

Foothill @ De La Salle
4/2/2009

	1st	Time/Mark	Pts	2nd	Time/Mark	Pts	3rd	Time/Mark	Pts	FHS	DLS
400m Relay	DLS	46.94	5	FHS	53.97	0				0	5
1600m	E. Molineux/DLS	4:51	5	S. Spangenberg/DLS	4:52	3	M. Johnson/DLS	4:53	1	0	9
110m Hurdles	K. Bettencourt/FHS	19.58	5	K. Ohhashi/FHS	19.65	3	D. Redmon/DLS	20.93	1	8	1
400m	I. Lawton/DLS	55.37	5	T. Bussani/FHS	55.53	3	C. Medved/FHS	58.02	1	4	5
100m	K. Park/FHS	12.25	5	F. Santelises/DLS	12.34	3	A. Udenyi/DLS	12.38	1	5	4
800m	S. Spangenberg/DLS	2:16	5	J. Kroushour/DLS	2:17	3	S. Riedel/DLS	2:18	1	0	9
300m Hurdles	J. Mattson/DLS	47.42	5	D. Redmon/DLS	47.53	3	K. Bettencourt/FHS	50.41	1	1	8
200m	K. Park/FHS	24.62	5	A. Odenyi/DLS	25.02	3	A. Ghiassy/FHS	25.05	1	6	3
3200m	P. Maguire/DLS	10:59	5	R. Shingler/DLS	11:16	3	J. Potter/FHS	11:19	1	1	8
1600m Relay	DLS	3:53.3	5	FHS	4:00.33	0	DLS	4:01.2	0	0	5
Long Jump	J. Jenkins/DLS	17-8.75	5	A. Ghiassy/FHS	16-10	3	A. Richmann/FHS	16-7	1	4	5
Triple Jump	J. Jenkins/DLS	35-9	5	C. Eikani/DLS	32-1	3				0	8
High Jump	J. Gunder/DLS	5-0	5	J. Cho/FHS	4-10	2	J. Kents/DLS	4-10	2	2	7
Pole Vault	R. Hess/DLS	9-0	5	E. Estrada/DLS	9-0	3	C. Brown/FHS	8-6	1	1	8
Shot Put	T. Brassil/DLS	38-10	5	Je. Bolen/FHS	35-9.5	3	M. Millsaps/DLS	34-8	1	3	6
Discus	D. Petralia/DLS	89-2	5	Je. Bolen/FHS	87-1	3	M. Beach/FHS	82-2	1	4	5
										39	96

Add'l Results

400m Relay

1600m	D. Freitas	5:03
	A. Kron	5:16
	S. Qiu	5:24.15
	J. Saldinger	5:24.96
	J. Gwozdz	6:32

100m Hurdles

400m

100m	A. Ghiassy	12.61
	A. Phan	12.68
	B. Hom	12.77
	J. Cho	13.1
	T. Park	13.15
	G. Spivey	13.19
	D. Dualapai-Bartelt	13.44
	T. Fisher	13.54
	G. Knight	13.58
	R. Allen	14.45

800m	A. Kron	2:23.3
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300m Hurdles	K. Ohhashi	51.46
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200m	R. Edsen	25.90
	T. Bussani	26.02
	C. Medved	26.02
	J. Cho	26.29
	G. Spivey	26.71
	T. Park	26.99
	G. Knight	27.91
	D. Dualapai-Bartelt	27.93

3200m	J. Saldinger	12:07
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1600m Relay	FHS B	4:06.87
	FHS C	4:07.57

Long Jump	B. Hom	15-10.25
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Triple Jump

High Jump

Shot Put

M. Beach

29-10

Discus

Pole Vault