acalanes	14-03.50	NWI
20	Tucker, Kelly	11	Miramonte	14-01.50	NWI
21	Vujovich, Lauren	11	Monte Vista	14-01.00	NWI
22	Lin, Sharon	11	Amador Valley	13-03.25	2.7
23	Bandayrel, Janelle	9	Clayton Valley	12-10.00	NWI
---	Martinez, Yessy	12	Liberty	ND	NWI

**Event 24 Girls Triple Jump**

Sponsor: Les Schwab Tires

Top seven qualify to NCS MOC

NCS TV:	38-03.75	R	2008	Ese Ntekume, Deer Valley
NCS MOC:	42-08	M	5/25/2007	KeNyia Richardson, Holy Names
State Meet:	44-00.50	S	1991	Juliana Yendork, Walnut
	38-10.00	CIF		
	35-10.75	MOC		

Name	Yr	School	Finals	Wind
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**Finals**

1	Slone, Khyia	12	Heritage	36-04.50	4.9
2	Shaw, Vanessa	12	California	34-10.50	3.3
3	Smoot, Nicole	10	Amador Valley	34-07.50	4.2
4	Williams, Erica	12	Liberty	34-06.00	4.3
5	Rosenberg, Mel	12	Monte Vista	34-05.00	3.1
6	Miller, DeeDee	11	Mt. Diablo	34-04.50	NWI
7	Rietveld, Celeste	11	Livermore	33-11.25	4.6
8	Vujovich, Lauren	11	Monte Vista	33-01.50	4.2
9	Ketner, Danielle	11	Amador Valley	32-11.75	NWI
10	Kaya, Selin	11	Dublin	32-08.25	3.6
11	Coyle, Allison	10	Northgate	32-05.50	3.2

**NCS/Les Schwab Tires Tri-Valley Area Meet - 5/22/2010****Track and Field Championships****Granada High School, Livermore, CA****Results - NCS Tri-Valley Championships**

12	Gordon, Andreena	10	Heritage	31-07.50	4.6
13	Jayachandrand, Rhea	10	Campolindo	31-06.50	2.6
14	Lawrence, Madelyn	12	College Park	31-05.75	3.1
15	Jensen, Rachel	12	Miramonte	31-04.50	3.3
16	Allen, Lindsey	11	Dougherty Valley	31-02.75	5.2
17	Neuhoff, Megan	09	Heritage	30-04.50	3.9
17	Vaccaro, Mary	11	Campolindo	30-04.50	3.8
19	Buhagiari, Katrina	10	Clayton Valley	29-08.50	3.6
20	Roberts, Mackenzie	9	Northgate	29-07.50	3.0
21	Duran, Katy	11	College Park	29-00.25	3.3
---	Wilcox, Caroline	9	Acalanes	ND	NWI

**Event 25 Girls Shot Put**

Sponsor: Les Schwab Tires

Top seven qualify to NCS MOC

NCS TV: 44-11.50 R 2000

NCS MOC: 53-03.25 M 1993

State Meet: 53-08 S 2009

40-11.00 CIF

35-04.25 MOC

Amada Garcia, Carondelet

Kristin Heaston, Ygnacio Valley

Anna Jelmini, Shafter

Name	Yr	School	Finals
<b>Finals</b>			
1	Isaacs, Eva	12	Campolindo 36-09.00 MOC
2	Adesida, Praise	10	Alhambra 36-05.50 MOC
3	Acton, Monica	10	Amador Valley 35-10.00 MOC
4	Hingano, Vosa	11	California 35-09.25 MOC
5	Volkman, Molly	12	Heritage 34-10.00
6	Taito, Chantell	09	Deer Valley 34-07.50
7	Udoh, Idorenyin	11	Pittsburg 34-01.50
8	Faumnia, Laura	12	Mt. Diablo 33-05.00
9	Hayes, Allison	12	College Park 33-02.75
10	Gordon, Michaela	12	California 31-10.00
11	Regan, Kaitlyn	10	Carondelet 31-07.25
12	Siatuu, Samantha	09	Pittsburg 31-05.50
13	Moore, Brea	10	Deer Valley 30-09.00
13	Vaccaro, Mary	11	Campolindo 30-09.00
15	Alexander, Kayla	11	Deer Valley 30-03.50
16	Wilkinson, Brianna	9	Acalanes 29-10.75
17	Burgin, Adrienne	11	Acalanes 29-07.75
18	D'Sousa, Nicole	11	Carondelet 29-05.00
19	Toth, Victoria	12	Granada 28-10.25
20	Macy, Margaret	10	Campolindo 28-10.00
21	Tuuhoko, Malia	10	Concord 28-09.50
22	Bautista, Julie	11	College Park 27-09.00
22	Henderson, Rachel	10	Northgate 27-09.00
24	Oubre, Faith	11	College Park 26-11.50

**Event 26 Girls Discus Throw**

Sponsor: Les Schwab Tires

Top seven qualify to NCS MOC

**NCS/Les Schwab Tires Tri-Valley Area Meet - 5/22/2010****Track and Field Championships****Granada High School, Livermore, CA****Results - NCS Tri-Valley Championships**

NCS TV: 141-03 R 2003 Alexaraee Toeaina, Pittsburg  
 NCS MOC: 165-05 M 5/25/2002 Kamalya Warren, St. Mary's  
 State Meet: 186-09 S 2009 Anna Jelmini, Shafter  
 135-00 CIF  
 110-00 MOC

Name	Yr	School	Finals
<b>Finals</b>			
1 Isaacs, Eva	12	Campolindo	118-04.00 MOC
2 Pitts, Tatjana	12	Antioch	114-07.00 MOC
3 Siatuu, Samantha	09	Pittsburg	110-04.00 MOC
4 Adesida, Praise	10	Alhambra	105-07.00
5 Volkman, Molly	12	Heritage	104-04.00

**Finals ... (Event 26 Girls Discus Throw)**

Name	Yr	School	Finals
6 Udoh, Idorenyin	11	Pittsburg	104-03.00
7 Doyle Mason, Rose	10	Foothill	103-02.00
8 Macy, Margaret	10	Campolindo	98-10.50
9 Gordon, Michaela	12	California	97-04.00
10 Wilber, Caitlin	10	California	92-05.00
11 Taito, Chantell	09	Deer Valley	92-00.00
12 Acton, Monica	10	Amador Valley	90-04.00
13 Vaccaro, Mary	11	Campolindo	89-05.00
14 Brown, Erica	12	San Ramon Valley	89-00.00
15 Sherwood, Caitlin	12	San Ramon Valley	87-09.00
16 Tuuhoko, Malia	10	Concord	86-08.00
17 Dokos, Michelle	12	Campolindo	85-05.50
18 Hayes, Allison	12	College Park	83-04.00
19 Alden, Katie	11	College Park	76-01.00
20 Leong, Tori	11	Miramonte	74-01.00
21 Bautista, Julie	11	College Park	66-10.00
22 Simms, Nichole	9	Clayton Valley	66-06.00
23 Oubre, Faith	11	College Park	61-04.00

**Event 27 Boys High Jump**

Sponsor: Les Schwab Tires

Top seven qualify to NCS MOC

NCS TV: 6-08 R 2008 Tony McCan, Foothill  
 NCS MOC: 7-00 M 1989 Gabe Manville, Santa Rosa  
 State Meet: 7-03.25 S 1979 Lee Balkin, Glendale  
 6-06.00 CIF  
 6-01.00 MOC

Name	Yr	School	Finals
<b>Finals</b>			
1 Rawls, Andre	12	California	6-03.00 MOC
2 Privitera, Zach	12	Northgate	J6-03.00 MOC
3 Flores, Matthew	12	Granada	6-02.00 MOC
4 Frazier, Noel	10	California	J6-02.00 MOC
5 Stapleton, Tim	10	Northgate	6-00.00
6 Bailey, Aaron	12	Foothill	J6-00.00

**NCS/Les Schwab Tires Tri-Valley Area Meet - 5/22/2010****Track and Field Championships****Granada High School, Livermore, CA****Results - NCS Tri-Valley Championships**

7	Smith, KJ	12	Dougherty Valley	J6-00.00
8	Martinez, Adam	12	Granada	J6-00.00
8	Eng, Billy	11	Heritage	J6-00.00
10	Trosclair, Chris	11	Dougherty Valley	5-10.00
10	Isola, Nick	10	Liberty	5-10.00
10	Malley, Tyler	12	Acalanes	5-10.00
13	Fulcher, Paul	11	Dougherty Valley	5-08.00
13	Drew, Damiaray	10	Livermore	5-08.00
13	Carter, Taylor	11	Dougherty Valley	5-08.00
13	Pham, Anthony	11	Ygnacio Valley	5-08.00
13	Severson, Eric	12	Miramonte	5-08.00
---	Hinojosa, Tommy	12	Liberty	NH
---	Bowman, Anthony	10	Heritage	NH
---	Johnson, Anthony	11	Pittsburg	NH

**Finals ... (Event 27 Boys High Jump)**

Name	Yr	School	Finals	
---	Obodo, Clifford	10	Heritage	NH
---	Sheehy, Chris	12	Northgate	NH
---	Eddy, Brenden	11	Clayton Valley	NH

**Event 28 Boys Pole Vault**

Sponsor: Les Schwab Tires

Top seven qualify to NCS MOC

NCS TV:	17-00	R	2008	Justin Miller, California
NCS MOC:	17-00	M	1987	Brent Burns, Acalanes
State Meet:	17-03	S	2008	Nico Weiler, Los Gatos
	15-00.00		CIF	
	13-00.00		MOC	

Name	Yr	School	Finals
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**Finals**

1	Van Wyck, James	11	DeLaSalle	15-04.00	CIF
2	diGiorgio, Michael	12	Liberty	13-06.00	MOC
3	Del Valle, Andres	10	Campolindo	J13-06.00	MOC
4	Millias, Nico	12	San Ramon Valley	J13-06.00	MOC
5	Kalish, Alex	12	Campolindo	J13-06.00	MOC
6	Thompson, Garrett	11	Granada	J13-06.00	MOC
7	Barber, Colin	10	San Ramon Valley	13-00.00	MOC
8	Rodriquez, Andy	12	Foothill	J13-00.00	MOC
8	Crawbuck, Lucas	12	Amador Valley	J13-00.00	MOC
10	Falk, Nathan	12	Acalanes	J13-00.00	MOC
10	Russett, Blakely	12	Granada	J13-00.00	MOC
12	Gibney, Tanner	9	Antioch	12-00.00	
12	Delonzor, Dylon	10	Dougherty Valley	12-00.00	
12	Hess, Ricky	10	DeLaSalle	12-00.00	
15	Kneppers, Tomas	12	Northgate	11-06.00	
15	Morales, Jesus	10	Liberty	11-06.00	
15	DelCastillo, Gabe	11	Dougherty Valley	11-06.00	
18	Smith, Jonathan	11	Pittsburg	11-00.00	
18	Kneppers, Andrew	10	Northgate	11-00.00	

**NCS/Les Schwab Tires Tri-Valley Area Meet - 5/22/2010****Track and Field Championships****Granada High School, Livermore, CA****Results - NCS Tri-Valley Championships**

18 Kwok, Justin	12 Northgate	11-00.00
21 Brewer, Christian	11 Northgate	10-06.00
22 Stewart, Zachary	11 Pittsburg	10-00.00
23 Bauermeister, Max	11 Ygnacio Valley	9-06.00
--- Stich, Nick	11 DeLaSalle	NH

**Event 29 Boys Long Jump**

Sponsor: Les Schwab Tires

Top seven qualify to NCS MOC

NCS TV: 23-05 R 2008  
 NCS MOC: 24-09.25 M 1954  
 State Meet: 26-04.75 S 1989  
 22-06.00 CIF  
 21-05.75 MOC

Chase Wheeler, De La Salle  
 Monte Upshaw, Piedmont  
 James Stallworth, Tulare

Name	Yr	School	Finals	Wind
<b>Finals</b>				
1 Simms, Shawn	10	Livermore	22-10.75	NWI
2 Grimes, Evan	12	Antioch	22-01.00	2.2
3 Walker Ill, Kenneth	10	Freedom	21-10.50	3.4
4 Brooks, Chris	12	San Ramon Valley	21-10.50	3.5
5 King, James	12	Miramonte	21-10.25	NWI
6 Combs, Sean	12	Deer Valley	21-08.75	3.0
7 Taylor, Thomas	12	Deer Valley	21-08.50	3.1
8 Malley, Tyler	12	Acalanes	21-04.50	NWI
9 Cooper, D'Amora	11	Freedom	21-00.50	3.8
9 Ande, Hemanth	12	Dougherty Valley	21-00.50	4.3
11 Anderson, Ross	10	Miramonte	20-11.75	4.2
12 Crockett, Keremiah	11	Dublin	20-11.00	2.1
13 Butler, Javen	11	Pittsburg	20-10.50	3.2
14 Peterson, Trent	11	San Ramon Valley	20-05.50	5.1
15 Daniel, Barney	11	Mt. Diablo	20-03.75	3.0
15 Ihle, Craig	10	Clayton Valley	20-03.75	2.5
17 Wang, Andrew	12	Campolindo	20-03.50	2.2
18 Ostrowski, Wesley	11	Livermore	20-02.00	2.4
19 Butterfield, Hiroki	10	College Park	20-00.00	NWI
20 Turner, Dane	11	Monte Vista	19-06.25	2.8
21 Llarenas, Jordan	10	Concord	19-04.25	NWI
22 Brooks, Pat	12	San Ramon Valley	19-01.50	2.0
23 Wickman, Paul	12	Northgate	18-10.25	2.7
24 Villanueva, Juan	11	Ygnacio Valley	18-04.00	2.6

**Event 30 Boys Triple Jump**

Sponsor: Les Schwab Tires

Top seven qualify to NCS MOC

NCS TV: 49-00 R 2009  
 NCS MOC: 50-02 M 5/27/2005  
 State Meet: 52-05.75 S 1986  
 46-02.00 CIF  
 43-05.25 MOC

Hammed Suleman, Deer Valley  
 Nkosinza Balumbu, James Logan  
 Marcus Hooks, Lakewood

Name	Yr	School	Finals	Wind
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**NCS/Les Schwab Tires Tri-Valley Area Meet - 5/22/2010****Track and Field Championships****Granada High School, Livermore, CA****Results - NCS Tri-Valley Championships****Finals**

1	Crockett, Keremiah	11	Dublin	45-07.75	3.2
2	Davis, Trevor	11	Alhambra	45-07.50	NWI
3	Daniel, Barney	11	Mt. Diablo	45-03.75	3.4
4	Anderson, Ross	10	Miramonte	44-10.50	2.1
5	Keeble, Matt	12	Campolindo	44-04.50	3.0

**Finals ... (Event 30 Boys Triple Jump)**

	Name	Yr	School	Finals	Wind
6	Viera, Ryan	10	Granada	44-01.75	3.8
7	Taylor, Thomas	12	Deer Valley	43-06.75	3.0
8	Rawls, Andre	12	California	43-05.50	1.6
9	Privitera, Zach	12	Northgate	43-03.75	1.3
10	Jenkins, Josh	10	DeLaSalle	42-06.75	2.4
11	Kinnee, Grant	10	California	42-00.75	NWI
12	Butterfield, Hiroki	10	College Park	41-03.75	3.9
13	Banayat, Cameron	12	Liberty	40-11.00	NWI
14	Fulcher, Paul	11	Dougherty Valley	40-09.75	3.5
15	Copeman, Randy	10	Amador Valley	40-02.75	2.6
16	Hendrix, Tony	12	Pittsburg	39-10.50	NWI
17	Hinojosa, Tommy	12	Liberty	39-06.00	2.1
18	Krup, Michael	12	Clayton Valley	39-00.75	NWI
19	Villanueva, Juan	11	Ygnacio Valley	38-00.00	NWI
20	Bossett, T.J.	12	Clayton Valley	37-08.25	NWI
---	Grimes, Evan	12	Antioch	ND	NWI
---	Marshall, Lamontay	11	Deer Valley	ND	NWI

**Event 31 Boys Shot Put**

Sponsor: Les Schwab Tires

Top seven qualify to NCS MOC

NCS TV: 62-11 R 2008  
 NCS MOC: 63-05 M 1981  
 State Meet: 74-04.75 S 1990  
 55-04.00 CIF  
 48-02.00 MOC

Chris Krychev, Monte Vista  
 Dennis DeSoto, Santa Rosa  
 Brent Noon, Fallbrook

Name	Yr	School	Finals
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**Finals**

1	Coniglio, Zach	12	Alhambra	60-06.00	CIF
2	Esparza, Scott	12	Amador Valley	55-05.50	CIF
3	Burke, Stephen	12	Monte Vista	54-08.00	MOC
4	Rounds, Jake	11	Heritage	50-07.00	MOC
5	Teichman, Ben	11	San Ramon Valley	49-10.00	MOC
6	Bailey, Andrew	12	Amador Valley	49-04.25	MOC
7	Ward, Willie	12	Pittsburg	48-00.00	
8	Chua, Matt	12	DeLaSalle	47-00.50	
9	Lacey, John	11	Pittsburg	46-00.50	
10	Tran, Chris	12	Livermore	44-00.50	
11	Fabian, David	10	College Park	43-10.50	
12	Levy, Max	11	Northgate	43-06.00	
13	Finn, Alex	12	Alhambra	43-05.00	

**NCS/Les Schwab Tires Tri-Valley Area Meet - 5/22/2010****Track and Field Championships****Granada High School, Livermore, CA****Results - NCS Tri-Valley Championships**

14	Ignont, Clyde	12	Deer Valley	42-11.00
15	Solomon, Alex	12	Northgate	42-10.50
16	Horncliff, Alex	11	Heritage	42-06.00
17	Brumbaugh, Griffin	11	Campolindo	39-10.50
18	Hakimjavadi, Amir	11	Campolindo	39-04.50
19	Cook, Gary	12	Heritage	38-08.50
19	Williams, Tyler	11	Acalanes	38-08.50
21	Moreland, Ardie	11	Dublin	37-11.00

**Finals ... (Event 31 Boys Shot Put)**

Name	Yr	School	Finals	
---	Dadd, Jonathan	12	College Park	ND
---	Perry, Bryant	11	Northgate	ND

**Event 32 Boys Discus Throw**

Sponsor: Les Schwab Tires

Top seven qualify to NCS MOC

NCS TV: 173-08 R 2008

NCS MOC: 194-02.50 M 1997

State Meet: 213-07 S 2006

169-01 CIF

147-03 MOC

Chris Krychev, Monte Vista

Darrel Elder, Redwood

Bo Taylor, Newport Harbor

Name	Yr	School	Finals	
<b>Finals</b>				
1	Coniglio, Zach	12	Alhambra	186-00.00 R CIF
2	Esparza, Scott	12	Amador Valley	162-10.50 MOC
3	Horncliff, Alex	11	Heritage	159-03.50 MOC
4	Teichman, Ben	11	San Ramon Valley	150-07.00 MOC
5	Burke, Stephen	12	Monte Vista	149-01.00 MOC
6	Solomon, Alex	12	Northgate	147-04.00 MOC
7	Brooks Brown, JaVonte	10	Pittsburg	146-06.00
8	Tran, Chris	12	Livermore	141-07.00
9	Bailey, Andrew	12	Amador Valley	138-09.50
10	Perry, Bryant	11	Northgate	136-11.00
11	Levy, Max	11	Northgate	129-09.00
12	Bailey, Danny	12	Foothill	127-07.00
13	Minor, Justin	12	Dublin	125-00.00
14	Dadd, Jonathan	12	College Park	124-00.00
15	Brumbaugh, Griffin	11	Campolindo	122-02.00
16	Thacker, Kyle	10	Heritage	118-03.00
17	Hakimjavadi, Amir	11	Campolindo	118-00.00
18	Fabian, David	10	College Park	115-03.00
19	Wiles, Jeremy	12	Pittsburg	113-07.00
20	Child, Thomas	12	Clayton Valley	112-11.00
21	Benin, Christopher	12	Pittsburg	112-03.00
22	O'Neill, Maxwell	10	Acalanes	111-00.00
23	Williams, Tyler	11	Acalanes	96-05.50