

## EBAL Championships 2009 - 5/13/2009 to 5/16/2009

## Granada High School

## Meet Program

**Event 35 Girls 1600 Meter Run Frosh/Soph**

Lane	Name	School	Seed Time
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**Heat 1 of 3 Prelims**

1	Lee, Marissa	San Ramon/nc	5:36.15
2	Easely, Shannon	Foothill/nc	5:36.66
3	Huerta, Melinda	Amador Va/nc	5:46.06
4	Tabler, Megan	Foothill/nc	5:46.00
5	Girvan, Katie	Amador Va/nc	5:54.08
6	Brown, Angelyn	Monte Vst/nc	5:54.00
7	Atkins, Melissa	Foothill/nc	5:57.20
8	Duffy, Margaret	Amador Va/nc	6:00.78
9	Ham, Tori	Calfrnia/nc	6:20.00
10	Robledo, Marlene	Granada/nc	6:25.00
11	Deng, Andrea	Amador Va/nc	6:34.92
12	Hennington, Elin	Carondelet	6:40.00
13	Rhodes, Alyssa	Foothill/nc	6:57.00
14	Manickam, Swetha	Amador Va/nc	6:57.97

**Heat 2 of 3 Prelims**

1	Baumann, Montana	San Ramon/nc	5:33.47
2	Herbeck, Laura	Granada/nc	5:44.80
3	Weixel, Courtney	Carondelet	5:45.00
4	de Metz, Victoria	Monte Vst/nc	5:50.00
5	Gregg, Amity	Livermore/nc	5:53.21
6	McDaniel, Nicole	Amador Va/nc	5:55.09
7	Foster, Julianna	San Ramon/nc	5:56.90
8	Paraskevopoulos, Katrina	Amador Va/nc	6:06.37
9	Peterson, Nicole	Carondelet	6:20.00
10	Thomas, Madison	San Ramon/nc	6:26.08
11	Stansell, Amanda	Monte Vst/nc	6:31.00
12	Leary, Shelby	Livermore/nc	6:40.00
13	Jeng, Sherry	Amador Va/nc	6:47.25
14	Romeo, Estabaliz	Carondelet	7:30.00

**Heat 3 of 3 Prelims**

1	Beck, Megan	Carondelet	5:22.00
2	Vaughn, Kayla	Carondelet	5:45.00
3	Aquistapace, Antonia	Carondelet	5:45.00
4	Humphrey, Annie	San Ramon/nc	5:51.31
5	Hebel, Liz	San Ramon/nc	5:51.46
6	Franklin, Laura	Granada/nc	5:55.89
7	Valceshini, Annette	San Ramon/nc	5:56.90
8	Laird, Morgan	San Ramon/nc	6:12.51
9	Foreman, Jackie	San Ramon/nc	6:12.96
10	Konishi, Sawako	Monte Vst/nc	6:30.00
11	Dickinson, Michelle	Foothill/nc	6:31.00
12	Miller, Samantha	Amador Va/nc	6:43.74
13	Jones, Brittany	Foothill/nc	6:45.00
14	Lommerin, Paige	Amador Va/nc	7:32.00

**Event 36 Boys 1600 Meter Run Frosh/Soph**

Lane	Name	School	Seed Time
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**Heat 1 of 5 Prelims**

1	Magness, Samuel	Granada/nc	X5:30.55
2	Manha, Mark	Calfrnia/nc	X6:01.00
3	Martinez, Joey	Granada/nc	X5:23.79
4	Mc Entee, Jeff	DeLaSalle	X5:31.31
5	Mulligan, Kevin	DeLaSalle	X5:48.00
6	Nicholas, Scott	Amador Va/nc	X5:32.67
7	Noch-Salgado, Debon	Monte Vst/nc	X5:37.00
8	Perich, Graham	DeLaSalle	X6:15.52

## EBAL Championships 2009 - 5/13/2009 to 5/16/2009

## Granada High School

## Meet Program

9	Perry, Ben	Granada/nc	X5:39.09
10	Qiu, Siyang	Foothill/nc	X5:24.00
11	Robson, Corbin	DeLaSalle	X5:53.10
12	See, Daniel	Foothill/nc	X5:31.00
13	Sluss, Noah	Amador Va/nc	X5:23.28
14	Sun, Kevin	Calfrnia/nc	X5:57.00
15	Vincent, Ryan	DeLaSalle	X5:47.20
16	Weisbrod, Brandon	Granada/nc	X5:25.48
17	Wirfel, Chris	DeLaSalle	X5:43.44
18	Yap, Sean	Monte Vst/nc	X5:23.00
19	Zrimc, Joshua	Livermore/nc	X5:29.65
<b>Heat 2 of 5 Prelims...(Event 36 Boys 1600 Meter Run Frosh/</b>			
1	Anaya, Miguel	Calfrnia/nc	X5:50.00
2	Ayres, Declan	DeLaSalle	X5:34.10
3	Boomer, Matt	Monte Vst/nc	X5:49.81
4	Brooking, Jordan	Granada/nc	X5:32.85
5	Burkard, Peter	DeLaSalle	X5:36.20
6	Conway, Sean	DeLaSalle	X5:36.31
7	Davis, Jordan	Amador Va/nc	X5:41.18
8	Denniston, Blake	DeLaSalle	X5:27.27
9	Foster, Jay	San Ramon/nc	X5:36.29
10	Godkin, Pete	DeLaSalle	X5:37.24
11	Grimes, Christian	Monte Vst/nc	X5:53.00
12	Gutierrez, Marco	San Ramon/nc	X5:26.39
13	Healy, Cody	Calfrnia/nc	X5:54.00
14	Jankowski, Joe	DeLaSalle	X5:39.63
15	Kim, Austin	Amador Va/nc	X5:33.00
16	Klem, Michael	Granada/nc	X5:32.74
17	Klem, Stephen	Granada/nc	X5:33.91
18	Landon, Greg	Monte Vst/nc	X5:52.00
19	Lara, Sebastian	DeLaSalle	X5:42.74
20	Lewczyk, Cristian	Granada/nc	X5:26.64
<b>Heat 3 of 5 Prelims</b>			
1	Deuel, Parker	San Ramon/nc	4:34.05
2	Kohlgruber, Tsuyoshi	Livermore/nc	4:42.09
3	Peissner, Taylor	Amador Va/nc	4:43.50
4	Pearce, Ryan	San Ramon/nc	4:47.19
5	Aceret, Joe	Amador Va/nc	4:47.99
6	Hardy, Brian	San Ramon/nc	4:51.48
7	Kuo, Jonathan	Foothill/nc	4:53.42
8	Salk, Grant	Granada/nc	4:55.86
9	Rosdahl, Declan	San Ramon/nc	4:56.32
10	Elgood, Alec	Amador Va/nc	4:58.23
11	Rogers, Jack	Amador Va/nc	4:59.40
12	Garaventa, Michael	Monte Vst/nc	5:06.00
13	Johnson, Michael J	DeLaSalle	5:07.69
14	Agness, Justin	Granada/nc	5:14.58
15	Jachowski, Chris	Calfrnia/nc	5:15.00
16	Yap, Matt	Monte Vst/nc	5:17.00
17	Rebottaro, Brandon	Monte Vst/nc	5:17.00
18	Blumling, Garrett	DeLaSalle	5:22.40
<b>Heat 4 of 5 Prelims</b>			
1	Jones, Skyler	Livermore/nc	4:37.50
2	Molineaux, Evan	DeLaSalle	4:41.16
3	Spangenberg, Stephan	DeLaSalle	4:43.80
4	Fuhriman, Trevor	Monte Vst/nc	4:45.60
5	Baumann, Nicco	San Ramon/nc	4:48.32
6	Van Meter, Connor	DeLaSalle	4:50.63
7	Eteve, Marc	Livermore/nc	4:53.50
8	Dvorak, Greg	San Ramon/nc	4:54.66
9	Feldman, Andrew	Monte Vst/nc	4:56.42
10	Golinveaux, Don	San Ramon/nc	4:58.16

**EBAL Championships 2009 - 5/13/2009 to 5/16/2009****Granada High School  
Meet Program**

11	Jackson, Prescott	Amador Va/nc	4:59.58
12	Rogers, Dylan	San Ramon/nc	5:05.85
13	Rice, Steven	Amador Va/nc	5:08.33
14	Mc Curdy, Will	DeLaSalle	5:12.76
15	Oxley, Timothy	Granada/nc	5:15.02
16	Radermacher, Alex	Calfrnia/nc	5:17.00
17	Mathews, Connor	Monte Vst/nc	5:17.43
18	Ranelli, Nick	Monte Vst/nc	5:19.00

**Heat 5 of 5 Prelims**

1	Arnold, Brandon	Granada/nc	4:39.38
2	Kilian, Byron	Monte Vst/nc	4:39.61
3	Moore, Brent	San Ramon/nc	4:44.51
4	Holmgren, Trevor	San Ramon/nc	4:45.00
5	Driggs, Derrek	Calfrnia/nc	4:50.00
6	Wong, Aaron	Amador Va/nc	4:50.00
7	Johnson, Michael A	DeLaSalle	4:53.82
8	Heppner, Tom	Foothill/nc	4:54.00
9	Durand, Kyle	Monte Vst/nc	4:57.00
10	Watkins, Nick	DeLaSalle	4:57.48
11	Freitas, Dylan	Foothill/nc	5:02.00
12	Balogh, Steve	Monte Vst/nc	5:03.00
13	Stivers, Kyle	Amador Va/nc	5:08.73
14	Waterson, Zach	DeLaSalle	5:11.90
15	Pocs, Chris	Amador Va/nc	5:15.93
16	Flores, Sergio	DeLaSalle	5:15.96
17	Saldinger, Jacob	Foothill/nc	5:18.00
18	Lew, Brandon	DeLaSalle	5:18.92

**Event 37 Girls 100 Meter Hurdles Frosh/Soph**

Lane	Name	School	Seed Time
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**Heat 1 of 3 Prelims**

3	Bose, Shari	Granada/nc	21.52
4	Bradley, Lauren	San Ramon/nc	20.43
5	Williams, Jessica	Calfrnia/nc	18.90
6	Ginn, Nicole	Amador Va/nc	19.23
7	Moreno, Frances	Amador Va/nc	20.52
8	Simms, Lesley	Amador Va/nc	21.58

**Heat 2 of 3 Prelims...(Event 37 Girls 100 Meter Hurdles Fro**

3	Ford, Lindsey	Amador Va/nc	21.00
4	Fahrney, Maddy	Calfrnia/nc	20.10
5	Osborn, Brooke	Carondelet	18.55
6	Logan, Sophie	Calfrnia/nc	20.00
7	Han, Joyce	Amador Va/nc	20.35
8	Sin, Jessica	Foothill/nc	21.95

**Heat 3 of 3 Prelims**

2	Pann, Rachel	Amador Va/nc	22.71
3	Gaines, Rachel	Granada/nc	20.91
4	Eaton, Kayla	San Ramon/nc	20.04
5	Carmichael, Kerry	Amador Va/nc	18.24
6	Gold, Devon	Amador Va/nc	20.03
7	Park, Jeannie	Foothill/nc	20.69
8	Ayon, Zinnia	Granada/nc	22.64

**Event 38 Boys 110 Meter Hurdles Frosh/Soph**

Lane	Name	School	Seed Time
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**Heat 1 of 1 Prelims**

1	Rumsey, Ryan	Amador Va/nc	20.89
2	Runnels, Connor	Granada/nc	19.78
3	Ohhashi, Ken	Foothill/nc	19.19

## EBAL Championships 2009 - 5/13/2009 to 5/16/2009

## Granada High School

## Meet Program

4	Yersak, Matthew	Granada/nc	18.90
5	Redmon, David	DeLaSalle	17.25
6	Ruh, Colin	Calfrnia/nc	17.27
7	Fernandois, Jon	Calfrnia/nc	19.00
8	Huang, David	Calfrnia/nc	19.50
9	White, Quincy	Granada/nc	19.87

**Event 39 Girls 400 Meter Dash Frosh/Soph**

Lane	Name	School	Seed Time
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**Heat 1 of 4 Prelims**

2	Mendelsohn, Deanna	Monte Vst/nc	77.00
3	Grimes, Taylor	San Ramon/nc	71.76
4	Kwan, Victoria	San Ramon/nc	69.25
5	Tsukuda, Claire	San Ramon/nc	66.71
6	Morgan, Kelly	Amador Va/nc	67.11
7	Fitzpatrick, Ciara	San Ramon/nc	69.74
8	Higgins, Shay	Calfrnia/nc	72.30
9	Van De Roovaart, Sara	Amador Va/nc	78.56

**Heat 2 of 4 Prelims**

2	Whitney, Autumn	Foothill/nc	77.00
3	Foster, Kristin	Calfrnia/nc	70.40
4	Johnson, Hailey	Amador Va/nc	69.13
5	Baine, Courtney	Monte Vst/nc	65.42
6	Mehandru, Nikita	Amador Va/nc	67.78
7	Furphy, Kayla	Amador Va/nc	69.98
8	Medwedeff, Rebecca	Monte Vst/nc	73.00
9	Singleton, Katherine	Monte Vst/nc	78.87

**Heat 3 of 4 Prelims**

2	Braun, Bailey	Amador Va/nc	77.12
3	Walker, Molly	Calfrnia/nc	70.40
4	Mumford, Kirsten	Granada/nc	69.00
5	Zeitler, Kiley	Livermore/nc	65.00
6	Zollars, Laura	Amador Va/nc	68.13
7	Siegele, Kristen	Monte Vst/nc	70.05
8	Criez, Chloe	Monte Vst/nc	76.62
9	Matus, Patricia	Amador Va/nc	79.11

**Heat 4 of 4 Prelims**

2	Hatton, Bridget	Monte Vst/nc	76.60
3	Lobo, Alexandria	San Ramon/nc	70.29
4	Bosso, Jordan	San Ramon/nc	69.00
5	Yap, Meghan	Monte Vst/nc	64.50
6	Mumford, Brittany	Granada/nc	69.00
7	Auster, Kayla	San Ramon/nc	70.07
8	Gondkoff, Malia	Amador Va/nc	76.74
9	Hirsch, Erin	Monte Vst/nc	1:20.20

**Event 40 Boys 400 Meter Dash Frosh/Soph**

Lane	Name	School	Seed Time
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**Heat 1 of 5 Prelims**

1	Dotzler, Chris	Monte Vst/nc	X65.10
2	Elahi, Parsa	Calfrnia/nc	X67.80
3	MacDonald, Andrew	San Ramon/nc	X63.29
4	Morrell, Lucas	Monte Vst/nc	X69.09
5	Paz, Drew	Calfrnia/nc	X62.40
6	Prieur, Thomas	Calfrnia/nc	X65.00
7	Radford, Nolan	Amador Va/nc	X65.71
8	Vaishnav, Heet	Monte Vst/nc	X66.00
9	Van Dam, Sidney	Monte Vst/nc	X70.00

**Heat 2 of 5 Prelims**

## EBAL Championships 2009 - 5/13/2009 to 5/16/2009

Granada High School  
Meet Program

1	Cook, Johnnathen	Granada/nc	61.85
2	Young, John	Monte Vst/nc	58.80
3	De Polo, Dane	DeLaSalle	57.55
4	Gueta, Luis	Livermore/nc	56.00
5	Garrick, Kevin	Monte Vst/nc	53.81
6	Bayley, Nick	Amador Va/nc	54.27
7	Knight, Caleb	Granada/nc	56.87
8	Morefield, Derek	Monte Vst/nc	57.67
9	Chang, Trevor	Monte Vst/nc	60.30

**Heat 3 of 5 Prelims**

1	Wilcox, Tom	San Ramon/nc	61.47
2	Baine, Andrew	Monte Vst/nc	58.73
3	Schmierer, Joel	Livermore/nc	57.43
4	Kummer, Travis	San Ramon/nc	55.98
5	Washington, Tyler	Monte Vst/nc	53.71
6	Lawton, Ian	DeLaSalle	55.12
7	Udenyi, Amadi	DeLaSalle	56.98
8	Arriaga, Lucas	DeLaSalle	58.19
9	Hoyt, Jake	Calfrnia/nc	60.90

**Heat 4 of 5 Prelims...(Event 40 Boys 400 Meter Dash Frosh/**

1	Alvillar, Eric	Granada/nc	61.26
2	Lim, Michael	San Ramon/nc	58.74
3	Murphy, Bryan	Calfrnia/nc	57.40
4	Pray, David	Calfrnia/nc	55.90
5	Winston, Kevin	DeLaSalle	52.89
6	Ordaz, Angel	Monte Vst/nc	55.59
7	Chang, Terrance	Amador Va/nc	57.18
8	Escujuri, Anthony	San Ramon/nc	58.25
9	Steinway, Edward	San Ramon/nc	60.92

**Heat 5 of 5 Prelims**

1	Sheppel, Tim	San Ramon/nc	62.20
2	Ichiuji, Trent	San Ramon/nc	59.93
3	Riedal, Stefan	DeLaSalle	57.70
4	Fisher, Travis	Foothill/nc	56.10
5	Harvey, Keaton	San Ramon/nc	54.03
6	Andrade, Jorge	Livermore/nc	54.00
7	Huynh, Alex	Amador Va/nc	56.38
8	Santini, Dominic	DeLaSalle	57.80
9	Detweiller, Todd	Amador Va/nc	60.51

**Event 41 Girls 100 Meter Dash Frosh/Soph**

Lane	Name	School	Seed Time
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**Heat 1 of 6 Prelims**

1	Martinez, Daniella	Carondelet	X15.16
2	Nickel, Emily	Foothill/nc	X14.95
3	Nielsen, Taylor	Monte Vst/nc	X15.10
4	Scroggins, Cassi	Foothill/nc	X14.90
5	Shannon, Kayle	Livermore/nc	X15.50
6	Williams, Tori	Monte Vst/nc	X15.01
7	Wood, Sarah	Monte Vst/nc	X15.22

**Heat 2 of 6 Prelims**

1	Avina, Giselle	Carondelet	X15.06
2	Cairel, Melanie	Granada/nc	X16.84
3	Farmer, Yvonne	Granada/nc	X15.18
4	Grant, Leticia	Granada/nc	X15.36
5	Grimes, Taylor	San Ramon/nc	X14.94
6	Hugo, Samantha	Monte Vst/nc	X15.07
7	Khorey, Catherin	Monte Vst/nc	X15.30

**Heat 3 of 6 Prelims**

1	Giacovelli, Gina	San Ramon/nc	14.75
2	Marx, Sarah	San Ramon/nc	14.49

## EBAL Championships 2009 - 5/13/2009 to 5/16/2009

## Granada High School

## Meet Program

3	Schiller, Samantha	Monte Vst/nc	14.13
4	Brown, Rikara	Calfrnia/nc	13.90
5	Perez, Anna	Livermore/nc	13.30
6	McMichael, Kendall	Monte Vst/nc	13.81
7	Rowe, Allison	Monte Vst/nc	14.10
8	Garcia, Alejandra	Granada/nc	14.32
9	Sampson, Sarah	San Ramon/nc	14.71

**Heat 4 of 6 Prelims**

1	Amick, Shawn	Livermore/nc	14.50
2	Huang, Christine	Amador Va/nc	14.11
3	Rajs, Hannah	Foothill/nc	14.12
4	Kanunatila, Minari	San Ramon/nc	13.84
5	Graham, Katherine	San Ramon/nc	13.46
6	Zingraf, Abbie	Monte Vst/nc	13.84
7	Wyne, Shannon	Calfrnia/nc	14.10
8	Zeliger, Dominique	Monte Vst/nc	14.33
9	Sierra, Larissa	Monte Vst/nc	14.72

**Heat 5 of 6 Prelims**

1	Sterling, Mona	San Ramon/nc	14.87
2	Mangan, Natalie	Monte Vst/nc	14.51
3	Kanat, Rebecca	San Ramon/nc	14.14
4	Gerbert, Siena	Calfrnia/nc	13.90
5	Klimmek, Morgan	Monte Vst/nc	13.64
6	Scott, Megan	Monte Vst/nc	13.81
7	Alcaraz, Leah	San Ramon/nc	14.02
8	Ochoa, Celia	Foothill/nc	14.26
9	Kumre, Brittnee	Monte Vst/nc	14.58

**Heat 6 of 6 Prelims**

1	Cribb, Brittany	Monte Vst/nc	14.70
2	Nacino, Tara	Monte Vst/nc	14.51
3	Nicolas, Petra	Carondelet	14.15
4	Dizon, Rizelle	Calfrnia/nc	14.00
5	Baird, Christie	Carondelet	13.72
6	Kirk, Linnea	Foothill/nc	13.80
7	Lefarowicz, Molly	Carondelet	14.01
8	Poloyapoy, Toni Rose	Livermore/nc	14.00
9	Just, Jennifer	San Ramon/nc	14.58

**Event 42 Boys 100 Meter Dash Frosh/Soph**

Lane	Name	School	Seed Time
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**Heat 1 of 7 Prelims**

1	Matus, Rosti	Amador Va/nc	X12.77
2	Olsen, Hayden	Monte Vst/nc	X12.91
3	Orozco, Nick	Monte Vst/nc	X12.93
4	Park, Tae Joo	Foothill/nc	X12.81
5	Ricketts, Dakota	San Ramon/nc	X14.00
6	Spivey, Greig	Foothill/nc	X12.96
7	Thayer, Steven	Calfrnia/nc	X12.72
8	Varadha, Gokul	Amador Va/nc	X12.86

**Heat 2 of 7 Prelims**

1	Hom, Brandon	Foothill/nc	X12.74
2	Kelly, Connor	Monte Vst/nc	X13.67
3	Knight, Griffin	Foothill/nc	X12.69
4	Kualapai-Bartelt, Dax	Foothill/nc	X13.02
5	LeBel, Christopher	Granada/nc	X13.31
6	Maravilla, Patrick	Amador Va/nc	X12.77
7	Martinez, Cody	Granada/nc	X13.24

**Heat 3 of 7 Prelims...(Event 42 Boys 100 Meter Dash Frosh/**

1	Alcocer, Michael	San Ramon/nc	X12.94
2	Aldridge, Steven	Livermore/nc	X13.00
3	Barry, Samuel	Calfrnia/nc	X12.77

## EBAL Championships 2009 - 5/13/2009 to 5/16/2009

## Granada High School

## Meet Program

4	Cho, Josh	Foothill/nc	X13.10
5	Ehlers, David	Monte Vst/nc	X12.91
6	Fay, Conrad	Monte Vst/nc	X12.81
7	Griffin, Mike	Livermore/nc	X14.10

**Heat 4 of 7 Prelims**

1	Edsen, Riley	Foothill/nc	12.59
2	Rebarber, Chad	San Ramon/nc	12.41
3	Chin, Jesse	Calfrnia/nc	12.29
4	Santelises, Frankie	DeLaSalle	11.95
5	Johnson, Alek	DeLaSalle	11.54
6	Frazier, Samuel	Calfrnia/nc	11.95
7	Peterson, Trent	San Ramon/nc	12.23
8	Peterson, Chris	Monte Vst/nc	12.16
9	Eikani, Carlo	DeLaSalle	12.55

**Heat 5 of 7 Prelims**

1	Wong, Wilson	San Ramon/nc	12.64
2	Phan, Alan	Foothill/nc	12.42
3	Chelette, Kaleb	DeLaSalle	12.30
4	Pawlowski, Ben	Calfrnia/nc	12.06
5	Kwong, Alton	San Ramon/nc	11.75
6	Kanazawa, Connor	San Ramon/nc	11.94
7	Bettencourt, Forrest	Monte Vst/nc	12.22
8	Fedirko, Daniel	Amador Va/nc	12.35
9	Reed, TJ	San Ramon/nc	12.54

**Heat 6 of 7 Prelims**

1	Outcult, Chris	Monte Vst/nc	12.55
2	Low, Ryan	Monte Vst/nc	12.44
3	Fry, Ben	Calfrnia/nc	12.30
4	Park, Kevin	Foothill/nc	12.06
5	Bumanlag, James	Calfrnia/nc	11.82
6	Ceccarelli, Ryan	Calfrnia/nc	11.88
7	Udenyi, Amadi	DeLaSalle	12.11
8	Gum, Evan	Amador Va/nc	12.33
9	Back, Ellis	Monte Vst/nc	12.50

**Heat 7 of 7 Prelims**

1	Pineda, Ryan	Monte Vst/nc	12.62
2	Kamal, Danyal	Monte Vst/nc	12.46
3	Potter, Robert	Amador Va/nc	12.32
4	Gardner, Ian	San Ramon/nc	12.07
5	Anderson, Christian	Monte Vst/nc	11.83
6	Chen, Jeff	Amador Va/nc	11.88
7	Masood, Omar	Monte Vst/nc	12.07
8	Eppler, Cody	Granada/nc	12.32
9	Acton, Mitchell	Granada/nc	12.46

**Event 43 Girls 800 Meter Run Frosh/Soph**

Lane	Name	School	Seed Time
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**Heat 1 of 5 Prelims**

1	Choi, Melissa	Foothill/nc	X3:29.00
2	Cox, Danielle	Amador Va/nc	X3:10.34
3	Herb, Nicole	Amador Va/nc	X3:10.00
4	Stafford, Olivia	Amador Va/nc	X3:09.21
5	Sullivan, Jessica	Amador Va/nc	X3:09.21
6	Tallman, Alex	San Ramon/nc	X3:18.01

**Heat 2 of 5 Prelims**

1	Anderson, Aleesha	Foothill/nc	3:01.00
2	Foreman, Jackie	San Ramon/nc	2:52.87
3	Richardson, Mollie	Foothill/nc	2:46.00
4	Vaughn, Kayla	Carondelet	2:39.00
5	Chin, Kristina	Monte Vst/nc	2:32.00
6	Balczewski, Emily	Carondelet	2:35.00

## EBAL Championships 2009 - 5/13/2009 to 5/16/2009

## Granada High School

## Meet Program

7	Humphrey, Annie	San Ramon/nc	2:41.60
8	Kwan, Ellen	Foothill/nc	2:47.00
9	Peterson, Nicole	Carondelet	2:55.00

**Heat 3 of 5 Prelims**

1	Chang, Megan	Monte Vst/nc	3:00.00
2	Jhangiani, Samica	Amador Va/nc	2:51.32
3	Zorich, Lane	Monte Vst/nc	2:43.21
4	Aquistapace, Antonia	Carondelet	2:39.00
5	Zeitler, Kiley	Livermore/nc	2:30.99
6	Regalia, Val	San Ramon/nc	2:35.40
7	Atkins, Melissa	Foothill/nc	2:42.00
8	Bailey, Michaela	Monte Vst/nc	2:47.26
9	Hennington, Elin	Carondelet	2:57.00

**Heat 4 of 5 Prelims**

1	Miller, Samantha	Amador Va/nc	3:00.00
2	Robleto, Marlene	Granada/nc	2:51.00
3	Gregg, Amity	Livermore/nc	2:42.90
4	Valceshini, Annette	San Ramon/nc	2:36.58
5	Gratsch, Lauren	Monte Vst/nc	2:28.40
6	Baine, Courtney	Monte Vst/nc	2:36.00
7	Torquato, Nicole	Foothill/nc	2:42.00
8	Mangayan, Kauhleen	Foothill/nc	2:48.40
9	Leary, Shelby	Livermore/nc	2:59.00

**Heat 5 of 5 Prelims**

1	Jeng, Sherry	Amador Va/nc	3:02.28
2	Thomas, Madison	San Ramon/nc	2:54.66
3	Horning, Alyssa	Granada/nc	2:46.84
4	Foster, Julianna	San Ramon/nc	2:40.57
5	Parsons, Kelly	Amador Va/nc	2:32.64
6	Easely, Shannon	Foothill/nc	2:33.10
7	Franklin, Laura	Granada/nc	2:40.60
8	Hatton, Elli	Monte Vst/nc	2:47.00
9	Deng, Andrea	Amador Va/nc	2:54.88

**Event 44 Boys 800 Meter Run Frosh/Soph**

Lane	Name	School	Seed Time
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**Heat 1 of 7 Prelims**

1	Amirfathi, Felix	Monte Vst/nc	X2:31.00
2	Belak, Brian	Granada/nc	X2:44.27
3	Brooking, Jordan	Granada/nc	X2:34.69
4	Dimayuga, Tim	Monte Vst/nc	X2:29.72
5	Fugere, Scott	DeLaSalle	X2:36.36
6	Guelfi, Scott	DeLaSalle	X2:26.80

**Heat 2 of 7 Prelims**

1	Gutierrez, Marco	San Ramon/nc	X2:29.21
2	Gwozdz, Jakub	Foothill/nc	X2:54.00
3	Healy, Cody	California/nc	X2:30.00
4	Hernandez, Dominic	DeLaSalle	X2:48.30
5	Martinez, Joey	Granada/nc	X2:34.70
6	Mercado, Chris	DeLaSalle	X2:47.20

**Heat 3 of 7 Prelims**

1	Oney, Matt	DeLaSalle	X2:55.10
2	Perry, Ben	Granada/nc	X2:39.70
3	Prabhu, Akshay	Livermore/nc	X2:31.00
4	Rogers, Blake	San Ramon/nc	X2:25.63
5	Sargeson, Chris	DeLaSalle	X2:45.80
6	Wallace, Matt	DeLaSalle	X2:57.70
7	Zrime, Joshua	Livermore/nc	X2:30.38

**Heat 4 of 7 Prelims**

1	De Polo, Dane	DeLaSalle	2:21.33
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## EBAL Championships 2009 - 5/13/2009 to 5/16/2009

## Granada High School

## Meet Program

2	Brooks, Eric	Amador Va/nc	2:18.38
3	Hill, Andrew	Granada/nc	2:13.20
4	Kohlgruber, Tsuyoshi	Livermore/nc	2:08.50
5	Deuel, Parker	San Ramon/nc	2:03.17
6	Dominguez, Anthony	DeLaSalle	2:07.80
7	Riedal, Stefan	DeLaSalle	2:13.02
8	Rowling, Conrad	DeLaSalle	2:17.98
9	See, Daniel	Foothill/nc	2:21.00

**Heat 5 of 7 Prelims**

1	Mc Nell, Bradley	DeLaSalle	2:21.46
2	Arriaga, Lucas	DeLaSalle	2:18.59
3	Kuo, Jonathan	Foothill/nc	2:13.32
4	Baumann, Nicco	San Ramon/nc	2:09.93
5	Holmgren, Trevor	San Ramon/nc	2:04.21
6	Arnold, Brandon	Granada/nc	2:07.35
7	Rosdahl, Declan	San Ramon/nc	2:12.85
8	Shafi, Jacob	Amador Va/nc	2:16.88
9	Vazquez, Joel	Livermore/nc	2:20.55

**Heat 6 of 7 Prelims**

1	Endonila, Julian	DeLaSalle	2:21.50
2	Bluestein, Michael	Calfrnia/nc	2:20.00
3	Roderick, Dan	Monte Vst/nc	2:14.00
4	Giovanetti, Derek	Monte Vst/nc	2:10.10
5	Carter, Theo	Amador Va/nc	2:04.83
6	Jackson, Joe	DeLaSalle	2:06.93
7	Driggs, Derrek	Calfrnia/nc	2:12.00
8	Kroushour, Jason	DeLaSalle	2:16.38
9	Balke, Taylor	Monte Vst/nc	2:20.00

**Heat 7 of 7 Prelims**

1	Lamb, Eric	Monte Vst/nc	2:23.10
2	Eteve, Marc	Livermore/nc	2:20.00
3	Watkins, Nick	DeLaSalle	2:15.97
4	Schmierer, Joel	Livermore/nc	2:10.50
5	Chew, Cory	Calfrnia/nc	2:06.00
6	Jones, Skyler	Livermore/nc	2:06.60
7	Hardy, Brian	San Ramon/nc	2:11.59
8	Heppner, Tom	Foothill/nc	2:16.23
9	Gueta, Luis	Livermore/nc	2:20.00

**Event 45 Girls 300 Meter Hurdles Frosh/Soph**

Lane	Name	School	Seed Time
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**Heat 1 of 3 Prelims**

2	Bose, Shari	Granada/nc	65.61
3	Ayon, Zinnia	Granada/nc	58.90
4	Ford, Lindsey	Amador Va/nc	56.60
5	Guo, Lucy	Foothill/nc	53.69
6	Han, Joyce	Amador Va/nc	53.75
7	Ginn, Nicole	Amador Va/nc	57.05
8	Park, Jeannie	Foothill/nc	59.16
9	Darrin, Katie	Foothill/nc	68.21

**Heat 2 of 3 Prelims**

2	Pann, Rachel	Amador Va/nc	62.17
3	Gold, Devon	Amador Va/nc	58.83
4	Carmichael, Kerry	Amador Va/nc	56.23
5	Osborn, Brooke	Carondelet	53.57
6	Ochoa, Celia	Foothill/nc	55.23
7	Gaines, Rachel	Granada/nc	57.29
8	Sin, Jessica	Foothill/nc	59.69

**Heat 3 of 3 Prelims**

2	Bradley, Lauren	San Ramon/nc	60.83
3	Fahrney, Maddy	Calfrnia/nc	58.00

## EBAL Championships 2009 - 5/13/2009 to 5/16/2009

## Granada High School

## Meet Program

4	Eaton, Kayla	San Ramon/nc	56.05
5	Moreno, Frances	Amador Va/nc	52.57
6	Garcia, Janelle	Granada/nc	55.67
7	Logan, Sophie	Calfrnia/nc	57.30
8	Simms, Lesley	Amador Va/nc	59.96

**Event 46 Boys 300 Meter Hurdles Frosh/Soph**

Lane	Name	School	Seed Time
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**Heat 1 of 2 Prelims**

3	Fernandois, Jon	Calfrnia/nc	55.50
4	White, Quincy	Granada/nc	49.72
5	Valla, Paul	Monte Vst/nc	46.12
6	Bettencourt, Forrest	Monte Vst/nc	47.03
7	Yersak, Matthew	Granada/nc	49.82

**Heat 2 of 2 Prelims**

3	Rumsey, Ryan	Amador Va/nc	52.41
4	Huang, David	Calfrnia/nc	49.50
5	Ruh, Colin	Calfrnia/nc	44.00
6	Redmon, David	DeLaSalle	47.13
7	Ohhashi, Ken	Foothill/nc	49.91

**Event 47 Girls 200 Meter Dash Frosh/Soph**

Lane	Name	School	Seed Time
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**Heat 1 of 8 Prelims**

1	Sampson, Sarah	San Ramon/nc	X33.80
2	Scroggins, Cassi	Foothill/nc	X30.56
3	Sterling, Mona	San Ramon/nc	X31.59
4	Van De Roovaart, Sara	Amador Va/nc	X34.87
5	Walker, Molly	Calfrnia/nc	X31.60
6	Williams, Tori	Monte Vst/nc	X33.20
7	Wood, Sarah	Monte Vst/nc	X30.61

**Heat 2 of 8 Prelims**

1	Marx, Sarah	San Ramon/nc	X30.82
2	Matus, Patricia	Amador Va/nc	X32.23
3	Miller, Samantha	Amador Va/nc	X33.12
4	Mumford, Brittany	Granada/nc	X31.00
5	Mumford, Kirsten	Granada/nc	X31.00
6	Nickel, Emily	Foothill/nc	X31.14
7	Nielsen, Taylor	Monte Vst/nc	X32.33

**Heat 3 of 8 Prelims**

1	Higgins, Shay	Calfrnia/nc	X32.20
2	Johnson, Hailey	Amador Va/nc	X31.25
3	Khorey, Catherin	Monte Vst/nc	X33.02
4	Kumre, Brittnee	Monte Vst/nc	X31.08
5	Kwan, Victoria	San Ramon/nc	X31.20
6	Mangan, Natalie	Monte Vst/nc	X30.78
7	Martinez, Daniella	Carondelet	X32.18

**Heat 4 of 8 Prelims**

1	Amick, Shawn	Livermore/nc	X32.00
2	Avina, Giselle	Carondelet	X31.52
3	Braun, Bailey	Amador Va/nc	X32.09
4	Cairel, Melanie	Granada/nc	X35.24
5	Darrin, Katie	Foothill/nc	X32.58
6	Foster, Kristin	Calfrnia/nc	X31.20
7	Furphy, Kayla	Amador Va/nc	X30.81
8	Gondkoff, Malia	Amador Va/nc	X32.10

**Heat 5 of 8 Prelims**

1	Sierra, Larissa	Monte Vst/nc	30.31
2	Zeliger, Dominique	Monte Vst/nc	29.96

## EBAL Championships 2009 - 5/13/2009 to 5/16/2009

## Granada High School

## Meet Program

3	Ciabattari, Lyndsey	Carondelet	29.61
4	Gerbert, Siena	California/nc	29.24
5	Kanunatila, Minari	San Ramon/nc	28.32
6	McMichael, Kendall	Monte Vst/nc	29.22
7	Fitzpatrick, Ciara	San Ramon/nc	29.56
8	Rowe, Allison	Monte Vst/nc	29.96
9	Just, Jennifer	San Ramon/nc	30.29

**Heat 6 of 8 Prelims**

1	Lobo, Alexandria	San Ramon/nc	30.36
2	Hugo, Samantha	Monte Vst/nc	29.96
3	Auster, Kayla	San Ramon/nc	29.64
4	Poloyapoy, Toni Rose	Livermore/nc	29.00
5	Ochoa, Celia	Foothill/nc	28.53
6	Rajs, Hannah	Foothill/nc	29.11
7	Dizon, Rizelle	California/nc	29.50
8	Schiller, Samantha	Monte Vst/nc	29.94
9	Cribb, Brittany	Monte Vst/nc	30.00

**Heat 7 of 8 Prelims**

1	Giacovelli, Gina	San Ramon/nc	30.48
2	Zollars, Laura	Amador Va/nc	29.98
3	Kanat, Rebecca	San Ramon/nc	29.64
4	Zingraf, Abbie	Monte Vst/nc	29.28
5	Perez, Anna	Livermore/nc	28.50
6	Scott, Megan	Monte Vst/nc	28.94
7	Alcaraz, Leah	San Ramon/nc	29.41
8	Brown, Rikara	California/nc	29.88
9	Huang, Christine	Amador Va/nc	29.86

**Heat 8 of 8 Prelims**

1	Wyne, Shannon	California/nc	30.50
2	Kirk, Linnea	Foothill/nc	30.00
3	Morgan, Kelly	Amador Va/nc	29.67
4	Graham, Katherine	San Ramon/nc	29.29
5	Nicolas, Petra	Carondelet	28.79
6	Klimmek, Morgan	Monte Vst/nc	28.87
7	Baird, Christie	Carondelet	29.41
8	Garcia, Alejandra	Granada/nc	29.77
9	Bosso, Jordan	San Ramon/nc	30.00

**Event 48 Boys 200 Meter Dash Frosh/Soph**

Lane	Name	School	Seed Time
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**Heat 1 of 10 Prelims**

1	Escujuri, Anthony	San Ramon/nc	X25.96
2	Griffin, Mike	Livermore/nc	X29.00
3	Heathorn, Scott	San Ramon/nc	X28.22
4	Hoyt, Jake	California/nc	X27.40
5	Ichiuji, Trent	San Ramon/nc	X26.40
6	Kelly, Connor	Monte Vst/nc	X26.44
7	Knight, Griffin	Foothill/nc	X27.55
8	Kualapai-Bartelt, Dax	Foothill/nc	X28.34

**Heat 2 of 10 Prelims...(Event 48 Boys 200 Meter Dash Frosh)**

1	Lim, Michael	San Ramon/nc	X26.28
2	MacDonald, Andrew	San Ramon/nc	X28.42
3	Martinez, Cody	Granada/nc	X27.86
4	Matus, Rosti	Amador Va/nc	X32.33
5	Olsen, Hayden	Monte Vst/nc	X26.80
6	Orozco, Nick	Monte Vst/nc	X27.01
7	Outcult, Chris	Monte Vst/nc	X25.61
8	Park, Tae Joo	Foothill/nc	X27.00

**Heat 3 of 10 Prelims**

1	Pawlowski, Ben	California/nc	X25.81
2	Payomo, Andrew	California/nc	X27.10

## EBAL Championships 2009 - 5/13/2009 to 5/16/2009

## Granada High School

## Meet Program

3	Paz, Drew	California/nc	X27.60
4	Peterson, Chris	Monte Vst/nc	X25.79
5	Pineda, Ryan	Monte Vst/nc	X26.41
6	Prieur, Thomas	California/nc	X27.80
7	Radford, Nolan	Amador Va/nc	X26.26
8	Reed, TJ	San Ramon/nc	X26.18

**Heat 4 of 10 Prelims**

1	Ricketts, Dakota	San Ramon/nc	X30.22
2	Rogers, Blake	San Ramon/nc	X26.52
3	Sheppel, Tim	San Ramon/nc	X27.88
4	Spivey, Greig	Foothill/nc	X26.47
5	Steinway, Edward	San Ramon/nc	X28.11
6	Thayer, Steven	California/nc	X26.61
7	Varadha, Gokul	Amador Va/nc	X25.94
8	Wong, Wilson	San Ramon/nc	X26.17

**Heat 5 of 10 Prelims**

1	Acton, Mitchell	Granada/nc	X25.52
2	Alcoer, Michael	San Ramon/nc	X26.40
3	Aldridge, Steven	Livermore/nc	X28.30
4	Almeida, Jason	Foothill/nc	X28.40
5	Alvillar, Eric	Granada/nc	X27.16
6	Back, Ellis	Monte Vst/nc	X25.81
7	Baine, Andrew	Monte Vst/nc	X26.01
8	Barry, Samuel	California/nc	X25.53

**Heat 6 of 10 Prelims**

1	Bettencourt, Forrest	Monte Vst/nc	X25.91
2	Brooks, Eric	Amador Va/nc	X26.98
3	Chin, Jesse	California/nc	X25.84
4	Cook, Johnathen	Granada/nc	X26.86
5	Detweiller, Todd	Amador Va/nc	X25.93
6	Edsen, Riley	Foothill/nc	X25.90
7	Ehlers, David	Monte Vst/nc	X26.84
8	Elahi, Parsa	California/nc	X27.00

**Heat 7 of 10 Prelims**

1	Rebarber, Chad	San Ramon/nc	25.49
2	Eppler, Cody	Granada/nc	25.12
3	Eikani, Carlo	DeLaSalle	24.88
4	Riedal, Stefan	DeLaSalle	24.31
5	Kwong, Alton	San Ramon/nc	23.67
6	Udenyi, Amadi	DeLaSalle	23.93
7	Santini, Dominic	DeLaSalle	24.33
8	Masood, Omar	Monte Vst/nc	24.91
9	Fedirko, Daniel	Amador Va/nc	25.12

**Heat 8 of 10 Prelims**

1	Kamal, Danyal	Monte Vst/nc	25.46
2	Fry, Ben	California/nc	25.11
3	Garrick, Kevin	Monte Vst/nc	24.61
4	Chelette, Kaleb	DeLaSalle	24.20
5	Santelises, Frankie	DeLaSalle	23.60
6	Chen, Jeff	Amador Va/nc	24.01
7	Bumanlag, James	California/nc	24.36
8	Kummer, Travis	San Ramon/nc	24.94
9	Chang, Terrance	Amador Va/nc	25.21

**Heat 9 of 10 Prelims**

1	Low, Ryan	Monte Vst/nc	25.32
2	Ceccarelli, Ryan	California/nc	25.10
3	Gum, Evan	Amador Va/nc	24.71
4	Lawton, Ian	DeLaSalle	24.11
5	Johnson, Alek	DeLaSalle	23.09
6	Kanazawa, Connor	San Ramon/nc	24.05
7	Potter, Robert	Amador Va/nc	24.64
8	Phan, Alan	Foothill/nc	24.98

**EBAL Championships 2009 - 5/13/2009 to 5/16/2009****Granada High School****Meet Program**

9	Andrade, Jorge	Livermore/nc	25.00
<b>Heat 10 of 10 Prelims</b>			
1	Huynh, Alex	Amador Va/nc	25.32
2	Frazier, Samuel	Calfrnia/nc	25.05
3	Peterson, Trent	San Ramon/nc	24.71
4	Park, Kevin	Foothill/nc	24.07
5	Winston, Kevin	DeLaSalle	22.79
6	Anderson, Christian	Monte Vst/nc	24.06
7	Bayley, Nick	Amador Va/nc	24.65
8	Medved, Christian	Foothill/nc	25.03
9	Pray, David	Calfrnia/nc	25.30

**Event 49 Girls 3200 Meter Run Frosh/Soph**

Lane	Name	School	Seed Time
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**Section 1 of 1 Finals**

1	Beck, Megan	Carondelet	11:53.00
2	Baumann, Montana	San Ramon/nc	12:01.75
3	Parsons, Kelly	Amador Va/nc	12:12.66
4	Lee, Marissa	San Ramon/nc	12:13.17
5	Hebel, Liz	San Ramon/nc	12:16.09
6	Girvan, Katie	Amador Va/nc	12:26.48
7	Gregg, Amity	Livermore/nc	12:38.50
8	Herbeck, Laura	Granada/nc	12:44.00
9	Tabler, Megan	Foothill/nc	12:55.00
10	Horning, Alyssa	Granada/nc	13:00.00
11	Huerta, Melinda	Amador Va/nc	13:05.53
12	McDaniel, Nicole	Amador Va/nc	13:12.38
13	Easely, Shannon	Foothill/nc	13:14.05
14	Atkins, Melissa	Foothill/nc	13:15.00
15	Duffy, Margaret	Amador Va/nc	13:15.68
16	Regalia, Val	San Ramon/nc	13:16.23
17	Foster, Julianna	San Ramon/nc	13:21.24
18	Paraskevopoulos, Katrina	Amador Va/nc	13:22.45
19	Laird, Morgan	San Ramon/nc	13:23.82
20	Leary, Shelby	Livermore/nc	14:05.00
21	Manickam, Swetha	Amador Va/nc	15:35.03

**Event 50 Boys 3200 Meter Run Frosh/Soph**

Lane	Name	School	Seed Time
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**Section 1 of 2 Finals**

1	Deuel, Parker	San Ramon/nc	10:06.67
2	Pearce, Ryan	San Ramon/nc	10:08.63
3	Peissner, Taylor	Amador Va/nc	10:11.92
4	Aceret, Joe	Amador Va/nc	10:14.74
5	Spangenberg, Stephan	DeLaSalle	10:19.70
6	Jones, Skyler	Livermore/nc	10:20.30
7	Kilian, Byron	Monte Vst/nc	10:24.33
8	Kohlgruber, Tsuyoshi	Livermore/nc	10:24.10
9	Arnold, Brandon	Granada/nc	10:31.00
10	Eteve, Marc	Livermore/nc	10:35.60
11	Johnson, Michael A	DeLaSalle	10:38.00
12	Moore, Brent	San Ramon/nc	10:41.44
13	Wong, Aaron	Amador Va/nc	10:41.74
14	Garaventa, Michael	Monte Vst/nc	10:43.00
15	Baumann, Nicco	San Ramon/nc	10:44.93
16	Fuhriman, Trevor	Monte Vst/nc	10:45.00
17	Golinveaux, Don	San Ramon/nc	10:45.37
18	Hardy, Brian	San Ramon/nc	10:48.31
19	Durand, Kyle	Monte Vst/nc	10:50.00

**EBAL Championships 2009 - 5/13/2009 to 5/16/2009****Granada High School****Meet Program**

20	Jackson, Prescott	Amador Va/nc	10:52.02
21	Salk, Grant	Granada/nc	10:53.00
22	Balogh, Steve	Monte Vst/nc	10:54.63
23	Hill, Andrew	Granada/nc	11:03.66
24	Elgood, Alec	Amador Va/nc	11:04.49
25	Rogers, Dylan	San Ramon/nc	11:05.37
26	Rice, Steven	Amador Va/nc	11:08.16
27	Stivers, Kyle	Amador Va/nc	11:08.47
28	Dvorak, Greg	San Ramon/nc	11:10.04

**Section 2 of 2 Finals...(Event 50 Boys 3200 Meter Run Frosh**

1	Shingler, Riley	DeLaSalle	11:16.50
2	Potter, Jake	Foothill/nc	11:18.00
3	Zillgitt, Russell	DeLaSalle	11:19.76
4	Pocs, Chris	Amador Va/nc	11:24.15
5	Jachowski, Chris	Calfrnia/nc	11:25.00
6	Agness, Justin	Granada/nc	11:26.72
7	Rosdahl, Declan	San Ramon/nc	11:28.17
8	Waterson, Zach	DeLaSalle	11:33.00
9	Radermacher, Alex	Calfrnia/nc	11:34.00
10	Lew, Brandon	DeLaSalle	11:35.00
11	Flores, Sergio	DeLaSalle	11:36.00
12	Sluss, Noah	Amador Va/nc	11:37.90
13	Rogers, Jack	Amador Va/nc	11:39.25
14	Magness, Samuel	Granada/nc	11:43.00
15	Oxley, Timothy	Granada/nc	11:53.92
16	Foster, Jay	San Ramon/nc	11:53.99
17	Saldinger, Jacob	Foothill/nc	11:54.00
18	Zrime, Joshua	Livermore/nc	12:00.70
19	Lewczyk, Cristian	Granada/nc	12:01.94
20	Qiu, Siyang	Foothill/nc	12:05.00
21	Weisbrod, Brandon	Granada/nc	12:06.31
22	Kim, Austin	Amador Va/nc	12:07.09
23	Klem, Stephen	Granada/nc	12:11.91
24	Anaya, Miguel	Calfrnia/nc	12:14.00
25	Klem, Michael	Granada/nc	12:35.00
26	Perry, Ben	Granada/nc	12:58.52
27	Landon, Greg	Monte Vst/nc	13:30.00

**Event 53 Girls High Jump Frosh/Soph**

Pos	Name	School	Seed Mark
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**Flight 1 of 1 Finals**

1	Bradley, Lauren	San Ramon/nc	3-06.00
2	Marriott, Chelsea	Granada/nc	3-08.00
3	Lofaso, Sophia	Calfrnia/nc	4-00.00
4	Ensley, Josie	Calfrnia/nc	4-02.00
5	Eaton, Kayla	San Ramon/nc	4-02.00
6	Craig, Madison	Foothill/nc	4-06.00
7	Rajs, Hannah	Foothill/nc	4-06.00
8	Ford, Lindsey	Amador Va/nc	4-06.00
9	Kruger, Sammi	San Ramon/nc	4-10.00
10	Francis, Valerie	Carondelet	4-10.00

**Event 54 Girls Pole Vault Frosh/Soph**

Pos	Name	School	Seed Mark
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**Flight 1 of 1 Finals**

1	Kaufman, Megan	Monte Vst/nc	5-00.00
2	Zhu, Olivia	Foothill/nc	5-00.00
3	Gong, Jing	Granada/nc	5-06.00
4	Folta, Hayley	Granada/nc	6-06.00

**EBAL Championships 2009 - 5/13/2009 to 5/16/2009****Granada High School****Meet Program**

5	Tasto, Britney	Foothill/nc	6-06.00
6	Furphy, Kayla	Amador Va/nc	6-06.00
7	Rothstein, Lauren	San Ramon/nc	7-00.00
8	Zingraf, Abbie	Monte Vst/nc	7-00.00
9	Garcia, Janelle	Granada/nc	7-00.00
10	Reichenberg, Jane	Granada/nc	7-00.00
11	Nunes, Adeline	Granada/nc	7-06.00
12	Mattson, Jessica	Carondelet	7-06.00
13	Osborn, Brooke	Carondelet	7-06.00
14	Avina, Giselle	Carondelet	7-06.00
15	Craig, Madison	Foothill/nc	7-06.00
16	Duvalyan, Angela	Amador Va/nc	7-06.00
17	Royal, Raquel	San Ramon/nc	7-06.00
18	Stang, Makenzie	Calfrnia/nc	7-06.00
19	Consani, Nora	San Ramon/nc	8-00.00
20	Bussel, Lillian	Granada/nc	8-00.00

**Event 55 Girls Long Jump Frosh/Soph**

Pos	Name	School	Seed Mark
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**Flight 1 of 2 Finals**

1	Fankhauser, Erika	Calfrnia/nc	8-06.00
2	Ensley, Josie	Calfrnia/nc	11-05.50
3	Campos, Jaileez	Carondelet	12-00.00
4	Nguyen, Anna	Carondelet	12-00.00
5	Brown, Rikara	Calfrnia/nc	12-00.00
6	Lofaso, Sophia	Calfrnia/nc	12-02.00
7	Lau, Ashley	San Ramon/nc	12-05.50
8	Majmunder, Sarina	San Ramon/nc	12-09.00

**Flight 2 of 2 Finals**

1	Rathnayake, Sumudu	San Ramon/nc	12-10.25
2	Marriott, Chelsea	Granada/nc	12-11.00
3	Higgins, Shay	Calfrnia/nc	13-01.50
4	Biermayer, Katherine	Carondelet	13-03.00
5	Bautista, Chelsea	Monte Vst/nc	13-04.00
6	Francis, Valerie	Carondelet	14-04.25
7	Lefarowicz, Molly	Carondelet	14-06.00
8	Kruger, Sammi	San Ramon/nc	15-01.50
9	Spinner, Samantha	Monte Vst/nc	15-02.00

**Event 56 Girls Triple Jump Frosh/Soph**

Pos	Name	School	Seed Mark
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**Flight 1 of 1 Finals**

1	Lau, Ashley	San Ramon/nc	24-08.75
2	Majmunder, Sarina	San Ramon/nc	26-04.50
3	Rathnayake, Sumudu	San Ramon/nc	26-10.50
4	Marriott, Chelsea	Granada/nc	27-01.00
5	Rowe, Allison	Monte Vst/nc	27-01.00
6	Lefarowicz, Molly	Carondelet	28-02.00
7	McMichael, Kendall	Monte Vst/nc	29-06.00
8	Biermayer, Katherine	Carondelet	29-08.00
9	Francis, Valerie	Carondelet	29-09.00
10	Weaver, Bailey	San Ramon/nc	33-05.00

**Event 57 Girls Shot Put Frosh/Soph**

Pos	Name	School	Seed Mark
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**Flight 1 of 2 Finals**

1	Brice, Natalie	Amador Va/nc	17-00.00
2	Battaglia, Catherine	Carondelet	19-06.00

**EBAL Championships 2009 - 5/13/2009 to 5/16/2009****Granada High School****Meet Program**

3	Lewis, Tyrinne	Calfrnia/nc	20-00.00
4	Cavanaugh, Megan	Calfrnia/nc	20-00.00
5	Montalvan, Renee	Calfrnia/nc	21-00.00
6	Sherman, Cassidy	Livermore/nc	22-04.00
7	Herb, Candace	Amador Va/nc	22-09.00

**Flight 2 of 2 Finals**

1	Vasconcellos, Christina	Calfrnia/nc	23-00.00
2	Zulueta, Miranda	Carondelet	23-01.00
3	Hockman, Grace	Granada/nc	23-07.00
4	Lampley, Morgan	Granada/nc	23-07.00
5	Salmeron, Shelby	Carondelet	23-10.50
6	Andrade, Alina	Monte Vst/nc	23-11.00
7	Spinner, Samantha	Monte Vst/nc	24-02.50
8	Gannon, Kathryn	Granada/nc	24-08.00

**Event 58 Girls Discus Throw Frosh/Soph**

Pos	Name	School	Seed Mark
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**Flight 1 of 1 Finals**

1	Battaglia, Catherine	Carondelet	57-11
2	Lewis, Tyrinne	Calfrnia/nc	60-00
3	Cavanaugh, Megan	Calfrnia/nc	60-00
4	Brice, Natalie	Amador Va/nc	62-00
5	Lampley, Morgan	Granada/nc	64-02
6	Sherman, Cassidy	Livermore/nc	65-06
7	Herb, Candace	Amador Va/nc	66-01
8	Zulueta, Miranda	Carondelet	69-00
9	Hockman, Grace	Granada/nc	70-10
10	Montalvan, Renee	Calfrnia/nc	71-04
11	Salmeron, Shelby	Carondelet	72-00
12	Gannon, Kathryn	Granada/nc	73-07
13	Vasconcellos, Christina	Calfrnia/nc	84-06

**Event 59 Boys High Jump Frosh/Soph**

Pos	Name	School	Seed Mark
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**Flight 1 of 1 Finals**

1	Elahi, Parsa	Calfrnia/nc	4-10.00
2	Kerfs, Jeremy	DeLaSalle	4-10.00
3	Anctil, Taylor	DeLaSalle	5-00.00
4	Martin, Jake	Calfrnia/nc	5-02.00
5	Vierra, Ryan	Granada/nc	5-02.00
6	Rogers, Blake	San Ramon/nc	5-02.00
7	Gunder, Jeremy	DeLaSalle	5-02.00
8	Cho, Josh	Foothill/nc	5-04.00
9	Hom, Brandon	Foothill/nc	5-04.00
10	Weber, Brendan	DeLaSalle	5-04.00
11	Runnels, Connor	Granada/nc	5-05.00
12	Frazier, Noel	Calfrnia/nc	5-06.00
13	Giusti, Jordan	San Ramon/nc	5-06.00
14	Acton, Mitchell	Granada/nc	5-06.00
15	Gubera, Matt	San Ramon/nc	5-06.00
16	Harvey, Keaton	San Ramon/nc	5-06.00
17	Dalton, Duke	Monte Vst/nc	5-06.00
18	Andrade, Jorge	Livermore/nc	5-08.00
19	Horn, Chad	Monte Vst/nc	5-08.00
20	Gardner, Ian	San Ramon/nc	5-10.00

**Event 60 Boys Pole Vault Frosh/Soph**

Pos	Name	School	Seed Mark
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**EBAL Championships 2009 - 5/13/2009 to 5/16/2009****Granada High School****Meet Program****Flight 1 of 1 Finals**

1	Kennedy, David	Granada/nc	6-00.00
2	Williams, Joshua	Monte Vst/nc	6-06.00
3	Ginn, Brandon	Granada/nc	7-00.00
4	Pierce, Zach	Monte Vst/nc	7-00.00
5	Heavey, Matthew	Monte Vst/nc	7-06.00
6	Kamal, Wali	Granada/nc	8-00.00
7	Lahey, Travis	San Ramon/nc	8-00.00
8	Hunt, Pat	DeLaSalle	8-00.00
9	Vazquez, Joel	Livermore/nc	8-00.00
10	Cesca, Mitchell	Monte Vst/nc	8-00.00
11	Obrinsky, Will	San Ramon/nc	8-00.00
12	Evens, Tyler	Granada/nc	8-00.00
13	Jessick, Joshua	Granada/nc	8-00.00
14	Patterson, Patrick	Granada/nc	8-00.00
15	Heller, Brandon	Monte Vst/nc	8-06.00
16	Cooper, Josh	Calfrnia/nc	8-06.00
17	Hess, Ricky	DeLaSalle	8-06.00
18	Estrada, Eddie	DeLaSalle	8-06.00
19	Dittrich, Marshall	DeLaSalle	8-06.00
20	Rabago, Patrick	DeLaSalle	8-06.00
21	Kaufhardt, Ben	Monte Vst/nc	8-06.00
22	Werner, Jeffrey	Calfrnia/nc	8-06.00
23	Calabrigo, Adam	San Ramon/nc	9-00.00
24	Terzolo, Matthew	Monte Vst/nc	9-00.00
25	Pallavici, Nick	San Ramon/nc	9-00.00
26	Prabhu, Akshay	Livermore/nc	9-00.00
27	Galbraith, Nick	DeLaSalle	9-00.00
28	Maravilla, Patrick	Amador Va/nc	9-06.00
29	Roullier, Mark	San Ramon/nc	9-06.00
30	Brown, Conner	Foothill/nc	9-06.00
31	Anderson, Austin	Monte Vst/nc	9-06.00
32	Yorkey, Ben	Calfrnia/nc	9-06.00
33	Tuckness, Kevin	San Ramon/nc	10-00.00
34	Faucher, David	DeLaSalle	10-00.00
35	Darrah, Austin	San Ramon/nc	10-00.00
36	Bueno, Jace	Granada/nc	10-00.00
37	Dearborn, Justin	Calfrnia/nc	10-00.00
38	De Pasquale, Anthony	DeLaSalle	10-00.00
39	Bertolero, Nick	Monte Vst/nc	10-06.00
40	Phaneuf, John	San Ramon/nc	10-06.00
41	Hall, Tanner	San Ramon/nc	10-06.00
42	Pande, Brian	Monte Vst/nc	11-00.00
43	Shackleton, Dakota	Monte Vst/nc	11-00.00
44	Petterson, Zach	Calfrnia/nc	11-00.00
45	Pearson, Max	San Ramon/nc	12-00.00
46	Janke, Eric	Calfrnia/nc	12-00.00
47	Cleveland, Lance	San Ramon/nc	12-00.00

**Event 61 Boys Long Jump Frosh/Soph**

Pos	Name	School	Seed Mark
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**Flight 1 of 3 Finals**

1	Christopherson, Kyle	San Ramon/nc	13-05.00
2	Ricks, Dalton	Calfrnia/nc	15-00.50
3	Johnson, Evan	Calfrnia/nc	15-05.00
4	Huang, Michael	Granada/nc	15-07.00
5	White, Quincy	Granada/nc	15-09.00
6	Runnels, Connor	Granada/nc	15-09.00
7	Maravilla, Patrick	Amador Va/nc	16-04.00
8	Payomo, Andrew	Calfrnia/nc	16-04.50
9	Brown, Davis	Monte Vst/nc	16-05.00

## EBAL Championships 2009 - 5/13/2009 to 5/16/2009

## Granada High School

## Meet Program

**Flight 2 of 3 Finals**

1	Vierra, Ryan	Granada/nc	16-06.00
2	Smyth, Andrew	San Ramon/nc	16-07.00
3	Petrica, Lucas	Granada/nc	16-08.00
4	Sarvi, Michael	Monte Vst/nc	17-00.00
5	Rowe, Scott	Monte Vst/nc	17-00.00
6	Hom, Brandon	Foothill/nc	17-04.00
7	Eikani, Carlo	DeLaSalle	17-04.00
8	Medved, Christian	Foothill/nc	17-04.00
9	Pillora, Raphael	Granada/nc	17-05.00

**Flight 3 of 3 Finals**

1	Rowling, Conrad	DeLaSalle	17-07.00
2	Jue, Brian	Monte Vst/nc	17-08.50
3	Giusti, Jordan	San Ramon/nc	18-00.50
4	Horn, Chad	Monte Vst/nc	18-02.50
5	Engle, Mike	Monte Vst/nc	18-03.00
6	Gardner, Ian	San Ramon/nc	18-03.50
7	Lawton, Ian	DeLaSalle	18-04.00
8	Gubera, Matt	San Ramon/nc	18-07.00
9	Peterson, Trent	San Ramon/nc	19-00.50

**Event 62 Boys Triple Jump Frosh/Soph**

Pos	Name	School	Seed Mark
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**Flight 1 of 3 Finals**

1	Petrica, Lucas	Granada/nc	29-00.00
2	Christopherson, Kyle	San Ramon/nc	29-11.50
3	Knight, Griffin	Foothill/nc	30-07.00
4	Ricks, Dalton	California/nc	31-01.50
5	Huang, Michael	Granada/nc	31-03.00
6	Rowe, Scott	Monte Vst/nc	32-00.00
7	Smyth, Andrew	San Ramon/nc	32-03.00

**Flight 2 of 3 Finals**

1	Pillora, Raphael	Granada/nc	32-09.00
2	Prieur, Thomas	California/nc	32-09.00
3	Runnels, Connor	Granada/nc	34-02.00
4	Giusti, Jordan	San Ramon/nc	34-08.00
5	Rogers, Blake	San Ramon/nc	34-09.75
6	Jue, Brian	Monte Vst/nc	34-10.50
7	Payomo, Andrew	California/nc	34-11.00

**Flight 3 of 3 Finals...(Event 62 Boys Triple Jump Frosh/Soph)**

1	Edsen, Riley	Foothill/nc	35-02.75
2	Rowling, Conrad	DeLaSalle	35-11.00
3	Kualapai-Bartelt, Dax	Foothill/nc	36-00.00
4	Eikani, Carlo	DeLaSalle	36-06.00
5	Dalton, Duke	Monte Vst/nc	36-08.00
6	Vierra, Ryan	Granada/nc	37-01.00
7	Harvey, Keaton	San Ramon/nc	39-07.00

**Event 63 Boys Shot Put Frosh/Soph**

Pos	Name	School	Seed Mark
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**Flight 1 of 5 Finals**

1	Rhodes, Tyler	Amador Va/nc	26-03.50
2	Beach, Matthew	Foothill/nc	27-00.00
3	Giacomini, Colin	Amador Va/nc	27-00.00
4	Chevez, Brent	San Ramon/nc	28-02.00
5	Tanner, Frank	DeLaSalle	28-09.00
6	Faraudo, Ryan	Amador Va/nc	29-00.00

**Flight 2 of 5 Finals**

1	Spaete, Elliott	San Ramon/nc	29-01.00
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**EBAL Championships 2009 - 5/13/2009 to 5/16/2009**  
**Granada High School**  
**Meet Program**

2	Rivilla, Javy	DeLaSalle	29-08.00
3	Diaz, Paolo	DeLaSalle	29-11.00
4	Schlies, Dominic	Foothill/nc	30-02.00
5	Napoleon, Reid	Amador Va/nc	30-04.00
6	Lampley, Chad	Amador Va/nc	30-04.00
7	Jannsen, Jeff	DeLaSalle	30-09.00
8	Marino, Marco	DeLaSalle	31-01.00
9	Clancy, Tom	Amador Va/nc	31-04.50

**Flight 3 of 5 Finals**

1	Iverson, Garrett	San Ramon/nc	32-02.00
2	Uribe, Jake	Granada/nc	32-04.00
3	Garske, Kevin	DeLaSalle	32-07.00
4	Bishop, Zach	DeLaSalle	32-08.00
5	Petralia, Dylan	DeLaSalle	32-09.00
6	Stratford, Robert	Granada/nc	32-10.00
7	Fuller, Eric	DeLaSalle	33-02.00
8	Dobin, Miles	DeLaSalle	33-09.00
9	Widjaja, Dylan	Livermore/nc	34-00.00

**Flight 4 of 5 Finals**

1	West, Anthony	DeLaSalle	34-02.00
2	Finch, Will	Monte Vst/nc	34-07.00
3	Vital, Jacob	Granada/nc	34-07.00
4	Bissack, Alex	Monte Vst/nc	34-10.00
5	Weid, Michael	Monte Vst/nc	35-06.00
6	Mosle, Christian	Monte Vst/nc	36-00.00
7	Langenhuizen, Andre	Amador Va/nc	36-06.50
8	Galasso, Giovanni	California/nc	37-00.00
9	Linney, James	Granada/nc	38-00.00

**Flight 5 of 5 Finals**

1	Smith, Ryan	Granada/nc	38-04.00
2	Zimmerman, John	Monte Vst/nc	39-06.00
3	Cassarino, Charles CJ	Granada/nc	40-00.00
4	Brassil, TJ	DeLaSalle	40-00.00
5	Mo, Andrew	San Ramon/nc	40-01.00
6	Jaeger, Joel	Granada/nc	40-05.00
7	Pineda, Tomas	Monte Vst/nc	40-05.00
8	Bolen, Jeremy	Foothill/nc	40-08.00
9	Lopez, Robert	Granada/nc	42-00.00

**Event 64 Boys Discus Throw Frosh/Soph**

Pos	Name	School	Seed Mark
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**Flight 1 of 4 Finals**

1	Vital, Jacob	Granada/nc	66-08
2	Mosle, Christian	Monte Vst/nc	70-00
3	Hudson, Travis	Granada/nc	70-01
4	Spaete, Elliott	San Ramon/nc	71-00
5	Giacomini, Colin	Amador Va/nc	71-11
6	Schlies, Dominic	Foothill/nc	73-00
7	Clancy, Tom	Amador Va/nc	73-04
8	Bishop, Zach	DeLaSalle	75-10
9	Finch, Will	Monte Vst/nc	76-00
10	Diaz, Paolo	DeLaSalle	77-09
11	Iverson, Garrett	San Ramon/nc	78-02

**Flight 2 of 4 Finals**

1	Uribe, Jett	Granada/nc	78-07
2	Rhodes, Tyler	Amador Va/nc	78-10
3	Rivilla, Javy	DeLaSalle	79-06
4	Dobin, Miles	DeLaSalle	79-09
5	Galasso, Giovanni	California/nc	80-00
6	Stratford, Robert	Granada/nc	80-03
7	Jannsen, Jeff	DeLaSalle	80-09

**EBAL Championships 2009 - 5/13/2009 to 5/16/2009**  
**Granada High School**  
**Meet Program**

8	Marino, Marco	DeLaSalle	81-01
9	Chevez, Brent	San Ramon/nc	81-04
10	Tanner, Frank	DeLaSalle	82-11
11	Fuller, Eric	DeLaSalle	83-02

**Flight 3 of 4 Finals**

1	West, Anthony	DeLaSalle	83-05
2	grave, nick	Amador Va/nc	83-07
3	Garske, Kevin	DeLaSalle	84-05
4	Farauo, Ryan	Amador Va/nc	85-05
5	Bissack, Alex	Monte Vst/nc	86-00
6	Napoleon, Reid	Amador Va/nc	88-00
7	Brassil, TJ	DeLaSalle	88-04
8	Beach, Matthew	Foothill/nc	91-08
9	Weid, Michael	Monte Vst/nc	92-06
10	Jaeger, Joel	Granada/nc	92-07
11	Lopez, Robert	Granada/nc	92-10

**Flight 4 of 4 Finals...(Event 64 Boys Discus Throw Frosh/Sop**

1	Petralia, Dylan	DeLaSalle	95-04
2	Langenhuizen, Andre	Amador Va/nc	97-06
3	Widjaja, Dylan	Livermore/nc	97-06
4	Linney, James	Granada/nc	97-07
5	Smith, Ryan	Granada/nc	99-04
6	Uribe, Jake	Granada/nc	100-01
7	Lampley, Chad	Amador Va/nc	102-00
8	Cassarino, CJ	Granada/nc	106-08
9	Ziemer, Tory	Amador Va/nc	108-11
10	Bolen, Jeremy	Foothill/nc	110-08
11	Mo, Andrew	San Ramon/nc	116-00